



## Dodgeball Rules - Revised 6/29/2012

### **PLAYERS**

- Each team must consist of 6 players on the court. A minimum of three players is needed to start a game. At least two players on the court must be female and at least two players on the court must be male.
- If your team is down players you may ask other players in the league to play except for Finals night. Every player on Finals night must be on the original team roster. If you play with a player who has not signed a team waiver your team will receive losses for the entire night. Second offenses may result in league expulsion.
- If you want to add players to your official team rosters all edits must be completed by the end of your 4<sup>th</sup> week of play. I.E. if you play Tuesday nights, Week 4 Tuesday night at the end of the games is when rosters are locked.

### **DURATION OF GAMES**

- Games will last until all players on one team are "out".
- There is no time limit but games last for approximately 3 minutes.

### **START OF THE GAME**

- Each team will start on their respective end lines until the referee blows the whistle to start the game.
- The balls will be placed at the centerline. When the game starts, you may only send three players to get balls from the centerline and they must only grab the three balls on your team's right side of the court.
- Balls may not be thrown until the player's feet have both crossed the Restraining Line.

### **METHODS OF GETTING "OUT"**

- A ball, thrown by an opposing player, hits you below the neck and you do not catch the ball.
- Opposing player catches a ball that you have thrown.
- If you have a ball and deflect an opponent's throw and then drop the ball that you used to deflect.

- If you or your team holds a ball for more than 15 seconds. This is considered Delay of Game. The last person holding a ball must roll the ball to the opposing team and is considered OUT. This is enforced at the discretion of the referee.
- If you deflect a ball and it deflects into your body then you are OUT. If you deflect the ball into one of your teammates, the wall, or ceiling, no one is OUT
- **\*New Billy-West Rule** - If your knees are at LESS than a 90° angle and the upper body is NOT vertical then a ball CANNOT be used to block. If your knees are at 90° or greater then a ball can be used to block.
- If any part of your body touches the other side of the centerline.

### **HEADSHOTS**

- If you are hit in the head, you are **not** out, unless you deflect the ball into your own head.
- **Headless Horseman Rule** - If you get hit in the head and the referee determines that if your head was removed, then the ball would have hit your body then you are out. I.E. bent over to pick up a ball.

### **GAMEPLAY**

- If you are out, get out. The referee will not whistle every play. Here's an easy way to remember: If you get hit, go sit!
- Once you are declared out, proceed immediately to the sidelines. You may retrieve balls that are "out of play" once you are out but you may only do so on your side of the court. You may not retrieve balls in the "grey area".
- If a throw is caught by a teammate, then one player may re-enter the game. To re-enter the game, a player that is out must get up from the sidelines and "tag" the "Cone of Life". Once they tag the Cone of Life they are back in and eligible.

### **FACILITY RULES**

- There is NO drinking at the dodgeball facility.

### **PLAYOFFS**

- Every team makes the playoffs. Seeding is based off of how many wins your team acquires during the season.
- Playoffs will be a double elimination, best 2-out-of-3 tournament.

### **APPENDIX A: THE JIM RULES**

- When holding a ball, your hand becomes part of the ball. If a thrown ball hits your hand then you are not out. However, your hand ends at your wrist so if a thrown ball hits your wrist on the hand that is holding the ball, then you are out.
- You may NOT hide behind the cones. When playing on the side with cones, you may only go behind the cones to retrieve a ball. If the referee feels that you are using the cones as cover, then you will be deemed OUT.
- In the event of a tie, there will be a one on one, 4 ball, playoff until a winner is determined.

- *\*New Free Lunch Rule* - If, at the beginning of a game, you decide to throw a ball before BOTH feet are on the other side of the restraining line, and your throw is caught, you are out. Sorry, but next time wait until both feet are behind the line. You just gave the other team a free lunch.

**The referees and SBS reserve the right to amend these rules at any time.**