

**Start a new session with name:**

```
tmux new -s <name>
```

**Attach to a named tmux session:**

```
tmux a -t <name>
```

**Detach from a named tmux session:**

```
CTRL-b + d
```

**List current tmux sessions:**

```
tmux ls
```

**Creating a new window inside a tmux session:**

```
CTRL-b + c
```

**Moving from one window to the next**

```
CTRL-b p
```

```
CTRL-b n
```

```
CTRL-b <number?>
```

**Close a window inside a tmux session:**

```
CTRL-b + x
```

**Scrolling in a tmux session:**

```
CTRL-b + [
```

Use your navigation keys to scroll around

```
q
```

To quit scroll mode

**Kill a session with name:**

```
tmux kill-session -t <name>
```