



Youth Invitational

May 24 & 25, 2008

Galena HS Track Complex - Reno, Nevada

Event Fact Sheet

Entry Fee: \$4 per Event; \$16 per Relay

Entry Forms: Online registration at www.ezmeets.com. Use USATF Pacific Association Team 4-Digit Code for team entries. Unattached athletes register as UNA. Club Codes can be found at www.pausatf.org under "Youth" and "Club Manager". Four Events per Athlete.

Entry Deadline: May 19, 2008 at 12 Midnight.

Age Groups: **Bantam** Born 1998 or 1999 **Midget** Born 1996 or 1997 **Youth** Born 1994 or 1995 **Intermediate** Born 1992 or 1993 **Young M/W** Born 1990 or 1991 (1989 if 18 on July 30). Athletes must compete only in their own age group.

Track Events by Age Groups: **Bantam** - 100m, 200m, 400m, 800m, 1500m, 4x100m Relay, 4x400m Relay, 1500m Racewalk, High Jump, Long Jump, Shot put (6 lbs), Javelin (300g) **Midget** - 100m, 200m, 400m, 800m, 1500m, 3000m, 80m Hurdles (30" high), 4x100m Relay, 4x400m Relay, 4x800m Relay, 1500m Racewalk, High Jump, Long Jump, Shot Put (6 lbs), Discus Throw (1k), Javelin Throw (300g) **Youth** - 100m, 200m, 400m, 800m, 1500m, 3000m, 100m Hurdles (Girls - 30" high, Boys - 33" high), 4x100m Relay, 4x400m Relay, 4x800m Relay, 3000m Racewalk, High Jump, Pole Vault, Long Jump, Triple jump, Shot Put (Girls - 6 lbs, Boys - 4k) Discus Throw (1k), Javelin Throw (600g) **Intermediate** - Same as Youth plus 100m Hurdles (Girls/33"), 110m Hurdles (Boys/39) 400m hurdles (Girls/30" - Boys/36"), Shot Put (girls 4k/boys 12 lbs), Discus Throw (girls 1k/boys 1.6k), Javelin Throw (girls 600g/boys 800g) **Young** - Same as Intermediate.

Packet Pick-Up: Saturday, May 24th at 7 AM at the Galena HS Track Complex.

Athlete Check-in: The meet will be run with a Rolling Schedule. Athletes will receive first, second and third calls and must be in the bullpen staging area or field area at third call.

Results: Results will be posted behind the press box as they become available.

implements: Meet management will provide implements except javelins. All personal implements are to be checked by Weights and Measures upon arrival by the athletes. Approved personal implements will be allowed in the competitions.

Awards: Gold, Silver and Bronze Medals to top three finishers in each event. Medals may be signed for by coaches, parents or athletes upon posting of event results.

T-Shirt Concessions: T-Shirts and Event souvenirs will be available at the meet. Special \$10 Event T-Shirts for first 100 sold.

Stadium Rules: Tents on top row of stands only. Tents blocking the vision lines from the press box to the finish line will need to be moved. Alcohol is not permitted on the premises. Smoking is not allowed at the meet. Warm-ups are not allowed on the track or infield. 1/8" pyramid spikes for all track & field events.

Directions to Galena HS: From California and North Reno: Take I-80 to I-395 South. I-395 South to Exit 54. Take ramp right on to Hwy 431 (Mt. Rose Highway), at the first traffic signal turn left onto Butch Cassidy Dr. Follow Butch Cassidy until you reach the high school. Turn left into the first school parking lot.



Youth Invitational
Galena HS Track Complex
Reno, Nevada
Order of Events - Rolling Schedule

Saturday, May 24th

Track Events
(Age Groups in Order - 9:30 AM Start)

3000 Meter Run Finals - Midget through Young Men
4 x 800 Meter Run Finals - Midget through Young Men
200 m Dash Trials - Bantam through Young Men
1500m Racewalk Finals - Bantam, Midget
3000/5000m Racewalk Finals - Youth - Young M/W
800m Run Finals - Bantam through Young Men
200m Dash Finals - Bantam through Young Men
80m Hurdle Trials - Midget
100m Hurdle Trials - Youth Girls through Young Women
100m Hurdle Trials - Youth Boys
110m Hurdle Trials - Intermediate Boys and Young Men
400m Dash Finals - Bantam through Young Men

Field Events
(Age Groups in Order - 9 AM Start)

Long Jump - Bantam Girls, Bantam Boys, Youth Girls, Youth Boys, Midget Girls, Midget Boys, Intermediate Girls, Intermediate Boys, Young Women, Young Men
High Jump - Youth Girls, Youth Boys, Intermediate Girls, Intermediate Boys, Young Women, Young Men

Javelin - Youth Girls, Youth Boys, Intermediate Girls, Intermediate Boys, Young Women, Young Men

Shot Put - Young Women, Young Men, Intermediate Girls, Intermediate Boys, Youth Girls, Youth Boys, Midget Girls, Midget Boys, Bantam Girls, Bantam Boys

Pole Vault - Youth Boys, Intermediate Boys, Young Men

Sunday, May 25th

Track Events
(Age Groups in Order - 9:30 AM Start)

4 x 100m Relay Finals - Bantam through Young Men
1500m Run Finals - Bantam through Young Men
400m Hurdle Finals - Int. Girls/YW, Int. Boys/YM
100m Dash Trials - Bantam through Young Men
80m Hurdle Finals - Midget
100m Hurdle Finals - Youth Girls, Int. Girls, YW
100m Hurdle Finals - Youth Boys
110m Hurdle Finals - Intermediate Boys, Young Men
100m Dash Finals - Bantam through Young Men
4 x 400m Relay Finals - Bantam through Young Men

Field Events
(Age Groups in Order - 9 AM Start)

Triple Jump - Youth Boys, Youth Girls, Intermediate Boys, Intermediate Girls, Young Men, Young Women

High Jump - Bantam Girls, Bantam Boys, Midget Girls, Midget Boys

Mini-Javelin - Midget Girls, Midget Boys, Bantam Boys, Bantam Girls

Discus - Midget Girl, Midget Boy, Youth Girl, Youth Boy, Intermediate Girls, Intermediate Boys, Young Women, Young Men

Pole Vault - Youth Girls, Intermediate Girls, Young Women

**** For Sub-Bantam events go to page 3**



Youth Invitational

Sub-Bantam

The following events will be held for sub-bantam boys and girls:

100m

200m

400m

800m

4x100

Long Jump

Please enter these athletes separately via email to paulheglar@yahoo.com as they won't be available on ezmeets.