

EDUCATION

Doctoral Student, Psychology Department, Harvard University	2019 – present
Bachelor of Arts, Psychology, University of California at Berkeley	2006 – 2009

RESEARCH INTERESTS

Psychological influences on physical health; how mindsets shape performance and health outcomes; interpersonal effects of emotion expression

PUBLICATIONS/RESEARCH IN PROGRESS

Aungle, P., & Langer, E. (2023). Physical healing as a function of perceived time. *Scientific Reports*, 13(1), 22432. <https://doi.org/10.1038/s41598-023-50009-3>

Aungle, P., & Langer, E. (2024). The borderline effect for diabetes: when no difference makes a difference *Frontiers in Psychology*, 15. <https://doi.org/10.3389/fpsyg.2024.1333248>

Aungle, P., Holmes, N., & Chen, D. (under review). *Beyond Statistical Myopia: Replying to a Misguided Critique of Mind-Body Research*.

Aungle, P. & Langer, E. (in prep). *Embodied models of health: A theoretical framework for mind-body effects on health*.

Aungle, P. (in prep). *A little goes a long way: expressing negative emotion to address conflicts at work*.

Aungle, P. & Langer, E. (in progress). *Healing faster: the effect of healing time expectations on actual healing times after cataract surgery*.

TEACHING EXPERIENCE

PSY 1005 Health: A Positive Psychology Perspective, Harvard University, Fall 2023, Head TF
Average student rating: 4.95/5.0

PSY 3555 Instructional Styles in Psychology, Harvard University, Fall 2023, Instructor
Average student rating: 4.5/5.0

Psychology Department Pedagogy Fellow, Harvard University, 2023 – 2024

PSY 15 Introduction to Social Psychology, Harvard University, Spring 2023, TF
Average student rating: 4.52/5.0

PSY 1005 Health: A Positive Psychology Perspective, Harvard University, Fall 2021 – 22, TF
Average student rating: 4.32/5.0

PSY 1 Introduction to Psychological Science, Harvard University, Spring 2022, TF
Average student rating: 4.38/5.0

PROFESSIONAL EXPERIENCE

Private Tutor, [Smarter Test Prep](#), 2011 – present

Research Assistant, Metcalfe Metacognition Lab, Columbia University, 2018 – 2019

Independent Options Trader & Investment Analyst, 2014 – 2016

Sales Analyst, Aflac Insurance Company, 2010 – 2011

Business Development Services Analyst, Goldman Sachs Asset Management, 2009 – 2010

Research Assistant, Francis Stress Lab, University of California at Berkeley, 2006 – 2009

Communications Analyst, Hattaway Communications, 2008 – 2009

Press Advance Lead, National Advance Team, Hillary Clinton for President, 2007 – 2008

Research Assistant, Glaser Implicit Bias Lab, University of California at Berkeley, 2007 – 2008

REFERENCES

Prof. Ellen Langer, PhD Advisor, Harvard University, lander@wjh.harvard.edu, 617-816-7030

Dr. Deborah Phillips, Researcher, Harvard University, dphillips@fas.harvard.edu, 973-902-7938

Prof. Darlene Francis, UC Berkeley, darlenefrancis@berkeley.edu, 925-708-4549