Shadforth employees have full access to a 24/7 confidential support hotline.

## **EAP Assist can help!**

EAP Assist supports employees with confidential telephone counselling throughout Australia.

The aim of counselling is to help resolve both workplace and personal issues before they impact adversely on work performance and on personal well-being.

## **EAP Assist with common issues including:**

- Workplace conflict
- Bullying and difficult working relationships
- Stress, anxiety and depression
- Workplace change and trauma
- Alcohol and substance abuse
- Gambling and other addictions
- Domestic and family violence

Workplace Conflicts Stress Workplace C Trauma Depression Anxiety Alcohol and Substance Abuse Gambling Other Addictions Domestic Violence Family Violence Bullying Difficult Working Relation Workplace Conflict Stress Depression Workplace Change Anxiety Alcohol and **Substance** Abuse Gambling Violence Workplace Change Trauma Depre Anxiety Alcohol and Substance Abuse Gambling Addictions Domestic Viole Family Violence Bullying Difficult Working Rela Workplace Conflicts Stress Workplace Change Trauma Depression Anxiety **Alcohol** and Substa Gambling Addictions Domestic Violence Family Bullying Difficult Working Relationships Workplace Conflict Stress Workplace Change Traun Depression **Anxiety** Alcohol and Sub Abuse Gambling Addictions Domestic Violence Family **Violence** Bulling Conflict **Stress** Workplace Change and Substance **Abuse** Gambling

Addictions Domestic Violence Family

Violence Bullving Difficult Wor

Relationships Workplace Conflict

Stress Workplace Change

**Traun** 

**Bullying** 

Difficult Working Rela

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