import tiktoken

```
def count_tokens(text: str):
  # Get the encoding for the specific model
  enc = tiktoken.encoding_for_model("gpt-40")
  # Encode the text
  tokens = enc.encode(text)
  # Count the tokens
  token_count = len(tokens)
  return token_count
out = count_tokens("Hello, how are you?")
print(out)
```