



## Event Details

- Sanctioned USATF cross country race for youth
  - 3<sup>rd</sup> cross country meet of the Pacific Association USATF youth season
- Date: Sunday, October 8, 2006
- Time:
  - 8:00 am - Registration
  - 9:00 am – Course walk through
  - 10:00 am – Sub-Bantams race begins (after the last runner has completed the race for this age division the next age division, Bantam, will commence and so on)
- Location: Beals Point, Folsom Lake SRA
  - RETC will host a snack bar
  - Lake access for swimming after your race
  - Built in bathrooms (no port-a-potties!)
- Registration Fee: \$6 per athlete
- Parking Fee: \$5 per vehicle; additional fee if you bring a boat
- Awards
  - Ribbons to top 6 finishers in each age bracket (excluding Open) & boy / girl group
    - Open age bracket – ribbons to top 6 finishers born 1988-1991

Age Group	Year Born	Race Distance
Sub-Bantam	1998 or after	2K
Bantam	1996-1997	3K
Midget	1994-1995	3K
Youth	1992-1993	4K
Open	1991 or before	5K

- Competition brackets based on birth year
- Boys and girls in each age group will race together but score separately
- Race course is moderately hilly

## Registration Process

- Cost per athlete: \$6.00 (cash, check or money order)
- Pre-registration requested but same day registration available
- Mail registration form and fees to:
  - Roseville Express Track Club  
1442 Deerfield Circle  
Roseville, CA 95757

## Driving Directions

- From Modesto / Stockton area
    - Take Highway 99 North to Sacramento. Exit Highway 50 West towards Lake Tahoe. Take the Folsom Blvd. exit and go left (under the freeway). Keep going straight for approximately 7 miles (approximately 4-5 miles down the road you'll cross a bridge and the street name will change to Folsom-Auburn Rd.) Turn right at the stop light for Beals Point (park entrance). Follow the main park road till it dead-ends at a parking lot and look for signs for the race
  - From the Bay area
    - Take I-80 West to Roseville. Just as you reach Sacramento take Highway 50 West towards Lake Tahoe. Follow directions above from the Folsom Blvd. exit.
  - From Reno
    - Take I-80 East to Roseville. Take the Douglas Blvd. exit and turn left, going over the top of the freeway. Stay on Douglas Blvd. for approximately 5 miles. Turn right on Auburn-Folsom Rd. and travel for 2 miles. Turn left at the park entrance (stop light) and follow the main park road till it dead-ends at a parking lot and look for signs for the race

## Questions

- Contact Maura Kent if you have any questions or would like hotel information
    - E-mail: [bookoutgen@yahoo.com](mailto:bookoutgen@yahoo.com)
    - Phone: 916-786-7288
    - Web: [www.eteamz.com/RosevilleExpress](http://www.eteamz.com/RosevilleExpress)

## Registration Form

