

## PAUSATF 3000m Championships: South Lake Tahoe, CA: 10 August 2014

First Name	Last Name	Age	Sex (M/W)	Team	USATF Pacific Association?	Time	Place by speed	Age Graded %	Place by Age Graded %
Karen	Stoyanowski	59	W	Sierra	yes	18:10.5	W1	78.24%	1
Nicolle	Goldman	55	W	Sierra	yes	19:23.2	W2	70.44%	8
Susan	Mears	59	W	PRO	yes	19:41.6	W3	72.21%	5
Paula	Mendell	64	W	Sierra	yes	20:04.4	W4	74.97%	4
Trish	Caldwell	68	W	Sierra	yes	22:24.1	W5	70.68%	7
Doris	Cassels	75	W	Marin	yes	22:38.4	W6	77.50%	3
Helen	Storrs	48	W	Sierra	yes	22:53.8	W7	56.05%	14
Connie	Lombardo	53	W	Sierra	yes	26:51.3	W8	49.91%	15
Alex	Price	32	M	PRO	yes	16:17.4	M1	65.11%	12
Mark	Green	58	M	Unattached	yes	16:39.2	M2	77.67%	2
Marc	Kaiser	28	M	PRO	yes	18:23.3	M3	57.25%	13
Bill	Penner	67	M	PRO	yes	19:43.3	M4	72.04%	6
Joe	Berendt	59	M	Sierra	yes	19:56.3	M5	65.50%	11
Joe	Anderson	75	M	PRO	yes	23:21.4	M6	67.21%	9
Dick	Petrucci	81	M	PRO	yes	25:54.6	M7	66.13%	10

**Team Results:** Team score is the average of the top 3 age grade percentages

<b>Team</b>	<b>Average Top 3</b>	<b>Points</b>
Sierra	74.63%	10 (1st, 4th, and 7th)
PRO	70.48%	8 (5th, 6th, and 9th)

The race course was the 400m all-weather track at the South Lake Tahoe Middle School (7.5 laps), at 6280' elevation.

The weather was mostly sunny and calm and about 70 degrees, with the women's race at 9:35 and men's race at 10:25.

Both races were clean (no disqualifications)

Judges: Women's race: Mark Green (chief judge), Jon Price, and Beth Price (plus Susan Porth, apprentice)

Men's race: Susan Mears (chief judge), Beth Price, Jon Price, Trish Caldwell, and Helen Storrs

And numerous other volunteers - starter, timers, recorder, runner, lap counters, ... without whom this race would not have been possible.

### **Team Name Glossary:**

Aggies = Asics Aggies Running Club

GGRW = Golden Gate Race Walkers

Marin = Marin Race Walkers

Mission = Mission Valley Track and Field Club

Pegasus = Pegasus Athletic Club

PRO = Pacific Racewalkers Organization

SCTC = Santa Cruz Track Club

Sierra = Sierra Race Walkers

SSS = Silver State Striders