

The Saints are Marching In...

Stockton Saints Track and Field Club

Stockton Saints Track and Field Club hosts
our First Sanctioned Sectional PA/USATF Youth T&F Meet

Rain or Shine

Saturday, April 12th 2008
Bear Creek High School
10555 Thornton Road, Stockton 95209

What do you need to know?

- Cost: \$6 per athlete (money order only, no club or personal checks accepted) no refunds
- Mail To: SSTC, 2494 Plymouth Oaks Court, Stockton, CA 95204
- Awards: Medals to Top 3 overall while Top 6 in each heat / flight will receive a ribbon (given after each heat is completed)
- Results: Results will be posted within 30-minutes after each event is over and on the PA/USATF website within 2-days after the meet is completed
- Snack Bar: SSTC will provide a snack bar with hot meal-deals for breakfast & lunch (school does not allow BBQs to be brought on campus)
- USATF Membership: PA/USATF Board voted that beginning with the 2007 T&F season all youth athletes must join PA/USATF before they can compete in a sanctioned USATF meet. Join before coming to the meet or at the meet.
- NOTE: If a club is not a registered 2008 club in good standing then all athletes associated with that club will need to transition to another club or compete unattached. If the athlete chooses to compete unattached then they should not wear their club uniform (simple as turning it inside out if necessary)
- Registration: Online registration must be received by midnight April 5th 2008. Same day registration = \$12 per athlete and not accepted after 7:00 am morning of the meet. Check the SSTC website (www.eteamz.com/StocktonSaints) to confirm unattached and club entries have been received. Use Club Manager to submit entries via Alicia at stocktonsaints@yahoo.com.
- NOTE: If you have never used Club Manager before contact Charlie Sheppard at charlie.sheppard.home@worldnet.att.net or 408-629.2617 to obtain a copy of the software and instructions how to load and use it on your computer.
- Relays: An unattached athlete may not compete on a relay team (this is a USATF rule); clubs attending the meet are requested to provide 1-2 officials at the time of the relays to assist with relay exchange zone judging (meet at the

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finish line prior to the start of the first relay); remind your athletes to pull their tape from the track after they complete a relay exchange

- Seeding: Our best efforts will be made to seed heats so that two athletes from the same club will not be in the same heat. Since this is a sectional meet seeding times / distances are not necessary when you register
- Last heat of each age group in 100m, 200m and 400m is fast heat. If you have a youth athlete that should be in the fast heat ensure you instruct your athlete to notify the clerk area when they check in
- Volunteers: SSTC will be providing all volunteers to run this meet. We want coaches and parents to be able to focus on coaching & cheering everyone as they compete; however, if you see an area that is struggling bring it to the attention of the meet director or jump in and help
- Access to infield: No coaches or parents on infield except coaches clearly displaying 2008 PAVUSATF membership ID cards and assisting Sub-Bantam and Bantam long jumpers setting marks. Coaches must leave when the event begins
- Questions: Contact Alicia Kirton-Loung @ stocktonsaints@yahoo.com or (209) 298-4678
- Dogs: School does not allow dogs on campus

Driving Directions

- From Reno: Take I-80 West towards Sacramento. Take the exit onto CA-99 S/I-5 S toward Los Angeles/Sacramento Continue to follow I-5 S. Take exit 481 for Eight Mile Rd. Turn left at W Eight Mile Rd. Turn right at Thornton Rd. Bear Creek will be on the Right at the corner of Thornton Road and Whistler Blvd.
- From San Francisco: Take I-80 East toward Oakland/Bay Bridge. Take the exit onto I-580 E toward Downtown Oakland/Hayward-Stockton/CA-24. Continue straight onto I-205 E (signs for I-205/Tracy/Stockton). Take the exit onto I-5 N. Take exit 481 for Eight Mile Rd. Turn Right at W Eight Mile Rd. Turn right at Thornton Rd. Bear Creek will be on the Right at the corner of Thornton Road and Whistler Blvd.
- From Modesto: Take I-99 North. Take exit 254A to merge onto CA-4 W toward Downtown Stockton/I-5. Take the exit onto I-5 N. Take exit 481 for Eight Mile Rd. Turn Right at W Eight Mile Rd. Turn right at Thornton Rd. Bear Creek will be on the Right at the corner of Thornton Road and Whistler Blvd.

Meet Timeline

- Packet pick-up can begin at 7:30 am
- Club coach's / Unattached parents meeting (infield @ the finish line) 8:30 am
- Running events begin 9:00 am
- Field events begin 9:00 am

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Age Groups

Age Group	Birth Year	Age Group	Birth Year
Sub-Bantam	2000 or later	Youth	1994-1995
Bantam	1998-1999	Open	1990-1993 (1989 if 18 on or before July 27)
Midget	1996-1997		

Order of Events

- Depending on number of athletes in each event the Race Walks and 3000m/ 5000m runs may have all age groups compete in one heat, during designated time in schedule. Additional races could be combined depending on number of athletes.

Order of running and field events are Girls then Boys

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Running Events

- 80m Hurdles (Midget)
- 100m Hurdles (Youth, Y/Open Women)
- 110m Hurdles (Open Men)
- 1500m Race Walk (Bantam, Midget)
- 3000m Race Walk (Youth – Open)
- 4x200m Relay (all age groups)
- 50m Dash (SubBantam Only no pre-registration or timing, ribbons for all participants)
- 1500m Run (Bantam – Open)
- Roll call of all attending clubs
- At this time in the meet the announcer will call each club by name and the club has a chance to raise their voice in support of their club ... a shout out will also be given for all unattached athletes
- 100m Dash (all age groups)
- 400m Run (all age groups)
- 3000m Run (Midget – Open Women)
- 200m Dash (all age groups)
- 800m Run (Bantam – Open)
- 4x400m Relay (all age groups)
- 4x100m Relay (all age groups)

Field Events

- Javelin / Turbo Javelin (Y, O, B, M)
- Discus (O, Y, M)
- Shot Put (B, M, Y, O)
- High Jump (O, Y, M, B)

At this time we cannot offer the long jump or triple jump because the jumping pits are not ready for use at the high school. If that changes within two weeks of our meet, we will let all the registered clubs know so they can make the necessary changes if need be. Thanks for your understanding.