

Recipe 1

Mixed Bean Soup

Ingredients

- Bean mix.
- Oil.
- રાઈ.
- જેરુ.
- લીંબડો.
- હિંગ.
- વઘાર નું મરચું.
- લાલ મરચું.
- હળદર.
- ધાણાજીરું.
- Salt.
- 5 cloves of garlic or garlic powder.

Procedure

1. Soak mixed beans over night.
2. Set instant pot to sauté at normal heat, and add oil.
3. When instant pot shows hot, add રાઈ, જેરુ, લીંબડો, હિંગ., વઘાર નું મરચું, soaked beans, લાલ મરચું, હળદર, ધાણાજીરું, salt and either 5 cloves of garlic finely chopped or garlic powder.
4. Close instant pot, cancel sauté and pressure cook on high for 40 minutes.