

—○ PARISA OSTOVARI ○—

Contact

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GitHub:

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Education

Full Stack Web Developer
March 2022
UC San Diego Extension

Physical Therapist Assistant,
A.S.

May 2018
San Diego Mesa College

Psychology, B.A.
May 2015
UC Merced

Skills

JavaScript
MongoDB
GraphQL
Express.js
Node.js
React.js
MySQL
Sequelize
HTML
Tailwind CSS
Bootstrap CSS
Bulma CSS
Guitarist
Volleyball

Summary

Self-motivated software developer transitioning from a career as a physical therapist assistant. I believe my unique experience in healthcare has allowed me to excel in creating data and user interface driven applications. Looking for a position where I can utilize my ability to adapt and learn quickly, along with my leadership and communication skills, I hope to help pave the way for more women in tech.

Projects

- Rate My Portfolio, a social media application that allows the user to create an account and upload, rate, comment, and follow various developer's portfolios.
- Covid Travel Guide, a full-stack application with front-end and back-end express, node, SQL, and handlebars. This application helps navigate the user through various covid entry restrictions, mask requirements and documents needed, for any country they wish to travel to.
- Git Cooking, a website generating recipe and drink pairings, using front-end JavaScript and web APIs.

Physical Therapist Assistant

GlenBrook Health Center / Seacrest Village / Carlsbad, CA / Aug 2018 – Present

- Managed up to 14 patients a day, within 2 separate facilities, while maintaining a productivity standard of 91%.
- As the most senior therapist, gained leadership experience through transitioning a therapeutic team through 3 different companies, mentoring multiple new rehab directors, physical, occupational and speech therapists, on the practices and implementation of therapeutic treatments for the senior living buildings.
- Lead as interim rehab director and transition coordinator at a moment's notice; managing the interdisciplinary team, while collaborating with doctors, nurses, social services, and assisted living/independent living directors, all to allow the continuation of fostering high standards of practice.
- Implemented a new system of therapeutic patient treatments, to help decrease the spread of a virus, secondary to the ever-changing environment caused by covid-19.
- Rehabilitated hundreds of patients, within a geriatric population, specializing in individualized direct-patient care for Alzheimer's and neurological diagnoses.

Behavioral Therapist

Behavior Frontiers / San Diego, CA / Aug 2016 – Sep 2017

- Utilized applied behavior analysis therapy for children ages 3 to 8, within the autism spectrum disorder.
- Created treatments specific to each home environment and for an expansive range of high functioning to low, non-verbal, children with autism.
- Collaborating extensively with parents, therapists, and medical professionals, to teach time-sensitive self-care, play and communication techniques.