

REGION 14 COMBINATION EVENTS

This is a one-time Multi-Event competition to qualify for the Junior Olympic (JO) Nationals

Meet Directors

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Saturday & Sunday, June 14 & 15, 2008
Granada High School @ Livermore, California

Top two finishers in each age group automatically qualify for the Junior Olympic Nationals. The third place finisher in each age group may also qualify if that athlete meets the required point standards. Following are the required third place point standards to advance to the JO National meet.

Age Group	Birth year to compete in this age group	Points to advance if place 3 rd
Bantam Girls	1998 or later	889
Bantam Boys	1998 or later	623
Midget Girls	1996-1997	2,400
Midget Boys	1996-1997	2,088
Youth Girls	1994-1995	2,767
Youth Boys	1994-1995	2,488
Intermediate Girls	1992-1993	3,997
Intermediate Boys	1992-1993	4,951
Young Women	1990-1991 or 1989 if you turn 18 after July 27 th	4,246
Young Men	1990-1991 or 1989 if you turn 18 after July 27 th	5,989

Competition Schedule

Saturday, June 14

- 7:00 am – Pre-registration packet pick-up / validation of 3-part JO forms
- 9:00 am – Intermediate Boys / Young Men – Decathlon
 - 100m – Long Jump – Shot Put (12 lbs) – High Jump – 400m
- 9:00 am – Bantam Boys – Triathlon
 - Shot Put (6 lbs) - High Jump – 400m
- 10:00 am – Intermediate Girls / Young Women – Heptathlon
 - 100m Hurdles – High Jump – Shot Put (4 kilo) – 200m
- 12:00 noon – Bantam Girls – Triathlon
 - Shot Put (6 lbs) – High Jump – 200m

Sunday, June 15

- 7:00 am – Pre-registration packet pick-up / validation of 3-part JO forms
- 9:00 am – Intermediate Boys / Young Men – Decathlon
 - 110m Hurdles – Discus Throw (1.6k) – Pole Vault – Javelin Throw (800g)
– 1500m
- 9:00 am – Intermediate Girls / Young Women – Heptathlon
 - Long Jump – Javelin Throw (600g) – 800m
- 9:15 am – Midget Girls – Pentathlon
 - 80m Hurdles – Shot Put (6 lbs) – High Jump – Long Jump – 800m
- 10:15 am – Midget Boys – Pentathlon
 - 80m Hurdles – Shot Put (6 lbs) – High Jump – Long Jump – 1500m
- 11:15 am – Youth Girls – Pentathlon
 - 100m Hurdles – Shot Put (6 lbs) – High Jump – Long Jump – 800m
- 12:15 pm – Youth Boys – Pentathlon
 - 100m Hurdles – Shot Put (4k) – High Jump – Long Jump – 1500m

To compete in this meet each athlete must submit the following:

- 2008 USATF membership (www.pausaf.org) number
- Copy of birth certificate
- Completed 3-part Junior Olympic advancement form (located on PA website)
 - Validation of form will occur morning of competition during registration
 - Blank forms will not be available at the meet, print your form before coming to the competition
- Money order or check made payable to PA/USATF for meet entry fees:
 - \$15 for Bantam, Midget and Youth
 - \$20 for Intermediate and Young
- Postmark for registration must be no later than Friday, June 6 and sent to:
Lee Webb
Region 14 Multis
1800 H Street
Union City, CA 94587

If you qualify to advance to the JO National meet in Omaha, NB:

- Do not leave the meet until you turn in:
 - 3-part JO advancement form with results from this meet filled in
 - Cash payment for advancement fees
 - \$20 for Bantams, Midgets and Youths
 - \$24 for Intermediates and Young
 - NOTE: If you leave this meet before paying your fees and leaving your 3-part JO advancement form you will not be able to compete at the JO National meet in this event

Important details you must keep in mind when competing:

- Attempt every event – if you do not ... you are disqualified and will have NO score
- You score points based on time, distance and heights ... NOT place
- You have 30 minutes between events, unless you all agree to start earlier
- Measurements will be in meters
- In the shot, discus, javelin, long jump ... you will only receive 3 attempts
 - Get a mark!
- The high jump bar will be raised 5 cm at a time
- The pole vault bar will be raised at 15 cm at a time
- Orders and heats will be selected randomly
- In the last event of the competition athletes will be placed according to standings at that time

Driving Directions to Granada High School
400 Wall Street, Livermore, CA 94550

- **East on I-580** – 1-580 to Livermore. Exit at Portola Avenue. Right at first signal, Murrieta Blvd. Right at third signal, Stanley Blvd. Left at first signal, Wall Street. School is on the left, drive past the school to the main parking lot.
- **West on I-580** – From Sacramento take I-5 South (past Stockton) and exit I-205 West to Tracy which becomes I-580. Exit at North Livermore and turn left to go over the freeway. Turn right on Portola. Turn left at Murrieta Blvd. Turn right on Stanley Blvd. Turn left on Wall (first stop light). School will be on the left side of the street after passing a long field. Enter the second parking lot and drive to the back of the school where the track is located

Please note: Because this meet is being hosted by the Youth Division of the Pacific Association (not by any one club) all of us, as clubs, unattached athlete families, coaches and parents, will be putting on the meet. We will have to set things up and officiate events to ensure that together we put on a first-class meet. All profits go to the PA Youth Division.

Region 14 Multi-Event Records

Age Group	Athlete	Point Total
Bantam Girls – Triathlon	Desirae Payton	1,355
Bantam Boys – Triathlon	Austin George	677
Midget Girls - Pentathlon	Cherokee Osborn	2,583
Midget Boys – Pentathlon	Rudy Barton	2,532
Youth Girls – Pentathlon	Eve King	2,848
Youth Boys – Pentathlon	Nimrod Pigee	3,009
Intermediate Girls – Heptathlon	Eve King	4,068
Intermediate Boys – Decathlon	Jason Pease	5,207
Young Women – Heptathlon	Tiffany Grimes	4,629
Young Men – Decathlon	Kyle Mills-Bunje	6,085

