PARISA OSTOVARI
Full Stack Developer

Contact

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Carlsbad, CA

GitHub:

github.com/parisa-ostovari

LinkedIn:

linkedin.com/parisa-ostovari

Portfolio:

parisa-react-heroku-portfolio.herokuapp.com/

Education

Full Stack Developer Certificate
March 2022
UC San Diego Extension

Physical Therapist Assistant License
May 2018
San Diego Mesa College

Psychology, B.A.
May 2015
UC Merced

Skills

JavaScript

MongoDB

GraphQL

Express.js

Node.js

React.js

Handlebars.js

MySQL

Sequelize

HTML

Tailwind CSS

Bootstrap CSS

Bulma CSS

Summary

Self-motivated software developer transitioning from a career as a physical therapist assistant. Having years of experience on the client side, with the use various bio-tech documentation programs and physically rehabilitating patients with disabilities, the importance of accessibility and UI integration with applications is where I excel. Eager to utilize my ability to adapt and learn quickly, along with my leadership and communication skills, I hope to help pave the way for more women in tech.

Projects

Rate My Portfolio | https://github.com/parisa-ostovari/RateMyPortfolio | https://floating-fjord-17758.herokuapp.com/
- A social media application that allows the user to create an account and upload, rate, comment, and follow various developer's portfolios.
- Technology: GraphQL, Express.js, React.js, Node.js, Tailwind CSS

Covid Travel Guide | https://github.com/parisa-ostovari/CovidTravelGuide | https://intense-mesa-45226.herokuapp.com/
- An application helps navigate the user through various covid entry restrictions, mask requirements and documents needed, for any country they wish to travel to.
- Technology: JavaScript, Node.js, MySQL, Sequelize, Axios, Handlebars.js, Bootstrap

Git Cooking | https://github.com/parisa-ostovari/GitCooking | https://nmbeilke.github.io/Git-Cooking/
- A website generating and save recipe and drink pairings
- Technology: JavaScript, Edmam API, Cocktail DB API, Bulma CSS

Experience

Physical Therapist Assistant
GlenBrook Health Center / Seacrest Village / Carlsbad, CA / Aug 2018 – Present
- Managed up to 14 patients a day, within 2 separate facilities, while maintaining a productivity standard of 91%.
- As the most senior therapist, gained leadership experience through transitioning a therapeutic team through 3 different companies, mentoring multiple new rehab directors, physical, occupational and speech therapists, on the practices and implementation of therapeutic treatments for the senior living buildings.
- Lead as interim rehab director and transition coordinator at a moment's notice; managing the interdisciplinary team, while collaborating with doctors, nurses, social services, and assisted living/independent living directors, all to allow the continuation of fostering high standards of practice.
- Implemented a new system of therapeutic patient treatments, to help decrease the spread of a virus, secondary to the ever-changing environment caused by covid-19.
- Rehabilitated hundreds of patients, within a geriatric population, specializing in individualized direct-patient care for Alzheimer's and neurological diagnoses.

Behavioral Therapist
Behavior Frontiers / San Diego, CA / Aug 2016 – Sep 2017
- Utilized applied behavior analysis therapy for children ages 3 to 8, within the autism spectrum disorder.
- Created treatments specific to each home environment and for an expansive range of high functioning to low, non-verbal, children with autism.
- Collaborating extensively with parents, therapists, and medical professionals, to teach time-sensitive self-care, play and communication techniques.