PARISA OSTOVARI

Full Stack Developer

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SUMMARY

Self-motivated software developer transitioning from a career as a physical therapist assistant. Has years of experience in biotech documentation technology and excels in web accessibility and UI integration. Dedicated leader with exceptional communication and multitasking skills, who can adapt and learn quickly in any environment.

TECHNICAL SKILLS

JavaScript, ReactJS, GraphQl, MySql, NoSql, Sequelize, MongoDB, Express, Node, Handlebars, HTML5, CSS3, JQuery, TailwindCSS, Bootstrap, Bulma

PROJECTS

Rate My Portfolio | https://github.com/parisa-ostovari/RateMyPortfolio | https://floating-fjord-17758.herokuapp.com/

- A social media application that allows the user to create an account and upload, rate, comment, and follow various developer's portfolios.
- Technology: GraphQL, Express.js, React.js, Node.js, Tailwind CSS

 $\textbf{Covid Travel Guide} \mid \text{https://github.com/parisa-ostovari/CovidTravelGuide} \mid \text{https://intense-mesa-45226.herokuapp.com/}$

- An application helps navigate the user through various covid entry restrictions, mask requirements and documents needed, for any country they wish to travel to.
- Technology: JavaScript, Node.js, MySQL, Sequelize, Axios, Handlebars.js, Bootstrap CSS

Git Cooking | https://github.com/parisa-ostovari/GitCooking | https://nmbeilke.github.io/Git-Cooking/

- A website generating and saving recipe and drink pairings
- Technology: JavaScript, Edmam API, Cocktail DB API, Bulma CSS

EXPERIENCE

Physical Therapist Assistant

GlenBrook Health Center | Carlsbad, CA | Aug 2018 - Present

- Managed up to 14 patients a day, within 2 separate facilities, while maintaining a productivity standard of 91%.
- Lead as interim rehab director and transition coordinator at a moment's notice; managing the interdisciplinary team and patients, while collaborating with numerous healthcare providers.
- Gained leadership experience through transitioning a therapeutic team through 3 different companies.
- Mentored multiple new rehab directors and therapists, on HIPPA practices and the implementation of therapeutic treatments, for multiple senior living buildings.
- Adapted swiftly to the ever-changing environment caused by covid-19 and implemented a new system of therapeutic patient treatments, to help decrease the spread of a virus while fostering a high standard of practice.

• Rehabilitated hundreds of patients, within a geriatric population, specializing in individualized directpatient care for Alzheimer's and neurological diagnoses.

Behavioral Therapist

Behavior Frontiers | San Diego, CA | Aug 2016 - Sep 2017

- Utilized applied behavior analysis therapy for children ages 3 to 8, within the autism spectrum disorder.
- Created treatments specific to each home environment and for an expansive range of high functioning to low, non-verbal, children with autism.
- Collaborating extensively with parents, therapists, and medical professionals, to teach timesensitive self-care, play and communication techniques.

EDUCATION

Full Stack Web Developer Certificate University of California, San Diego March 2022 Physical Therapist Assistant License, A.A. San Diego Mesa College May 2018 Psychology, B.A. University of California, Merced May 2015