```
from dotenv import load_dotenv
# Import the OpenAIChat model and the Agent struct
from swarms import Agent, HuggingfaceLLM
# Load the environment variables
load_dotenv()
# Get the API key from the environment
api_key = os.environ.get("OPENAI_API_KEY")
# Initialize the language model
Ilm = HuggingfaceLLM(model_id="meta-llama/Meta-Llama-3-8B").cuda()
## Initialize the workflow
agent = Agent(
  IIm=IIm,
  max_loops="auto",
  autosave=True,
  dashboard=True,
  interactive=True,
)
```

Run the workflow on a task

import os

agent.run("Generate a 10,000 word blog on health and wellness.")