

PAYTON J. JONES

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EDUCATION

Clinical Psychology, PhD
Harvard University

2016-Present | Cambridge, MA

- Richard J. McNally Laboratory
- National Science Foundation Graduate Research Fellow
- Karen Stone Fellowship

Psychology, BS
Brigham Young University

2011-2016 | Provo, UT

- GPA: 4.0, Summa Cum Laude
- GRE: Verbal 169 (99%), Quantitative 168 (95%), Writing 5.5 (98%)
- Psi Chi Presidency
- Portuguese Language Certificate, Mastery Level

PEER-REVIEWED JOURNAL ARTICLES

Jones, P. J., Mair, P., & McNally, R. J. (2018). Visualizing psychological networks: A tutorial in R. *Frontiers in Psychology*.

Wang, S. B., Jones, P. J., Dreier, M., Elliott, H., & Grilo, C. M. (2018). Core psychopathology of treatment-seeking patients with binge-eating disorder: A network analysis investigation. *Psychological Medicine*.

Bellet, B. W., Jones, P. J., & McNally, R. J. (2018). Trigger warning: Empirical evidence ahead. *Journal of Behavior Therapy and Experimental Psychiatry*. 61:134-141

Jones, P. J., Park, S.Y., & Lefevor, G. T. (2018). Contemporary collegiate anxiety: academic distress, financial stress, and social support. *Journal of College Counseling*.

Heeren, A., Jones, P.J., & McNally, R.J. (2018). Mapping network connectivity among symptoms of social anxiety and comorbid depression in people with social anxiety disorder. *Journal of Affective Disorders*. 228:75-82

Levinson, C. A., ... Jones, P. J., et al. (2018). Social anxiety and eating disorder comorbidity and underlying vulnerabilities: Using network analysis to conceptualize comorbidity. *International Journal of Eating Disorders*

Forrest, L. N., Jones, P. J., Ortiz, S. N., & Smith, A. (2018). Core psychopathology in anorexia nervosa and bulimia nervosa: A network analysis. *International Journal of Eating Disorders*

Bellet, B. W., **Jones, P. J.**, Neimeyer, R. A., & McNally, R. J. (2018). Bereavement outcomes as causal systems: A network analysis of the co-occurrence of complicated grief and posttraumatic growth. *Clinical Psychological Science*

Jones, P. J., McNally, R.J., Mair, P., Mugno, B.L., Riemann, B.C. (2018). A network perspective on comorbid OCD and depression in adolescents. *Journal of Anxiety Disorders*. 53:1-8

Jones, P. J., Heeren, A., & McNally, R.J. (2017). Commentary: A network theory of mental disorders. *Frontiers in Psychology*. 8:1305

STATISTICAL SOFTWARE

Jones, P. J. (2017). networktools: Assorted tools for identifying important nodes in networks. *R package version 1.2.0*. <https://CRAN.R-project.org/package=networktools>

JOURNAL ARTICLES UNDER REVIEW

Jones, P. J., Ma, R., & McNally, R. J. (in review). Bridge centrality: A network approach to understanding comorbidity.

Elliott, H., **Jones, P. J.**, & Schmidt, U. (in review). Central symptoms predict post-treatment outcomes and clinical impairment in anorexia nervosa: A network analysis.

ACADEMIC PRESENTATIONS

Jones, P. J., & McNally, R. J. (2018). *The trauma treadmill: A paradox of PTSD vulnerability*. Symposium at the Heterodox Psychology Conference, Orange, CA.

Bellet, B. W., **Jones, P. J.**, & McNally, R. J. (2018). *Trigger warning: Empirical evidence ahead*. Symposium at the Heterodox Psychology Conference, Orange, CA.

Jones, P. J., Ma, R., & McNally, R. J. (2018). *Bridge centrality: Identifying bridge symptoms in psychopathology networks*. Symposium at the Association for Psychological Science Conference, San Francisco, CA.

Bellet, B. W., **Jones, P. J.**, Neimeyer, R. A., & McNally, R. J. (2018). *Bereavement outcomes as causal systems: A network analysis of the co-occurrence of complicated grief and posttraumatic growth*. Symposium at the Association for Psychological Science Conference, San Francisco, CA.

Jones, P. J., McNally, R.J., Mair, P., Mugno, B.L., Riemann, B.C. (2017). *Bayesian networks: A directed-acyclic graph approach to comorbid OCD and depression*. Poster presentation at the Association for Behavioral and Cognitive Therapies, San Diego, CA.

Jones, P. J., McNally, R.J., Mair, P., Mugno, B.L., Riemann, B.C. (2017). *A network perspective on comorbid OCD and depression in adolescents*. Symposium at the Association for Psychological Science Conference, Boston, MA.

Jones, P. J., Heeren, A., McNally, R. J. (2017). *Casting a wider net: Towards a complete network model of psychopathology.* Poster presentation at the Harvard University Mind, Brain, and Behavior Showcase.

Jones, P. J., Lefevor, G. T. (2016). *Does social support moderate the effect of external stressors on college student anxiety?* Poster presentation at the Utah Psychological Association Annual Meeting, Salt Lake City, UT.

Jones, P. J. & Lefevor, G. T. (2016). *Anxiety in college students: Implications from the CCMH database.* Poster presentation at the Mary Lou Fulton Mentored Student Research Conference, Brigham Young University, Provo, UT.

Jones, P. J. (2015). *Casualidad Planeado: Desarrollo de Carreras en un Mundo Transitorio.* Oral presentation at the Faculty Conference at Universidad Peruana Simon Bolivar in Lima, Peru.

Jones, P. J. & Livingstone, J. (2015). *Psychological Testing of Social Skills.* Poster presentation at Mary Lou Fulton Mentored Student Research Conference, Brigham Young University, Provo, UT.

Jones, P. J. (2015). *Desarrollo de Carreras en un Mercado Global (Career Development in a Global Market).* Oral presentation at the Brigham Young University Research Conference for the Peruvian Consulate, Provo, UT.

Jones, P. J. (2015). *Career Developmental Resources in Brazilian Society (Recursos de Desenvolvimento de Carreira no Brasil).* Symposium presentation at the Inquiry Conference, David M. Kennedy Center for International Studies, Provo, UT.

JOURNAL REVIEWER FOR:

- Archives of Suicide Research
- European Journal of Psychotraumatology
- Frontiers in Psychology
- JAMA Psychiatry
- Journal of Affective Disorders
- Journal of Child Psychology and Psychiatry
- Journal of Rational-Emotive & Cognitive Behavior Therapy
- Psychotherapy and Psychosomatics

RESEARCH EXPERIENCE

Graduate Student

September, 2016 - Present | Cambridge, MA

Harvard University, Dr. Richard McNally

- Research the etiology of psychopathology via network analysis and dynamical systems
- Examine how modern sociocultural practices shape vulnerability to mental illness
- Collaborate with leading scholars to advance the field of clinical psychology

Research Assistant December. 2015- August, 2016 | Provo, UT
Brigham Young University, Dr. Tyler Lefevor

- Published peer-reviewed articles and presented at conferences on the topics of positive psychology interventions, sexuality, and anxiety in college students
- Wrote literature reviews and collaborated on multiple projects with peers
- Performed statistical analyses in SPSS including hierarchical multiple regression and ANOVA

Research Assistant January, 2015- August, 2016 | Provo, UT
Brigham Young University, Dr. Bruce Brown, Associate Chair

- Analyzed statistical data using SAS, SPSS, R, and STATA
- Performed a wide variety of statistical analyses including exploratory and confirmatory factor analysis, factor score plotting, multiple regression, and logistic regression
- Utilized and evaluated statistical techniques for the prediction of ethical behavior

Research Assistant May, 2014- June, 2015 | Provo, UT
Brigham Young University, Alberto Puertas

- Assisted in research concerning emerging career counseling models
- Wrote new curriculum for a career development course focusing on narrative approaches to career decision
- Taught university level career development courses, both supervised and unsupervised

CLINICAL & TEACHING EXPERIENCE

Exposure and Response Prevention Counselor June. 2017 - Present | Belmont, MA
McLean Hospital OCD Institute

- Provide evidence-based treatment for obsessive-compulsive and anxiety disorders
- Administer psychological assessments and write comprehensive reports (SCID-5, MoCA)
- Lead and co-lead group therapy sessions focused on worry management and emotion regulation

Psychology Concentration Advisor Apr. 2017 - Apr. 2018 | Cambridge, MA
Harvard University

- Provide academic and career counseling to undergraduate psychology students
- Work in collaboration with professional advisers and student advocacy groups

International School Psychology Intern Apr. 2015- Aug., 2015 | Lima, Peru
Colegio Brigham Young School

- Performed one-on-one interventions for students suffering from attention and learning disabilities

- Provided training for parents and teachers to improve management of student behavior
- Crossed cultural barriers by immersion in the Peruvian educational system and by communicating exclusively in the Spanish language

Career Counseling Paraprofessional May, 2014- June, 2015 | Provo, UT
Brigham Young University Career and Counseling Center

- Administered career counseling to more than 100 students, both supervised and unsupervised in a peer mentor role
- Trained in humanistic and existential psychotherapy methods for career counseling

Teaching Assistant May, 2014- June, 2015 | Provo, UT
Brigham Young University, Department of Student Development

- Taught university level career development courses
- Provided personalized feedback for personality and career testing including Holland career types and the Campbell Interest and Skill Survey

Peer Mentor April, 2014- September, 2014 | Provo, UT
Brigham Young University Freshman Mentoring

- Gave personal counseling and assistance to 51 new university students in a peer mentor role
- Provided leadership in student orientation and other large group activities

Youth Counselor May, 2011- September, 2011 | Seattle, WA
Boy Scouts of America: ScoutReach Initiative

- Supervised, mentored, and counseled about 80 troubled youth ages 6-10
- Participated in outreach contacting and recruiting groups in low-income neighborhoods

VOLUNTEER & LEADERSHIP

Psi Chi Presidency September, 2015- Present | Provo, UT
Psi Chi International Honor Society

- Managed logistics for an organization of more than 75 members
- Planned and conducted events to promote academic and career achievement in the psychology department vCollaborated with university administration and faculty to provide extracurricular opportunities for students

Student Outreach Council September, 2015- Present | Provo, UT
Brigham Young University Counseling and Psychological Services

- Organized events and activities to promote positive mental health practices among university students
- Educated peers about mental health stigma and how to seek proper treatment for psychological dysfunction

- Promoted the correct treatment of mental disorders through social media

Research Panel Chair September, 2015- Present | Provo, UT
Inquiry Conference, David M. Kennedy Center for International Studies

- Spearheaded organization of the research panel *Overcoming Challenges in Global Development*
- Facilitated discussion of research presentations by an academic panel
- Organized coordination of technical and visual aspects of presentations

Vocational Rehabilitation Technician Jan., 2015- June, 2015 | Provo, UT
Utah State Hospital, Forensic Unit

- Trained 12 mental health patients in vocational skills necessary for rehabilitation
- Provided educational support for patients working toward the completion of general education degree and technical degree requirements
- Aided staff in supervision and monitoring of suicidal and dangerous behavior

Full-time Service Volunteer Oct., 2011- Oct., 2013 | Vitoria, Brazil
The Church of Jesus Christ of Latter-Day Saints

- Managed 26 other volunteers during a full-time 2-year service mission
- Immersed in Brazilian culture, including more than 11 months with no contact with other Americans
- Assisted individuals in addiction recovery and resolution of familial problems

AWARDS & HONORS

Sigma Xi Nomination July 2018
Sigma Xi Scientific Research Honor Society

Graduate Research Fellowship April 2018
National Science Foundation (NSF-GRFP)

Student Poster Excellence Award November 2017
Association for Behavioral & Cognitive Therapies - Anxiety Disorders

Karen Stone Fellowship September 2016
Harvard University

Valedictorian April 2016
Department of Psychology, Brigham Young University

Mastery Level Certification: Portuguese April 2015
American Council for the Teaching of Foreign Languages

Phi Cappa Phi National Honor Nomination February 2015
Phi Cappa Phi National Honor Society

Golden Key International Honour Nomination December 2014
Golden Key International Honour Society

National Merit Scholar Award
National Merit Scholarship Corporation

September 2011

BECU National Scholarship
Boeing Employees Credit Union

October 2011

Heritage Scholarship
Brigham Young University

August 2011

LANGUAGE & INTERNATIONAL EXPERIENCE

Brazilian Portuguese
Bilingual Proficiency

July 2011- Present

- Lived in Vitoria, Espirito Santo, Brazil from December 2011 to October 2013.
- Lived without any English contact from November 2012 to October 2013
- Mastery Level Certification from the American Council for the Teaching of Foreign Languages

Spanish
Professional Proficiency

April 2015- Present

- Lived in Lima, Peru from April 2015 to August 2015
- Published 1 article in Spanish in a Venezuelan academic journal
- Presented an academic presentation at a university conference in Lima, Peru
- Presented an academic presentation to the Peruvian consulate of Utah