

Shadforth employees have full access to a 24/7 confidential support hotline.

EAP Assist can help!

EAP Assist supports employees with confidential telephone counselling throughout Australia.

The aim of counselling is to help resolve both workplace and personal issues before they impact adversely on work performance and on personal well-being.

EAP Assist with common issues including:

- Workplace conflict
- Bullying and difficult working relationships
- Stress, anxiety and depression
- Workplace change and trauma
- Alcohol and substance abuse
- Gambling and other addictions
- Domestic and family violence

0407 086 000

