# **PAYTON JONES**

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#### **EDUCATION**

#### Clinical Psychology, PhD

2016-Present | Cambridge, MA

Harvard University

- Richard J. McNally Laboratory
- Karen Stone Scholar

#### Psychology, BS

2011-2016 | Provo, UT

Brigham Young University

- GPA: 4.0, Summa Cum Laude
- GRE: Verbal 169 (99%), Quantitative 168 (95%), Writing 5.5 (98%)
- Psi Chi Presidenc
- Portuguese Language Certificate, Mastery Level

## PEER-REVIEWED JOURNAL ARTICLES

**Jones, P. J.**, Park, S.Y., & Lefevor, G. T. (Accepted). Contemporary collegiate anxiety: academic distress, financial stress, and social support. *Journal of College Counseling*.

**Jones, P. J.**, McNally, R.J., Mair, P., Mugno, B.L., Riemann, B.C. (Submitted for publication). A network perspective on comorbid OCD and depression in adolescents. *Journal of Anxiety Disorders*.

**Jones, P. J.**, Heeren, A., McNally, R. J. (Submitted for publication). Beyond symptoms: Extending the network theory of psychopathology. *Psychotherapy and Psychosomatics*.

Lefevor, G. T., Jensen, D. R., **Jones, P. J.**, Janis, R. A., Hsieh, C. H. (Submitted for publication). The science and practice of positive living: Evaluating the efficacy of an undergraduate positive psychology course. *Teaching of Psychology*.

Jones, P. J. (2015). Applying Counseling Theory to Pedagogy. Career Convergence Journal.

**Jones, P. J.** (2015). Addiction: An Analysis of Problematic Pornography Usage. *Chiasm Journal of Neuroscience*.

#### PEER-REVIEWED STATISTICAL SOFTWARE

**Jones, P. J.** (2017). networktools: Assorted tools for identifying important nodes in networks. *R package version 1.0.0.* https://CRAN.R-project.org/package=networktools

#### **ACADEMIC PRESENTATIONS**

- **Jones, P. J.**, Heeren, A., McNally, R. J. (2017). *Casting a wider net: Towards a complete network model of psychopathology*. Presentation at the Harvard University Mind, Brain, and Behavior Showcase.
- **Jones, P. J.**, Lefevor, G. T. (2016). *Does social support moderate the effect of external stressors on college student anxiety?* Presentation at the Utah Psychological Association Annual Meeting, Salt Lake City, UT.
- **Jones, P. J.** & Lefevor, G. T. (2016). *Anxiety in college students: Implications from the CCMH database.* Presentation at the Mary Lou Fulton Mentored Student Research Conference, Brigham Young University, Provo, UT.
- **Jones, P. J.** (2015). Casualidad Planeado: Desarollo de Carreras en un Mundo Transitório. Presentation at the Faculty Conference at Universidad Peruana Simón Bolivar in Lima, Perú.
- Jones, P. J. & Livingstone, J. (2015). *Psychological Testing of Social Skills*. Presentation at Mary Lou Fulton Mentored Student Research Conference, Brigham Young University, Provo, UT.
- Jones, P. J. (2015). Desarollo de Carreras en un Mercado Global (Career Development in a Global Market). Presentation at the Brigham Young University Research Conference for the Peruvian Consulate, Provo, UT.
- **Jones, P. J.** (2015). Career Developmental Resources in Brazilian Society (Recursos de Desenvolivmento de Carreira no Brasil). Presented at the Inquiry Conference, David M. Kennedy Center for International Studies, Provo, UT.

#### RESEARCH EXPERIENCE

**Graduate Student** September, 2016 - Present | Cambridge, MA Harvard University, Dr. Richard McNally

- Research the network approach to psychopathology
- Analyze and visualize large datasets using sophisticated techniques in R
- Collaborate with leading scholars to advance the field of clinical psychology

**Research Assistant** December. 2015- August, 2016 | Provo, UT Counseling and Psychological Services, Dr. Tyler Lefevor

- Published peer-reviewed articles and presented at conferences on the topics of positive psychology interventions, sexuality, and anxiety in college students
- Wrote literature reviews and collaborated on multiple projects with peers
- Performed statistical analyses in SPSS including hierarchical multiple regression and ANOVA

**Research Assistant** January, 2015- August, 2016 | Provo, UT Department of Psychology, Dr. Bruce Brown, Associate Chair

- Analyzed statistical data using SAS, SPSS, R, and STATA
- Performed a wide variety of statistical analyses including exploratory and confirmatory factor analysis, factor score plotting, multiple regression, and logistic regression
- Utilized and evaluated statistical techniques for the prediction of ethical behavior

**Research Assistant** May, 2014- June, 2015 | Provo, UT Department of Student Development, Alberto Puertas

- Assisted in research concerning emerging career counseling models
- Wrote new curriculum for a career development course focusing on narrative approaches to career decision
- Taught university level career development courses, both supervised and unsupervised

#### **CLINICAL & TEACHING EXPERIENCE**

International School Psychology Intern

Apr. 2015- Aug., 2015 | Lima, Peru
Colegio Brigham Young School

- Performed one-on-one interventions for students suffering from attention and learning disabilities
- Provided training for parents and teachers to improve management of student behavior
- Crossed cultural barriers by immersion in the Peruvian educational system and by communicating exclusively in the Spanish language

**Career Counseling Paraprofessional** May, 2014- June, 2015 | Provo, UT Brigham Young University Career and Counseling Center

- Administered career counseling to more than 100 students, both supervised and unsupervised in a peer mentor role
- Trained in humanistic and existential psychotherapy methods for career counseling

**Teaching Assistant** May, 2014- June, 2015 | Provo, UT Brigham Young University, Department of Student Development

- Taught university level career development courses
- Provided personalized feedback for personality and career testing including Holland's career types and the Campbell Interest and Skill Survey

**Peer Mentor** April, 2014- September, 2014 | Provo, UT Brigham Young University Freshman Mentoring

- Gave personal counseling and assistance to 51 new university students in a peer mentor role
- Provided leadership in student orientation and other large group activities

**Youth Counselor** May, 2011- September, 2011 | Seattle, WA Boy Scouts of America: ScoutReach Initiative

- Supervised, mentored, and counseled about 80 troubled youth ages 6-10
- Participated in outreach contacting and recruiting groups in low-income neighborhoods

#### **VOLUNTEER & LEADERSHIP**

#### Psi Chi Presidency

September, 2015- Present | Provo, UT

Psi Chi International Honor Society

- Managed logistics for an organization of more than 75 members
- Planned and conducted events to promote academic and career achievement in the psychology department vCollaborated with university administration and faculty to provide extracurricular opportunities for students

Student Outreach Council September, 2015- Present | Provo, UT Brigham Young University Counseling and Psychological Services

- Organized events and activities to promote positive mental health practices among university students
- Educated peers about mental health stigma and how to seek proper treatment for psychological dysfunction
- Promoted the correct treatment of mental disorders through social media

**Research Panel Chair** September, 2015- Present | Provo, UT Inquiry Conference, David M. Kennedy Center for International Studies

- Spearheaded organization of the research panel "Overcoming Challenges in Global Development"
- Facilitated discussion of research presentations by an academic panel
- Organized coordination of technical and visual aspects of presentations

#### **Vocational Rehabilitation Technician**

Jan., 2015- June, 2015 | Provo, UT

Utah State Hospital, Forensic Unit

- Trained 12 mental health patients in vocational skills necessary for rehabilitation
- Provided educational support for patients working toward the completion of general education degree and technical degree requirements
- Aided staff in supervision and monitoring of suicidal and dangerous behavior

#### **Full-time Service Volunteer**

Oct., 2011- Oct., 2013 | Vitória, Brazil

The Church of Jesus Christ of Latter-Day Saints

- Managed 26 other volunteers during a full-time 2-year service mission
- Immersed in foreign culture, including more than 11 months with no contact with other Americans
- Assisted individuals in addiction recovery and resolution of familial problems

### **AWARDS & HONORS**

Karen Stone Fellowship September 2016

Harvard University

Valedictorian April 2016

Department of Psychology

Mastery Level Certification: Portuguese April 2015

American Council for the Teaching of Foreign Languages

Phi Cappa Phi National Honor Nomination February 2015

Phi Cappa Phi National Honor Society

Golden Key International Honour Nomination December 2014

Golden Key International Honour Society

National Merit Scholar Award September 2011

National Merit Scholarship Corporation

BECU National Scholarship October 2011

Boeing Employees Credit Union

Heritage Scholarship August 2011

Brigham Young University

#### LANGUAGE & INTERNATIONAL EXPERIENCE

## Brazilian Portuguese

Bilingual Proficiency

• Lived in Vitória, Espírito Santo, Brazil from December 2011 to October 2013.

- Lived without any English contact from November 2012 to October 2013
- Mastery Level Certification from the American Council for the Teaching of Foreign Languages

Spanish April 2015- Present

Professional Proficiency

- Lived in Lima, Peru from April 2015 to August 2015
- Published 1 article in Spanish in a Venezuelan academic journal
- Presented an academic presentation at a university conference in Lima, Peru
- Presented an academic presentation to the Peruvian consulate of Utah

July 2011- Present