

```
export const stripMarkdown = (text: string) => {  
  
  return text  
  
    .replace(/[*_~`]/g, "")  
  
    .replace(/(?:\r\n|\r|\n)/g, '\n')  
  
    .replace(/^\d+\.\s+/gm, "")  
  
    .replace(/^#+\s+/gm, "");  
  
};
```