

## EDUCATION

Doctoral Student, Psychology Department, Harvard University	2019 – present
Bachelor of Arts, Psychology, University of California at Berkeley	2006 – 2009

## RESEARCH INTERESTS

Psychological influences on physical health; how mindsets shape performance and health outcomes; interpersonal effects of emotion expression

## PUBLICATIONS/RESEARCH IN PROGRESS

Aungle, P., & Langer, E. (2023). Physical healing as a function of perceived time. *Scientific Reports*, 13(1), 22432. <https://doi.org/10.1038/s41598-023-50009-3>

Aungle, P., & Langer, E. (under review). *The Borderline Effect for Diabetes: When No Difference Makes a Difference*. [Frontiers in Psychology]

Aungle, P. & Langer, E. (in prep). *Embodied models: A theoretical framework for mind-body effects on health*.

Aungle, P. (in prep). *A little goes a long way: expressing negative emotion to address conflicts at work*.

Aungle, P. & Langer, E. (in progress). *Healing faster: the effect of healing time expectations on actual healing times after cataract surgery*.

Schneider, G., Aungle, P., Philips, D., Langer, E. (in progress). *A sociocognitive approach to treating ADHD*.

## TEACHING FELLOW EXPERIENCE

PSY 1005 Health: A Positive Psychology Perspective, Harvard University, Fall 2023, Head TF

PSY 3555 Instructional Styles in Psychology, Harvard University, Fall 2023, Instructor

Psychology Department Pedagogy Fellow, Harvard University, 2023 – 2024

PSY 15 Introduction to Social Psychology, Harvard University, Spring 2023, TF  
Average student rating: 4.52/5.0

PSY 1005 Health: A Positive Psychology Perspective, Harvard University, Fall 2021 – 22, TF  
Average student rating: 4.32/5.0

PSY 1 Introduction to Psychological Science, Harvard University, Spring 2022, TF  
Average student rating: 4.38/5.0

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## **PROFESSIONAL EXPERIENCE**

Private Tutor, [Smarter Test Prep](#), 2011 – present  
Research Assistant, Metcalfe Metacognition Lab, Columbia University, 2018 – 2019  
Independent Options Trader & Investment Analyst, 2014 – 2016  
Sales Analyst, Aflac Insurance Company, 2010 – 2011  
Business Development Services Analyst, Goldman Sachs Asset Management, 2009 – 2010  
Research Assistant, Francis Stress Lab, University of California at Berkeley, 2006 – 2009  
Communications Analyst, Hattaway Communications, 2008 – 2009  
Press Advance Lead, National Advance Team, Hillary Clinton for President, 2007 – 2008  
Research Assistant, Glaser Implicit Bias Lab, University of California at Berkeley, 2007 – 2008

## **REFERENCES**

Prof. Ellen Langer, PhD Advisor, Harvard University, [lander@wjh.harvard.edu](mailto:lander@wjh.harvard.edu), 617-816-7030  
Dr. Deborah Phillips, Researcher, Harvard University, [dphillips@fas.harvard.edu](mailto:dphillips@fas.harvard.edu), 973-902-7938  
Prof. Darlene Francis, UC Berkeley, [darlenefrancis@berkeley.edu](mailto:darlenefrancis@berkeley.edu), 925-708-4549