	List wrapped in a phrase:	
	List wrapped in a prirase.	- Item 1
		- Item 2
		- Item 3
A list, w	rapped in a cell, wrapped in a table:	
	List placed directly into cell	- Item 1
		- Item 2
		- Item 3
A list, w	rapped in a cell, wrapped in a table,	wrapped in a phrase:
	List placed directly into cell	- Item 1
		- Item 2
		- Item 3