

MENU OF NOVEMBER-2017

Day	Breakfast	Lunch	Dinner
Monday	Wada Pao, Sauce, Banana, Sprouts	Maa Ki daal, Rice, Veg Tawa (Bean+Carrot+Spring Onion) fry, Roti, Samber, Bundi Raita	Veg Kofta, Arhar Daal, Roti, Rice, Halwa, Rasam
Tuesday	Poha (pyaj+tomato+namkeen), Gobi-Pyaj Parata, Green chutney, Banana	Curry Pakoa, Aloo Zeera Dry, Masoor Daal, Rice, Roti, Samber, Salad	Lobia Daal, Peas Pulao, Mix Veg (20% aloo), Roti, Rice, Samber, Tometo Soup.
Wednesday	Palak Poori , Aloo-Matar+Green Dhania Subji, Banana, Sprouts	Chana Daal Tadka, Jeera Rice, Cauliflower Tometo Dry , Roti, Rice, Rasam, Salad	Paneer Butter Masala/Kadai Paneer/Chicken Gravy Masala/Chilli Chiken, Daal Makani, Veg Briyani, Salad, Ice Cream/Rasogulla, Rice, Parata
Thursday	Masala idli / idli, Wada (2 pices), Coconut Chutney, Samber, Banana	Yello Moong Daal Cabbage +Tometo + Matar Dry subji, Roti, Rice, Salad, Rasam	Chola Masala, (Dry), Green Moong Chilka Daal, Puri, Kheer (with dry fruits), Rice, Samber
Friday	Aloo Onion Paratha, Green Chutney, Veg-Fried Maggi, Banana, Sprouts	Green Banana Dry, Rajma masala, Roti, Fried Rice, Samber, Chips	Chow-Chow+Tometo, Moth Daal, French Fry, Roti, Rice,
Saturday	Fried Onion Masala/Mysore Masala Dosa, Sambhar, Coconut+groundnuts Chutney, Banana	Urad Chana Daal, Aloo + Green Palak + Green Leaves, Roti, Rice, Rasam, Salad	Dry Veg Manchurian, Soyabeen Daal, Fried Rice, Roti, Papad(2 Pcs)
Sunday	Masala Dosa, Sambhar, Coconut Chutney, Banana, Sprouts	Khichdi (Moong+Rice), Chach, Panchratan Daal, Green Beans Dry Subji, Rice, Roti, Samber	Chilli Soyabeen dry, Triveni Daal, Roti, Rice, Samber, Dhali Wada, Sweet imlee Chutney

Mess Time Table

Monday-Friday	7:30 am-10:00 am	12:00 pm-2:10 pm	8:00 pm-10:15 pm
Weekends/Holidays	8:00 am-10:15 am	12:10 pm-2:30 pm	8:00 pm-10:30 pm

Extra Items: Pure Milk, Pure Milk Tea, Curd (Poorbi Dairy, Amul Taza), Egg Curry, Chicken, Paneer, Fish (Will be served daily as per availability) Brown Bread, Amul Butter, Kissan Sauce and Jam: Available at the Respective Counter

Mess Convener

Mess Manager

Shatrudhan Palsaniya +918812061987