



A new etymology for Chinese 豆蔻 *dòukòu* ‘cardamom; nutmeg’

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Abstract

This paper offers a new etymological explanation for the Chinese word 豆蔻 *dòukòu* ‘cardamom; nutmeg’ and explores the possibilities of its trade-language origins. We propose that this Chinese word is a loanword that could have arrived via Southern Min, from an Indian Ocean trade-language used on the ancient Maritime Silk Road during the Tang dynasty. We think this word have entered the Chinese lexicon together with the economic products it denotes, and went through phono-semantic matching. We introduce our reasoning in four main points, and detail out four sets of observations regarding 1) the first written records, 2) character composition, 3) available lexicographical data, and 4) a range of seemingly related regional *Wanderwörter* (wandering loanwords) as evidence supporting our hypothesis. In uncovering this word’s lexicogenesis, we also discuss the linguistic and historic plausibility of our claims, and explore possible candidate etymons from relevant Indic and Austronesian languages.

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Cardamom is a popular spice with a history spanning thousands of years of culinary and medicinal use. In fact, cardamom can refer to multiple kinds of fragrant fruits, besides the well-known green seed-pods of “true cardamom”, *Elettaria cardamomum*. Moreover, if we dive deeper into the identities of cardamoms from an Asian perspective, we find a conundrum of words and materials. Prototypical cardamoms are botanically different species in various regions (e.g., Java, Indochina, Yunnan, India), and their names got confused along the paths of diffusion. In the present study, we look at the situation in Chinese, where the corresponding word is *dòukòu* 豆蔻, also pointing towards nutmeg (Donkin 2003). *Dòukòu* first appears as *báidòukòu* [white-cardamom] in a Tang-era miscellany called *Youyang Zazu*, where it is reported to come from the land of Kakkola, describing round cardamoms (*Wurfbainia compacta*) originally sourced from Siam or Java. According to this 9th-century source, the spice is called 多骨 *duōgǔ*, and the perceived Middle Chinese pronunciation, /tɑ-kuət/, makes possible for it to be a transcription of an Indo-Aryan word, e.g., Pali *takkola* or Sanskrit *kakkola*. On the other hand, the same does not apply for 豆蔻 *dòukòu*, whose Middle Chinese pronunciation would be

/dəuH-həuH/. As an alternative, we propose that dòukòu could be a loan via Southern Min. Based on Kwok’s reconstruction of Proto-Southern-Min, the equivalent of dòukòu would be /*tau-khau/ (Kwok 2018; B.-Ch. Kwok, personal communication, August 17, 2022), more similar to the Indic words. This is historically plausible, given that Fujian was in direct contact with the maritime traders responsible for the bulk of the spice trade, and that Sanskrit was one of the main languages of the Srivijaya Empire encompassing Kakkola around this time. In this brief etymological study, we clear the air around cardamom nomenclature, and reveal a possible trace that Fujianese traders have left on modern Chinese. This is not only interesting in terms of food history, but also in terms of the linguistic history of Chinese, as few loanwords from Southern Min have made their way into Middle Chinese.

Keywords — Cardamom, 豆蔻, Etymology, Trade-language, Chinese, Southern Min, Indian Ocean, Spice Trade

1 Introduction

1.1 Cardamom conundrum

Introduce what is cardamom a bit.

1.2 What is cardamom?

What do people mean under the name *cardamom* depends on who do we ask, where we are, and in what language we are operating in—for the word *cardamom* and its translations can denote multiple different spices. In all cases, this name will point to an aromatic plant yielding a culinary and medicinal spice, and in all likelihood, most readers will think of the dried fruits of *Elettaria cardamomum* (L.) Maton¹, seen in Figure 1.

In Europe, the Middle East, India, and many other parts of the world, *cardamom* typically refers to the seed pods of *Elettaria cardamomum* (L.) Maton, which is an aromatic flowering plant from the ginger family (*Zingiberaceae*). It is native to India’s Western Ghats ??, the mountain range stretching above the Malabar coast of Kerala. This is the same region where black pepper hails from, and in an Indian context they are often called “the king and queen of spices” (Nair, 2020).

It is a well known culinary spice with a long history, also used in the infusion of beverages, and perfumery (e.g., Indian cuisine; Arabian coffee). It was used in India since the Vedic period ??, and it was traded to and through Mesopotamia since the bronze age (Parry, 1969; Ravindran & Madhusoodanan, 2002).

It was known in Europe since antiquity and used as medicine; Greek historians and physicians wrote about its healing properties, sometimes even correctly noting that it comes from India. Today it is still valuable, it is the 3rd most expensive spice after saffron and vanilla. It is also known as green cardamom and true cardamom.

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¹*Elettaria cardamomum* in POWO: <https://powo.science.kew.org/taxon/796556-1>

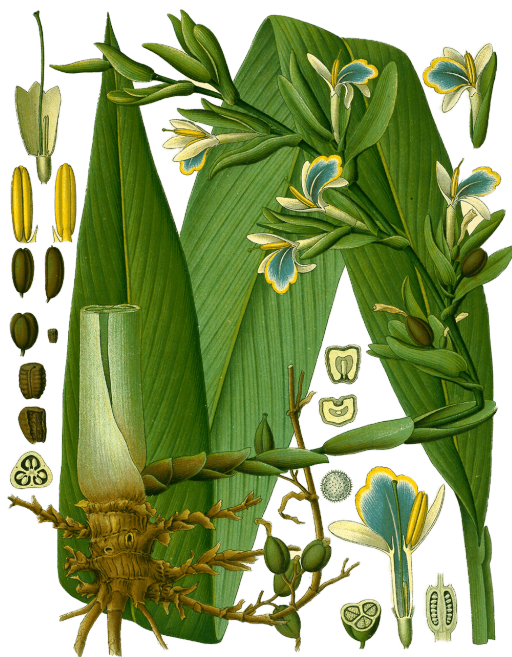


Figure 1: *Elettaria cardamomum* in Köhler (1887, vol. 2, p. 186)'s *Medizinal Pflanzen*

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native to India's Western Ghats – so as black pepper; “the Queen of Spices” Popular spice used in cooking and beverages, perfumery, (e.g., Indian cuisine, Arabian coffee), Used medicinally in India since Vedic times Traded to Mesopotamia since the Bronze Age (Parry, 1969; Ravindran, 2002) Known in Europe since Antiquity – Theophrastus, Dioscorides, Pliny (Anderson, 2023) 3rd most expensive spice today a.k.a. green cardamom, “true cardamom”

In Europe, India, the Middle East, the name cardamom refers to the seed pods of *Elettaria cardamomum*, an aromatic flowering plant from the ginger family, native to India's Western Ghats, above the coasts of Kerala. This is the same region where black pepper hails from, and in an Indian context they are often called “the king and queen of spices”. It is a well known culinary spice, also used in the infusion of beverages and perfumery, with a long history. It was used in India since the Vedic period, and it was traded to and through Mesopotamia since the bronze age. It was known in Europe since antiquity and used as medicine; Greek historians and physicians wrote about its healing properties, sometimes even correctly noting that it comes from India. Today it is still valuable, it is the 3rd most expensive spice after saffron and vanilla. It is also known as green cardamom and true cardamom.

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False cardamoms

The name true cardamom implies the existence of “false” ones. Not so strange in spice nomenclature: alternative economic products; adulteration Many other aromatic plants in the ginger family referred to as cardamoms Native to Asia (*Amomum* genus)

and Africa (*Aframomum* genus) Why are these other spices called cardamoms as well? Common feature: aromatic seed-pods containing small seeds.

What is considered “false” is determined by the reigning prototype spice in a given culture (whether native or first encountered), and the perceived value (cf. true cinnamon vs. bastard cinnamon).

Wait a minute, true cardamom? Are there false cardamoms? Well, yes! The name “true cardamom” implies the existence of “false” ones, at least in an English context. This is not that strange when it comes to spice names and it hints on the availability of alternative products, or to practices of adulteration. In fact, there are at least a dozen other plants in the ginger family to which the botanical and culinary literature refer to as cardamoms, native to Asia and Africa in the genera *Amomum* and *Aframomum*. So, why are these other spices called cardamoms as well? Because of their physical, chemical, and functional similarity, but especially one distinct feature: they are all aromatic seed-pods containing small seeds. By the way, no one in Asia thinks these cardamoms are fake, what is considered “false” is determined by the reigning prototype spice in the given culture (whether it grows there, or it’s the first of its kind they have encountered), and the perceived value of the spice (so called true cinnamon from Ceylon was and is considered superior to cassia or Chinese cinnamon, warranting names such as bastard cinnamon).

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So, while for many of us cardamom looks like this,

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Some other prototype cardamoms of Asia

There are places where the “default”, prototype cardamom looks and tastes a bit different. In Northern India, Nepal, Bhutan, Bengal, there is black cardamom, or greater cardamom – you can see it on the left; in Yunnan, Southwestern China there is the even larger tsaoko cardamom, or Chinese black cardamom; and Thailand, Cambodia and Indonesia have two species that yield little round white cardamoms.

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Some common names in English

amomum, bastard cardamom, bastard Siamese cardamom, Bengal cardamom, big cardamom, black cardamom, brown cardamom, Cameroon cardamom, Chinese black cardamom, Chinese cardamom, Ethiopian cardamom, fake cardamom, false cardamom, greater cardamom, green cardamom, Guinea cardamom, hill cardamom, Indian black cardamom, Indian cardamom, Indonesian cardamom, Java cardamom, Java round cardamom, Java white cardamom, kepulaga, korarima, krervanh, large cardamom, Madagascar cardamom, Malabar cardamom, Nepal cardamom, round cardamom, round Chinese cardamom, Siam cardamom, Tavoy cardamom, Thai cardamom, true cardamom, tsao-ko cardamom, wild Siamese cardamom, winged cardamom, Yunnan cardamom...

Selected sources: Dalby (2000); Prance & Nesbitt (2005); van Wyk (2014); Hill (2017); Anderson (2023), etc.

All of these have a bunch of other vernacular names in English, usually named after the green cardamom as the prototype spice, modified with an adjective of color, a place of origin, or both; occasionally using a native name.

I have collected these names from the botanical literature, books on the history of spices and so on. You don’t have to read these, I just wanted to show you how cardamom is used as a prototype word in the generation of names for novel spices.

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All the relevant spice bearing plants...

Alpinia galanga (L.) Willd. *Alpinia globosa* (Lour.) Horan. syn. *Amomum globosum* Lour. *Alpinia hainanensis* K.Schum. syn. *Alpinia katsumadai* Hayata *Amomum maximum* Roxb. *Amomum subulatum* Roxb. *Elettaria cardamomum* (L.) Maton syn. *Amomum cardamomum* L. *Hornstedtia costata* (Roxb.) K.Schum. syn. *Amomum costatum* (Roxb.) Benth. ex Baker *Lanxangia tsao-ko* (Crevost & Lemarié) M.F.Newman & Skornick. syn. *Amomum hongtsaoko* Liang et Fang; *A. tsao-ko* Crevost et Lemaire *Wurfbainia aromatica* (Roxb.) Škorničk. & A.D.Poulsen syn. *Amomum aromaticum* Roxb. *Wurfbainia compacta* (Sol. ex Maton) Škorničk. & A.D.Poulsen syn. *Amomum compactum* Sol. ex Maton; *Amomum kepulaga* Sprague & Burkill *Wurfbainia vera* (Blackw.) Škorničk. & A.D.Poulsen syn. *Amomum krervanh* Pierre & Gagnep.; *Amomum kravanh* Pierre ex Gagnep. *Wurfbainia villosa* (Lour.) Škorničk. & A.D.Poulsen syn. *Amomum villosum* Lour. *Aframomum melegueta* K.Schum. *Aframomum grana-paradisi* (L.) K.Schum. *Aframomum cereum* (Hook.f.) K.Schum. syn. *Aframomum sceptrum* (Oliv. & D.Harb.) K.Schum. *Aframomum exscapum* (Sims) Hepper *Aframomum alboviolaceum* (Ridl.) K.Schum. syn. *Aframomum macrospermum* (Sm.) Burkill *Aframomum angustifolium* (Sonn.) K.Schum. *Aframomum corrorima* (A.Braun) P.C.M.Jansen syn. *Amomum korarima* J.Pereira *Aframomum daniellii* (Hook.f.) K.Schum. syn. *Aframomum hanburyi* K.Schum.

Now, the whole range of plants from the cardamom-group is long and unnecessary, but now we have a question: Which one is *doukou*?

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Well, the answer is: a few of these, and more. In a Chinese context we have our not so well-known green cardamom, black cardamom from the Himalayas, the two white cardamoms from Southeast Asia, some semi-exotic ones that look like tiny brains, and the reddish fruits of galangal.

Alpinia galanga (L.) Willd. *Alpinia hainanensis* K.Schum. *Amomum subulatum* Roxb. *Elettaria cardamomum* (L.) Maton *Wurfbainia compacta* (Sol. ex Maton) Škorničk. & A.D.Poulsen *Wurfbainia vera* (Blackw.) Škorničk. & A.D.Poulsen

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X cardamom = X 豆蔻 x *dòukòu*

Here is a table showing the same plant products with their Chinese names; consider the examples: red-cardamom, fragrant-cardamom, little-cardamom, white-cardamom, and so on. You can see that Chinese *doukou* corresponds to cardamom; at least on a pragmatic level if not botanically. *Dòukòu* is a generic term and Chinese too also adds additional modifiers of color, place, or some other feature, with many-many dialectal variations that are out of scope for now, but basically we have a formula. As bonus, we also have nutmeg, which is called *ròudòukòu* (flesh cardamom) in Chinese.

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Nutmeg

It is a seed of a tree of an unrelated species from a different family, native to the Maluku islands of Indonesia, famously called the Spice Islands in colonial times, and until the 18th century it only grew here. It was one of the most prized products of the spice trade, for half a kilo you could buy a house in London.

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Origins

Map

South & Southeast Asia Biodiversity hotspot Maritime Silk Road

By the way, these aromatic plants come from this region surrounding Mainland Southeast Asia, which is a biodiversity superhotspot, with many stops along the Maritime Silk Road.

2 Etymological breadcrumbs

Scholars have a relatively good understanding of the etymology of the English word *cardamom*, which is usually reconstructed along the following lines:

English *cardamom* ‘cardamom’ ca. 1425, via **post-classical Latin** *cardimomum*, a. 1398 < later also from **Old French** *cardemome* ‘cardamom’, ca. 1170; cf. modern French *cardamome* < **Latin** *cardamōmum* ‘cardamom’, 1st c. AD < **Hellenistic Greek** καρδάμωμον *kardāmōmon* ‘cardamom’, haplological κάρδαμ- *kárdam-* ‘cress’ + ἄμωμον *āmōmon* ‘an Indian spice plant’, 3rd c. BC < **Ancient Greek** κάρδαμον *kárdamon* ‘garden cress, *Lepidium sativum*’, perhaps a loanword (many plant names with *-amon* are clear loanwords; the suffix *-amon* is known from Pre-Greek), ultimately of uncertain origin, 4th c. BC; cf. cognates classical Latin *cardamum* (OUP, n.d., s.v. *cardamom*; Centre National de Ressources Textuelles et Lexicales (CNRTL), 2012, s.v. *cardamome*; Lewis & Short, 1879, s.v. *cardamomum*; Liddell & Scott, 1843/1940, s.v. καρδάμωμον; Liddell & Scott, 1843/1940, s.v. κάρδαμον; Beekes & Beek, 2010, p. 644)

Kárdamon was identified with the word 𐀓𐀭𐀮𐀭 ka-da-mi-ja 41, (*kardamia* as a feminine form of *kardamon*) appearing on Mycenaean tablets listing spices in Linear B, excavated in the “House of the Sphinxes” in 1950s, and dated to the 1200s bc (Bennett et al., 1958, p. 107).

this is how linguists usually reconstruct word histories: tracing word stages step by step. Basically *cardamom* came via Old French and Latin from a Greek word. I said kinda, because the exact origins are uncertain. And may or may not appear on Mycenaean stone tablets written in Linear B over 3000 years ago, it is outside of my specialty to judge these claims. It is quite difficult to be sure about the source of a word at this time-depth, almost 3000 years ago.

What about the etymology of *doukou*? Well, we had some suspicions, and during our investigations we came across various pieces of evidence that led us believe that *doukou* is a loanword. I will now introduce our observations and reasons why we think so in 4 points.

2.1 First mentions, first confusions

The first recorded mention of 豆蔻 *dòukòu* is from a 9th-century book called 酉陽雜俎 *Youyang Zazu* [Miscellaneous Morsels from Youyang], which is a Tang era miscellany of tall tales and legends, strange phenomena, fantastic creatures, and exotic products – but also an excellent source of historical data. It was collated by Duan Chengsi (d. 863), and

in “chapter” (juan (scroll, or book)) 18 he discusses 24 foreign plants, which have been imported to China or have been brought as tribute from faraway places, such as Magadha (in India), Malaysia, Persia, Silla (Korea), and Syria, often reporting the local names for the non-native plants and products, and usually compares them to something more familiar to his readership. We can find descriptions of acacia, Balm of Giliad, galbanum, jackfruit, jasmine, and Narcissus, among others (Reed, 2003). Section 55 tells us about cardamom, the text is accessible via the Chinese Text Project² (Sturgeon, 2021), the translation is from us.

白豆蔻，出伽古羅國，呼為多骨。
形如芭蕉，葉似杜若，長八九尺，冬夏不凋。
花淺黃色，子作朵如蒲萄。其子初出微青，熟則變白，七月採。

White cardamom, comes from the country of **Kakula**, called /tə-kuəʔ/. [...] (YYZZ §18:55)

After stating the place of origin and its name, the author then proceeds to describe the plant’s morphology: its height, its leaves, its yellow flowers, compares the shape of the fruits to grapes (also a **foreign** plant in China), and puts the time of harvest to the seventh month of the lunar calendar.

...Middle Chinese reconstructions

The first obvious question here is: Why is it “white” cardamom? Or to put it more precisely, why does cardamom already have a modifier when it is the first attested instance we have of this word? According to Donkin (2003, p. 22), the Chinese first confused nutmeg and cardamom, “doubtless on account of a resemblance between their fruits”. We also know, that in the earliest sources, both spices were referred to as *dòukòu* (Hsü, 1967; Donkin, 2003), and that both were sourced from mainland Southeast Asia, and carried up to the Tang courts on ships from Kakola (Schafer, 1985, pp. 184–185). This place also appears in Ibn Battuta (Dunn, 1986)

To avoid nomenclatural confusion, nutmeg became 檳榔 *ròudòukòu*, cardamom became 白豆蔻 *báidòukòu*. This mix-up exists in other languages as well!

According to Donkin, the Chinese first confused nutmeg with cardamom, on account of their similar fruits, and at some point both imported spices were called *doukou*. Furthermore, both were sourced from mainland Southeast Asia, likely traded on the same trade routes, and the same ships, ((He says that, nutmeg was known in Chinese as *kakola* (ca. 725), and later as *doukou* (ca. 863), *roudoukou* is the name in later sources, including an illustrated herbal of 1062 (1249).)) So, to avoid confusion nutmeg became *roudoukou* – flesh cardamom – while the round cardamoms became *baidoukou* – white cardamom. As many scholars noticed before, the confusion is not limited to Chinese.

((Nutmeg: “chia-kou-le” (ca. 725), as “to-ku” (ca. 863). “jou-tou-k’ou” (ca. 1062) White cardamom: “tou-k’ou”, “pai-tou-k’ou” (Hsü, 1967; Donkin, 2003)))

2.2 Character characteristics

Our word under scrutiny is made up of two characters, 豆 *dòu* and 蔻 *kòu*. *Dòu* is relatively straightforward, in dictionaries you can find definitions, such as ‘bean’; ‘pod-bearing plant or its seeds’; ‘bean-shaped object’; etc. ?? *Kòu* on the other hand is much

²<https://ctext.org/wiki.pl?if=en&chapter=801324>

will send us down a rabbit hole about kakkola/takkola, a word that is the proposed etymon for others, such as Pali takkola, Tibetan kakola, and many more, including Javanese and Malay. Kakola has been identified as Takola, an old trading emporion on the western coast of the Malay peninsula, already known to Ancient Greek geographers like Ptolemy, and also recorded in Tamil inscriptions of Chola expeditions. The 4th reason therefore is about a regional review of seemingly related words, the technical word for these are Wanderwort of Kulturwort using German.

(Just as the use of cinnamon may have led to the discovery of cloves, so one or other of the many cardamoms grown in South China and mainland South East Asia probably predisposed the Chinese to the imported nutmeg Takkola (Chinese Ko-ku-lo, Arabic) was a place or region on the west coast of Malaya,¹⁷⁰ which the Chinese from the eighth century thought produced both nutmegs and the round cardamom (*Amomum kepulaga*), the latter possibly introduced from Java.¹⁷¹)

Other people have already noticed this before. Here is a collection of all the takkola/kakkola type words around the Indian Ocean world; the words usually have the sense of some aromatic substance or spice. Historians place the ancient port of Takola here, marked with the red dot, and we know from Chinese sources that the Chinese have imported products from here, so Now the question is: Could 暹羅 dòukòu be an eponymous loan related to one of these names? Could this transmission happen?

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