



## ***Elite Athlete Training Grant***

**11.1 Purpose of the Elite Athlete Training Grant:** The Pacific Association of USATF Foundation annually provides Elite Athlete Grants for Olympic and International hopefuls competing in Track and Field, Marathon and Racewalk. Grants for training and competition are awarded to athletes that live and compete within the jurisdiction of the Pacific Association, show potential for representing the U.S. at the next Olympic Games, and demonstrate financial need.

**11.2 How is the grant administered?**

Applications are distributed and processed by the Pacific Association USATF Foundation Grant Selection Committee. General responsibility for management of the grant, including all award decisions, resides with the selection committee.

**11.3 For what purpose may the grant be used?**

Grants are intended for training and competition expenses. Examples of approved grant uses include: training costs, coaching, travel to competitions, massage, physical therapy, and other related expenses.

**11.4 Are the grants intended to pay for all training and competition costs?**

Training and competition costs vary widely. For this reason, Foundation grants are intended to provide only **partial** support.

**11.5 Who is eligible?**

- A. A member of PAUSATF and eligible to represent the USA at all levels of national and international competition
- B. Must have exhausted remaining athletic eligibility at NCAA colleges and universities
- C. Not exceed the committee's established annual income level of \$40,000 (from all sources)
- D. Have performed at an elite level in the past 24 months (e.g. met the IAAF, or Olympic Trials "A" or "B" standard)
- E. Have a clean drug testing record with no history of drug-related suspensions
- F. Compete in race walk, marathon, or track & field events that will be contested at the next Olympic Games
- G. Live at a valid residential address within Pacific Association jurisdiction and provide a government photo ID which includes the applicant's address
- H. Compete in at least one USATF sanctioned event within PA jurisdiction during the season

**11.6 If a grant is awarded, how much can an athlete expect to receive?**

The customary grant amount is \$1,000. However, smaller grants may be given for Developing Athletes who have yet to meet the desired standard. Primary consideration will be given to athletes in the following order: International A standard, International B standard, Olympic Trials A standard, Olympic Trials B standard, and developing athletes if funds are available.

**11.7 How does an athlete apply?**

Athletes must complete the attached application, personal essay, and include a letter of recommendation. The application will be available January 1 and the completed application must be submitted via (First Class mail, UPS, etc.) by February 15<sup>th</sup> of the current year, to the following address:

Pacific Association USATF Foundation  
Elite Athlete Training Grant  
120 Ponderosa Court  
Folsom, CA 95630  
[president@pausatffoundation.org](mailto:president@pausatffoundation.org)

**11.8 What should be included in the essay?**

The essay should address why you are a worthy grant recipient. In particular, you should explain:

- A. Your competitive goals for the next year and for the Olympiad.
- B. Your background in the sport, including competition results.
- C. Your financial need or circumstances affecting the athlete's ability to train and compete.
- D. How this grant, if awarded, would "make a difference".
- E. What it means to be able to practice and participate in your sport or event.

**11.9 Who should write the letters of recommendation?**

This is entirely up to the athlete but teachers, coaches, and employers are good choices since they can usually comment on the athlete's overall character, achievement, and potential. The letters of recommendation must contain the name, address, and telephone number of the writer.

**11.10 When will applicants be notified?**

The selection committee meets to review the applications in late February. We anticipate that decisions will be finalized by March 15th of the current year. Applicants will be notified by mail and email confirmation, if available.

**11.11 Terms and Conditions of Grant**

An award will be paid in one installment. If selected, the applicant will receive the award with a notification letter. An acknowledgement of acceptance from the athlete must be returned to the Foundation along with the athlete's competition schedule which includes at least one USATF sanctioned meet within the Pacific Association jurisdiction. Examples of meets that are historically sanctioned are: Stanford Invitational Open, Brutus Hamilton Invitational, Payton Jordan Invitational, and Pacific Association T&F Championships, and

the PAUSATF LDR Grand Prix Series. At the completion of your-competitive season you will be asked to submit an update of your progress and how you were able to accomplish your athletic goals with the help of the grant you were awarded.

The Pacific Association salutes your efforts and hard work in pursuing your athletic goals. Please email any questions to the Foundation President at: [president@pausatffoundation.org](mailto:president@pausatffoundation.org)

## Elite Athlete Training Grant Application Form

Applications must be received by close of business on February 15<sup>th</sup> of the current year.

Name \_\_\_\_\_ Gender \_\_\_\_ Male \_\_\_\_ Female

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Social Security Number \_\_\_\_\_ Date of Birth \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_ Email: \_\_\_\_\_

Sport/Event: \_\_\_\_\_ USATF Membership Number: \_\_\_\_\_

**Have you met the IAAF or Olympic Trials standard in the past 24 months? (Check one)**

☐ IAAF "A" Standard   ☐ Olympic Trials "A" Standard   ☐ National Championship Standard

☐ IAAF "B" Standard   ☐ Olympic Trials "B" Standard

Event \_\_\_\_\_ Date of Performance \_\_\_\_\_

Result \_\_\_\_\_

Location of Performance \_\_\_\_\_

**Order of finish at USA Championships:**

Event: \_\_\_\_\_ (One yr. prior) \_\_\_\_\_ (Two yrs. prior) \_\_\_\_\_

Event: \_\_\_\_\_ (One yr. prior) \_\_\_\_\_ (Two yrs. prior) \_\_\_\_\_

**International Teams: (Olympic, World Championship, Other Team USA event):**

Year: \_\_\_\_\_ Team: \_\_\_\_\_

Year: \_\_\_\_\_ Team: \_\_\_\_\_

Year : \_\_\_\_\_ Team: \_\_\_\_\_

**Are you a college graduate?** Yes\_\_ No\_\_ Name of School: \_\_\_\_\_

Year of Graduation: \_\_\_\_\_ Degree(s) Held: \_\_\_\_\_

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**Do you have a clean drug testing record with no history of drug-related suspensions?**

Yes\_\_\_\_ No\_\_\_\_

## Income & Expense

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**Income**

(Previous Year) Income

(Estimated Current Year) Income

Prize money, appearance fees

commercial contracts, shoe contracts,

Grand Prix, etc.

\$ \_\_\_\_\_

\$ \_\_\_\_\_

Grants, scholarships, etc.

\$ \_\_\_\_\_

\$ \_\_\_\_\_

Primary employment (full or part-time)

\$ \_\_\_\_\_

\$ \_\_\_\_\_

Gross Annual Income

\$ \_\_\_\_\_

\$ \_\_\_\_\_

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**Expenses**

(Previous Year) Expenses

(Estimated Current Year) Expenses

Travel, transportation

(competition &amp; practice)

\$ \_\_\_\_\_

\$ \_\_\_\_\_

Coaching, therapy, massage

\$ \_\_\_\_\_

\$ \_\_\_\_\_

Equipment, uniforms, supplements

\$ \_\_\_\_\_

\$ \_\_\_\_\_

Other ( \_\_\_\_\_ )

\$ \_\_\_\_\_

\$ \_\_\_\_\_

Expense Total

\$ \_\_\_\_\_

\$ \_\_\_\_\_

**Reminder: Athlete is required to submit an essay and a letter of recommendation as part of this application. Applications must be complete to receive consideration.**

☐ Application Completed?      ☐ Essay Completed?      ☐ Letter of recommendation  
Included?

**Certification**

I certify that I am a U. S. citizen and that the information on this form is true and complete to the best of my knowledge. I also certify that I am drug free and not currently the subject of an anti-doping official investigation, nor have I been sanctioned for an anti-doping violation in the past. I agree to repay the grant in full if I do not complete the terms of the grant. If asked by or on behalf of the Pacific Association of USATF Foundation, I agree to provide documentation in support of information on this form.

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**Applicant (Signature)**

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**Applicant (Printed Name)**

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**Date**

Pacific Association USATF Foundation  
Elite Athlete Training Grant  
120 Ponderosa Court  
Folsom, CA 95630