# Optimization methods in Regression

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#### 1. What is regression?

In general, regression refers to a broad class of statistical models where one wants to fit a function to the relationship between explanatory variables and a response. Usually, the function of choice is described by several parameters, which are to be estimated in an error-minimizing way.

Let us study a relationship between scalar explanatory variables  $x_1, \ldots, x_n$  and a response variable y, which are observed across M samples. Then we make an assumption that

$$y^i \approx f_\beta(x_1^i, \dots, x_n^i)$$

at each sample i = 1, ..., M, where  $f_{\beta}$  belongs to a certain class (e.g. affine functions, polynomials, etc.) and is described with a vector  $\beta$  of parameters. The aim of a regression model is to solve the following optimization problem

$$\min_{\beta} \quad \operatorname{Err}[(f_{\beta}(x_1^i, \dots, x_n^i) - y^i)_{i=1,\dots,M}],$$

where Err is a function describing the errors between the *observed values* and the *modeled values*.

Be cautious that the term variables here are known values, while the unknowns are the  $parameter\ vector\ \beta$ .

In this short note, the one dimensional vector  $a = (a_1, \ldots, a_n)$  is interpreted as a column vector. This is not the same as  $[a_1 \ldots a_n]$ , which is a row vector.

## 2. Linear regression

The simplest class of regression models is the linear regression. In linear regression, the regression function  $f_{\beta}$  belongs to the class of affine functions. Each affine function  $f: \mathbb{R}^n \to \mathbb{R}$  is described by n+1 scalar parameters,  $\beta_0, \beta_1, \ldots, \beta_n$ . Hence  $\beta := (\beta_0, \beta_1, \ldots, \beta_n)$  and  $f_{\beta}$  is expressed with

$$f_{\beta}(x_1,\ldots,x_n) = \beta_0 + \beta_1 x_1 + \cdots + \beta_n x_n.$$

Hence, we make an assumption, at each sample i, that

$$y^i \approx \beta_0 + \beta_1 x_1^i + \dots \beta_n x_n^i.$$

To estimate the parameters  $\beta_i$ 's, the squares error function is used. This leads to the least-squares problem

$$\min_{\beta} E(\beta) := \sum_{i=1}^{M} (y^i - \beta_0 - \beta_1 x_1^i - \dots - \beta_n x_n^i)^2.$$

If we put

$$X = \begin{bmatrix} 1 & x_1^1 & \dots & x_n^1 \\ 1 & x_1^2 & \dots & x_n^2 \\ \vdots & \vdots & \vdots & \vdots \\ 1 & x_1^M & \dots & x_n^M \end{bmatrix} \quad \text{and} \quad y = \begin{bmatrix} y^1 \\ y^2 \\ \vdots \\ y^M \end{bmatrix},$$

then the objective function becomes

$$E(\beta) = (X\beta - y)^{\top}(X\beta - y) = \beta^{\top}(X^{\top}X)\beta - 2(X^{\top}y)^{\top}\beta + y^{\top}y.$$

Since  $X^{\top}X$  is positive semidefinite, E is convex and so the Fermat's rule implies that

$$\overline{\beta} \in \arg \min E \iff X^{\top} X \overline{\beta} = X^{\top} y.$$

The following Figure 2.1 shows an illustration of linear regression in one dimension.

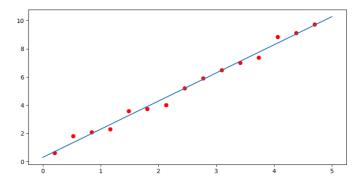


Figure 2.1: Linear regression.

## 3. Quadratic regression

In quadratic regression, one takes  $f_{\beta}$  from the class of quadratic functions. The parameter vector  $\beta$  is now decomposed into

 $\circ$  the intercept  $\beta_0$ ,

- the linear terms  $\beta_j$  for  $j = 1, \dots, n$
- the quadratic terms  $\beta_{jk}$  for  $j, k = 1, \dots, n$  with  $j \leq k$ .

The dimension of  $\beta$  equals to  $1 + 2n + \frac{n(n-1)}{2}$  and  $f_{\beta}$  is expressed with

$$f_{\beta}(x) = \beta_0 + \sum_{j=1}^n \beta_j x_j + \sum_{j=1}^n \sum_{k=j}^n \beta_{jk} x_j x_k.$$

We still use the least-squares error term in our least-squares, which gives

$$\min_{\beta} E(\beta) := \sum_{i=1}^{M} \left( y^i - \beta_0 - \sum_{j=1}^{n} \beta_j x_j^i - \sum_{j=1}^{n} \sum_{k=j}^{n} \beta_{jk} x_j^i x_k^i \right)^2.$$

We set

$$X_{\text{linear}} = [x_j^i]_{\substack{i=1,\dots,M\\j=1,\dots,n}} \quad \text{and} \quad X_{\text{quadratic}}^j = [x_j^i x_k^i]_{\substack{i=1,\dots,M\\k=j,\dots,n}} \quad (j=1,\dots,n).$$

Finally, we put

$$X = [\mathbf{1} \ X_{\text{linear}} \ X_{\text{quadratic}}^1 \ \cdots \ X_{\text{quadratic}}^n],$$

where **1** denotes the column vector of 1's of appropriate dimension. Then the objective function is, again, expressed by

$$E(\beta) = (X\beta - y)^{\top}(X\beta - y) = \beta^{\top}(X^{\top}X)\beta - 2(X^{\top}y)^{\top}\beta + y^{\top}y.$$

and we have

$$\overline{\beta} \in \arg \min E \iff X^{\top} X \overline{\beta} = X^{\top} y.$$

The following Figure 3.2 illustrates quadratic regression.

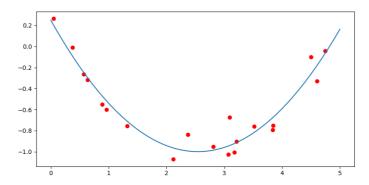


Figure 3.2: Quadratic regression

## 4. Logistic regression

Logistic regression is used with a different nature when  $y^i$  is either +1 or 0, where the two values describes whether a sample belongs to a certain class. A good example is in medical science where explanatory variables are diagnosed whether a patient has the disease.

Since it is difficult to estimate a function with discrete values, a logistic function

$$p(t) = \frac{1}{1 + e^{\mu - \lambda t}}, \quad (t \in \mathbb{R}),$$

whose graph is shown in Figure 4.3.

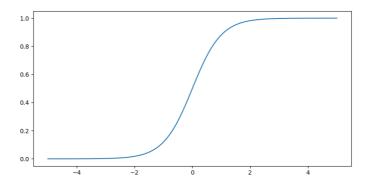


Figure 4.3: The graph of a logistic function.

One would see that  $p(t) \to 1$  as  $t \to +\infty$  and  $p(t) \to 0$  as  $t \to -\infty$ . The idea is then to map to the far right the points that are likely classified to the +1 class, and to map to the far left the points that are likely classified to the 0 class. When passed into the logistic function (and possibly again into the Heaviside function), the misprediction should be minized through an error function.

Here, the regression function is a composition of an affine function with parameters  $\beta = (\beta_0, \dots, \beta_n)$ , that is

$$f_{\beta}(x) = \frac{1}{1 + e^{\beta_0 + \beta_1 x_1 + \dots + \beta_n x_n}} = p \circ L_{\beta}(x),$$

where

$$L_{\beta}(x) = \beta_0 + \beta_1 x_1 + \dots + \beta_n x_n.$$

The final classification is evaluated with the Heaviside function, so that the predicted response  $\hat{y}$  is computed from the variable x by

$$\hat{y} = H(f_{\beta}(x) - 0.5),$$

where the Heaviside function is defined by

$$H(t) = \begin{cases} 1 & \text{if } t \ge 0, \\ 0 & \text{if } t < 0. \end{cases}$$

Due to the complicate structure of the logistic regression function  $f_{\beta}$ , the squares error is no longer appropriate as it renders the error function  $\text{Err}(\cdot)$  nonconvex. To this end, we use the *log-loss function* 

$$J(p^1, \dots, p^M) = \sum_{i=1}^{M} \left[ -y^i \ln(p^i) - (1 - y^i) \ln(1 - p^i) \right], \quad (0 < p^i < 1).$$

Applying this to the prediction  $f_{\beta}(x)$ , we consider  $E(\beta) = J \circ (f_{\beta}(x^{i}))$ . Hence, we have

$$E(\beta) = \sum_{i=1}^{M} \left[ -y^{i} \ln(f_{\beta}(x^{i})) - (1 - y^{i}) \ln(1 - f_{\beta}(x^{i})) \right],$$

whose structure is better suited with the logistic regression function. In particular, the term

$$\ln(f_{\beta}(x))$$

puts a positive penalty when  $f_{\beta}(x)$  is away from 1. Moreover,  $\ln(f_{\beta}(x)) \to +\infty$  as  $x \to 0^+$ . Similarly, the term

$$ln(1-f_{\beta}(x))$$

puts a positive penalty when  $f_{\beta}(x)$  is away from 0 and  $\ln(1 - f_{\beta}(x)) \to +\infty$  as  $x \to 1^-$ . The prefixes  $y^i$  and  $(1 - y^i)$  are then used to activate the first and second parts of the log-loss function.

Now, even though the log-loss function is used, it is still much more tricky than the least-squares loss used in polynomial regressions. To solve for the optimal parameter  $\beta$ , we aim to use the gradient descent method. Let us conventionally put  $x_0^i := 0$  for all i = 1, ..., M. Observe, for any j = 0, ..., n, we have

$$\begin{split} \frac{\partial E}{\partial \beta_j} &= \sum_{i=0}^M \frac{\partial J}{\partial p^i} \frac{\partial p^i}{\partial \beta_j} \\ &= \sum_{i=1}^M \frac{p^i - y^i}{p^i (1 - p^i)} \cdot p^i (1 - p^i) x_j^i \\ &= \sum_{i=1}^M (p^i - y^i) x_j^i, \end{split}$$

with  $p^i = f_{\beta}(x^i)$ . We consequently obtain

$$\nabla_{\beta} E(\beta) = X^{\top} (p - y),$$

where  $X = [x^i_j]_{\substack{i=1,\dots,M\\j=0,\dots,n}}$  is the data matrix and  $p = (p^1,\dots,p^M).$ 

## Algorithm 1 Gradient Descent Algorithm (with fixed learning rate)

### Require:

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Initial parameter \beta^0 = (\beta_0^0, \dots, \beta_n^0),
explanatory matrix X = [x_j^i]_{\substack{i=1,\ldots,M\\j=0,\ldots,n}}, response vector y = (y^1,\ldots,y^M),
learning rate \alpha,
loss function E(\beta).
```

**Ensure:** Optimized parameter  $\overline{\beta} = (\overline{\beta}_0, \dots, \overline{\beta}_n)$ .

- 1: Initialize  $\beta \leftarrow \beta^0$ .
- 2: repeat
- Compute the prediction:  $\forall i = 1, ..., M, \ p^i \leftarrow f_{\beta}(x^i)$ . Update parameters:  $\beta \leftarrow \beta \alpha X^T(p-y)$ .
- 5: until convergence criterion is met
- 6: **return**  $\beta$ .

Last updated on June 26, 2025, P. Chaipunya