

TALK TO ME

Always there for you, taking the first steps on your path to recovery. Anonymous, Discrete, No Pressure.

About us

Many people struggle with depression, without many people even noticing. Often they have no place to turn to, don't know who to talk to or suffer from additional anxiety and don't even want to talk on the phone because they would feel overwhelmed. Opening up is the hardest step of recovery - our App tries to make it easier for people to start a conversation.

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PATIENT SIDE:

Easy to use mobile phone app which gives you the possibility to chat, share and get better.

THERAPIST SIDE:

Desktop Application which allows the therapist to chat with the client and check their statistics.

