1) Instalar el .NET Framework 4.5:

http://www.microsoft.com/en-us/download/details.aspx?id=30653

2) SQL Server 2008 R2 Express:

http://www.microsoft.com/en-us/download/details.aspx?id=30438

3) Management Studio:

http://www.microsoft.com/en-us/download/details.aspx?id=7593