Respect

Class 1

Coverage

By the end of this lesson you will be able to

* understand the meaning of Respect

**The new kid on the block**

Today is the first day of school after summer vacation. Rekha’s new neighbour Varun has joined the same school as her. Rekha is happy to have Varun share the ride on the school bus.

Varun is much taller than Rekha because he is in eighth grade. The day goes by quickly. Mother is waiting at the bus stop to take Rekha back home

When the bus stops, mother notices that Varun and Rekha have become good friends. ‘Mother, today I learnt the meaning of Respect’, Rekha told her mother as soon as they entered home.

‘On our way back from school, I asked Varun how he made so many friends in one day’. Varun told me, “It’s very easy. I treat others like the way I want to be treated, with respect.

Remember to

* R – **Reply** to
* E – **Everybody** with a
* S – **Smile**
* P – **Politely** and with
* E – **Equality**,
* C – **Care** and
* T – **Trust.** “

“Showing respect to everything around you, your friends, parents, teachers, helpers at home and school. We show respect to animals, plants and even our house. This way you will also make lot of friends.”

‘Mother it is a nice way to remember how to show respect.’ With a smile on her face she asked her mother, ‘I am very hungry, please give me a snack’

**Summary**

You have now come to the end of the lesson, you have learnt

Treat others like the way we want to be treated, with respect

* R – **Reply** to
* E – **Everybody** with a
* S – **Smile**
* P – **Politely** and with
* E – **Equality**,
* C – **Care** and
* T – **Trust.**

**Class 2**

**Recap**

In the previous class you learnt

Treat others like the way we want to be treated, with respect

* R – **Reply** to
* E – **Everybody** with a
* S – **Smile**
* P – **Politely** and with
* E – **Equality**,
* C – **Care** and
* T – **Trust.**

**Coverage**

By the end of the lesson, you will learn about

* Ways to show respect to teachers
* Why is a teacher important

**Teacher’s Day**

Rekha is busy playing in the living room. Mother asks her, ‘What is special about tomorrow?’

‘It is Teacher’s day’, Rekha happily shouts out. ‘But mother, I have so many teachers. At school, at my dance class and music class. How do I make them happy on their special day?’

She says, ‘By showing that you care for them. And that you RESPECT them.’ Rekha is confused, ‘How do I do that? By wishing them “Good morning”?’

‘Rekha, wishing them or saying “please”, “thank you” are ways of being polite. But this is not the only way to show respect.’

‘Sometimes you might just greet them with a smile.’

‘You show respect by

* Doing your homework on time
* Being on time to class
* Looking at your teacher and listening to her
* Never disturbing the class
* Raising your hand when you have something to ask or answer
* And following classroom rules’, mother replied.

‘This is not only for teacher's day, but every day. That is the best gift you can give all your teachers.

Teachers care for every student. You go to them when you have a problem. You ask them for help. They teach you what is right and what is wrong. They help you grow up to be healthy and happy ‘, Mother said.

Rekha was quiet for a moment. ‘I will give my dance teacher, Smita Madam, a big hug when I go to class today.’

**Summary**

You have now come to the end of the lesson, you learnt that

* Teachers help us grow up to be happy and healthy
* We can show respect to our teachers by

Being polite and

Following classroom rules

**Class 3**

**Recap**

In the previous class, you learnt

* Teachers help us grow up to be happy and healthy
* We can show respect to our teachers by
  + Being polite and
  + Following classroom rules

**Coverage**

By the end of the lesson, you will learn about

* Why is family important
* Ways to show respect to family members

**Family time**

Rekha is playing in the garden. It is dinner time, mother calls her home.

She reminds Rekha to leave her dirty shoes outside. Rekha walks inside with her shoes on. Father sees and stops her, but the floor gets dirty anyway.

Mother had just cleaned the floor. Father and Rekha decide to clean up before Mother sees it. ‘This was tough work’, Rekha tells her father

‘Do you see how hard it is? Have you ever thought of all the things mother does for us from morning to night?’

‘I have never thought of that, Father. She packs lunch and makes breakfast each morning. She makes sure our clothes are clean and ironed. And she tells me a bedtime story even if she is tired after work.’

Father is surprised, ‘Very good Rekha!’

‘Father, you also do so much for me. You drop me at the bus stop every morning. You take me to the park in the evening. Whenever I am sick, you and mother take care of me.’

‘I am so glad you thought of all these. But Rekha, we are a family and that is what members of the family do. We love and care for each other and are always ready to help. This is the meaning of respect. ‘I want to do something for you too, father. I will bring in your paper every morning. And I will help mother water plants.’

Rekha gives father a big hug.

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**Summary**

You have now come to the end of the lesson, you learnt that

* Respecting family means to love and care for each other
* We must always be ready to help

Class 4

**Recap**

In the previous class, you learnt

* Respecting family means to love and care for each other
* We must always be ready to help

**Coverage**

By the end of the lesson, you will learn about

* The importance of people around us
* Ways to show respect to people around us

**Share the joy**

It is the Diwali, festival of lights. Mother has made sweets at home to share the joy of the festival. She has also bought some **diyas** to gift.

‘Can you help me distribute the gifts and sweet boxes, Rekha’, Mother asks her. ‘Sure, Mother. Whom do you want me to give it to?’, Rekha asks. ‘It is for people around us who help in different ways.

Sharing joy is one way of showing respect for what they do for us’, Mother replied. Rekha was quiet, then she asked, ‘Is it for Varun’s mother, Gupta aunty? She packed me lunch when you took care of grandfather in the hospital’. ‘Yes, Rekha. Many of our neighbours help us.’

‘We should show respect to them.’ ‘Greeting them with a smile is one way of doing that.

Can you think of anyone else?’ Mother asked. ‘Remember the day your bus driver was unwell? How difficult it was for you and your friends to get to school’, Mother continued. ‘Oh yes, Joseph uncle makes sure we reach school safely and on time. ‘Mother, how about Sakina aunty, who comes to clean our house?’

‘Yes, she does all the work and never misses a day. So I get to spend more time with you.’, Mother replies. ‘Now, let us make a list of all the people who help us’, Mother and Rekha get busy.

**How do people around you help you?**

* Neighbours are ready to help if you need a cup of sugar or a home cooked meal
* School bus driver makes sure your ride to school is safe and on time
* The maid makes it easy for your parents to keep the house clean and tidy
* The neighbourhood ‘green army’ does the same for your community
* The security personnel keep your community safe

**Ways to respect people around us**

Have you thought of what to do for people around you?

The best way to make them happy is by showing respect to them

* Be polite to them
* Listen when they talk to you
* Watch your tone when you speak to them
* Show them you care
* Say “please” and “thank you” when they do something for you
* Help them in your own way
* Take care of your community

**Summary**

You have now come to the end of the lesson, you learnt that

* People around us help us in different ways, making our life easy
* The best way to thank them is by showing respect
  + Being polite to them and
  + Care for them

**Class 5**

**Recap**

In the previous class, you learnt

* People around us help us in different ways, making our life easy
* The best way to thank them is by showing respect
  + Being polite to them and
  + Care for them

**Coverage**

By the end of the lesson, you will learn about

* Recognizing oneself
* Importance of Self respect

**Story Time**

It is story time in Rekha’s class. The children are eagerly waiting for the teacher. She comes into the class and holds up a new Rs 500 note.

The children look surprised. Once they settle down, she asks, ‘Who wants this note?’

Every child in the class raises their hand. Next, she crumples the note and asks, ‘Who wants this note, now?’

‘I do’, the class echoes. The children do not understand what she is doing, but watch surprised. The teacher next puts some chalk dust on the crumpled note and asks, ‘How about now?’ She gets the same answer from the children.

‘Think of the 500 rupee note as yourself. There are times you feel sad or angry and worthless, When you lose a competition, Or when your performance in a test is not good, Or when things do not happen the way you want it to’, teacher continues

‘You go through different feelings. But just like the note, you will also never lose your value. Some of you are good at drawing, others at craft.’

‘Some of you are interested in Social studies and are quick in remembering lessons. And many enjoy Sports and Dance. You are all different, ACCEPT that and RESPECT yourself.’

**Children with Self - Respect**

* feel liked by others around them
* feel confident about themselves
* take pride in their work
* are able to learn new skills
* feel happy about what they do
* believe in themselves

Are you one of them?

**Summary**

You have now come to the end of the lesson

* Not only is it important to respect others, it is just as important to respect ourselves
* Self-respect is recognising and accepting who you are