

Praise for
Cooking as Fast as I Can

"In *Cooking as Fast as I Can*, Cat Cora courageously shares how her passion for cooking helped her to triumphantly break through barriers in her life. It is a must-read for those in search of true happiness."

—Deepak Chopra, author of *The Seven Spiritual Laws of Success*

"Cat's story is not only a riveting tale of adoption and an amazing read about a chef coming into her own. It's also delicious, sticky, and sweet—the kind of story that makes you want to go back for seconds."

—Marcus Samuelsson, author of the *New York Times* bestseller *Yes, Chef*

"*Cooking as Fast as I Can* is honest, ballsy, relatable, and inspiring. And it's a fun read. I'd expect nothing less from Cat."

—Gabrielle Reece, *New York Times* bestselling author of *My First 100 Days* and *My First 100 Nights*

"Cat Cora's intimate memoir chronicles the surprising story of how she became one of the most accomplished and recognizable female chefs in the world. Her story teems with valuable life lessons and more than a few wild adventures, both in and out of the kitchen. A testament to Cora's unwavering positivity, work ethic, and inner strength, *Cooking as Fast as I Can* is juicy, raw, and satisfying to the very last bite."

—Gail Simmons, food expert, TV host, and author of *Talking with My Mouth Full*

Cooking As Fast As I Can

Author : Cat Cora / **Category :** Biography & Autobiography /

Total Pages : 256 pages



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Summary : Free cooking as fast as i can pdf download - remarkably candid compulsively readable renowned chef cat cora s no-holds-barred memoir on southern life greek heritage same sex marriage and the meals that have shaped her memories before she became a celebrated chef cathy cora was just a girl from jackson mississippi where days were slow and every meal was made from scratch her passion for the kitchen started in her home where she spent her days internalizing the dishes that would form the cornerstone of her cooking philosophy incorporating her greek heritage and southern upbringing from crispy fried chicken and honey-drenched biscuits to spanakopita but outside the kitchen cat s life was volatile in cooking as fast as i can cat cora reveals for the first time coming-of-age experiences from early childhood sexual abuse to the realities of life as a lesbian in the deep south she shares how she found her passion in the kitchen and went on to attend the prestigious culinary institute of america and apprentice under michelin star chefs in france after her big break as a co-host on the food network s melting pot cat broke barriers by becoming the first-ever female iron chef cooking as fast as i can chronicles the difficulties and triumphs cora experienced on the path to becoming a chef she writes movingly about how she found courage and redemption in the dark truths of her past and about how she found solace in the kitchen and work how her passion for cooking helped her to overcome hardships and ultimately find happiness at home and became a wife and a mother to four boys above all this is an utterly engrossing story about the grit and grace it takes to achieve your dreams

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