```vb
'Cria uma conexção
Dim dbs As DAO.Database
'Para poder ler
Dim rstCategorias As DAO.Recordset
'SQL para ser realizado
Dim strSQL As String


'Parte MSQL
Dim mysConString As String
'Verifica o ODBC
'Provider=Microsoft.Jet.OLEDB.3.51;Data Source=C:\nwind.mdb;"
mysConString = "DRIVER={MySQL ODBC 8.0 ANSI Driver}; SERVER=localhost;
DATABASE=test1; UID=root; PASSWORD=root; OPTION=3;"
'Verifica de o 'Microsoft ActiveX Data Objects x. x ' da ativo
Dim con As New ADODB.Connection
con.Open (mysConString)


'Caregando o DB Local
Set dbs = CurrentDb
'Set db = DBEngine.OpenDatabase("C:\nwind.mdb")
'Criando o SQL
strSQL = "SELECT * FROM Categoria"
Set rstCategorias = dbs.OpenRecordset(strSQL, dbOpenSnapshot)


While Not rstCategorias.EOF
    Dim Categoria As New Categoria
    Categoria.Nome = rstCategorias!Nome
    Categoria.Valor = rstCategorias!Valor
    con.Execute ("insert into categoria(Nome) values ('" & Categoria.Nome & "')")
    rstCategorias.MoveNext
```

```
    Wend


    con.Close

    dbs.Close
```

LINKS: http://www.macoratti.net/dao_ado2.htm

https://docs.microsoft.com/en-us/office/vba/access/concepts/data-access-objects/extract-data-from-a-record-in-a-dao-recordset

https://dev.mysql.com/doc/connector-odbc/en/connector-odbc-examples-tools-with-access-linked-tables.html