

1 AMAZON VERSION

2 AUDIO BOOK, Played from
3 PC speakers, recorded
4 on conferencing
5 equipment and then
6 converted

7
8 Book one with the
9 meditations of the
10 emperor marcus aurelius
11 antonius. This is a
12 league provokes
13 recording well legal
14 fox recordings are in
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16 information or to
17 volunteer, please visit
18 lee provokes dot or the
19 meditations of the
20 emperor marcus aurelius
21 antonius marcus
22 aurelius translated by
23 george crystal eighteen
24 eighty eight through
25 nineteen forty four i
26 learned from my
27 grandfather verus to
28 use good manners and to

29 REFERENCE VERSION

30 TEXT BOOK, from
31 projectgutenberg.com

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34
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36
37 MEDITATIONS

38
39 By Marcus Aurelius

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53 I learned from my
54 grandfather, Verus, to
55 use good manners, and
56 to

57 put restraint on anger
58 in the famous memory of
59 my father. I had a had
60 a modesty no. Does my
61 mother. I learned to be
62 pious and generous to
63 keep myself not wholly
64 from evil deeds, but
65 even from evil thoughts
66 to live with like
67 simplicity, it is far
68 from customary among
69 the rich. I owe it to
70 make quick grandfather.
71 I did not attend public
72 lectures and
73 discussions, but had
74 good able teachers, and
75 i owe him also the
76 knowledge that for
77 things of this nature
78 man should count no
79 expense too great.

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81
82

83 put restraint on anger.
84 2. In the famous memory
85 of my father I had a
86 pattern of modesty and
87 manliness. 3. Of my
88 mother I learned to be
89 pious and generous; to
90 keep myself not only
91 from evil deeds, but
92 even from evil
93 thoughts; and to live
94 with a simplicity which
95 is far from
96 customary among the
97 rich. 4. I owe it to my
98 great-grandfather that
99 I did not attend public
100 lectures and
101 discussions, but had
102 good and able
103 teachers at home; and I
104 owe him also the
105 knowledge that for
106 things of this nature a
107 man should count no
108 expense too great.

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111 My tutor taught me not
112 to favor either green
113 or blue that the cherry
114 creases you're in the
115 contests of gladiators
116 to be a supporter
117 either of light or
118 heavy arms. He taught
119 me also to endure labor
120 not to need many things
121 to serve myself without
122 troubling others out to
123 inter meddle in the
124 affairs of others, not
125 easily to listen to
126 slanders against them
127 of diagnosis. I had the
128 lesson not to busy
129 myself about vain
130 things not to credit
131 great professions of,
132 such as pretend to work
133 wonders or of sorcerers
134 about their charms.

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139 My tutor taught me not
140 to favour either green
141 or blue at the
142 chariot races, nor, in
143 the contests of
144 gladiators, to be a
145 supporter
146 either of light or
147 heavy armed. He taught
148 me also to endure
149 labour;
150 not to need many
151 things; to serve myself
152 without troubling
153 others; not
154 to intermeddle in the
155 affairs of others, and
156 not easily to listen to
157 slanders against them.

158
159 Of Diognetus I had the
160 lesson not to busy
161 myself about vain
162 things;
163 not to credit the great
164 professions of such as
165 pretend to work

166 wonders, or of
167 sorcerers about their
168 charms
169