

ATHLETE'S RELEASE

I wish to compete in the Cross Country Meet sponsored by the Pleasanton Heat. In consideration of your allowing me to compete, I, intending to be legally bound, for myself, my parent(s) and/or guardian(s), and my heirs, executors, and administrators do hereby waive and release forever any and all rights and claims for damages I may accrue against the Pleasanton Athletic Club, Pleasanton Heat, East Bay Regional Park District and the City of Pleasanton, and any other person, organization or official affiliated with this meet, as well as their representatives, successors and assigns for any and all injuries arising from any participation in and/or traveling to or from this meet. I attest and verify that I am physically fit and have read and understand all of the above.

Athlete's Name _____

Parent's or Guardian's Signature _____

Year of Birth _____

Date: _____

Boy _____ Girl _____

Division: Sub-Bantam (1997+) Bantam (95-96) _____ Midget (93-94) _____ Youth (91-92) _____

Open (87-90) _____

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