

Sandy Parker, a 20-year-old woman, suffers from Bipolar Disorder, characterized by extreme mood swings, hallucinations, paranoia, and violent tendencies. She has a history of numerous suicide attempts and struggles with memory, concentration, and social interactions. Her mental state often leads to aggressive outbursts, resulting in strained relationships and difficulty maintaining employment.

Sandy is currently prescribed Abilify to manage her condition but has a history of inconsistent treatment and limited insight into the severity of her illness. She often blames others for her struggles, making it difficult to build trust and engage in therapy.

Given her condition, it's crucial for Sandy to receive consistent and comprehensive treatment, including medication management and psychotherapy. She also requires support and guidance to develop coping mechanisms for managing stress and improving her social skills. It's vital to ensure her safety, particularly during manic episodes, where she may engage in dangerous behaviors without considering the consequences.