

A microscopic image showing several long, branching, filamentous structures (hyphae) of a fungus, likely Candida albicans. The hyphae are stained dark purple/black and are surrounded by numerous small, round, pinkish structures (spores or yeast cells). The background is a light pinkish-white color.

# Medically Significant Fungi

Clinically Significant Agents of Yeast Infections

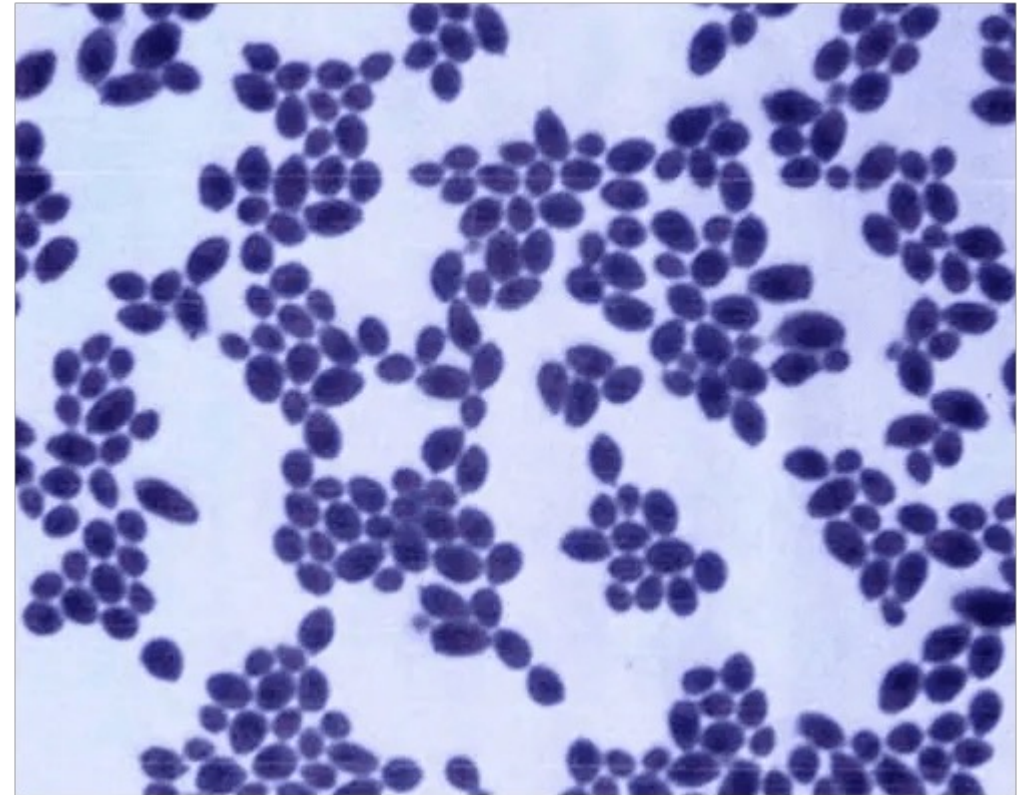
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# Disclaimer

- This presentation was meant to provide students with both didactic and laboratory skills as they apply to clinical mycology. It is meant for educational purposes only and does not represent Cleveland Clinic views or practices.
- The presentation contains images and other references copyrighted by another entity or person and credits shall be given to the rightful owners of the materials and I claim no copyright to the said content.
- Most of the information was adopted from the Textbook of Diagnostic Microbiology by Mahon & Lehman (see citation) but condensed for bite sized learning.

# Clinically Significant Agents of Yeast Infections

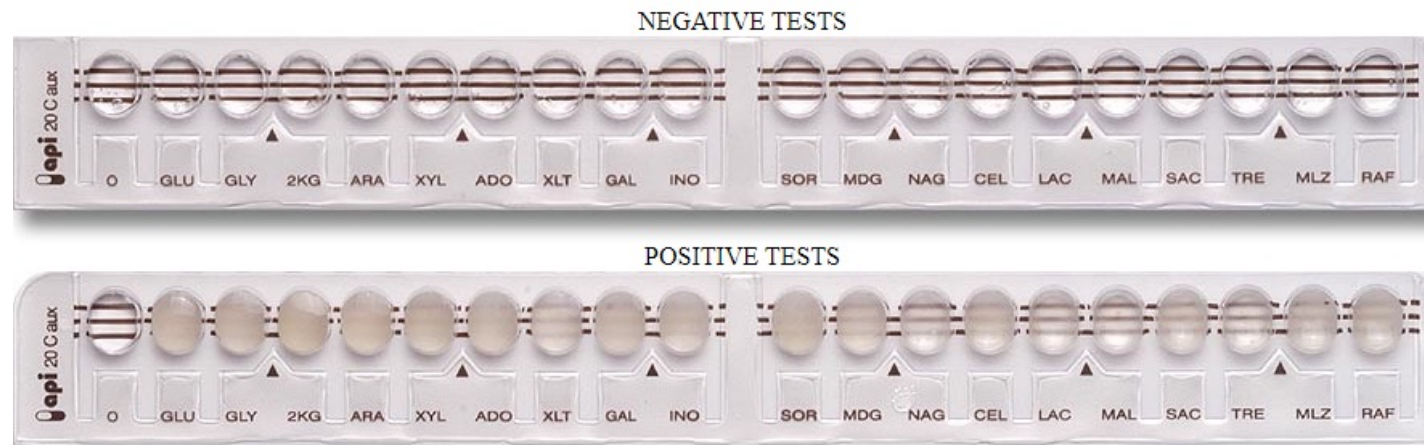
- With greater immunosuppression, there is an increase in yeast infections.
- Infections are often aggressive and difficult to treat
- Notable genera
  - *Candidia*
  - *Cryptococcus*
  - *Rhodotorula*
  - *Pneumocystis*





# Clinically Significant Agents of Yeast Infections

- API 20C [A]
  - Identifies which carbohydrates a yeast can use aerobically as a sole carbon source
- CHROMagar [B]
  - Presumptively identifies *C.albicans*, *C.tropicalis*, and more
  - Identification is based on different colony colors, depending on the breakdown of chromogenic substrates by the different species



[A]



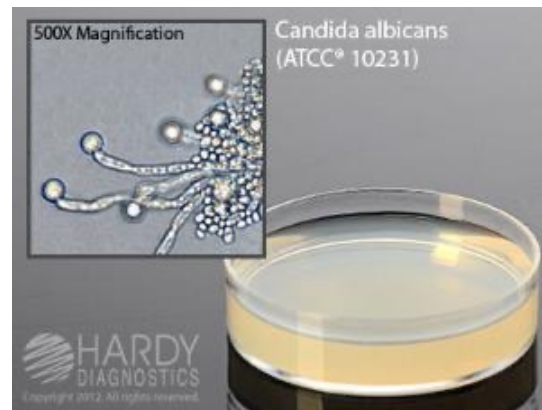
[B]

# Clinically Significant Agents of Yeast Infections: *Candida* species (Germ Tube +)

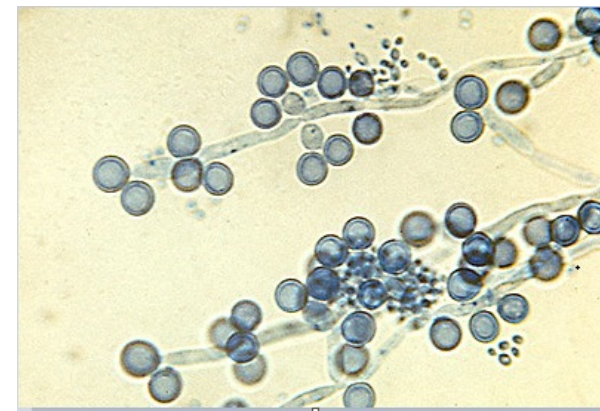
Organism	Germ Tube	Urease	CHROMagar	Cornmeal	Growth at 42 °C	Notable disease
<i>Candida albicans</i>	+	-	Kelly green	Blastoconidia Pseudohyphae Singular terminal chlamydoconidia [B]	+	4 <sup>th</sup> most common cause of bloodstream infections  Thrush [D]
<i>Candida dubliniensis</i>	+	-	Hunter green	Blastoconidia Pseudohyphae Double terminal chlamydoconidia [C]	-	Rarely isolated



[A]



[B]



[C]



[D]

# Clinically Significant Agents of Yeast Infections:

## *Candida* species (Germ Tube -)

Organism	Germ Tube	Urease	CHROMagar	Cornmeal	Growth at 42 °C
<i>Candida glabrata</i> [A]	-	-	Pink/white	Blastoconidia	-
<i>Candida krusei</i> [B]	-	-	Mauve w/ white periphery	Blastoconidia Pseudohyphae	-
<i>Candida tropicalis</i>	-	-	Blue w/purple haze		-
<i>Candida parapsilosis</i> [C]	-	-	Pink/white		-

*Candida krusei* is intrinsically resistant to fluconazole



[A]



[B]



[C]

# Clinically Significant Agents of Yeast Infections: *Candida auris*

- *Candida auris*
  - Hospital –acquired infection
  - Multidrug-resistant yeast- high mortality rates

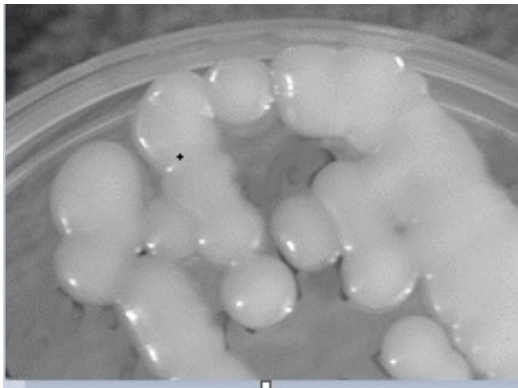




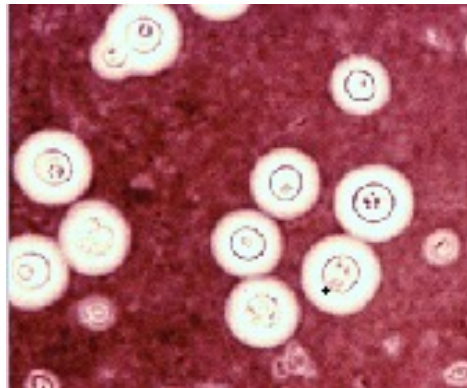
# Clinically Significant Agents of Yeast Infections:

## *Cryptococcus species*

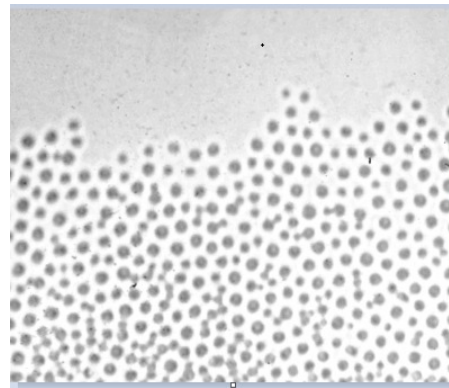
Organism	Notable disease	Host	Habitat	Identifying characteristics
<i>Cryptococcus neoformans</i>	Meningitis, pulmonary disease, septicemia	Immunocompromised (AIDS)	pigeon droppings	Capsule [A] Germ tube - Urease + India ink[B] Blastoconidia only[C] Phenol oxidase [D]
<i>Cryptococcus gattii</i>		Immunocompromised/competent	eucalyptus	



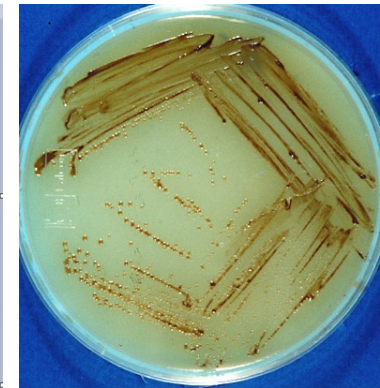
[A]



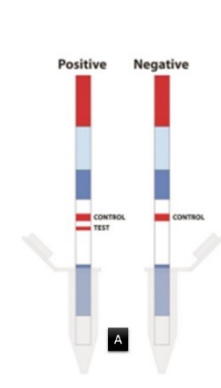
[B]



[C]



[D]



[E]



# Clinically Significant Agents of Yeast Infections: *Rhodotorula species*

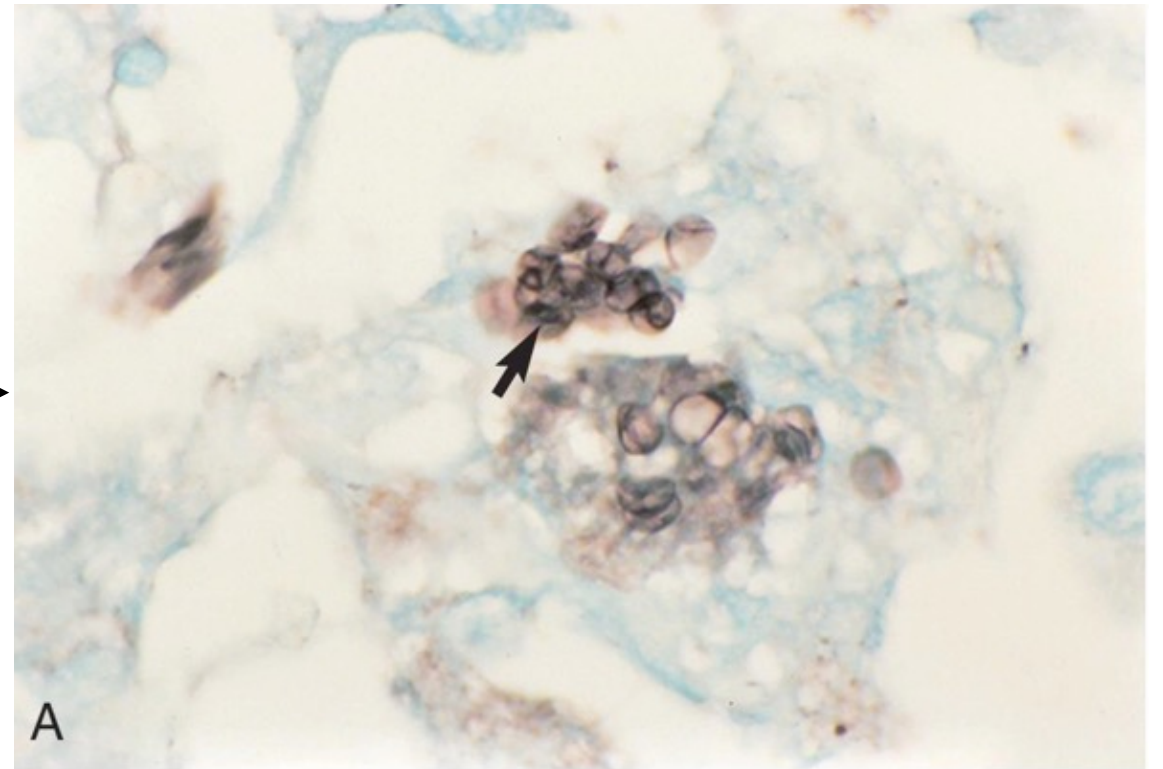
- Not common agents of disease, but can cause opportunistic infections
- Resemble cryptococci because they bare a capsule and are urease positive



# Clinically Significant Agents of Yeast Infections:

## *Pneumocystis*

- Cause severe pneumonia in immunosuppressed hosts
- Diagnosis made by finding the organism in respiratory specimens using histology stains (ex. GMS) —————→
- Cells have a punched-out ping-pong ball appearance



# Clinically Significant Agents of Yeast Infections:

## Yeast susceptibility testing

- YeastONE trays – colorimetric readout similar to bacterial AST trays
  - Blue= No growth
  - Pink= Growth



# Citations

- Mahon, C. R., & Lehman, D. C. (2023). *Textbook of Diagnostic Microbiology* (7<sup>th</sup> ed.). Elsevier.