

Brought to you by:



Gretchen Woelke



Simran Soman



Sara Buckley



Danny Lindberg



Sophie Passerini



Hayley Hunt



Samara Diab



### Light On

Simran Soman

It's coming.

It's coming from behind the horizon, the place where our eyes can't see.  
The trees shake because they know.  
Their leaves tremble to the ground and crumble away as we step on them.  
The sun uses the clouds to cover up.

And I step outside.

The darkness is here,  
But don't worry; I left a light on.



## Skeptic House Update

Danny Lindberg

Here at Southern Oregon University, we undoubtedly have an extraordinary list of courses to offer our students, but there is one in particular I would like to highlight. Skeptic House is a class incoming students should check out. During this course a student will have the ability to question and hypothesize about numerous “odd ball” subjects such as Sasquatch or “Bigfoot.” Not only does this course focus on studying such topics and debating questions, but each Friday students experience a lab. During the Bigfoot lab, students craft, sculpt, and mold their own plaster Sasquatch footprints. Other key events students get to experience through Skeptic House are attending OSF plays in beautiful downtown Ashland, exploring the Bigfoot trap, visiting the mysterious Oregon Vortex, and of course some Friday movies followed by lively discussion. Skeptic House is a fun and unique experience which is so much more than an extra class credit. It really lets students ask the questions that spark the utmost curiosity and intellectual investigation.



## Green House Update

Sara Buckley

Another amazing course for incoming students is Green House! Here in Green House, we have been tackling the problem of sustainability and how community leaders are implementing innovative ways to help solve the problem of climate change in our local area. Students have been learning about sustainable agriculture, invasive species, cooperatives, and much more throughout this fall term. We've visited local sustainable community farms, the SOU Farm, Ashland Co-op, Standing Stone, Access. We've engaged in community service to show students the hard work that goes into the food we eat and explored the challenges facing local sustainable businesses.

This term, the Green House students harvested vegetables from local farms, getting their hands dirty farming, which has helped them understand the food production process. We have also visited Access, a local food bank in Medford that has given our students insight into organizations that are trying to help feed members of our local community who are in need. We've visited Standing Stone and learned about their sustainable practices and how they acquire most of their food from local farmers. Through these field trips our students have been learning about how our food goes from farm to table and how we can all make sustainable choices regarding what we eat. As our culminating activity for this term, we are going to cook a delicious soup and salad together from local produce! We hope to instill a sense of inquiry in our students over the next two terms, so they can develop an understanding of the impacts of environmental change and the priority we need to have for sustainability.



## Professor Spotlight: An Interview with Danielle Hammer

Hayley Hunt

Tell me a little about your USem theme.

Danielle: "The theme for my USem course is 21st century immigration with a focus on dreams. The current term what we are working on is looking at the past and how America's immigration past shapes immigration dreams in the present... looking at how the students' own goals are shaped by their experiences while still paralleling the immigration theme."

H: "What kinds of things do you like to do for fun?"

D: "I haven't been out of grad school for too long, so I haven't had a lot of time for fun ... I used to be involved in a local community theatre, so I enjoyed being on stage."

H: "Is this your first time teaching at a university?"

D: "Post grad school it is. When I was a grad student [at UC San Diego] I had 4 ½ year's worth of teaching experience."

H: "What is your favorite part about teaching?"

D: "You get this moment of realization for the students where you are teaching a hard subject and all of a sudden a light bulb goes on for people and that's the moment when you have got the best possible way to approach the subject for that student."

H: "Most important question, do you have any pets?"

D: "So many pets. We are out in the country... we have three cats, four dogs, two guinea pigs, ten chickens and up until recently one possum."



## Hidden Ashland

Hayley Hunt

If you are ever wandering around downtown Ashland looking for yet another beautiful piece of art, then I have just the place. Hidden below N Main Street by Creekside Pizza, follow the black iron staircase which will lead you to a relaxing place to sit on a bench and listen to the creek. If you can see the bottom of a bridge, you are in the right place. I advise you to look up and discover something particularly unusual... paintings underneath a bridge! Something I particularly love about Ashland is that you never know what you are going to find. I recommend indulging in an outing to discover all the beauty that this city has to offer, starting with this hidden outdoor art gallery.

## Spot the Difference by Sophie Passerini

Can you spot the ten differences between the two photos?



## Ornament Pinterest Board

Tools: paperclips, pine cones, & pliers



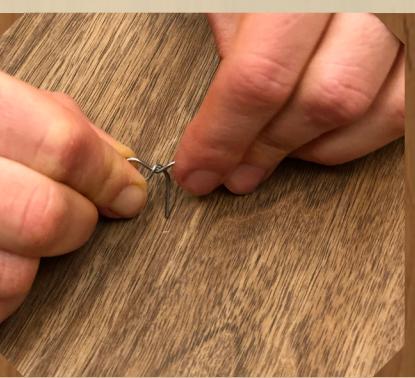
**Step 1:** Straighten out your paperclip.



**Step 2:** Using your pliers, bend the top portion of the paperclip to the right.



**Step 3:** Bend the corner out into a circular loop.



**Step 4:** Using pliers and a hard surface, bend the end of the loop around until it loops on the stem of the paperclip.



**Step 5:** Using your pliers, cut the edge of the loop off.



**Step 6:** Taking the other end of the paperclip, create a "C" shape.



**Step 7:** Using the "C" end of the paperclip, begin winding it around the top of the pine cone.



**Step 8:** Keep winding and twisting the top, gathering branches of the pine cone carefully as you go.



**Step 9:** Once you get the end of the paperclip down enough, it's ready to be hung!



## Noho's Hawaiian Cafe

Simran Soman

A little, ethnic cafe called “Noho’s” can be found just a short drive away on E McAndrews Rd in Medford. Whether you are a native Hawaiian, or just a food lover looking for a satisfying meal, Noho’s really hits the spot. From the menu containing dishes such as Hawaiian Style Poke and Korean Ribs, to the traditional Hawaiian music playing in the background, Noho’s provides a chill, mellow, and delicious-smelling atmosphere. The funny staff and quick service made our visit very enjoyable. I recommend trying the Spicy Korean Pan Fried Chicken. This dish even received two thumbs-up from my foreign exchange roommate from Korea!



## Underwater Gardening: Keeping a Saltwater Reef Aquarium in Your Dorm

Danny Lindberg

Although pets are not allowed inside the dorms here at SOU, 10 gallon fish tanks are! I have been growing and caring for saltwater invertebrates for over 6 years now and have to say it is one of the most satisfactorily hobbies out there. So, what can you gain from keeping corals?

Caring for a reef tank is said to be a lot of work, but I would like to stress that is incorrect. It is not hard whatsoever to keep a reef of your own; however, there are a couple key components one should keep in mind before diving into the hobby.

The biggest thing is dedication. Your reef cannot be healthy without semi-consistent attention. This means you must test the water for impurities at least on a monthly basis, apply water changes and of course, feed your fish!

It is not hard to learn what to watch out for when it comes to keeping your corals healthy. However, the most important element of this hobby is patience. It takes time for corals to grow and although it can be annoying, it is an unavoidable factor.

The final thing to keep in mind when it comes to starting up your own saltwater aquarium is financing. I will not lie, it can get to be a very expensive hobby once you start dipping your toes into the realm of designer corals and/or extravagant species of fish. But you know what they say, “Beauty always comes with a price.”

Why should you start up your own tank? Keeping a coral reef tank is like keeping a garden, only it's underwater! There is a sense of serenity and a relaxed state of mind you gain from peering into an aquarium. It's a view into a different world of life and color. Also, growing out your own coral from 1 inch to 1 foot is a tremendous boost in self confidence. The ocean is a beautiful, mysterious, complex place and the coral that dwells within its depths can be observed from the comfort of your very own dorm or living room!

# SOU Fall 2018 Campus Time Lapse

Gretchen Woelke



Week 1



Week 4



Week 7



Week 2



Week 5



Week 8



Week 3



Week 6



Week 9

