

## Medical Laboratory Report

Patient Name: John Doe

Age: 58

Fasting Blood Glucose: 160 mg/dL

Postprandial Blood Glucose: 250 mg/dL

HbA1c: 8.5 %

Diagnosis: Diabetes Mellitus - Type 2

Recommendation: Initiate insulin therapy. Strict diet control. Regular exercise. Follow-up in 1 month.