



# C. A. Track Club Youth Meet

March 22, 2008

**LOCATION:** Skyline High School, 12250 Skyline Blvd, Oakland

**TIME:** All field events will begin at 8:00am and running events will begin at 9:00am

## ELIGIBLE ATHLETES:

<u>Age Division</u>	<u>Birth Year</u>
Sub Bantam	2000+
Bantam	1998 to 1999
Midget	1996 to 1997
Youth	1994 to 1995
Open	1990 to 1993

## ORDER OF EVENTS:

### Running Events:

- 1500M Racewalk (Bantam – Midget)
- 3000M Racewalk (Youth – Open)
- 4x100 Relay
- 1500M
- 80H/100H/110H (Midget – Open)
- 100M
- 800M (Bantam – Open)
- 200H (Youth Girls/Boys)
- 400M
- ★ Coaches/Parent Relay ★
- 200M
- 3000M (Midget – Open)
- 4x400 Relay

### Field Events (3 attempts):

- Long Jump
- Triple Jump (Youth – Open)
- Shot Put (Bantam – Open)
- Discus (Midget, Youth, Open)
- High Jump (Bantam – Open)
- Mini Jav (Bantam, Midget)

**REGISTRATION & ENTRIE FEES:** Registration and meet entries should be completed at [www.coacho.com/meet/entry/ca\\_catc/](http://www.coacho.com/meet/entry/ca_catc/). You must enter your USATF or AAU member identification number to register. The deadline for all entries is midnight, Saturday, **March 15<sup>th</sup>**.

There will be **NO** day of meet entries!

All entries made by the deadline will be returned for verification (via email) by Tuesday, March 17<sup>th</sup>. Any changes/corrections necessary **MUST** be returned via email to [adibrell@pacbell.net](mailto:adibrell@pacbell.net) by **5pm Thursday, March 19<sup>th</sup>**.

Entry fee is **\$6.00 per athlete**. Fees may be paid online or mailed to the address below. Personal Checks will not be accepted. Late entry fees are \$10.00 per athlete. There will be a \$25 fee added to any returned checks. Payments should be postmarked **by March 15<sup>th</sup>** to

C. A. Track Club  
360 Grand Ave, Suite 73  
Oakland, CA 94610

**CHECK IN:** There will be a 1<sup>st</sup>, 2<sup>nd</sup>, and Final Call for all events (running and field). All participants **MUST** check in with the clerk of the course by the Final Call. Any athlete not checked in by the Final Call, will be scratched from the event.

**COACHES MEETING:** The Coaches meeting will begin promptly at 8:00am on the field. Every team will need to send one spokesperson for their team for day of meet scratches.

**RESULTS:** All results will be posted following each event, at the top of the bleachers. The results will also be available after the meet at [www.catrackclub.com](http://www.catrackclub.com).

**AWARDS:** Ribbons will be awarded to all finishers.

**CONCESSIONS:** Snack bar will be available.

**MEET DIRECTOR:** If you have any questions, contact Aliya Dibrell at [adibrell@pacbell.net](mailto:adibrell@pacbell.net) or (510) 220-4721

Tents will be allowed only at the top of the stands.

**DIRECTIONS:**

FROM THE SOUTH BAY:

Take I-880N toward Oakland. Merge onto I-238E Merge onto I-580W to Oakland. Merge onto CA-13N toward Berkeley. Take the Carson St exit. Turn RIGHT on Redwood Rd. Turn RIGHT onto Skyline Blvd. Take the first LEFT into the school at the light. Parking is past the track on the left.

FROM THE NORTH BAY:

Take I-80E towards Oakland. Merge onto I-580E. Take the 35<sup>th</sup> Ave exit. Turn LEFT onto 35<sup>th</sup> Ave which will turn into Redwood Rd. Turn RIGHT onto Skyline Blvd. Take the first LEFT into the school at the light. Parking is past the track on the left.