

New Starter Check Report

Worker Name: Salesi Miki

Position Applied For: Civil Maintenance Operator

Company: Lower Murray Water

Reviewed date: 22 September 2025

This report has been reviewed and evaluated against the known physical and psychosocial requirements of the role. The information provided in this report is based on the details available at the time of assessment and the relevant documents attached. Where full role requirements or clinical documentation were not available, reasonable assumptions may have been made. The recommendations provided are intended as general guidance to support injury prevention and sustainable work participation, and should be validated against actual duties and workplace practices where applicable.

Summary of Findings

Salesi Miki (43 years old), reported no significant medical conditions, past injuries, or history of surgery. He disclosed no WorkCover claims, no current medications, and no conditions that would affect his ability to undertake employment. His lifestyle profile is low-risk: he is a non-smoker (quit six years ago), does not consume alcohol, and reported no drug use. Family history includes diabetes and high blood pressure, which are relevant for long-term monitoring.

In terms of reported physical functioning, he indicated full capacity across lifting, walking, sitting, standing, and sleeping, with only mild knee discomfort (rated 2/10) noted. This was described as minor and non-restrictive. Psychological wellbeing was reported as stable, with no history of mental health conditions or treatment, and only occasional tiredness and restlessness.

Based on these reports and considering the inherent requirements of the **Civil Maintenance Operator role**, he is fit to perform all duties without restriction. Baseline monitoring of knee discomfort and awareness of family history risk factors are suggested.

Fit Classification

- Fit for role without restriction**
- Fit with restrictions
- Not fit for role

Recommendations

The following recommendations support safe and sustainable participation in the role:

- **Restrictions:** None required.
 - **Baseline Monitoring:** Low-level knee discomfort to be noted for ongoing checks.
 - **Preventive Strategies:** Reinforce safe manual handling and adherence to LMW safety policies.
 - **Supports:** No additional support required.
 - **Overall Suitability:** Worker is fully suitable for the Civil Maintenance Operator role.
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1. Medical History

The worker provided a clear medical history with no significant past or current conditions.

- No previous fractures, surgeries, or hospitalisations.
- No history of musculoskeletal, cardiovascular, or respiratory disease.
- Family history includes diabetes and high blood pressure.

2. Lifestyle & Risk Factors

Lifestyle factors indicate a low overall health risk.

- Quit smoking six years ago; currently a non-smoker.
- No alcohol consumption.
- No recreational or illicit drug use.
- Adequate sleep and stable daily routine reported.

3. Functional Capacity

The worker's reported capacity shows strong physical ability.

- No back, shoulder, or arm pain reported.
- Mild knee discomfort rated 2/10, not activity limiting.
- Can lift, stand, sit, and walk without restriction.
- Sleep quality unaffected by pain.

4. Physical Health in Context of Role

The worker's condition is consistent with the demands of the Civil Maintenance Operator role

- Fit for heavy lifting, repetitive movement, and manual handling.
- No conditions likely to interfere with confined space work or prolonged standing.
- Knee discomfort is not expected to impair role performance.

5. Role Analysis

The inherent requirements of the position align with the worker's reported capacity.

- Able to use and maintain tools and equipment.
- Capable of programmed and reactive maintenance duties.
- Meets safety-first expectations with no identified limitations.

6. Psychological Screening

The worker's reported psychological health is stable.

- No history of anxiety, depression, or stress-related treatment.
- Reported occasional mild tiredness and restlessness, within normal limits.
- Attention, memory, and judgment are unaffected.

7. Work and Social Impacts

The worker reported no health issues impacting work or social activities.

- No history of work-related injuries or absences.
- No restrictions affecting employment capacity.

8. Support Provided

The worker does not currently require or use medical supports.

- No treating doctor listed.
- No current treatment or adjustments in place.
- No aids, equipment, or workplace modifications required.

9. Risk Considerations

Risk factors are minimal but should be noted for baseline monitoring.

- Family history of diabetes and hypertension.
- Mild knee discomfort (2/10) as a precaution for monitoring.
- No current workplace risks identified.

10. Health Outlook

The overall health outlook is positive.

- Expected to sustain long-term capacity for civil maintenance duties.
- No conditions likely to deteriorate under normal role demands.
- Suitable for safe and effective participation in the role.