

Women 400 Meter Dash

Heat: 1



<u>Place</u>					<u>Lane</u>	<u>Time</u>
1	Evelyn Smith (College)				3	58.59
5-4	Fr.	HS	Hayward, CA (Hayward HS)			
2	Kaneesha Pierce				4	1:02.17
3	Ellie Suderman-Tako				7	1:04.86
4	Hannay Hannah				6	1:07.85
5	Briana Wing				2	1:11.85
6	Kristine Nakada				1	1:12.94
7	Jackie Quinn				8	1:13.63

Women 400 Meter Dash

Heat: 2



<u>Place</u>	<u>Lane</u>	<u>Time</u>
1 Isis Piccillo	2	1:13.43
2 Emma Tinloy	3	1:21.07
3 Angela Boitano	4	1:24.83

Men 800 Meter Dash

Heat: 1



<u>Place</u>	<u>Lane</u>	<u>Time</u>
1 De'Andre J. Cherry (age 17)	5	2:04.96
2 Paulo Acona (College)	6	2:06.79
3 Sim Singh (age 16)	2	2:07.24
4 Adeynika Adekoyojo (age 17)	3	2:08.07
5 Dung Le-Nguyen	4	2:12.20
Sean O'Toole (age 21) DNF		

Men 800 Meter Dash

Heat: 2



<u>Place</u>	<u>Lane</u>	<u>Time</u>
1 Miguel Castro	7	2:08.60
2 Juan Gomez	3	2:09.23
3 Nathan Quave	1	2:12.75
4 Ken Sitou	4	2:25.27
5 Kevin Eng	6	2:27.20
6 Jose Cuevas	2	2:27.64
7 Kendrick Chow	5	2:34.17
8 Venancio Sandoval	8	3:14.82

Men 800 Meter Dash

Heat: 3



<u>Place</u>	<u>Lane</u>	<u>Time</u>
1 Ronald Ellis	2	2:27.51
2 Cameron Holloway	6	2:30.45
3 Searcy Barnett (Master)	1	2:33.06
4 Chris Gioia	3	2:41.15
5 Brendan Wong	5	2:51.68
6 Ian Winkle	7	2:52.51
7 Aidan Juengling B	4	2:53.14

Women 800 Meter Dash

Heat: 1



<u>Place</u>				<u>Lane</u>	<u>Time</u>
1	Amanda Thornberry (College)			1	2:25.95
6-0	So.	1V	San Jose, CA (Valley Christian HS)		
2	Jessie Mason			7	2:28.88
3	Samantha Gallimore			2	2:34.93
4	Kai Wilson			9	2:41.81
5	Eloycsia Ratliff			5	2:48.61

6 Nicole Chao	4	2:51.80
7 Kristine Kaneichi	8	2:52.72
8 Anita Hin	3	2:59.89
9 Rebecca Evans	6	3:15.22

Men 1500 Meter Dash

Heat: 1



<u>Place</u>	<u>Lane</u>	<u>Time</u>
1 Eric Lee (College; San Rafael (Sir Francis Drake HS, San Anselmo)	3	3:59.21
2 Yosef Ghebray [College; Union City (James Logan HS)]	2	4:01.73
3 Andy Perezchica (College)	4	4:08.58
4 Paulo Acuna (College)	5	4:16.12
5 Miguel Castro (HS)	8	4:19.34
6 Arran the Ultimate (HS)	9	4:25.32
7 Alex Martinez (HS)	11	4:30.78
8 Sean O'Toole (College)	1	4:33.08
9 Bing Xia (HS)	12	4:41.85
10 Keegah Richerson (HS)	10	4:53.86
11 Jagbit Kalicai (HS)	13	4:54.10
12 Ronald Ellis (Masters)	18	5:05.52
13 Chris Barnett (HS)	14	5:06.03
14 Kevin Eng (HS)	7	5:12.27
15 Bill Brusher (age 54)	15	5:14.59
16 Kendrick Chow (HS)	6	5:21.56
17 Chris Gioia (AG)	22	5:22.05
18 Mike Boitano (Masters)	17	5:35.92
19 Jim Quinn (Masters)	16	5:40.93
20 Kevin Ma (HS)	21	5:50.28
21 Corwin Shiu (AG)	19	5:53.98

Women 1500 Meter Dash

Heat: 1



<u>Place</u>	<u>Lane</u>	<u>Time</u>
1 Jackie Quinn (HS)	8	5:34.22
2 Nicole Chao (HS)	7	5:49.90
3 Tsis Piccillo (AG)	3	6:07.23
4 Emma Tinley (AG)	4	6:12.66

5 Rebecca Evans (HS)	6	6:13.21
6 Anita Hin (HS)	9	6:25.32
7 Angela Boitano (AG)	5	6:40.52
8 Sasha Yovanovich (HS)	2	8:00.94
Lisa Sandoval (College) DNF		

Mixed 3000 Meter Run

Heat: 1



<u>Place</u>				<u>Lane</u>	<u>Time</u>
1	David Torrence (College)			1	8:20.95
6-0	So.	1V	Reseda, Calif. (Loyola HS)		

2	Matt Miller (College)				5	8:42.83
	5-10	Fr.	HS	Manhattan Beach, Calif. (Loyola Prep)		
3	Dawit Tesfasilassie (College)				3	8:43.15
	5-8	Fr.	HS	Santa Rosa, Calif. (Piner HS)		
4	Eric Lee (College)				4	8:58.45
	6-1	So.	1V	San Rafael, Calif. (Sir Francis Drake HS)		
5	S. Stostes				13	9:49.87
6	Steve Kraft				6	9:57.40
7	Maja Ruznic (College)				17	10:24.88
	5-11	Sr.	3V	San Francisco, CA (Int'l Studies HS)		
8	Sim Singh				2	10:27.36
9	Rich Cucuns				7	10:27.40
10	Marie Raffray (College)				15	10:29.01
	5-5	So.	1V	Mauritius (San Dieguito Academy)		
11	Elizabeth Rose Mayeda (College)				12	10:30.03
	5-7	Jr.	1V	Aptos, CA (Aptos HS)		
12	Adokoyejr Adeyutaa				18	11:15.08
13	Bing Xia				10	11:17.75
14	Michele Rowic				11	11:21.15
15	Jackie Quinn				9	12:03.05
16	Jim Quinn				16	12:07.30
17	Kristine Kaneichi				8	13:25.50
	Jeffrey Pham DNF					

Men 60 Meter Hurdles

Heat: 1 Wind: -2.7M/S



<u>Place</u>	<u>Lane</u>	<u>Time</u>
1 Matt Chisam (42")	5	8.89
2 Will Thomas (42")	6	9.01
3 Kevin Kuethler (39")	2	9.12
4 Kirt Mavico (39")	3	9.73
Wilson Mak (39") DNF		

Women 60 Meter Hurdles

Heat: 1 Wind: -2.1M/S



<u>Place</u>				<u>Lane</u>	<u>Time</u>
1 Artensia Young (College)				5	9.27
5-11	Fr.	RS	Los Angeles, CA (Junipero Serra HS)		
2 Tifani Grimes (College)				4	9.70
5-9	Fr.	RS	Sacramento, CA (St. Francis HS)		

Mixed 4x100 Meter Relay

Heat: 1



<u>Place</u>	<u>Lane</u>	<u>Time</u>
1 Hayward (HS Boys)	5	45.10
2 Vintage (HS Girls)	3	56.17
3 Chinese Christian (HS Girls)	4	1:00.45

All high school athletes are running unattached.

Mixed 4x400 Meter Relay

Heat: 1



<u>Place</u>	<u>Lane</u>	<u>Time</u>
1 . Oakland Tech	3	3:39.27
2 Unattached Ladies A	5	4:31.95

3 Unattached A	2	4:33.44
4 Unattached Ladies B	1	5:04.80
5 Unattached B	4	5:40.43

Men's High Jump

1. Brandon Sheppard (Unattached; San Ramon Valley HS, Danville) 6-6
2. Kirk Marciel (Unattached; Castro Valley HS) 6-0
3. Vincent Ibia 5-4

High School Girl's High Jump

1. Lauren Hopfenbeck (Unattached; Castro Valley HS) 4-10

Men's Pole Vault

1. Andrew Stevens (College) 11-0

6-1	Fr.	HS	Palos Verdes, Calif. (Palos Verdes Peninsula)
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2. Jesse Baldrige (17, Unattached; Piedmont HS) 9-0

Tim Adams NH

Women's Pole Vault

1. Kerry Boyle 9-6
2. Lotus Fung 7-6
3. Stephanie Morgan 7-6
4. Nicola Garoette 7-0

Men's Long Jump

1. Vincent Ibia 7.00 22-11 _
2. Will Thomas 6.64 21-9 _
3. Matt Chisam 6.28 20-7 _

College Women's Long Jump

1. Antoinette Carter 5.61 18-5

5-7	Sr.	3V	Concord, CA (Mt. Diablo HS)
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2. Kristin Holmes 5.59 18-4 _

5-9	Fr.	HS	Claremont, CA (Claremont HS)
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3. Artensia Young 5.54 18-2 _

5-11	Fr.	RS	Los Angeles, CA (Junipero Serra HS)
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4. Tifani Grimes 5.44 18-2 _

5-9	Fr.	RS	Sacramento, CA (St. Francisc HS)
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High School Boys Long Jump

1. Jeff Ford 21-9
2. Kevin Kuechler 20-3 _
3. Aubrey Wilmot 19-10

4. Ken Sitou 16-4 _

High School Girls Long Jump

1. Erika Walker 16-11 _

Mixed Triple Jump

1. Vincent Ibia (Open) 14.55 47-9

2. Tiffany Johnson (College Women) 11.61 38- 1 _

5-6	Sr.	3V	El Sobrante, CA (Berkeley HS/U. of Maryland)
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3. Inika McPherson (College Women) 11.16 36-7 _

5-6	Fr.	HS	Port Arthur, TX (Memorial HS)
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4. Bing Xia (HS) 33- 11 _

Men's Shot Put

1. Will Thomas 14.83 48-8

2. Vern Stewart (HS) 13.51 44-4

3. Thomas Burt (HS) 13.49 44-3 _

4. Josh Snellgrove 12.54 41-1 _

5. Chris Darnell (HS) 12.09 39-8

6. Richard Lee (HS) 11.90 39-0 _

7. Bruce Giron 11.88 38-11 _

8. Matt Chisam 11.74 38-6 _

9. Gavin Cooper (HS) 11.29 37-0 _

10. Kirk Marcie (HS) 10.43 34-2 _

Master's Weight Throw

1. Gary John (Age 57) 12.36 40-6 _

High School Boys Weight Throw

1. Chris Darnell 8.90 29-2 _

Gavin Cooper four fouls

Mixed Discus

"In **all** throwing events, distances shall be recorded to the nearest 0.01m below the distance measured if the distance measures is not a whole centimetre." [IAAF Rule 187.19.]

1. John Ludden (College Men) 51.03 167-5

6-2	So.	1V	Canoga Park, Calif. (Harvard-Westlake HS)
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2. Thomas Byrd 45.86 150-5

3. Kelechi Anyanwu (College Women) 43.41 142-5

5-8	Jr.	2V	San Jose, CA (Silver Creek HS)
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4. Daisy Van Ravenswaay (College Women) 41.51 136-2

6-3	So.	TR	Ontario, Canada (Cayuga Sec./Unv. of Connecticut)
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5. Will Thomas 40.70 133-6

6. Matt Chisam 39.42 129-4

7. Bruce Giron 35.80 117-5

8. Jay-Marie Hill 35.32 115-10

9. Andrew Alcid 23.25 76-3
 10. Kathy Law 9.34 30-7
 Josh Snellgrove four fouls
 Emilee Strot (College Women) four fouls

6-0	Fr.	RS	Gresham, OR (Greshman HS)
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Men's Hammer

1. Ryan Frank 53.34 175-0
 2. Zach Whittington 52.03 170-8
 3. Michael Venning (Age 48) 46.16 151-5
 4. Gary John (Age 57) 31.02 101-9

College Women's Hammer

1. Carrie Johnson 51.71 169-8

5-10	Jr.	2V	Fallbrook, CA (Fallbrook Union HS)
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2. Alexandra Hunnings 41.21 135-2

5-6	Jr.	2V	North Vancouver, Canada (Argyle Secondary)
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Men's Javelin

1. Adam Burgh (College) 55.96 183-7

6-4	Jr.	1V	Yamhill, Ore. (Yamhill-Carlton HS)
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2. Jon Pearlstone 49.27 161-7
 3. T.J. Fisher 45.42 149-0
 4. Andy Sinotte (College) 44.57 146-2

6-0	So.	1V	Warwick, R.I. (Bishop Hendricken HS)
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College Women's Javelin

1. Daisy Van Ravenswaay 44.40 145-8

6-3	So.	TR	Ontario, Canada (Cayuga Sec./Unv. of Connecticut)
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2. Emilee Strot 43.94 144-2

6-0	Fr.	RS	Gresham, OR (Greshman HS)
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High School Boy's Javelin

1. Colin Kennedy 43.67 143-3
 2. Kevin Kuechler 39.94 131-0