

EVALUATIVE REPORT-08

DEPARTMENT OF PHYSICAL EDUCATION

1. Name of the Department - **Physical Education**
2. Year of Establishment - **1960**
3. Names of Programs / Courses offered

(UG, PG, M. Phil, Ph.D., Integrated Masters; Integrated Ph.D., etc.)

B.A. with Physical Education
(Physical Education an Elective Subject)
BA, Bsc & B Com (Qualifying Subject- Physical Education)
4. Names of Interdisciplinary courses and the departments/units involved - **NIL**
5. Annual/ semester/choice based credit system (program wise)

B.A. with Physical Education
(Physical Education as Elective Subject) - **Annual**
BA, Bsc & B Com (Qualifying Subject- Physical Education)
- **Annual**
6. Participation of the department in the courses offered by other departments - **NIL**
7. Courses in collaboration with other Universities
Industries, Foreign Institutions, etc. **NO**
8. Details of courses/programs discontinued (if any) with reasons - **NO**
9. Number of Teaching posts -

	Sanctioned	Filled
Professors	-	-
Associate Professors	01	01
Asst. Professors	-	-
Part Time Lecturer	-	01

- 10 Faculty profile with name, qualification, designation, specialization, (D.Sc./D.Litt./Ph.D./M. Phil, etc.,) As on 31/10/2015

Name	Qualification	Designation	Specialization	No. of Years of Experience	No. of PhD Students Guided for the last 4 Years
Dr. Shyam Narayan Singh	M.P.Ed, NET, Ph.D.	Associate Professor	Exercise & Sports Physiology and Football	16 Years	02 (PhD in Progress)
Mr. Sandeep Kumar	M.P.Ed	Tutor (Temporary)			

11. List of senior visiting faculty

NO

12. Percentage of lectures delivered and practical classes handled (program wise) by temporary faculty - **40%**
13. Student – Teacher Ratio (Programmer wise) – **90:1**
14. Number of academic support staff (technical) and administrative staff, sanctioned and filled - **01**
15. Qualifications of teaching faculty with D.Sc./D..Lit./Ph.D./M.Phil./P.G.
01 – PhD
01 - PG
16. Number of faculty with ongoing projects from
 - a) National -**NIL**
 - b) International funding agencies and grants received -**NIL**
17. Departmental projects funded by DST –FIST; UGC, DBT, ICSSR, etc. and total grants received -**NIL**
18. Research Centre / facility recognized by the University -**NO**
19. Publications
 - Publication per faculty

DETAILS OF PUBLICATIONS BY FACULTY MEMBERS

Name	Title	Name of Co-author	Name of Journal	Volume No.	Page No.	Month	Year	ISSN/ ISBN No.
Dr. S.N.Singh	Mental Health: A Comparative Study between Married and Unmarried Equestrian Players of Armed and Police Forces	Vandana Singh	International Journal of Physical Education	Vol.3 Issue 1 & 2	9 -11	April and Oct.	2010	0974-2638
Dr. S.N.Singh	Scene and Support: Indian Women Sports	Vandana Singh	International Journal of Physical Education	Vol. 3, Issue 1 & 2	9 -11	April and Oct.	2010	0974-2638
Dr. S.N. Singh	Construction of Norms for Strength and Cardio-Vascular tests of School Children	NIL	International Journal of Physical Education	Vol. 4 Issue 1	8-12	April	2011	0974-2638
Dr. S. N. Singh	Effect of Yogic Exercises on Vital Capacity of Senior Citizens of Muzaffarnagar	NIL	International Journal of Physical Education	Vol. 4 Issue 1	25 – 26	April	2011	0974-2638
Dr. S. N. Singh	The Effect of Movement Education on Physical and Mental Fitness of School Children	NIL	International Journal of Physical Education,	Vol. 4 Issue 1	30-32	April	2011	0974-2638
Dr. S. N. Singh	A Comparative Study of Ego Strength of Male and Female University Level Players	Dr.,Udayan Mishra and Vandana Singh	A BI Annual Journal of All India Council of Physical Education,	Vol.-1 Issue 1,	52 - 55	Jan – July	2010	0976-6588.
Dr. S. N. Singh	Indian Sport Person and Performance	Alok Katara and Pramod Kumar	Journal of Physical Education and Yoga	Vol. 1, Issue 2	66 – 70	July	2010	0975-9301
Dr. S. N. Singh	The Coach – Player Relationship	NIL	Journal of Physical Education and Yoga	Vol. 2, Issue 2	53 – 57	Jan	2011	0975-9301

Dr. S. N. Singh	Scientific Basis of Sports Shoes	Dr. Gulab Singh Ruhai	Gurukul Patrika, International Research Journal of Indology	Vol. 63	111 - 114	April – June	2011	0976-8017
Dr. S. N. Singh	Recent Trends in Doping: Gene Doping	NIL	International Journal of Physical Education Sports and Yogic Sciences	Vol. 1, Issue 1	41 – 43	Nov.	2011	2249-8575
Dr. S. N. Singh	Ergogenic Aids: For Sports Performance	NIL	Journal of Physical Education and Yoga	Vol. 3, Issue 1	21 – 23	Jan	2012	0975-9301
Dr. S. N. Singh	Comparative Study of Available Facilities of Physical Education and Sports in Senior Secondary Schools	Paranvir Singh	International Journal of Physical Education, Sports and Yogic Sciences	Vol. 1, Issue 2	67 – 69	Feb	2012	2249-8575.
Dr. S. N. Singh	Postural Deformities and Their Remedial Exercises	Nitin Kumar	Sodh Vaichariki	Vol. 1, Issue 1	159 - 173	June	2012	2277-6419
Dr. S. N. Singh	Development of Movement Education Programme and Assessment of its Impact on Physical Fitness of Elementary School Children	Dr. Suraj pal Singh	'HORIZON PALAESTRA' International Journal of Health, Sports and Physical Education	Vol. 1, Issue 1	20 – 22	July	2012	2278-2982
Dr. S. N. Singh	Effect of Speed, Agility and Quickness (SAQ) Based Soccer Drill on Fitness and Skill Abilities of Football Players	Dr.B.S. Chauhan and Neelam Yadav	'HORIZON PALAESTRA' International Journal of Health, Sports and Physical Education	Vol. 1, Issue 1	43-48	July	2012	2278-2982
Dr. S. N. Singh	Talent Identification for Paralympic Sports	NIL	Gurukul Patrika, International Research Journal of Indology	Vol. 65/ 1-2	55 – 60	Jan – June	2013	0976-8017
Dr. S. N. Singh	Study of Attitudes of Physical Education Student towards Doping in Sports, , Vol. 5, No.- 2, July – Dec., 2013,	NIL	Wellness, Journal of Health, Physical Education & Sports	Vol. 5, Issue 2	39 – 44	Dec.	2013	0975 – 136X
Dr. S. N. Singh	Effect of Selected Pilate's Exercise on Selected Biochemical variables on Overweight/Obese College Men,	NIL	Human Kinetics	Vol.3, Issue II & Vol.4 Issue I	25 – 32	June	2014	0976-6588

- Number of papers published in peer reviewed journals (national / international) by faculty and students **-18**
- Seminar workshop attended/Paper presented **36/ 34**
- Number of publications listed in International Database (For E.g. Web of Science, Scopus, Humanities International Complete, Dare Database International Social Sciences Directory, EBSCO host, etc.) **24**
- Monographs **-NIL**
- Chapter in Books **NIL**
- **01**
- National Talent Search Examination** (Covered the Mental Aptitude Portion)
Total Pages – 44, Year of Publication - 2003, ISBN – 81- 88476- 32-3, Publisher – Jai Prakash Nath Publication, Meerut.
- Books Edited **NIL**
- Books with ISBN/ISSN numbers with details of publishers **03**

1. **Sharirik Siksha Ek Prichaya**, Total Pages – 144, Year of Publication - 2005,
ISBN – 81- 7556- 841- 1
Publisher – Pragati Prakshan, Meerut.
2. **Sharirik Shksa Ek Samagra Adhyan**, Total Pages -906, Year of Publication-
2012, ISBN -978-81-7524-654-6, Publisher –Khel Sahitya Kendra, Dariya
Ganj – New Delhi.
3. **Sharirik Shksa Ek Samagra Adhyan, Vastunisth Prashna Shrankhla** Total
Pages - 332, Year of Publication- 2014, ISBN -978-81-7524-771-0, Publisher –
Khel Sahitya Kendra, Dariya Ganj – New Delhi.
- Citation Index
- SNIP NIL
- SJR NIL
- Impact factor NIL
- h-index NIL
20. Areas of consultancy and income generated NIL
21. Faculty as members in
 - a) National committees
 - Director of U.P. Chapter, Physical Foundation of India, New Delhi
 - Life Member of Indian association of Sports Medicine
 - b) International Committees NIL
 - c) Editorial Boards... 06
 - Editor in Chief of **HORIZON PALAESTRA – International Journal of Health, Sports and Physical Education**, Print ISSN -2278 – 2982, Online ISSN – 2319 – 6459, RNI Title Code – UPBIL04186/24/1/2012- TC.
 - Executive Editor of **International Journal of Physical Education**, ISSN: 0974-2638.
 - Member of Board of Referees of **Indian Journal of Physical Education and Yogic Sciences**, ISSN: 2229 – 3191.
 - Member of Board of Referees of **Journal of All India Council of Physical Education**, ISSN No.0976-6588.
 - Member of Board of Referees of **International Journal of Physical Education, Sports and Yogic Sciences**. ISSN: 2249-8575.
 - Member of Editorial Board of S.D. College Muzaffarnagar Yearly Magazine ‘**Komudi**’
22. Student Projects
 - a) Percentage of students who have done in- house projects including inter departmental/ program 100%
 - b) Percentages of students placed for projects in organizations outside the institution i.e, in Research Laboratories/Industry/Other agencies NIL
23. Awards / Recognitions received by faculty and students

24. List of eminent academicians and scientists/visitors to the department **-NIL**
25. Seminars/ Conferences/ Workshops organized & the source of funding
a) National -
2 Days Workshop on the occasion of National Sports Day on the topic: Making of track & field and how to draw fixture.

b) International **NIL**

26. Student profile program/ course wise

Name of the Course/program (Refer question no.4)	Applications Received	Selected	Pass %
B.A.	5941	60	90

27. Diversity of Students

Name of the Course	% of students from the same State	% of students from other states	% of students from abroad
B.A.	100%	NIL	NIL

28. How many students have cleared national and state competitive examinations Such as NET, SLET, GATE, Civil services, Defense services, etc. ?
29. Student progression –

Student Progression	Against % enrolled
UG to PG	60
PG to M.Phil	NOT Available
PG to Ph.D.	NOT Available
Ph.D. to Post-Doctoral	NIL
Employed	
• Campus selection	NOT Available
• Other than campus recruitment	NOT Available
Entrepreneurship/Self-employment	NOT Available

30. Details of Infrastructural facilities
- a) Library - **Yes**
- b) Internet facilities for Staff & Students - **No**
- c) Class rooms with ICT facility **No**
- d) Laboratories **YES**
31. Number of students receiving financial assistance from College, University, Government or other agencies – **02**

32. Details on student enrichment programs (special lectures/ Workshops/ seminar) with external experts - **Around 20 students attended and presented paper in National level Conferences/ seminars of Physical Education and Sports Sciences.**
33. Teaching methods adopted to improve student learning - **NIL**
34. Participation in Institutional Social Responsibility (ISR) and Extension activities – Students participate in ISR through **N.S.S., N.C.C. and Rovers /Rangers**
35. SWOC analysis of the Department and Future plans-

S (Strength) –

Well qualified staff, Good Sports Field Facility (Cricket, Football, Handball, Kho-Kho, Kabaddi, Basketball, Table Tennis, Badminton etc.) and Having Scientific Equipments

W (Weakness) –

Shortage of teaching and supportive staff according to admitted students.
No Audio visual Aids.

O (Opportunities) –

As far as career options for students are concerned, Physical Education offers a versatile platform for futuristic education. Nowadays, there are very much job opportunities in the field at Physical Education and sports science. Now, we are attracting a good number of students for this field.

C (Challenges) –

In-spite of rural background of students, we are providing them quality global education.

Future Plan –

To organize National/ International Conference on Physical Education and Sports Sciences

To start Master Degree in Physical Education

To start Yoga Diploma/ Degree course
