Umoja Track Club Sectional Meet

NOTE: Enter seed times/distances in event columns

Athlete Name	Birth Date	80 100 110H	200 400H	5000 3000	100	200	400	800	1500	1500 3000 RW	4x1	4x4	4x8	LJ	SP	Mini JV	HJ	TJ

# of athletes _____ x $6.00 = $ _____Team Name _____ Coach's Name _____ Phone# _____