

EDUCATION

Doctoral Student, Psychology Department, Harvard University	2019 – present
Bachelor of Arts, Psychology, University of California at Berkeley	2006 – 2009

RESEARCH INTERESTS

Psychological influences on physical health; how mindsets shape performance and health outcomes; intra- and inter-personal effects of emotion expression

PUBLICATIONS/RESEARCH IN PROGRESS

Aungle, P. & Langer, E. (in review). *Time heals all wounds, but based on whose clock? Mind-body unity and perceived time*. [Scientific Reports]

Aungle, P. & Langer, E. (in review). *The Borderline Effect for Diabetes: When No Difference Makes a Difference*. [Frontiers in Psychology]

Aungle, P. & Langer, E. (in prep). *Embodied models: A theoretical framework for mind-body effects on health*.

Aungle, P. (in prep). *A little goes a long way: expressing negative emotion to address conflicts at work*.

Aungle, P. & Langer, E. (in progress). *Healing faster: the effect of healing time expectations on actual healing times after cataract surgery*.

Schneider, G., Aungle, P., Philips, D., Langer, E. (in progress). *A sociocognitive approach to treating ADHD*.

TEACHING FELLOW EXPERIENCE

PSY 1005 Health: A Positive Psychology Perspective, Harvard University, Fall 2023, Head TF

PSY 3555 Instructional Styles in Psychology, Harvard University, Fall 2023, Instructor

Psychology Department Pedagogy Fellow, Harvard University, 2023 – 2024

PSY 15 Introduction to Social Psychology, Harvard University, Spring 2023, TF
Average student rating: 4.52/5.0

PSY 1005 Health: A Positive Psychology Perspective, Harvard University, Fall 2021 – 22, TF
Average student rating: 4.32/5.0

PSY 1 Introduction to Psychological Science, Harvard University, Spring 2022, TF
Average student rating: 4.38/5.0

PROFESSIONAL EXPERIENCE

Private Tutor, [Smarter Test Prep](#), 2011 – present
Research Assistant, Metcalfe Metacognition Lab, Columbia University, 2018 – 2019
Independent Options Trader & Investment Analyst, 2014 – 2016
Sales Analyst, Aflac Insurance Company, 2010 – 2011
Business Development Services Analyst, Goldman Sachs Asset Management, 2009 – 2010
Research Assistant, Francis Stress Lab, University of California at Berkeley, 2006 – 2009
Communications Analyst, Hattaway Communications, 2008 – 2009
Press Advance Lead, National Advance Team, Hillary Clinton for President, 2007 – 2008
Research Assistant, Glaser Implicit Bias Lab, University of California at Berkeley, 2007 – 2008

REFERENCES

Prof. Ellen Langer, PhD Advisor, Harvard University, lander@wjh.harvard.edu, 617-816-7030
Dr. Deborah Phillips, Researcher, Harvard University, dphillips@fas.harvard.edu, 973-902-7938
Prof. Darlene Francis, UC Berkeley, darlenefrancis@berkeley.edu, 925-708-4549