

NAIROBI AESTHETIC SURGERY CENTRE
INFORMED CONSENT FORM - BOTOX

These instructions serve as a consent form designed to provide you with information about Botox injections and the associated risks. It is crucial that you carefully read and fully comprehend this material. Prior to your treatment, please review the document and sign the consent form located at the bottom.

INTRODUCTION

BOTOX® injections involve a series of small injections aimed at weakening specific muscles, such as those in the brow area or below the eyes. The effects of muscle weakening become noticeable within 2-3 days and reach their peak after 10-14 days. Results typically last for 3-6 months. The procedure can be repeated after 3 months; however, administering injections with less than a 3-month interval may decrease their effectiveness.

RISKS OF BOTOX INJECTION

I have been informed that there are inherent risks and potential side effects associated with Botox injections, both temporary and permanent. These risks include, but are not limited to:

- i. Discomfort, swelling, redness, bruising, scarring, and skin necrosis.
- ii. Bacterial and/or fungal infections that may require further treatment.
- iii. Allergic reactions.
- iv. Temporary drooping of the eyelid(s) in approximately 2% of cases, typically lasting 2-3 weeks.
- v. Occasional numbness in the forehead, lasting up to 2-3 weeks.
- vi. Temporary headache.
- vii. Flu-like symptoms may occur.
- viii. Rare instances of weakened adjacent muscles for several weeks following the injection.

CAUTION AND CONTRAINDICATIONS:

Pregnancy/Breastfeeding, Neuromuscular disorders (e.g., MG/MND), Use of anticoagulant medications (e.g., Warfarin/Aspirin), Concurrent use of Aminoglycoside antibiotics

I have read and understood the contents of this consent form for Botox injections. I acknowledge the stated facts and hereby authorize to perform the Botox injection procedure.

Patient's Name: _____

Signature: _____ Date & Time: _____

Practitioner's Name: _____

Signature: _____ Date & Time: _____

Patient Name: _____

File No: _____ Date: _____



	Area 1	Area 2	Area 3	Area 4
Location				
Botox Lot Number				
Botox Expiration Date				
Treatment Date				
	Dilution (cc)			
	Units			
Total Units/Site				
	Site A			
	Site B			
	Site C			
	Site D			
Total Units Used				

BOTOX PRE AND POST-TREATMENT CARE GUIDELINES

PRE-TREATMENT CARE GUIDELINES:

Conditions to Avoid: It is not recommended to undergo Botox treatment if you are pregnant, nursing, or attempting to conceive. Individuals with neurological diseases such as Myasthenia Gravis, Multiple Sclerosis, Lambert Eaton Syndrome, Amyotrophic Lateral Sclerosis (ALS), or Parkinson's should also refrain from receiving Botox. Allergies to the toxin ingredients or human albumin, any active infection, or previous adverse reactions to Botox are contraindications. Additionally, certain medications, including aminoglycosides, nerve blockers (anticholinesterases, succinylcholine), lincosamides, polymyxins, quinidine, or magnesium sulfate, are not compatible with Botox treatment.

Preparation Instructions: Avoid using any irritant chemicals, soaps, or lotions in the treatment area during the week leading up to your appointment. Refrain from wearing makeup on the day of your treatment.

POST-TREATMENT CARE GUIDELINES:

- i. Results: The effects of Botox will become noticeable after approximately 2-3 days and reach their peak around 2 weeks. The duration of results may vary, typically lasting between 2-5 months, with an average of 3 months.
- ii. Scheduling Follow-up: Return for your next appointment as soon as you observe movement returning to the treated area.
- iii. Body Position: Maintain an upright position for 4 hours following the treatment. Avoid bending over or lying down during this time.
- iv. Avoid Massaging: Refrain from massaging the treated area.
- v. Muscle Exercise: Engage the treated muscle by making facial expressions in that specific area.
- vi. Redness/Swelling: It is normal to experience redness and swelling for a few hours to days.
- vii. Gentle Cleansing: Cleanse the treated area twice daily using mild soap. Aloe gel can also be applied.
- viii. Avoid Irritants: Refrain from using irritants such as glycolics, acids, or retinoids until all redness and swelling subside.
- ix. Cold Compress: Apply cool compresses or ice to the area for 15 minutes every hour for comfort.
- x. Makeup Use: You may use makeup as long as the skin is not broken or irritated.
- xi. Activity Restriction: Avoid strenuous exercise and alcohol for 4 hours after the treatment.
- xii. Doctor Consultation: The doctor is available to address any questions or concerns you may have after the treatment. However, additional Botox injections for adjustments will typically be scheduled after 2 weeks to allow the full effect of the Botox to take place.

If you have any questions, concerns, problems, or notice signs of infection, blistering, or scarring, please notify the doctor immediately.