



## TREATING HEALTH PRACTITIONER (THP) CASE CONFERENCE ACTION PLAN

**Name:** Mr Andres Gutierrez Nieto

**Claim No:** 08240066969

**Date of Birth:** 7/07/1996

Please find below a brief record of the case conference conducted on 8/08/2025.

### PARTICIPANTS

- Mr Nathan Malkoun (Physiotherapist)
- Mr Andres Gutierrez Nieto (Worker)
- Mr Jordan Pankiw, (Occupational Rehabilitation Consultant, AMS Consulting Group)

### DISCUSSIONS HELD

The below was discussed during the THP Case Conference:

- Mr Malkoun advised Mr Nieto has been attending physiotherapy fortnightly due to his current work schedule and the travel distance require to attend the Clayton site from Sunshine.
- Mr Malkoun reported physiotherapy is assisting with Mr Nieto's ongoing recovery, however there are spasms still present within the 3<sup>rd</sup> and 4<sup>th</sup> right fingers in the morning which ease as the day progresses.
- Mr Nieto reported to be working 2-3 days per week.
- AMS confirmed the return to work plan is prepared for Mr Nieto to complete pre-injury hours, however due to changes in workflow, hours may be reduced by the host employer.
- Mr Malkoun confirmed grip and general right-hand function has been improving.
- Mr Nieto confirmed to be completing paper based and administrative tasks only.
- AMS confirmed there are cleaning tasks available for Mr Nieto to complete at Sunshine Hospital, however the current commencement date is unknown.
- Mr Malkoun advised Mr Nieto completed an ultrasound on his right hand, however the first ultrasound was unremarkable with a second ultrasound completed two weeks ago. Mr Malkoun confirmed the second ultrasound was also unremarkable with a corticosteroid injection not recommended.
- Mr Malkoun confirmed Mr Nieto's right hand has improved approximately 85-90%.
- AMS explained Mr Nieto's pre-injury role required repetitive gripping, use of hand tools alongside constant exposure to vibration with frequent manual handling <20kg.
- Mr Malkoun recommended Mr Nieto complete an alternatively modified role or a lighter role ongoing, due to the risk of flare-ups of the trigger finger injury occurring again in the future.
- Mr Malkoun was unable to confirm exact recovery timeframes, however it is estimated to be approximately 6 weeks for the injury to resolve.
- Mr Malkoun confirmed cleaning tasks were suitable for Mr Nieto to complete long term to assist with symptom management.

### AGREED ACTIONS

Activity	By whom	When
AMS to liaise with all stakeholders regarding the outcome of the THP Case Conference.	AMS	As soon as practical



If you have any questions about this letter, please contact me on the details below.

Yours sincerely,

**OR Consultant Name:** Mr Jordan Pankiw  
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**Professional Background:** Exercise Physiology  
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**SIGNATURE:**



**OR Provider Name:** AMS Consulting  
**WorkSafe Victoria Provider No:** ORP103Q

**Private and Confidential**

This report has been distributed to the following parties:

***Claim Manager***

Ms Tayla Rhodes, DXC Claims Management Services, Email: tayla.rhodes@dxc.com

***Client***

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***Employer***

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***Treating Health Practitioners***

GP - Dr Tunde Kuku, Email: info@centralhealthclinic.com.au

Physiotherapist - Mr Nathan Malkoun, Hobsons Bay Physiotherapy, Email: info@hbphysio.com.au



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AMS Consulting Group (Aust) Pty Ltd

THP Case Conference Action Plan - 8/08/2025

**Worker:** Mr Andres Gutierrez Nieto- **Claim No:** 08240066969

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