→ PARISA OSTOVARI ·

Contact

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San Diego, CA



GitHub:

github.com/parisa-ostovari



LinkedIn:

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Education

Full Stack Web Developer

Graduating March 2022 UC San Diego Extension

Physical Therapist Assistant, A.S.

May 2018

San Diego Mesa College

Psychology, B.A.

May 2015

UC Merced

Skills

JavaScript

HTML

CSS (Bootstrap, Bulma, Tailwind)

Node

React

Express

MySQL

NoSQL

MongoDB

Beach Volleyball

Guitarist

Golfer

Summary

Self-motivated software developer transitioning from a career as a physical therapist assistant. I believe my unique experience in healthcare has allowed me to excel in creating data and user interface driven applications. Looking for a position where I can utilize my ability to adapt and learn quickly, along with my leadership and communication skills, I hope to help pave the way for more women in tech.

Experience

Portfolio

- Created a Covid Travel Restrictions Guide, a full-stack application with front-end and back-end express, node, SQL, and handlebars. This application helps navigate the user through various covid entry restrictions, mask requirements and documents needed, for countries around the world.
- Developed Git Cooking, a website generating recipe and drink pairings, using front-end JavaScript and web APIs.

Physical Therapist Assistant

GlenBrook Health Center / Seacrest Village / Carlsbad, CA / Aug 2018 - Present

- Managed up to 14 patients a day, within 2 separate facilities, while maintaining a productivity standard of 91%.
- As the most senior therapist, gained leadership experience through transitioning a therapeutic team through 3 different companies, mentoring and guiding multiple new rehab directors, physical, occupational and speech therapists, on the practices and implementation of therapeutic treatments for the senior living buildings.
- Lead as interim rehab director and transition coordinator at a moment's notice; managing the interdisciplinary team, while collaborating with doctors, nurses, social services and assisted living/independent living directors, all to allow the continuation of fostering high standards of practice.
- Implemented a new system of therapeutic patient treatments, to help decrease the spread of a virus, secondary to the ever-changing environment caused by covid-19.
- Rehabilitated hundreds of patients, within a geriatric population, specializing in individualized direct-patient care for Alzheimer's and neurological diagnoses.

Behavioral Therapist

Behavior Frontiers / San Diego, CA / Aug 2016 - Sep 2017

- Utilized applied behavior analysis therapy for children ages 3 to 8, within the autism spectrum disorder.
- Created treatments specific to each home environment and for an expansive range of high functioning to low, non-verbal, children with autism.
- Highly adaptable to each setting and collaborated extensively with parents, therapists and medical professionals, to teach time-sensitive self-care, play and communication techniques.