

SO MUCH MORE

CONVERSATIONS AND COMMITMENTS

"PRAYER AND FASTING"

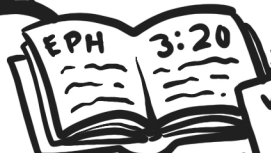
START

FASTING IS MORE ABOUT REPLACING THAN ABSTAINING!

GARY ROHRMAYER

CHRIS HODGES

WE FAST BECAUSE WE SEEK MIRACLES, REPENTENCE, DECISIONS!!



WRITES BETTER THAN CHARLES

ASK AND THINK!

"PRAYER CONNECTS US TO THE FATHER WHILE FASTING DISCONNECTS US FROM THE WORLD."

"WHY IT MATTERS"

- WE RELY ON HIS STRENGTH
- WE FOCUS ON THE ETERNAL
- WE REPENT OF OUR SINS
- WE RECEIVE THE DIRECTION WE NEED

100%

GOD DOESN'T WANT TO JUST HEAR FROM US WHEN WE'RE THANKING HIM FOR A HOT DOG!

PASTOR JONAH FAI

A PASSIVE FAITH WILL NEVER CREATE MIRACULOUS RESULTS!

Take the NEXT 21 DAYS TO FAST AND PRAY

HOW TO PRAY

- TELL HIM WHAT YOU NEED
- THANK HIM FOR ALL HE HAS DONE

HOW TO FAST

- SET A REALISTIC GOAL
- DETERMINE THE SCOPE OF YOUR FASTING
- MAKE IT ABOUT YOUR HEART
- FOCUS ON WHAT YOU HAVE TO GAIN, NOT WHAT YOU MIGHT MISS!

@SKETCHY SERMONS