## Legends Vim

You have 5 Vim, which represents your overall power and energy.

**Spend 1 Vim** to push yourself, demonstrate heroism, or use special powers. Examples:

- **Upgrade a roll of EFFORT** if you can name a relevant Trait and spend 1 Vim.
- Soak 1 Damage if you can name a relevant Trait and spend 1 Vim.
- Use a Secret by spending 1 Vim.
- **Upgrade on ULT** by roleplaying your high concept or a Secret and spending 1 Vim.

**Recover 1 Vim when you rest**. You will revert to 5 Vim after a long downtime.

**Recover 1 Vim when you roll ULT** and *downgrade*. This might happen because your GM is emphasising some monster special attack, or because you roleplay some weakness or Dark Secret of your character.

**Your maximum Vim is 5**, but your GM might modify this based on extreme conditions. This is usually just +1/-1.

- The "hospitality of the elves", "banquet feast", or a "potion of vim" might temporarily set your maximum Vim to 6.
- Starvation or disease might set your maximum Vim to 5.

## Design Notes

- 1. Vim is your overall power and energy, including physical stamina and strength as well as intangibles such as mental focus, morale, honor, faith, and mana. Vim is plot armor and a metagame currency, so don't overthink it.
- 2. Vim replaces Tapping of Traits and Secrets, you no longer need to cross out parts of your character sheet, just keep track of your Vim.

## Design Rationale

This variant addresses a problem with how Traits and Secrets are used today. Currently, players **Tap Traits and Secrets to use them**. This is similar to using OSR spells. However, it has drawbacks:

- 1. This leads to a lot of markup on the character sheet.
- 2. This is difficult for the GM or other players to track. (Compare with a MAGIC Life Counter.)
- 3. This creates a power curve, as characters gain more Traits and Secrets over time, and a stark power disparity for players who aren't playing the Paths part of the game.
- 4. This binds the capacity to expend effort to Traits and Themes written on the character sheet. However, sometimes we might want to allow expenditure of effort based on a Theme, overcoming a Dark Secret, or even the "negotiated character role in the group" represented by "ULT".
- 5. There are times when a player legitimately wants to use a Trait or Secret more than one time in the same scene. ("Sorry, I can't read these runes because I read those other runes.")
- 6. Recovery of Traits and Secrets is bookkeeping heavy, and has proven difficult to manage for short rest cycles. This has led to the mechanic of waiting for a "long downtime" to minimize bookkeeping, but that brings its own issues, for example players might not get to use favorite abilities again for several game sessions.