



Roseville Express Track Club's Start the 2007 T&F Season Right Clinic

www.eteamz.com/RosevilleExpress

Start your 2007 track and field season off with a clinic focused on your specialty. Experts will work side-by-side with you in a 3-hour clinic. These experts will stay for the opening season meet (except PV) on Saturday to continue offering training while you compete. The clinic will focus on:

- **Triple Jump** (taught by Chico State LJ / TJ record holder – Adarian Barr)
- **Mini Javelin / Javelin** (taught by top female American javelin thrower – Karin Smith)
- **Race Walk** (taught by PA/USATF Youth Race Walk Chair – Becky Klein)
- **Pole Vault** (taught by RETC's own PV coach – Paul Sinatra)

Clinic details:

- **Date:** Friday, 9 March 2007
- **Time:** 5:00 – 8:00 pm
- **Location:** Roseville HS, Roseville (1 Tiger Way, Roseville, CA 95678)
- **Cost:** \$10 per athlete / Free for coaches
- **Questions:** Contact Maura Kent at (916) 786-7288 or bookoutgen@yahoo.com

Registration:

- Send form and check to: RETC; 1442 Deerfield Circle; Roseville, CA 95747
- Same day registration also acceptable

Clinic I wish to attend:

Clinic Focus	Bantam – Born 1997-1998	Midget – Born 1995-1996	Youth – Born 1993-1994	Open – Born 1989 - 1992
Triple Jump				
Javelin				
Race Walk				
Pole Vault				

Name: _____

Club: _____

Home Address: _____

Phone: _____

E-mail Address: _____

In consideration of permission to participate in Roseville Express Track Club's (RETC) 2007 clinic, I hereby release, waive, discharge and covenant not to sue RETC for any and all liability, claims, demands, actions and causes of action whatsoever arising out of or related to any loss, damage, or injury, including death that may be sustained by me, or any of the property belonging

to me, whether caused by the negligence of RETC, or otherwise, while participating in such activity, or while upon the premises where the activity is being conducted.

Athlete

Parent