



California Interscholastic Federation

CENTRAL COAST SECTION

6830 Via Del Oro, Suite 103, San Jose, CA 95119

Phone: 408-224-2994 Fax: 408-224-0476 <http://www.cifccs.org>

October 18, 2007
FOR IMMEDIATE RELEASE

Contact: Steve Stearns,
Ass't. Commissioner

STEVE FILIOS AND RICK MILAM HONORED AS RECIPIENTS OF 2007 CCS DISTINGUISHED SERVICE AWARD

The Executive Committee of the CIF-Central Coast Section Board of Managers has selected **Steve Filios**, of St. Francis High School in Mountain View and **Rick Milam**, long-time Track & Field Meet Director in the Central Coast Section, as recipients of the *2007 Central Coast Section Distinguished Service Award*.

The *Central Coast Section Distinguished Service Award* is intended to honor those individuals who have made outstanding contributions to the Central Coast Section and the California Interscholastic Federation over a period of years. This premier award is reserved for truly outstanding individuals who have made personal and professional sacrifices in order to promote, develop and positively influence interscholastic athletics.

Steve Filios has been teaching and coaching at St. Francis High School for 30 years. In his second year of coaching he became a Co-Director of CCS Regional Track & Field Meets and helped to establish the St. Francis-Foothill Track Carnival, which later became the St. Francis Track Invitational. Soon thereafter, Steve began assisting our other 2007 Distinguished Service Award winner, Rick Milam, at the CCS Top-8 Invitational. In 1992, he became Head Basketball Coach at St. Francis, and during that same year, he took over for Ken Johnson as the CCS Track & Field Meet Director, a position he still holds today. Steve has served the CCS as a Representative on the State CIF Track & Field Advisory Committee and as Chairperson of the CCS Track & Field Sport Committee. In 1991, Steve was selected as the CCS Honor Coach for Track & Field, and in 1996, he was again selected as an Honor Coach, but this time for Boys Basketball. This last year, Steve was designated the Central Coast Section's CIF Model Coach-of-the-Year, and was recognized as such at the State CIF Basketball Championships in Sacramento.

Rich Milam was the Cross Country and Track & Field Coach at Homestead High School in Cupertino for 12 years before moving into private industry in 1983. While at Homestead, he coached 16 Championship teams and a CCS Championship Cross Country team. Since leaving Homestead, Rick has coached at the Community College level and worked for several years in the field of Sports Psychology with Dr. Bruce Ogilvie at San Jose State University. Adding to his resume, Rick also worked extensively with the US Olympic Track & Field, Volleyball, Swimming and Gymnastics Teams, as well as various teams in the NFL and NBA, the US Figure Skating Association, US National Hammer Throwing Team and US Women's Cycling Team. Currently the Director of Sales for NBN Sports, Inc., Rick keeps himself even more busy organizing and helping out at several road races, all-comers meets, invitationals and League and Section Meets. He is currently the Co-Director of the Top-8 Track & Field Meet, as well as the CCS Track & Field Championships. Rick also serves as the League Secretary for the SCVAL.