

Name:

SMART Goal - Academic

Initial Goal	Write your goal here.
S Specific	What, specifically, are you looking to achieve or do?
M Measurable	How will you measure this goal and/or know when it is complete?
A Achievable	Is the goal on par with your abilities? Consider your available time and skills.
R Realistic	Is your goal realistically achievable within the given time frame and with the available resources?
T Timely	Set a start and finish date for your goal.
	Start Date: _____ Finish Date _____
SMART Goal	Revise your goal based on your answers to the above questions.

Action Plan

What steps do you need to take to get you to your goal?

Action Items	Expected Completion Date	Actual Completion Date

Potential Obstacles and Solutions

Potential Obstacles	Potential Solutions and Resources