Exercises day 2

Basic Statistics for health researchers 2026

February 18, 2026

Warming up

Before starting the exercise below, learn from the R-demo of Lecture 2 (available from the course webpage):

1. Read and run the code.

2. Check that the output matches the results presented on the slides.

3. Do not hesitate to add your own comments into the script.

Exercise A (hypothesis testing)

For each of the different data sets and corresponding task below do all the following steps:

- Formulate a research hypothesis and the corresponding null and alternative hypotheses, all in "plain English".

- Describe the relevant statistical method(s) that you plan to use.

- Prepare the data set for analysis (if necessary)

- Use a suitable graph to get an idea of the data and the direction of the result (boxplot for "large" data sets, dotplot for "small").

- Compute the relevant quantities according to the above choice of statistical method(s) (e.g. compute estimates of means and mean difference, confidence intervals, p-value).

- Visually check whether the main assumptions of the statistical methods seem fine to "safely" trust the results (if necessary).

- Conclude and report the results in one or a few clear sentences.

Question 1

- **Data:** `Milk` data (available from the `nmle` package of R).

- **Task:** compare the average protein level of the milk at **6 weeks** after calving between cows fed with **Lupins only** and those fed with **Barley and Lupins**.

Question 2

- **Data:** gene expression data (`alpha` available from the `coin` package of R).

- **Task:** compare the distribution of the level of expressed alpha synuclein mRNA of **"intermediate"** and **"long"** allele length, with a precise control of the risk of false positive finding. Here, we assume that we do not want to rely on questionable assumptions or approximations to compute a p-value.

Question 3

- **Data:** biometrics dose response data (`biom` available from the `DoseFinding` package of R).

- **Task:** compare the average response between dose=0 and:

  - dose=0.05
  - dose=0.2
  - dose=0.6
  - dose=1

  with the aim to control the risk of making at least one false positive finding.

Note: the data can be loaded using `library(DoseFinding)` and then `data(biom)`.

Exercise B (power calculation)

A PhD student and her supervisor are planning a laboratory experiment. They aim to show a significant reduction in (average) tumor growth between treated and untreated mice.

They would like to plan the experiment to have (at least) 90% power to show a difference in tumor growth volume, while controlling the risk of false positive finding at the usual 5% level. They expect the difference in average tumor growth volume to be (at least) 3 mm^3. They further expect mouse-to-mouse variability in tumor growth that corresponds to a standard deviation of tumor growth volume of 2 mm^3 (approximately), in both groups. They plan to use a usual two-sided two-sample t-test and they think that it is fine to assume that the tumor growth distribution in each group is well approximated by a normal distribution.

Question 1

How many treated and untreated mice could they plan to include in their study, based on the above numbers?

Question 2

Using the sample size suggested by the result to the previous question, they wonder:

1. how much the power depends on their "best guess" of the standard deviation, i.e., what does the power of the planned study become if the standard deviation is actually 2.5 mm^3 or 3 mm^3 instead of 2 mm^3?

2. what is the smallest difference they can hope to show different from zero, with a "decent" power of 75%?