



# Western Regional 5,000M Race Walk PA Grand Prix Championship USA Track and Field



**Sunday, April 29, 2007**

**9:30 am 5K Walk—Men's  
10:15 am 5K Walk—Women's**

**Soquel HS Track  
Soquel, CA**



SCTC Awards to the top 3 places in each division for both male and female.

USATF awards will be awarded to the top three male and female walkers. For these awards, must have a valid USATF Number.

**Directions:** Take Bay Avenue exit off Hwy 1, Go North on Porter Avenue, Porter then becomes Old San Jose Road just past Soquel Avenue. 1/4 mile north, turn left at the first light into the parking lot of the school.

**Divisions:** Youth (18 & Under), Open (19 - 39 years), Masters (40 years and above).

Open and Masters Divisions will be in 5 year age groups.

**Entry fees:**

- \$20.00 for pre-registered walkers
- \$25.00 registration race-day
- \$ 5.00 for each additional lunch for guest

Pasta/Salad Lunch to be served after the event.

Make Checks payable to **Santa Cruz Track Club**  
Race held rain or shine. NO REFUNDS!

**Pre-register by: Friday, April 27, 2007**



**Mail form and entry  
fee to:**

Becky Klein  
324 Alta Vista Dr  
Santa Cruz, CA 95060

Phone: 831-425-1205  
Email: [boopwalk@comcast.net](mailto:boopwalk@comcast.net)

Name \_\_\_\_\_

Birthdate \_\_\_\_\_

Address \_\_\_\_\_

Age on race day \_\_\_\_\_

Phone \_\_\_\_\_

Male     Female

T&F Club Affiliation: \_\_\_\_\_

\_\_\_\_\_ # of additional lunches

PA/USATF #: \_\_\_\_\_

**Waiver:** In consideration of the acceptance of my entry. I do hereby, for myself, my heirs, executors and administrators, or anyone else who might claim on my behalf, waive, release and forever discharge any and all rights and claim for damages which I may have or which may hereafter accrue to me against the Santa Cruz Track Club, The Pacific Association or USATF; Soquel H.S.; the race directors; organizers and volunteers; or their respective officers, agents, representatives, successors, and/or assigns; from any and all damages which may be sustained and suffered by me in connections with my said participation or arising out of my traveling to, participating in and returning from said event. This event is sanctioned by the Pacific Association. All athletes entered in any USATF sanctioned completion are subject to drug testing in accordance with USATF & IAAF RULES.

Signature: (Signature of parent or guardian if under 18 years of age.) \_\_\_\_\_

Date \_\_\_\_\_