

2007 PACIFIC ASSOCIATION USATF TRACK AND FIELD \$15,000 GRAND PRIX

The 2007 PA USATF Grand Prix includes all Olympic contested track and field events.

Prize money for Pacific Association USATF registered athletes: \$15,000, to be distributed to the top ten PA men and the top ten PA women in the final point totals. There is no event specific competition.

2007 Competition Dates: A registered Pacific Association athlete may score PA Grand Prix points in **outdoor** meets from **Feb. 15** through **June 17** that can be used to qualify for entry into the USATF Outdoor Championships in Indianapolis.

Bonus points may be earned by PA athletes who compete in the USATF Outdoor Championships, June 20-24.

Scoring: The *IAAF Scoring Table of Athletics* (2001 edition) will be used to for event scoring & calculations.

Meets: Registered PA Athletes may use up to their five (5) highest scored meets, utilizing the *IAAF Scoring Table of Athletics*. **An athlete must attain a score of at least 900 points in an individual performance to score.**

Only one (highest) scoring event per meet is allowed.

(A purpose of the PA Grand Prix is to develop athletes competitive on the national level.)

Combined events exception: In a two-day multi-event competition, an athlete may submit any two individual event scores which meet the 900-point minimum requirement OR the final score for the full combined event competition (if it meets the 900-point minimum) —which would then be awarded double points in the PA Grand Prix.

A double score also counts as two meets.

--Of the total of five meets, an athlete can earn points in **no more than three (3)** meets outside of the Pacific Association. Any of the five meets can be within the Pacific Association.

Double Points at PA Championships: Points will be doubled at the **Pacific Association USATF Championships, scheduled for Sunday, May 27, 2007 at the College of San Mateo. Additional prize money will be awarded for up to three (each) top individual men and women (IAAF) point scorers at the PA USATF Championships.**

USATF Championship bonus points (to be added to athlete's previous total): In addition to the five regular season meets, an athlete will receive bonus points for one event (highest scoring) at the 2007 USATF Outdoor Championships in Indianapolis (June 20-24).

PA USATF REGISTRATION REQUIREMENT:

Any athlete wishing to participate in the 2007 Pacific Association Grand Prix must:

1) **Be a 2007 registered Pacific Association USATF athlete.**

Athletes may complete their PA USATF registration on-line at the PA website: www.pausatf.org.

Here is the link to register: <http://www.pausatf.org/data/membership.html>

For further information/assistance – please contact the PA office at 916-983-4715.

2) **Sign-up for the PA Grand Prix** by sending the following information to Fred Baer (PA USATF Women's T&F Chair) frdbaer@aol.com:

First & Last Name; PA USATF registration number; email address; postal mailing address.

-- An athlete must **complete the above registration process before submitting any marks for PA scoring** – and no later than ten (10) days after the first meet for which any scoring points are submitted.

-- Athletes still eligible for scholastic or intercollegiate competition may **not** receive PA Grand Prix prize money.

Each athlete is responsible for reporting all qualifying marks for inclusion in the PA USATF T&F Grand Prix. This includes any mark at the USATF National Championships (by no later than June 30, 2007).

Report: meet **date, site, event, and mark.** For field events, the actual metric measurement should be submitted.

Submit by email to: frdbaer@aol.com

IAAF 2001 Scoring Table of Athletics - 900 point total thresholds:

<i>Event</i>	<i>Men</i>	<i>Women</i>	<i>Event</i>	<i>Men</i>	<i>Women</i>
100m	11.07	12.80	200m	22.30	26.36
400m	49.61	59.42	800m	1:54.76	2:15.17
1500m	3:56.22	4:41.38	Mile	4:14.89	5:06.02
5,000m	14:37.66	17:30.88	10,000m	30:48.51	37:07.01
3,000m SC	9:30.75	11:42.70	110/100m H	15.30	15.19
400mH	55.56	1:05.85	20km/10km Walk	1:35:58	55:06
Long Jump	6.92 (22'08.50")	5.71m(18'08.75")	Pole Vault	4.80m(15'09")	3.76m(12'04")
Triple Jump	14.69m(48'02.50")	12.17m(39'11.25")	Shot Put	16.34m(53'07.50")	15.80(51'10")
Discus	52.03m(170'08")	52.52m(172'04")	Javelin	68.34m(224'02")	52.07(170'9")
Hammer	62.27m(204'03")	56.20m(184'04")	High Jump	2.03m(6'08")	1.71(5'7.25")
Multi events	7764 pts	5949 pts			