


NATIONAL SERVICE SCHEME


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Program me Report

POSTER



 **PERIYAR MANIAMMAI**
INSTITUTE OF SCIENCE & TECHNOLOGY
(Deemed to be University)
Established Under Sec. 3 of UGC Act, 1956 • NAAC Accredited
think • innovate • transform



INTERNATIONAL
YOGA DAY
21-06-2022

JOINTLY ORGANISED BY
PHYSICAL EDUCATION|NCC|NSS

Periyar Maniammai Institute of Science & Technology
(Deemed to be University)
Thanjavur

 www.pmu.edu  nss@pmu.edu

Programme Schedule

ACCREDITATIONS & RANKINGS

No.23
RANKING

7
STATE RANK
RANKING

28
INDIA'S BEST
TECHNOLOGY
COLLEGES



**PERIYAR
MANIAMMAI**
INSTITUTE OF SCIENCE & TECHNOLOGY
(Deemed to be University)
Gandhinagar, Thanjavur - 613 005
think • innovate • transform



INTERNATIONAL DAY OF YOGA - 2022

DATE ; 21.06.2022 | PLACE ; INDOOR STADIUM |
TIME ; 9.00 AM TO 10.00 AM

Welcome Address

Dr. D. RAMESH

Head / Physical Education

Inauguration of YOGA DAY

Prof. S. VELUSAMI

Vice Chancellor

Prof.P.K.SRIVIDHYA

Registrar

Prof.A.GEORGE

Dean Academic

Guest of Honor

Mr. N. SAMPANTHAM

Yoga Coach - Thanjavur

Mr. T. SHINGARAVEL

Yoga Coach - Thanjavur

Mr.H.SIVAGAMI

Yoga Coach - Thanjavur

Vote of Thanks

Lt.Dr.P.VIJAYALAKSHMI

Dean i/c - FHSM, Associate NCC Officer

Organized by : Physical Education - National Cadet Corps - PMIST - National Service Scheme - PMIST



www.pmu.edu

Programme Report

Name of the Programme : International Yoga Day
Date : 21-06-2022
Venue : Indoor Stadium - PMIST
No. of Participant : 250 Volunteers
No. of Beneficiaries : 250 Volunteers

Report

PMIST physical education, NCC and NSS Office jointly organized international yoga day awareness and demonstration programme on 21-06-2022 at indoor stadium PMIST .Dr.D.Ramesh, Head-Physical education welcomed the gathering, Honourable Dr.S.Velusamy, Vice chancellor inaugurated the Yoga day .He created awareness about the importance of Yoga .Mr.M.N.Sampanthan, Yoga coach thanjavur, demonstrated the yoga with his team. Dr.P.Vijayalakshmi proposed vote of thanks. All NSS /NCC Programme officers were participated



Programme In-charge

Attendance

Name of the Programme : International Yoga Day

Date : 21-06-2022

Venue : Indoor-PMIST

No. of Participant : 250 Volunteers

UNIT No.	Name of the Participants	Department
1.	ABDUL WAHID S	ARCH
2.	ABUBUCKAR SIDDIK M	ARCH
3.	ARUN K B	ARCH
4.	BALAYOKESH B	ARCH
5.	DEEPAK KUMARAN V	ARCH
6.	KARTHIGA P	CSE
7.	KEERTHANA A.B	CSE
8.	MADHUMITHA M	CSE
9.	MALAVISHA V	CSE
10.	SHANMATHI S	CSE
11.	SHRUTHI S	ECE
12.	VARTHINI C.N	ECE
13.	YASMEEN M.S	ECE
14.	KARTHIKEYAN V R	CIVIL
15.	KAVIMUGIL G	CIVIL
16.	KEERTHIVASAN S	CIVIL
17.	KISHORE E	CIVIL
18.	MADHAN RATHINAM K	CIVIL
19.	MANORANJAN S	CIVIL
20.	MOHAMED ANSAL S H	CIVIL
21.	MOHAMED HUSSAIN K	CIVIL
22.	MOHAMED SHAHEER M	CIVIL
23.	PRAVEENKUMAR B	CIVIL
24.	PRIJAYSH GOPIKAR J	CIVIL



25.	RAMMOHAN S	CIVIL
26.	JEEVANANTHAM R	MECH
27.	KANAGARAJAN M	MECH
28.	LOGASUBRAMANI S	MECH
29.	LOGESHWARAN S	MECH
30.	MANIMARAN S	MECH
31.	MOHAMED MUSTAK HUSSAIN A	MECH
32.	MOHAMEDFAIZAL M A	MECH
33.	MOHAMED SHAFIULLAH S	MECH
34.	MOHAMED THARIK J	MECH
35.	MOHAMEDANWAR R	MECH
36.	MOHANA PRIYAN S	MECH
37.	MURALI KRISHNA T	MECH
38.	MUTHU KUMAR S	MECH
39.	NAVEEN M	MECH
40.	NAVEEN S	MECH
41.	PRAVEEN R	MECH
42.	RAJESH D	MECH
43.	RISHIKESH R S	MECH
44.	SANJAY KUMAR K	MECH
45.	SANTHOSH S J	MECH
46.	SASIDHARAN D	MECH
47.	SATHEESH KUMAR M	MECH
48.	SRIMAN UDAYA P	MECH
49.	SRIRAM B	MECH
50.	TAMILSELVAN M	MECH
51.	DIVAGAR M	CS
52.	FAISAL S	CS
53.	GUNASEKAR M	CS
54.	HAROON BATCHA M	CS
55.	JAYAPRIYAN A	CS
56.	KANAGA SUNDHAR R	CS
57.	KANNADASAN R V	CS
58.	KARTHIKEYAN K	CS
59.	MADESHWARAN S	CS

60.	MANIKANDAN S	CS
61.	AATHIKESAVAN S	Bio-Tech
62.	SATHIYASEELAN N	Bio-Tech
63.	SIVASANKAR R	SE
64.	SRINIVASAN D	SE
65.	AATHIKESAVAN S	SE
66.	THAMOTHARAN K	BCA
67.	THAVAPRIYAN M	BCA
68.	VETRISELVAN V	BCA
69.	VIDHYA SAGAR M	BCA
70.	VIGNESH M	BCA
71.	ASWIN KUMAR S	BCA
72.	DHARUN KUMAR V	BCA
73.	DHINESH N	BCA
74.	FARVESH AHAMED M	BCA
75.	HARI PRASANTH S	BCA
76.	MANOJ D	BCA
77.	NARENDRAN S	BCA
78.	RAGHUL HARISHWAR R	BCA
79.	SIVARAJ C	BCA
80.	PRASANNA D	BCA
81.	AJAY ROOBAN P	BCA
82.	ANTHONIRAJ M	BCA
83.	ARTHIKEYAN S	BCA
84.	JEEVA BALAN R	CS
85.	N. SUBHALAKSHMI	CS
86.	KARTHIK N	CS
87.	SAYED REEHAN	CS
88.	KISHORE	CS
89.	N.KARTHIKA	CS
90.	M.MADHAN	CS
91.	S.RAGUL DRAVID	CS
92.	N.KARTHIKA	CS
93.	SURENDHAR	CS
94.	NSS	CS

95.	R. MADHUMITHA	CS
96.	VELMURUGAN S	CS
97.	SAPNA	CS
98.	AYYAPPA PANDI V	CSE
99.	BALAJEE H	CSE
100.	BALASURYA S	CSE
101.	DHANUSH VISWA A	CSE
102.	GUHAN M	CSE
103.	GURUPRASATH S B	CSE
104.	HAKKIM MUBARAK M	CSE
105.	ABINESH R	CSE
106.	AHAMED YASIN A	CSE
107.	ANBARASAN K	CSE
108.	ARUNACHALAM S	CSE
109.	ASWIN KUMAR S	CSE
110.	DHARUN KUMAR V	CSE
111.	DHINESH N	CSE
112.	ADAN GILL CHRIST J	EEE
113.	AHAMED YUSUFKHAN A	BBA
114.	AKASH B	EEE
115.	AKASH M	EEE
116.	AKASH S	BBA
117.	ANANTHAKRISHNAN S	BBA
118.	ARAVINDH P	EEE
119.	ARAVINDHAN B	EEE
120.	ARIVAZHAGAN T	EEE
121.	ASHIR ROHAN S	EEE
122.	BHUVANESHWARAN R	BBA
123.	DARWIN P	EEE
124.	DEVARASAN G	EEE
125.	DHARUN SHARMA P	EEE
126.	DHIVAGAR K	EEE
127.	DIVYA SRI D	EEE
128.	ESHWAR M	EEE
129.	GOKUL B	BBA

130.	GOWTHAMAN M	BBA
131.	GUHAN C	EEE
132.	GUHANESWARAN S	BBA
133.	GUNASEKAR P	EEE
134.	GURU RAMANA RAO G	EEE
135.	ADAN GILL CHRIST J	EEE
136.	AHAMED YUSUFKHAN A	BBA
137.	AKASH B	EEE
138.	AKASH M	EEE
139.	AKASH S	BBA
140.	ANANTHAKRISHNAN S	BBA
141.	ARAVINDH P	EEE
142.	ARAVINDHAN B	EEE
143.	ARIVAZHAGAN T	EEE
144.	ASHIR ROHAN S	EEE
145.	BHUVANESHWARAN R	BBA
146.	DARWIN P	EEE
147.	DEVARASAN G	EEE
148.	DHARUN SHARMA P	EEE
149.	DHIVAGAR K	EEE
150.	DIVYA SRI D	EEE
151.	ESHWAR M	EEE
152.	GOKUL B	BBA
153.	GOWTHAMAN M	BBA
154.	GUHAN C	EEE
155.	GUHANESWARAN S	BBA
156.	GUNASEKAR P	EEE
157.	GURU RAMANA RAO G	EEE
158.	ADAN GILL CHRIST J	EEE
159.	AHAMED YUSUFKHAN A	BBA
160.	AKASH B	EEE
161.	AKASH M	EEE
162.	AKASH S	BBA
163.	ANANTHAKRISHNAN S	BBA
164.	ARAVINDH P	EEE

165.	ARAVINDHAN B	EEE
166.	ARIVAZHAGAN T	EEE
167.	ASHIR ROHAN S	EEE
168.	BHUVANESHWARAN R	BBA
169.	DARWIN P	EEE
170.	DEVARASAN G	EEE
171.	DHARUN SHARMA P	EEE
172.	DHIVAGAR K	EEE
173.	DIVYA SRI D	EEE
174.	ESHWAR M	EEE
175.	GOKUL B	BBA
176.	GOWTHAMAN M	BBA
177.	GUHAN C	EEE
178.	GUHANESWARAN S	BBA
179.	GUNASEKAR P	EEE
180.	GURU RAMANA RAO G	EEE
181.	ADAN GILL CHRIST J	EEE
182.	AHAMED YUSUFKHAN A	BBA
183.	AKASH B	EEE
184.	AKASH M	EEE
185.	AKASH S	BBA
186.	ANANTHAKRISHNAN S	BBA
187.	ARAVINDH P	EEE
188.	ARAVINDHAN B	EEE
189.	ARIVAZHAGAN T	EEE
190.	ASHIR ROHAN S	EEE
191.	BHUVANESHWARAN R	BBA
192.	DARWIN P	EEE
193.	DEVARASAN G	EEE
194.	DHARUN SHARMA P	EEE
195.	DHIVAGAR K	EEE
196.	DIVYA SRI D	EEE
197.	ESHWAR M	EEE
198.	ABI KAVIYA N	Bio-Tech
199.	ABINAYA S	Bio-Tech

200.	AKSHAYA K	Bio-Tech
201.	ANNE HARIKA	Bio-Tech
202.	DHINEKA R	Bio-Tech
203.	DIVYA SOWNDARYA G T	Bio-Tech
204.	GAYATHRI R	Bio-Tech
205.	CHANDRAKANTH G	B.Com(CA)
206.	DEVANATHAN P	B.Com(Hon)
207.	GURU KARTHIKEYAN S	B.Com(Hon)
208.	JAYA SURYA A	B.Com(Hon)
209.	KUMARAN T	B.Com(Hon)
210.	MOHAMED ANSAR R	B.Com(Hon)
211.	MONISH RAJ G	B.Com(Hon)
212.	MUKILDAS S	B.Com(Hon)
213.	NAVEENRAJ P	B.Com(Hon)
214.	RAGHUL B	B.Com(Hon)
215.	SALMAN FARIS S	B.Com
216.	SANJAY KUMAR P	B.Com
217.	AKSHAY A	B.Com
218.	AHAMATH BASHA N	B.Com
219.	AKASH C	B.Com
220.	AKILAN T	B.Com(CS)
221.	AL AMEEN S	B.Com(CS)
222.	ANANDHAMAHAHESHBABU K	B.Com(CS)
223.	HARI HARA PRIYAN K	B.Com(CS)
224.	PRAGATHEESHWARAN M	B.Com(CS)
225.	THIRUKUMARAN V M	B.Com(CS)
226.	DHIVYA BHARATHI N	B.Com(CA)
227.	KATLEEN GLORY M	B.Com(CA)
228.	KAVIYA S	B.Com(CA)
229.	MAHALAKSHMI S	B.Com(CA)
230.	PRIYANKA R	B.Com
231.	ARUNKUMAR S	B.Sc.B.Ed_ Education
232.	SANDRA S	B.Sc.B.Ed_ Education
233.	SARUDARSHANA K	B.Sc.B.Ed_ Education
234.	ANUPRIYA A	B.Sc.B.Ed_ Education

235.	GAYATHRI D	B.Sc.B.Ed_ Education
236.	YOGITHA R	B.Sc.B.Ed_ Education
237.	ADHITHYA B	B.Sc.B.Ed_ Education
238.	AGATHIYAN K	B.Sc.B.Ed_ Education
239.	AJAY N	B.Sc.B.Ed_ Education
240.	ALWIN MANOJ L	B.Sc.B.Ed_ Education
241.	BARANI M	B.Sc.B.Ed_ Education
242.	DHINESH JOHN BERITO D	B.Sc.B.Ed_ Education
243.	GOKUL V	Physics
244.	EBIN SAMUVEL A	Physics
245.	KAMESHWARAN G	Physics
246.	KINGSLEE S	Physics
247.	NAVEEN ANANTH D	Physics
248.	SHANSHAAM	Physics
249.	SRINIVAS B	Physics
250.	SUDHARSAN P	Physics
251.	SALMA A	Education
252.	ABDUR RAHMAN M	Education
253.	MOHAMED IRFAN S	Education



Programme officer

Photo Gallery



International Yoga day – Yoga Demonstration by Mr.M.N.Sampanthan, Yoga coach thanjavur,
on 21-06-2022



International Yoga day – Yoga Demonstration by Mr.M.N.Sampanthan, Yoga coach thanjavur, on 21-06-2022