

Covariance Inequalities for Mixing Processes

Proposition 2. - Suppose that $|X_t| \leq C_1$ and $|X_{t-h}| \leq C_2$ for some $C_1, C_2 > 0$. Then

$$|\text{Cov}(X_t, X_{t-h})| \leq 4 C_1 C_2 \alpha(h).$$

proof:

Define the following random variable

$$\eta = \text{sign}\{E(X_t | \mathcal{B}_{-\infty}^{t-h}) - EX_t\}, \quad \eta \in \{-1, 0, 1\} \text{ and it's } \mathcal{B}_{-\infty}^{t-h} \text{ measurable.}$$

② Notice that we can write covariances by only demeaning one of the two random variables

$$\begin{aligned} E(X_t - EX_t)(X_{t-h} - EX_{t-h}) &= E\{X_t X_{t-h} - X_t EX_{t-h} - EX_t X_{t-h} + EX_t EX_{t-h}\} \\ &= E[X_t X_{t-h}] - EX_t EX_{t-h} \\ &= E\{X_t (X_{t-h} - EX_{t-h})\} = E\{X_{t-h} (X_t - EX_t)\}. \end{aligned}$$

Now, write

$$\begin{aligned} |\text{Cov}(X_t, X_{t-h})| &= |E\{X_{t-h} (X_t - EX_t)\}| = |E\{X_{t-h} (E(X_t | \mathcal{B}_{-\infty}^{t-h}) - EX_t)\}| \\ &\stackrel{\text{LIE}}{\leq} E\{|X_{t-h}| \cdot |E(X_t | \mathcal{B}_{-\infty}^{t-h}) - EX_t|\} \\ &\leq C_2 E\{|\eta| (E(X_t | \mathcal{B}_{-\infty}^{t-h}) - EX_t)\} \\ &\stackrel{\text{LIE}}{=} C_2 (E\eta X_t - E\eta EX_t) \\ &= C_2 \text{Cov}(\eta, X_t) \\ &= C_2 |\text{Cov}(\eta, X_t)| \end{aligned}$$

it's non-negative by construction!

Next, define the following random variable

$$\varsigma = \text{sign}\{E(\eta | \mathcal{B}_t^\infty) - E\eta\}, \quad \varsigma \in \{-1, 0, 1\} \text{ and it's } \mathcal{B}_t^\infty \text{ measurable.}$$

Now, repeating the same argument

$$\begin{aligned} |\text{Cov}(\eta, X_t)| &= |E X_t (\eta - E\eta)| = |E\{X_t (\text{E}(\eta | \mathcal{B}_t^\infty) - E\eta)\}| \\ &\stackrel{\text{LIE}}{\leq} E\{|X_t| |\text{E}(\eta | \mathcal{B}_t^\infty) - E\eta|\} \\ &\leq C_1 E\{|\varsigma| (E(\eta | \mathcal{B}_t^\infty) - E\eta)\} \\ &= C_1 (E\{\varsigma\eta - E\varsigma E\eta\}) \\ &= C_1 |\text{E}\varsigma\eta - \text{ESE}\eta|. \end{aligned}$$

Combining both results yield

$$|\text{Cov}(X_t, X_{t-h})| \leq c_1 c_2 |E\eta - E\eta_{-1}|.$$

Define the following events

$$\begin{aligned} A_1 &= \{\eta = 1\} & A_{-1} &= \{\eta = -1\} & A_0 &= \{\eta = 0\} \\ B_1 &= \{\zeta = 1\} & B_{-1} &= \{\zeta = -1\} & B_0 &= \{\zeta = 0\} \end{aligned}$$

$$\begin{aligned} \cdot E\eta &= P(A_1 \cap B_0) \cdot 1 \times 1 + P(A_1 \cap B_{-1}) \cdot 1 \times (-1) + P(A_1 \cap B_0) \cdot 0 \times 0 + \\ &\quad P(A_{-1} \cap B_1) \cdot 1 \times (-1) + P(A_{-1} \cap B_{-1}) \cdot (-1) \times (-1) + P(A_{-1} \cap B_0) \cdot (-1) \times 0 + \\ &\quad P(A_0 \cap B_1) \cdot 0 \times 1 + P(A_0 \cap B_{-1}) \cdot 0 \times (-1) + P(A_0 \cap B_0) \cdot 0 \times (-1) \\ &= P(A_1 \cap B_1) + P(A_1 \cap B_{-1}) - P(A_{-1} \cap B_1) - P(A_{-1} \cap B_{-1}) \\ \cdot E\eta_{-1} &= P(A_1) - P(A_{-1}) \\ \cdot E\zeta &= P(B_1) - P(B_{-1}) \end{aligned}$$

$$\begin{aligned} \text{Hence, } |E\eta - E\eta_{-1}| &= |P(A_1 \cap B_1) + P(A_1 \cap B_{-1}) - P(A_{-1} \cap B_1) - P(A_{-1} \cap B_{-1})| \\ &\quad - [P(A_1) - P(A_{-1})] \times [P(B_1) - P(B_{-1})] \quad \blacksquare \\ &= |P(A_1 \cap B_1) + P(A_1 \cap B_{-1}) - P(A_{-1} \cap B_1) - P(A_{-1} \cap B_{-1})| \\ &\quad - P(A_1)P(B_1) + P(A_1)P(B_{-1}) + P(A_{-1})P(B_1) - P(A_{-1})P(B_{-1}) \\ &\leq 4 \sup_{A \in B_{-\infty}^{t+h}, B \in B_t^{\infty}} |P(A \cap B) - P(A)P(B)| \\ &= 4 \alpha(h). \quad \blacksquare \end{aligned}$$

Proposition 3. Suppose that $E|X_{t-h}|^p \leq \Delta$ for some $p > 1$ and $|X_t| \leq C$. Then

$$|\text{Cov}(X_t, X_{t-h})| \leq 6C\Delta^{1/p} \alpha(h)^{1-1/p}$$

proof: Define $B = \left(\frac{E|X_{t-h}|^p}{\alpha(h)} \right)^{1/p}$

$$X_{t-h}^B = X_{t-h} \mathbf{1}\{|X_{t-h}| \leq B\} \rightarrow \text{Truncation, so now this is a bounded r.v.}$$

$$\tilde{X}_{t-h}^B = X_{t-h} - X_{t-h}^B = X_{t-h} \mathbf{1}\{|X_{t-h}| > B\} \rightarrow \text{tail part}$$

Then, write

$$|\text{Cov}(X_t, X_{t-h})| \leq |\text{Cov}(X_t, X_{t-h}^B)| + |\text{Cov}(X_t, \tilde{X}_{t-h}^B)|$$

$$\leq 4CB\alpha(h) + |\text{Cov}(X_t, \tilde{X}_{t-h}^B)|$$

using
Proposition 2

$$= 4C (E|x_{t-h}|^p)^{1/p} \alpha(h)^{1-1/p} + |\text{Cov}(x_t, \tilde{x}_{t-h}^B)|$$

we need to bound this new term here.

$$\begin{aligned} |\text{Cov}(x_t, \tilde{x}_{t-h}^B)| &= |E x_t (\tilde{x}_{t-h}^B - E \tilde{x}_{t-h}^B)| \\ &\leq E \{ |x_t| \cdot |\tilde{x}_{t-h}^B - E \tilde{x}_{t-h}^B| \} \\ &\leq C E |\tilde{x}_{t-h}^B - E \tilde{x}_{t-h}^B| \\ &\leq 2C E |\tilde{x}_{t-h}^B| \\ &= 2C E [|x_{t-h}| \mathbb{1}_{\{|x_{t-h}| > B\}}] \quad \text{exponent doesn't affect indicator} \\ &\leq 2C (E|x_{t-h}|^p)^{1/p} (E \mathbb{1}_{\{|x_{t-h}| > B\}}^{p/p})^{1-1/p} \quad \text{Hölder's Inequality} \\ &= 2C (E|x_{t-h}|^p)^{1/p} p(|x_{t-h}| > B)^{1-1/p} \\ &\stackrel{\text{Markov Inequality}}{\leq} 2C (E|x_{t-h}|^p)^{1/p} \left(\frac{E|x_{t-h}|^p}{B^p} \right)^{1-1/p} \\ &= 2C (E|x_{t-h}|^p)^{1/p} \alpha(h)^{1-1/p} \quad \text{replace } B \end{aligned}$$

Combining both results yield

$$|\text{Cov}(x_t, x_{t-h})| \leq 6C (E|x_{t-h}|^p)^{1/p} \alpha(h)^{1-1/p}.$$

Proposition 4. Suppose $E|x_{t-h}|^p < \Delta$ and $E|x_t|^p < \Delta$ uniformly over t and also $p > 2$ for some $\Delta > 0$. Then,

$$|\text{Cov}(x_t, x_{t-h})| \leq 8 \Delta^{2/p} \alpha(h)^{1-2/p}.$$

Proof: Again define $B = \left(\frac{E|x_{t-h}|^p}{\alpha(h)} \right)^{1/p}$.

$$\begin{aligned} |\text{Cov}(x_t, x_{t-h})| &= |\text{Cov}(x_t, x_{t-h}^B + x_{t-h}^{\tilde{B}})| \\ &\stackrel{\text{truncation trick}}{=} |\text{Cov}(x_t, x_{t-h}^B)| + |\text{Cov}(x_t, x_{t-h}^{\tilde{B}})| \\ &\leq |\text{Cov}(x_t, x_{t-h}^B)| + |\text{Cov}(x_t, x_{t-h}^{\tilde{B}})| \\ &\stackrel{\text{Proposition 3}}{\leq} 6B (E|x_{t-h}|^p)^{1/p} \alpha(h)^{1-1/p} + |\text{Cov}(x_t, x_{t-h}^{\tilde{B}})| \end{aligned}$$

$$\leq 6 \Delta^{2/p} \alpha(h)^{1-2/p} + \underbrace{|\text{Cov}(x_t, x_{t-h}^B)|}$$

replace B
and use
tail condition
on $|x_t|$

We need to bound this term here.
Notice that $|x_t|$ is not bounded like in Proposition 3.

$$\begin{aligned}
|\text{Cov}(x_t, x_{t-h}^B)| &= |\mathbb{E}(x_{t-h}^B(x_t - \mathbb{E}x_t))| \\
&\leq (\mathbb{E}|x_t - \mathbb{E}x_t|^p)^{1/p} (\mathbb{E}|x_{t-h}^B|^{\frac{p}{p-1}})^{1-1/p} \\
&\stackrel{\text{Hölder's inequality}}{\leq} [(\mathbb{E}|x_t|^p)^{1/p} + (\mathbb{E}|x_t|^p)^{1/p}] (\mathbb{E}|x_{t-h}^B|^{\frac{p}{p-1}})^{1-1/p} \\
&\stackrel{\text{Minkowski's Inequality}}{\leq} 2 (\mathbb{E}|x_t|^p)^{1/p} (\mathbb{E}|x_{t-h}^B|^{\frac{p}{p-1}})^{1-1/p} \\
&\leq 2 \Delta^{1/p} (\mathbb{E}(|x_{t-h}|^{\frac{p}{p-1}} \mathbf{1}_{\{|x_{t-h}|>B\}}))^{1-1/p} \\
&\stackrel{\text{Hölder's inequality}}{\leq} 2 \Delta^{1/p} \left\{ (\mathbb{E}|x_{t-h}|^{\frac{p}{p-1}})^{\frac{1}{p}} (\mathbb{P}(|x_{t-h}|>B))^{\frac{1-p}{p}} \right\}^{1-1/p} \\
&\stackrel{\text{Markov's Inequality}}{\leq} 2 \Delta^{1/p} \left\{ (\mathbb{E}|x_{t-h}|^{\frac{p}{p-1}})^{\frac{p-1}{p}} \right\} \left\{ \frac{\mathbb{E}|x_{t-h}|^p}{B^p} \right\}^{\frac{p-1}{p}} \\
&= 2 \Delta^{1/p} \left\{ (\mathbb{E}|x_{t-h}|^{\frac{p}{p-1}})^{\frac{p-1}{p}} \alpha(h) \underbrace{\frac{\frac{p-1}{p} \cdot \frac{p-1}{p}}{\frac{p-1}{p}}} \left\{ \frac{\mathbb{E}|x_{t-h}|^p}{(\mathbb{E}|x_{t-h}|^p)} \right\}^{\frac{p-1}{p}} \right\} \\
&\quad \text{we want this to be } 1 - \frac{2}{p} = \frac{p-2}{p} \\
&\quad \text{then } \frac{\frac{p-1}{p} \cdot \frac{p-1}{p}}{\frac{p-1}{p}} = \frac{p-2}{p} \Rightarrow \boxed{\frac{p-1}{p} = p-1} \\
&\quad \text{to use Hölder we need } \frac{p-1}{p} > 1 \Leftrightarrow p > 2. \\
&= 2 \Delta^{1/p} (\mathbb{E}|x_{t-h}|^p)^{1/p} \alpha(h)^{1-\frac{2}{p}} \\
&\stackrel{\text{setting } \bar{p}=p-1}{=} 2 \Delta^{1/p} \Delta^{1/p} \alpha(h)^{1-2/p} \\
&\leq 2 \Delta^{2/p} \alpha(h)^{1-2/p}.
\end{aligned}$$

Combining the two results leads us to

$$|\text{Cov}(x_t, x_{t-h})| \leq 8 \Delta^{2/p} \alpha(h)^{1-\frac{2}{p}}. \quad \blacksquare$$

Corollary 1. - Suppose $\{X_t\}$ is α -mixing and for some $p > 2$:

(i) $\alpha(h)$ is of size $\frac{-p}{p-2}$

(ii) $E|X_t|^p < \Delta$ for all t

Then

$$\tilde{\sigma}_n := \text{Var} \left(\frac{1}{\sqrt{n}} \sum X_t \right) = O(1).$$

Proof:

$$\begin{aligned}
 \tilde{\sigma}_n &= \frac{1}{n} \sum_{t=1}^n \text{Var}(X_t) + 2 \sum_{h=1}^{n-1} \frac{1}{n} \sum_{t=h+1}^n \text{Cov}(X_t, X_{t-h}) \\
 &\leq \frac{1}{n} \sum_{t=1}^n \text{Var}(X_t) + 2 \sum_{h=1}^{n-1} \frac{1}{n} \sum_{t=h+1}^n |\text{Cov}(X_t, X_{t-h})| \\
 &= \frac{1}{n} \sum_{t=1}^n [E X_t^2 - (EX_t)^2] + 2 \sum_{h=1}^{n-1} \frac{1}{n} \sum_{t=h+1}^n |\text{Cov}(X_t, X_{t-h})| \\
 &\leq \frac{1}{n} \sum_{t=1}^n E X_t^2 + 2 \sum_{h=1}^{n-1} \frac{1}{n} \sum_{t=h+1}^n |\text{Cov}(X_t, X_{t-h})| \\
 &\stackrel{\substack{\text{norm} \\ \text{inequality}}}{\leq} \frac{1}{n} \sum_{t=1}^n (E|X_t|^p)^{2/p} + 2 \sum_{h=1}^{n-1} \frac{1}{n} \sum_{t=h+1}^n |\text{Cov}(X_t, X_{t-h})| \\
 &\leq \Delta^{2/p} + 2 \sum_{h=1}^{n-1} \frac{1}{n} \sum_{t=h+1}^n |\text{Cov}(X_t, X_{t-h})| \\
 &\stackrel{\text{Proposition 4}}{\leq} \Delta^{2/p} + 2 \sum_{h=1}^{n-1} \frac{1}{n} \sum_{t=h+1}^n 8 \Delta^{2/p} \alpha(h)^{1-2/p} \\
 &\stackrel{\substack{\text{property of} \\ \alpha \text{ coefficient}}}{=} \Delta^{2/p} + 2 \sum_{h=1}^{n-1} \frac{1}{n} \sum_{t=h+1}^n 8 \Delta^{2/p} K h^{-(1-2/p)} \delta \quad \text{for some } K > 0. \\
 &= \Delta^{2/p} + 16 \Delta^{2/p} K \sum_{h=1}^{n-1} \frac{1}{n} (n-(h+1)+K) h^{-d(1-2/p)} \\
 &\leq \Delta^{2/p} + 16 \Delta^{2/p} K \sum_{h=1}^{n-1} \frac{1}{n} n h^{-d(1-2/p)} \\
 &= \Delta^{2/p} + 16 \Delta^{2/p} K n^{-d} \quad \text{where } \gamma = d(1-2/p).
 \end{aligned}$$

$\delta = C + E$ where C is the size of mixing coefficients

(*) For a decreasing sequence $a_n \geq a_{n+1} \geq \dots \geq 0$ we have $\sum_{n=2}^{\infty} a_n \leq \int_0^{\infty} f(x) dx$



s.t. $f(\cdot)$ is non increasing,
continuous and $f(n) = a_n$.

$$\begin{aligned}
&= \Delta^{2/p} + 16 \Delta^{2/p} K \left[1 + \sum_{n=2}^{n-1} h^{-\gamma} \right] \\
&\stackrel{\text{using integral approximation}}{\leq} \Delta^{2/p} + 16 \Delta^{2/p} K \left[1 + \int_1^n x^{-\gamma} dx \right] \\
&= \Delta^{2/p} + 16 \Delta^{2/p} K \left[1 + \frac{x^{-\gamma+1}}{1-\gamma} \Big|_1^n \right] \\
&= \Delta^{2/p} + \underbrace{16 \Delta^{2/p} K}_{\text{Primed}} \frac{n^{-\gamma+1}}{1-\gamma} \\
&= O(n^{1-\gamma})
\end{aligned}$$

Since $\gamma \neq 1$ in order to not diverge we must have $\gamma > 1$, which requires

$$\begin{gathered}
\underbrace{\int (1 - 2/p)}_{(c+\epsilon)} > 1 \\
\text{where } c \text{ is the size and } \epsilon > 0.
\end{gathered}$$

$$\begin{gathered}
\underbrace{c \left(\frac{p-2}{p} \right)}_{\text{the smallest number possible for this is } 1} + \underbrace{\epsilon \left(\frac{p-2}{p} \right)}_{\text{some positive number}} > 1
\end{gathered}$$

$$\Rightarrow c = \frac{p}{p-2}$$

And since the size of the α -mixing coefficients is $-c$ the size that we need is $-\frac{p}{p-2}$. ■

* What happens when $\gamma = 1$? Then $\frac{n^{1-\gamma}}{1-\gamma} \rightarrow \ln(n)$ which is divergent.