



## Pauline Dietzel


**Date of birth:** 02/08/2004

**Nationality:** German

## CONTACT

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## ABOUT ME

After I graduated with A Levels I did a Gap year in France and worked. During that period, I also undertook several psychology projects concurrently.

## EDUCATION AND TRAINING

**13/08/2015 – 30/06/2023** Naila, Germany

### **Abitur** Hochfranken-Gymnasium Naila

- engaged in 'Lernen lernen,' where I acquired effective learning strategies
- Internship at JH- Werbung
- Psychology Course during Oberstufe
- participated in a W-Seminar focused on academic research
- project seminar: learnt about different careers, organized a project
- Psychology (during 2 semesters), French (during whole Oberstufe)
- Abitur exams: English, German, Math

## WORK EXPERIENCE

**01/10/2023 – 25/08/2024**

### **Gap Year** workaway.info

- did a gap year in Antibes helping with household and garden activities
- creating the network Langage

**01/08/2023 – 13/09/2024** Naila

### **Eclectic Approach towards Psychotherapy Intern** Institute of Clinical Hypnosis And Related Sciences

- I have focused extensively on Cognitive, Behavioral, Humanistic, and Psychodynamic psychotherapy approaches, practical skills in therapeutic techniques
- I have gained insights into innovative therapeutic methodologies during my studies
- participated in Foundation course

**01/08/2023 – 22/09/2023** Selbitz, Germany

### **warehouse worker** medikamente-per-klick, Serag-Wiessner GmbH

- Ensured timely delivery of medications with meticulous attention to detail
- Managed complex operational tasks effectively

**01/11/2023 – 01/03/2024** Bayreuth, Germany

### **Participation in the Practice-Oriented Competition for Business Startups, Langage** Universität Bayreuth

- built the Start up Green Seal Mats
  - created and designed a product
- Instagram: @greensealmats

**01/03/2024 – 01/05/2024** Bayreuth, Germany

### **Temporary Assistance** C&A

- supported daily operations to ensure smooth store functioning and provided customer service
- included assisting customers, organizing merchandise displays and ensuring inventory accuracy

**01/01/2024 – CURRENT** Naila, Germany

## **Childcare**

- Provide care for children, including one with ADHD
- Completed a caregiving course

**01/06/2024 – CURRENT**

## **CEO Dietzel GbR**

- market research
- Identified potential product niches
- work on developing products

## **PROJECTS**

**01/05/2024 – 25/06/2024**

### **Social Media Pauline Dietzel**

I created my youtube chanel Pauline Dietzel

- focuses on diverse psychological topics including resilience, depression, anxiety disorders, eating disorders, trauma's impact, bipolar and personality disorders, social psychology, and personal growth
- Live shows on various platforms: In the right eyes you are art, Don't love someone unconditionally, Domestic Abusers, People are evil, Selfhelp books will not help

**01/07/2023 – 25/06/2024**

### **Courses**

- Covered schizophrenia, anxiety, depression, and emotional disorders
- Explored fundamental psychology, memory, neuroscience, and perception
- Studied criminology, criminal behavior, and the psychology of crime.
- Examined positive psychology, wellbeing, and addictive behaviors

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27/06/2024