```python
from swarms import Agent, llama3Hosted

from swarms.structs.swarm_load_balancer import AgentLoadBalancer


# Initialize the language model agent (e.g., GPT-3)

llm = llama3Hosted()


# Initialize agents for individual tasks

agent1 = Agent(

    agent_name="Blog generator",

    system_prompt="Generate a blog post like stephen king",

    llm=llm,

    max_loops=1,

    dashboard=False,

)

agent2 = Agent(

    agent_name="Summarizer",

    system_prompt="Sumamrize the blog post",

    llm=llm,

    max_loops=1,

    dashboard=False,

)


# Create the Sequential workflow

workflow = AgentLoadBalancer(

    agents=[agent1, agent2],

    max_loops=1,
```

```
)

# Run the workflow
workflow.run(
    "Generate a blog post on how swarms of agents can help businesses grow."
)
```