

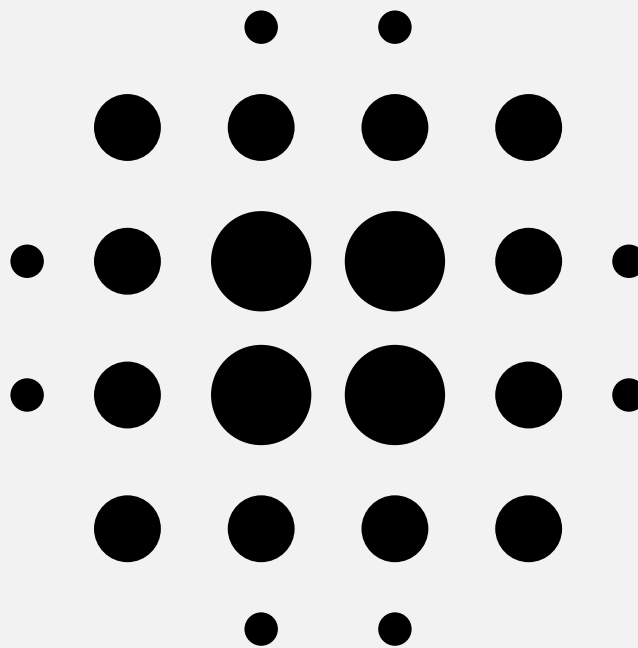


**Bharath**  
INSTITUTE OF HIGHER EDUCATION AND RESEARCH  
(Declared as Deemed - to - be - University under section 3 of UGC Act 1956)



# NCC

## 2020-2021





## **Activity report for the year 2020-21**

- **CSM T. Bhavani CDT K. Sravan Kumar won second place in kholnajokna competition out of 15 colleges participating all over TamilNadu on 15.07.2020**
- **Shankar participated in inter group compitetion football conducted by 4-TN Batallion NCC.**
- **Further he got selected and participated in national games football, New Delhi.**
- **CSUO Mulla Sashidhar Reddy attended the mountaineering camp and reached height of 15800 feet on the peak dkd2 in Uttarkashi.**
- **10 SD boys and 06 SW girls NCC cadets from BIHER participated in international coastal clean up.**
- **15 SD boys and 01 SW girl cadets participated in combined annual training camp conducted.**

***PRO VICE CHANCELLOR (Academics).Dr. Sundararajan*** Initiated a plastic awarness ralley by flag on the Ralley and handded over the pamplets to the Cadets to distribute to the cadets.

**The Ralley starts from the University Campus to Tambaram Railway station covers 20kms up and down Through out the entire area cadets are holding the Plug Guards to create awarness about the demerits of Plastics and the methods of avoiding Plastics.**



### **TREE PLANTATION PROGRAM DURING LOCKDOWN.**



**Our cadets planted trees on their near by public places to create he awareness among the people to keep our environment green.**

**Also they organize this program by themselves in the online and make as successful one.**

### **INTERNATIONAL YOGA DAY**



In part of being in NCC I have seen many officers in Indian army. This motivates me to join Indian Army. As my ANO mam says....

“A cadet means its not being fit, A cadet means its being perfect”

this words made me to be strong in being perfect.

## **CADET KARTEEK**

**MY NCC JOURNEY I Am CDT. KARTHEEK RAMBA from 1(TN) MED UNIT of Madras ‘A’ group TN, P&AN Directorate. I’m glad to share my experience in NCC , through this article. The life as a cadet will be the best experience in my view because it taught me so many good things. I would like to share the beautiful experience of CADO GURU, 3days fest. I learnt so many things by participating in THAL SHAINIK event. The training session gave me the opportunity to develop my leadership skills & all . In the day 1, I felt little nervous but later on I did my best & tired to learn new things. Being the part of this camp was a life changing moment for me. I enjoyed through out the camp even though I faced small problems.**



**I've attended Cadre camp also. I loved the camp life . Every camp has taught me discipline, to accept people the way they are, infused courage & strength, motivated me to do something to motherland, respect her & ultimately it made a better person . I would like to thank ANO & Seniors for all the support & Encouragement . At B-Certificate exam I learnt a lot about NCC and trained good with my Co-cadets and my experience of training was too good , seniors and staff explain all theories and training staff were good. At my training session I learnt a lot at there. On a final note : According to my view NCC is not about uniform or uniformity , its about UNITY Thank you so much for giving such a good opportunity to share all these .I felt pleasure to express these memories and experience**

**CADET VAMSHI KRISHNA**

**I'm CDT.U.VAMSHI KRISHNA from 1(TN) MED UNIT NCC of madras 'A' group, TN,P&AN DIRECTORATE. It's my pleasure to share my experience in this article about prestigious CADRE CAMP. Being a part of the Cadre camp was a life changing**



**journey for me. Having such a great ANO & SENIORS was my first achievement of NCC journey with their support and encouragement I reached till here.**



**The first day of cadre camp seemed nervous and fear that day I was realized that I have a lot to learn. I have showed lot of interest to Learn new things. I felt little uncomfortable to communicate with other co-cadets .although with the great support my senior and staff I have finished that three days of camp with lot of enjoyment and did a mime drama presentation with my co cadets with the help of seniors.**

**The activities which we have done in the NCC parades are worthful. At the beginning of NCC as a normal student I have expected to learn different things the same thing happened accordingly new environment and cultural felt nervous and even faced some kind of challenges but I had over come all those that truly the credit of my seniors support.**

**At B-Certificate exam I learner a lot about NCC and trained good with my co cadets and my experiences of training was good my seniors and staff explain all theories and training staff were good at my training session and I learn a lot at there.**



Where this all experiences made me stronger to over come the situations in the life.

**ROCK CLIMBING TRAINING CAMP: from Dec 2 to Dec 22@GWALIOR**

**Cpl A. SHALINI**

NCC gave me a chance to see India's "Unity in Diversity". First of all I am so proud to tell that am the only SW cadet to be selected for ROCK CLIMBING TRAINING CAMP from our Institution for this I would like to thank our ANO CAPTAIN R. UDAYA KUMAR SIR for giving me this wonderful opportunity for this adventure camp which is held at IPS COLLEGE at GWALIOR from Dec 2 to Dec 22. Now I would like to share my experience of this camp. I was really excited towards this adventure camp, on the first day of my journey to Gwalior I met my seniors and my co-cadets who were from different units and groups of the same directorate, after that we got to know each other. On the day when we are reached Gwalior ,we were welcomed by PI staffs of 3 MP GIRLS BN NCC and it was so cold there it's almost 5°C. For the first 7 days we were quarantined,

but in quarantine period we were molding ourselves for the upcoming adventure, we will go for PT at morning 6 am then we will have our breakfast at 8 am. our day starts with 5°C and ends with 9°C . After the quarantine we had our opening ceremony on the head of COLONEL J J ABRAHAM SIR and SUBEDAR MAJOR SATHISH KUMAR SIR along with PI STAFFS. We were totally 8 Directorates namely TAMIL NADU,PUDUCHERRY AND ANDAMAN & NICOBAR , KERALA AND LAKSHWADEEP, KARNATAKA AND GOA, ODISHA, NORTH-EAST REGION, MADHYA PRADESH AND CHHATTISGARH, MAHARASHTRA, ANDHRA PRADESH AND TELANGANA we were all welcomed warmly by them.



For the upcoming days we had PT at 6 am , we will have our breakfast at 8 am then we had lecture on judging distance,field signal by colonel sir.



**We had a lecture on motivation by the IPS college DEAN sir.**



**Main lecture of ROCK CLIMBING was taught by experts(Rock climbers) we got the knowledge of using those rock climbing equipment's**

**The day came when we had to go for rock climbing in Gwalior We had to climb a 100 ft tall rock, full of obstacles, without any instructor we had to reach the top. At that moment,**



**I felt that it was the time to prove that I could cross any obstacle to prove the motto "Everything is Achievable". The safety rope was attached to our harness, so that if we fall, we do not hit the ground. Then we started climbing the rock and found the beginning Quite interesting. With the ascent, the rock was getting straighter and one has to find a**

safe way as the obstacles also increased. If you lose grip on rocks then you can easily fall down. After climbing and rappelling we received RCTC BATCH from COLONEL SIR



at that moment I was extremely happy and we went to visit GWALIOR FORT and TAJ MAHAL it was such a unbeatable experience.

On the last day of our camp, there was a cultural competition and we all enjoyed the evening to the fullest. We saw folk dances of different states and we also showed them our traditional dance. That night was one of the beautiful nights of the camp but there



was an element of sadness in the air because it was the last day. So, we decided not to think much and make that night memorable with Our new friends

. With all our endless memories of the camp, the next Morning we boarded our train and the journey began.

It was indeed a wonderful experience of us to be a part Rock Climbing training camp.

We learn a lot about rock climbing gadgets. though it was hard to climb a straight wall , we didn't gave up and Climb the rock with full determination.



## **CADRE CLASS REPORT**

**The National Cadet corps (NCC) is a voluntary organization engaged in grooming the youth of the country into disciplined and patriotic citizens. We the cadets of 1 TN MEDICAL UNIT NCC of TN&AN&P directorate, from Bharath institute of higher education and research. In part of our NCC training, we have attended the Full cadre classes from 10/12/2021- 16/12/2021.**



**It was being very pleasure for attending the camp. On the first day we were told to attend classes in full uniform with proper turnouts early in the morning, the day was started by taking biometrics, and later, LT COL CO [officer in command] SURESH.P has given the opening ceremony with his enthusiastic and warm words.**



**With his motivational speech we start our NCC classes with full Josh. Every day we have to fall in at 5:50 AM for PT parade. We used to jog for about 1.5 -2 kms, followed by exercise and yoga which has become our daily routine throughout the cadre classes.**

**After breakfast, We used to have drill classes conducted by PI staffs with full energy and enthusiasm. In drill classes first three days they have given training of basic drill like kulu line chal, nikat line chal, commands followed by different salute.**



**Once the drill is completed, we go for lunch. Then our afternoon session will be theory classes, in which we learnt some important lessons taught by the PI staffs and ANO's.**



**Topics are included from both Specialized Subject(Armed Forces, Military history) and Common Subject (Map reading, Pollution, Personality Development).**



**We also learnt about map reading, LA which we learnt how to set map with the help of prismatic mark IV type liquid compass and conventional signs.**

**We did tent pitching with full josh in a given time.**



**Daily half an hour for cultural practice will be given and at 6pm the day ends with roll call parade.**



**Atlast we go to line area, where we use to keep everything neat and clean. Daily we do quarter guard duty(12 hours day &night) and line duty(2hrs in night time) in a shift based respectively.**



**Inter college competitions were took place starting from 1.5 km running,then individual drill test, guard of honour, kolna jodna, tent pitching. Till the end cadets were highly enthusiastic and everyone gave their best.**



**Last but not the least, where many cadets performed stunning cultural programs. The program included music, recitation, dance, storytelling, extempore speech and chorus. The chief guest LT COL CO SURESH P sir distributed prizes for all the participants who took part in various programs. The chief guest also delivered a valuable speech. In his speech he gave importances to the need for arranging such a memorable cadres class. And he also gave a short and crispy tips about SSB.**





**we ended up cherishing and treasuring the suitcase full of memories and experiences, lessons that we learnt for 6 days. And we are damn sure , this will be one of our best days not only in Ncc but throughout our life.**



**This camp taught us discipline, teamwork, time management, to accept people the way they are, infused courage and strength, to be strong mentally and physically, also motivated us to do something to motherland and ultimately it made us to recognize who**

**we are. As we return, we all took a very big suitcase of memories, lessons, new friends, lots of values and morals to face the challenging environment!**



#### **NATIONAL CADET CORPS (report regarding guard of honor which I attended)**

**I am cadet v. guru prasadh No.TN20SDA649762 ,1TN medical unit, Madras A group, Bharath institute of higher education and research selayur, tambaram , chennai. Im here to share my experience of attending guard of honor helded at 1 tamilnadu medical unit office present at madras medical college on september 3, 2021 for giving guard of honor to our group commonder col jar nail singh sir of madras group A who had arrived for inspection to our 1tn medical unit office. I got that wonderful oportunity by our ANO CAPT. Udhaya kumar sir bharath institute of higher education and research who gaved me an advice and permission to attend the guard of honor .**





**Along with me my senior also came for the guard of honor. We followed all covid protocols before start the practise. The practise of guard of honor helded for one week.**

**For that practise along with me some of the other collage cadets of 1TN medical unit also came . some of them are third year cadets totally we were 8 cadets involved in the practise on that 8 cadets 5 SDs and 3 sws**

**Were there . they behaved with me like my sisters and brothers they teached many things like some kinds of dicipline and some life things that will be useful for my life.**

**The practise was given by JCO anil sir and JCO khan sir and othe commisioned officer and non commisioned officers they teached the basics and other important things of ncc**

**.**



The practice day starts with the warm up of running the ground for 5 rounds our instructors gaved us motivation for running ,after that we get a 5 min break after the break we should do the basic drill like savdhan, vishram, left turn, right turn ,about turn and some basics at first it is little hard but after one day it become some what easy because of our instructor motivation me and for also for my co cadets.. After finishing all the warm up we are instructed to take and come the rifles the model of the rifle SLR



that is self loading rifle, on that time the excitement is very high for



After I got my rifle I felt very proud and on that time my excitement was very high . After everybody received their rifles some basic and important informations and safety measures that should be taken while handling the rifle was given by our instructor. After that they gave training to handle rifle at first it was hard but due to practise it became easy for us. Our instructor taught how to do general salute using rifle and movements and commands of guard of honor we practised very hardley we made mistakes but our instructors taught again and again until we done it perfect. Our instructors taught very clearly and they gave perfect practise. After one week of practise the day for all we awaited had came on that day we were ironed our uniforms very neatly and we weared



the ceremonials which were given by our instructors. After wearing the ceremonials our instructors corrected the uniforms and ceremonials which was weared in a wrong way.



After correcting all our uniforms our instructors instructed to stand in our positions for guard of honor we all were ready to invite our group commander sir . before the group commander arrival our commanding officer of 1Tn medical unit sir Lt.col. suresh sir had arrived and then he checked our turn overs and he checked our guard of honor. After checking he told some corrections and we rectified it after some time our group commander had arrived after his arrival the Gc gave the command and we start to do guard of honor our group commander accepted our guard of honor after finishing the

**guard of honor group commander sir distributed gifts , and he asked some questions and we answered the questions. After all the procedures and protocols group commander sir appreciated our guard of honor and he told that our guard of honor was very good. After that he went for inspection**



**After the inspection our group commander sir given some advice and some informations and he leaved the unit office . After that our commanding officer sir given some advice after that session photo session had arrived and we tooked some photoes.**





After the photo session the snacks was distributed we all finished the snacks and at last our instructors appriciated our efforts and they gaved permission to leave the unit office. That one week jouney teachd me many things and I got many friends and many memories.

## **POLLUTION AWARENESS RALLY HELD ON FEBRUARY**

### **INTRODUCTION**

Pollution is the introduction of contaminants into the natural environment that causes adverse change. Pollution can take the form of any substance (solid, liquids, or gas) or

energy (such as radioactivity, heat, sound, or light). Pollutants, the components of pollution, can be either foreign substances/energies or naturally occurring contaminants. Although environmental pollution can be caused by natural events, the word pollution generally implies that the contaminants have an anthropogenic source – that is, a source created by human activities. Pollution is often

Pollution occurs when an amount of any substance or any form of energy is put into the environment at a rate faster than it can be dispersed or safely stored. The term *pollution* can refer to both artificial and natural materials that are created, consumed, and discarded in an unsustainable manner.

Air pollution, water pollution, and land pollution are three major forms of environmental pollution. Pollution can also refer to excessive human activity, such as light and noise pollution or to specific pollutants such as plastic or radioactive material.



**On behalf of pollution awareness rally from bharath institute of higher educational and research**

**1(TN)ARMD SQN NCC ,the following number of cadets assembled near vice chancellor office**

**and honourable vice chancellor gave the for awareness rally .And the rally held from bharath**

**institute of higher educational and research to tambaram municipality. And the rally took for**

**almost 8 kilometres.**



**After the flag signalling by the vice chancellor the cadets from the 1(TN) ARMD SQN NCC**

**bharath university the cadets started the rally from the university campus. And it's the duty of**



**1(TN)ARMD SQN cadets to create the awareness to the public environment that what are the causes and problems and how can we prevent from that.**

**After the honourable vice chancellor the awareness notice papers were given by the vice chancellor .And the cadets were distributing to the public to create the awareness**



**It was a greater experience to encourage and motivate the environment for the present and**

**future .and it is the our responsible to maintain our surroundings and motivate the youngsters**

**Regarding the pollution**

**So the rally began from our college to the tambaram municipality cadets from our bharath**

**institute started rally by the facade**



**Cuo janani rubashree receiving the pollution awareness rally notice cards issued by the honourable vice chancellor**

