

# Kids 3K Event

Briefing Webinar

Saturday, 28 May 2022 06:00-07:00PM





# Kids 3k Event Flow

What, when, where, and more...



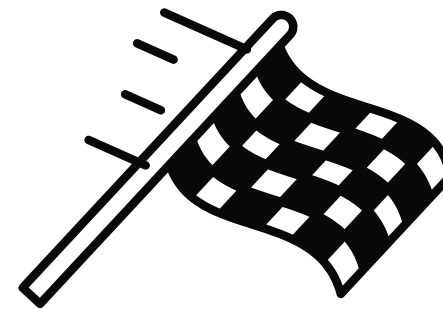
Gathering



Warm-up



Engaging



Flag-Off



Race



Finish



## The Age Categories

- 5 - 7 years
- 8 - 11 years
- 12 - 14 years

5y+

<

15y



## Note the timings

- 10K Race start @5:30AM
- 5K Race start @6:30AM
- Holding Area Opens @ 5AM
- Kids Engagement untill @6:30AM
- Kids Warm-up @7AM
- Kids run start @7:30AM





## Parents to Ensure...

- Kids to wear event T-shirt
- Dual Bibs
  - Kid and dropping off and picking parent to wear them
  - Mention clearly emergency contact on Kids Bib
- Dual Wrist Bands
  - Kid and dropping off and picking parent to wear them
  - Mention Kids'Bib number clearly on both bands



## Kids Holding Area

- Availability of:
  - Teachers
  - Akkas
  - Security guards
  - Snacks
  - Water / Juices
  - Engagement activities



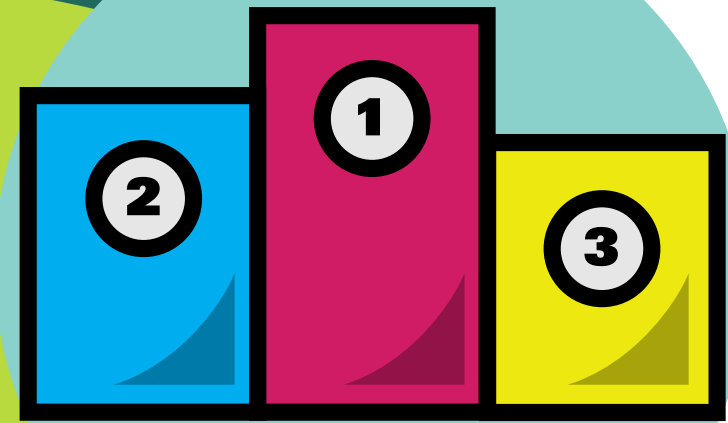


## On the Run course

- All through visible straight route
- Kids specific Aid Stations
- Pacers
- No parents allowed on the course to run with the kid
- **IMP:** Kids to collect the pencils being given at the U-turn and deposit at finish







## Podiums

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Manual Timing  
Top 3 boy and girl kids

## Coupons for Refreshments

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Unregistered members of family/ friends accompanying the kids have an option to buy food coupons at reasonable price during the Bib Distribution





# Questions

Do you have any questions?

