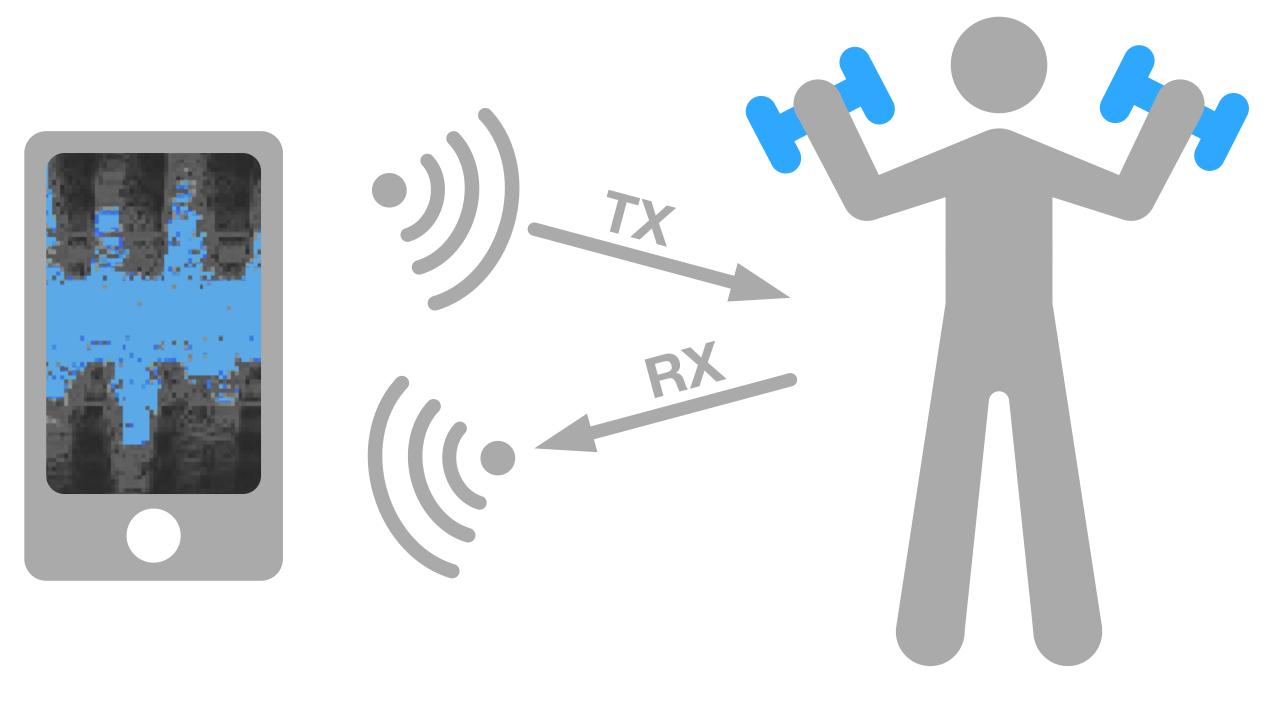
Doppler Exercise Sensing

Smartphone Doppler Ultrasound for Improved Activity Quantification



Physical inactivity is an EPIDEMIC

- Physical inactivity is the 4th leading risk factor for death.
- ▶ 80% of US adults do not meet national guidelines.
- Physical activity should be measured as a vital sign.
- Step count is an ineffective measure for **sedentary individuals**.

Pilot Study

3 test subjects

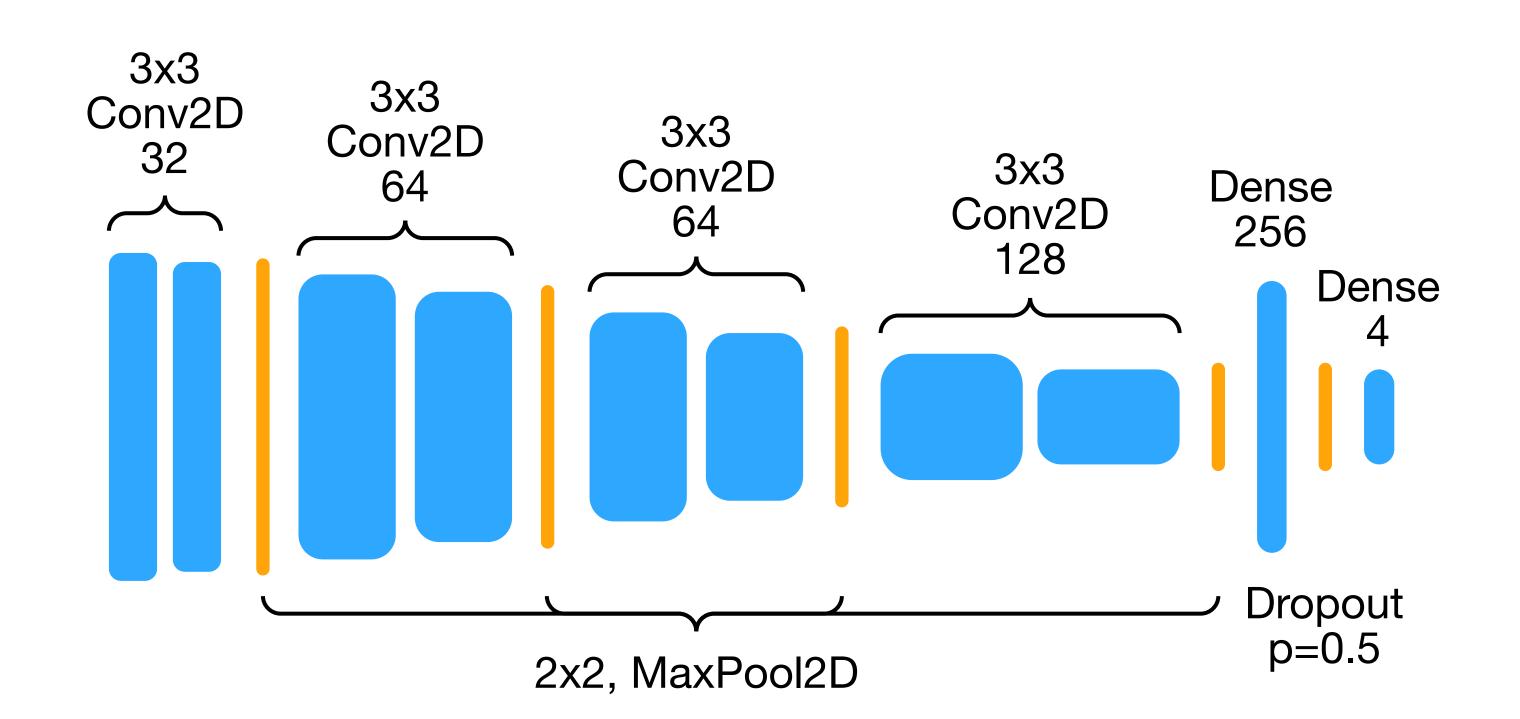
15-layer CNN

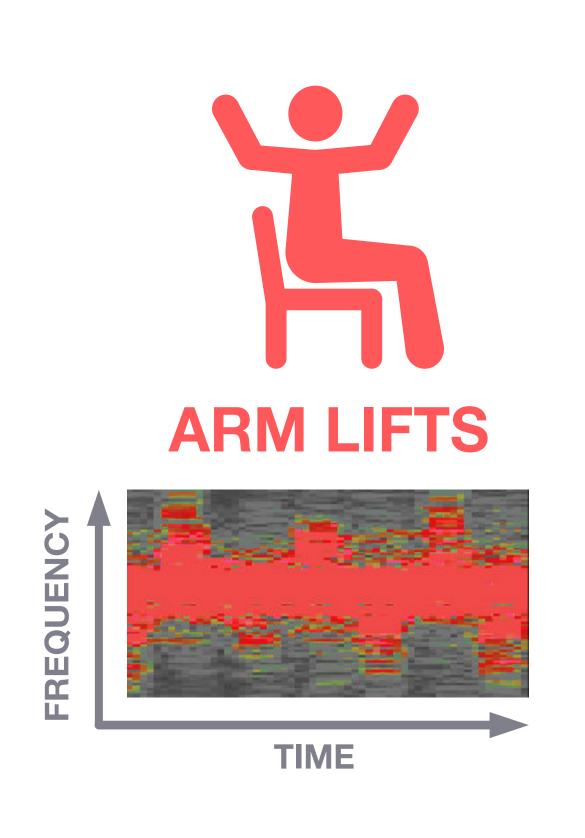
4 seated exercises

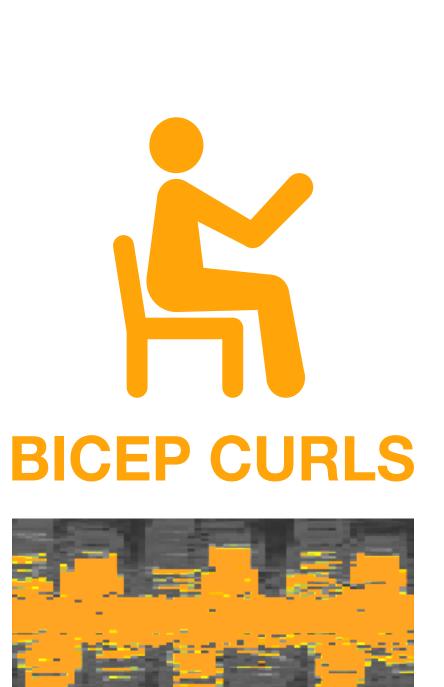
10-fold cross validation

571 total samples

95% accuracy overall

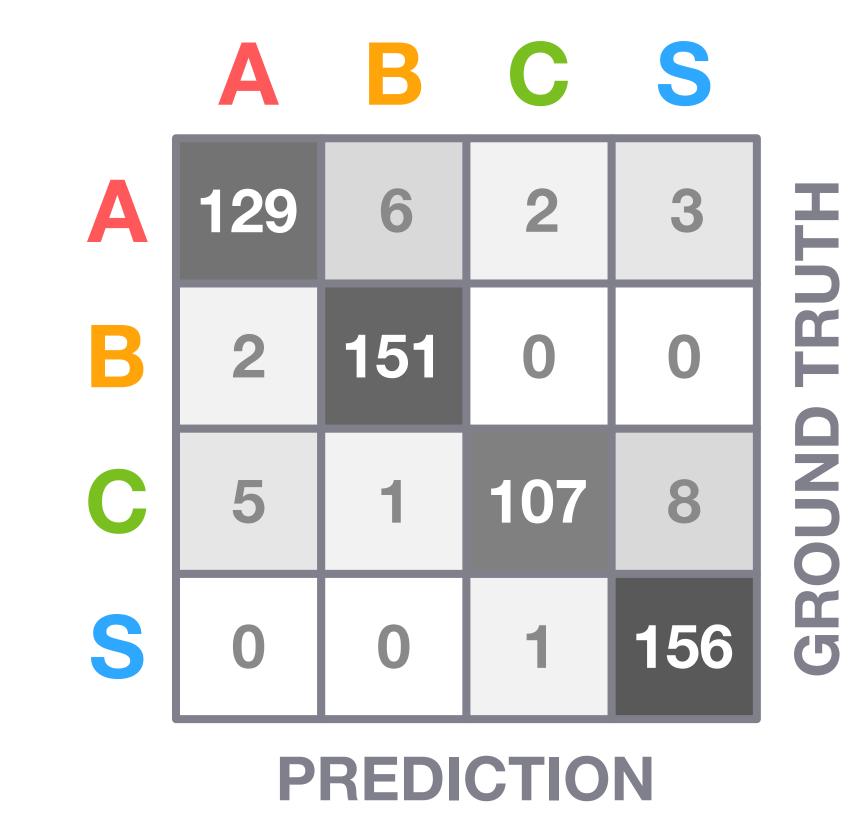












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