



## Hard Court Dodgeball Rules - Revised 10/17/2012

\* Denotes a rule that is different than Soft Court Dodgeball

### **PLAYERS**

- Each team must consist of 6 players on the court. A minimum of three players is needed to start a game. At least two players on the court must be female and at least two players on the court must be male.
- If your team is down players you may ask other players in the league to play except for Finals night. Every player on Finals night must be on the original team roster. If you play with a player who has not signed a team waiver your team will receive losses for the entire night. Second offenses may result in league expulsion.
- If you want to add players to your official team rosters all edits must be completed by the end of your 4<sup>th</sup> week of play. I.E. if you play Tuesday nights, Week 4 Tuesday night at the end of the games is when rosters are locked.

### **DURATION OF GAMES**

- Games will last until all players on one team are "out".
- There is no time limit but games last for approximately 3 minutes.

### **START OF THE GAME**

- Each team will start on their respective end lines until the referee blows the whistle to start the game.
- The balls will be placed at the centerline. When the game starts, you may send all six players to get balls from the centerline.
- Balls may not be thrown until both of the player's feet have crossed the Restraining Line.

### **METHODS OF GETTING "OUT"**

- A ball, thrown by an opposing player, hits you and you do not catch the ball.
- Opposing player catches a ball that you have thrown.
- If you have a ball and deflect an opponent's throw and then drop the ball that you used to deflect.

- \*If you, one of your teammates, or an opponent defect a ball and it deflects directly into your body then you are OUT. The ball is live until it touches ground, ceiling, walls or out of bounds.
- \*If any part of your body touches out of bounds or on the opposing sides court.

### **HEADSHOTS**

- If you are hit in the head, you are **not** out, unless you deflect the ball into your own head.
- **Headless Horseman Rule** - If you get hit in the head and the referee determines that if your head was removed, then the ball would have hit your body then you are out. I.E. bent over to pick up a ball.

### **GAMEPLAY**

- If you are out, get out. The referee will not whistle every out. Here's an easy way to remember: If you get hit, go sit!
- \*Once you are declared out, proceed immediately to the Out Queue. The first person in the Out Queue is the first person allowed back on the court in the event of your team making a catch.
- If you intentionally touch any live balls as you are exiting they will be rolled to the other team. If you intentionally shield any of your teammates they will be called out as if you had not been standing there.
- \*You may retrieve balls that are "out of play" once you are out but you may only do so on your side of the court. You may not retrieve or touch balls on the court.
- \* If a throw is caught by a teammate, then the first player in the Out Queue may re-enter the game. Once any part of your body touches in bounds you are in play.

### **FACILITY RULES**

- There is NO drinking at the dodgeball facility.

### **PLAYOFFS**

- Every team makes the playoffs. Seeding is based off of average winning percentage that a team acquires during the season.
- Playoffs will be a double elimination, best 2-out-of-3 tournament.

### **APPENDIX A: THE JIM RULES**

- When holding a ball, your hand becomes part of the ball. If a thrown ball hits your hand then you are not out. However, your hand ends at your wrist so if a thrown ball hits your wrist on the hand that is holding the ball, then you are out.
- In the event of a tie, there will be a one on one, 4 ball, playoff until a winner is determined.
- Free Lunch Rule - If, at the beginning of a game, you decide to throw a ball before BOTH feet are on the other side of the restraining line, and your throw is caught, you are out. Sorry, but next time wait until both feet are behind the line. You just gave the other team a free lunch.

**The referees and SBS reserve the right to amend these rules at any time.**