		GHB can induce a paradoxical reaction, meaning it gives a stimulant effect instead of a calming effect.	Expert 2
		Benzodiazepines can induce a paradoxical reaction, meaning they give a stimulant effect instead of a calming effect.	Expert 2
	Medically or biologically speaking it	Feelings of anxiety can be suppressed by benzodiazepines but it is possible for those feelings to recur even more intense than before when the substance stops working. This is called the rebound effect.	Expert 2
	can be dangerous to combine benzodiazepines or GHB with stimulants.	An overdose of GHB will put you in a coma.	Expert 2
		Everyone responds differently to benzodiazepines.	Expert 2
		GHB is more addictive than benzodiazepines are.	Expert 2
	Morally or socially speaking it is dangerous to combine benzodiazepines or GHB with stimulants.	Benzodiazepines are addictive.	Expert 2
		Everyone responds differently to benzodiazepines.	Expert 2
		The undesired effect of XTC can be dampened by GHB.	Expert 2
Know what kind of effect benzodiazepines or GHB have on you personally, before even considering using it after a night out.	Medically or biologically speaking it is not dangerous to combine benzodiazepines or GHB with stimulants.	The combination of GHB and stimulants is not dangerous, provided than an appropriate dose of GHB is taken.	Expert 2
		In case of an XTC overdoses, benzodiazepines are the first choice of treatment.	Expert 2
	Natural sleep is better than sleep under the influence of benzodiazepines	Sleeping pills decrease deep, slow wave sleep which is the recovery sleep.	Expert 1
		Benzodiazepines change the hypogram (sleep architecture).	Expert 2
		Sleeping pills ensure that you fall asleep.	Expert 1
	Taking benzodiazepines is preferred over total sleep deprivation.	Sleeping pills decrease deep, slow wave sleep which is the recovery sleep.	Expert 1
		In general, sleeping pills are not that harmful.	Expert 1
		Sleep under the influence of benzodiazepines is better than total sleep deprivation.	Expert 2