

Security & Privacy Policy

Last updated: 2025-04-24

App Name: Metacognitive Journal

1. Data Encryption & Storage

All journal entries are encrypted on your device using AES-GCM encryption. Data is stored locally, never s

2. App Lock & Authentication

You can enable Face ID or Touch ID to protect your journal from unauthorized access. App Lock can be to

3. Permission Transparency

Notifications are used for reminders. Microphone access is used for voice journaling. We only request perm

4. Export & Sharing Warnings

Before exporting or sharing entries, you are warned about sharing sensitive information. Parental consent

5. Parental Controls & Consent

Parents can review entries and receive alerts for concerning content. No data is shared without explicit con

6. No Hidden Data Collection

No personal data is sent to external servers unless you opt in to AI features. We do not sell or share your c

7. User Rights & Support

You can export or delete your data at any time. Contact support for privacy questions or data removal requ