

# PAYTON JONES

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## EDUCATION

**Clinical Psychology, PhD**  
Harvard University

2016-Present | Cambridge, MA

- Richard J. McNally Laboratory
- Karen Stone Scholar

**Psychology, BS**  
Brigham Young University

2011-2016 | Provo, UT

- GPA: 4.0, Summa Cum Laude
- GRE: Verbal 169 (99%), Quantitative 168 (95%), Writing 5.5 (98%)
- Psi Chi Presidency
- Portuguese Language Certificate, Mastery Level

## PEER-REVIEWED JOURNAL ARTICLES

Jones, P. J., Heeren, A., & McNally, R.J. (2017). Commentary: A network theory of mental disorders. *Frontiers in Psychology*.

Jones, P. J., Park, S.Y., & Lefevor, G. T. (Accepted). Contemporary collegiate anxiety: academic distress, financial stress, and social support. *Journal of College Counseling*.

Jones, P. J., McNally, R.J., Mair, P., Mugno, B.L., Riemann, B.C. (In review). A network perspective on comorbid OCD and depression in adolescents. *Journal of Anxiety Disorders*.

Heeren, A., Jones, P.J., & McNally, R.J. (In review). Mapping network connectivity among symptoms of social anxiety and comorbid depression in people with social anxiety disorder. *Journal of Affective Disorders*

Jones, P. J. (2015). Applying Counseling Theory to Pedagogy. *Career Convergence Journal*.

Jones, P. J. (2015). Addiction: An Analysis of Problematic Pornography Usage. *Chiasm Journal of Neuroscience*.

## PEER-REVIEWED STATISTICAL SOFTWARE

Jones, P. J. (2017). networktools: Assorted tools for identifying important nodes in networks. R package version 1.0.0. <https://CRAN.R-project.org/package=networktools>

## ACADEMIC PRESENTATIONS

**Jones, P. J., McNally, R.J., Mair, P., Mugno, B.L., Riemann, B.C. (2017).** *A network perspective on comorbid OCD and depression in adolescents.* Symposium at the Association for Psychological Science Conference, Boston, MA.

**Jones, P. J., Heeren, A., McNally, R. J. (2017).** *Casting a wider net: Towards a complete network model of psychopathology.* Presentation at the Harvard University Mind, Brain, and Behavior Showcase.

**Jones, P. J., Lefevor, G. T. (2016).** *Does social support moderate the effect of external stressors on college student anxiety?* Presentation at the Utah Psychological Association Annual Meeting, Salt Lake City, UT.

**Jones, P. J. & Lefevor, G. T. (2016).** *Anxiety in college students: Implications from the CCMH database.* Presentation at the Mary Lou Fulton Mentored Student Research Conference, Brigham Young University, Provo, UT.

**Jones, P. J. (2015).** *Casualidad Planeado: Desarrollo de Carreras en un Mundo Transitório.* Presentation at the Faculty Conference at Universidad Peruana Simón Bolívar in Lima, Perú.

**Jones, P. J. & Livingstone, J. (2015).** *Psychological Testing of Social Skills.* Presentation at Mary Lou Fulton Mentored Student Research Conference, Brigham Young University, Provo, UT.

**Jones, P. J. (2015).** *Desarrollo de Carreras en un Mercado Global (Career Development in a Global Market).* Presentation at the Brigham Young University Research Conference for the Peruvian Consulate, Provo, UT.

**Jones, P. J. (2015).** *Career Developmental Resources in Brazilian Society (Recursos de Desenvolvimento de Carreira no Brasil).* Symposium presented at the Inquiry Conference, David M. Kennedy Center for International Studies, Provo, UT.

## RESEARCH EXPERIENCE

**Graduate Student** September, 2016 - Present | Cambridge, MA  
Harvard University, Dr. Richard McNally

- Research the network approach to psychopathology
- Analyze and visualize large datasets using sophisticated techniques in R
- Collaborate with leading scholars to advance the field of clinical psychology

**Research Assistant** December, 2015- August, 2016 | Provo, UT  
Counseling and Psychological Services, Dr. Tyler Lefevor

- Published peer-reviewed articles and presented at conferences on the topics of positive psychology interventions, sexuality, and anxiety in college students
- Wrote literature reviews and collaborated on multiple projects with peers

- Performed statistical analyses in SPSS including hierarchical multiple regression and ANOVA

**Research Assistant** January, 2015- August, 2016 | Provo, UT  
Department of Psychology, Dr. Bruce Brown, Associate Chair

- Analyzed statistical data using SAS, SPSS, R, and STATA
- Performed a wide variety of statistical analyses including exploratory and confirmatory factor analysis, factor score plotting, multiple regression, and logistic regression
- Utilized and evaluated statistical techniques for the prediction of ethical behavior

**Research Assistant** May, 2014- June, 2015 | Provo, UT  
Department of Student Development, Alberto Puertas

- Assisted in research concerning emerging career counseling models
- Wrote new curriculum for a career development course focusing on narrative approaches to career decision
- Taught university level career development courses, both supervised and unsupervised

## CLINICAL & TEACHING EXPERIENCE

**Psychology Concentration Advisor** Apr. 2017 - Present | Cambridge, MA Harvard University

- Provide academic and career counseling to undergraduate psychology students
- Work in collaboration with professional advisers and student advocacy groups

**International School Psychology Intern** Apr. 2015- Aug., 2015 | Lima, Peru  
Colegio Brigham Young School

- Performed one-on-one interventions for students suffering from attention and learning disabilities
- Provided training for parents and teachers to improve management of student behavior
- Crossed cultural barriers by immersion in the Peruvian educational system and by communicating exclusively in the Spanish language

**Career Counseling Paraprofessional** May, 2014- June, 2015 | Provo, UT  
Brigham Young University Career and Counseling Center

- Administered career counseling to more than 100 students, both supervised and unsupervised in a peer mentor role
- Trained in humanistic and existential psychotherapy methods for career counseling

**Teaching Assistant** May, 2014- June, 2015 | Provo, UT  
Brigham Young University, Department of Student Development

- Taught university level career development courses

- Provided personalized feedback for personality and career testing including Holland career types and the Campbell Interest and Skill Survey

**Peer Mentor** April, 2014- September, 2014 | Provo, UT  
Brigham Young University Freshman Mentoring

- Gave personal counseling and assistance to 51 new university students in a peer mentor role
- Provided leadership in student orientation and other large group activities

**Youth Counselor** May, 2011- September, 2011 | Seattle, WA  
Boy Scouts of America: ScoutReach Initiative

- Supervised, mentored, and counseled about 80 troubled youth ages 6-10
- Participated in outreach contacting and recruiting groups in low-income neighborhoods

## **VOLUNTEER & LEADERSHIP**

**Psi Chi Presidency** September, 2015- Present | Provo, UT  
Psi Chi International Honor Society

- Managed logistics for an organization of more than 75 members
- Planned and conducted events to promote academic and career achievement in the psychology department vCollaborated with university administration and faculty to provide extracurricular opportunities for students

**Student Outreach Council** September, 2015- Present | Provo, UT  
Brigham Young University Counseling and Psychological Services

- Organized events and activities to promote positive mental health practices among university students
- Educated peers about mental health stigma and how to seek proper treatment for psychological dysfunction
- Promoted the correct treatment of mental disorders through social media

**Research Panel Chair** September, 2015- Present | Provo, UT  
Inquiry Conference, David M. Kennedy Center for International Studies

- Spearheaded organization of the research panel *Overcoming Challenges in Global Development*
- Facilitated discussion of research presentations by an academic panel
- Organized coordination of technical and visual aspects of presentations

**Vocational Rehabilitation Technician** Jan., 2015- June, 2015 | Provo, UT  
Utah State Hospital, Forensic Unit

- Trained 12 mental health patients in vocational skills necessary for rehabilitation
- Provided educational support for patients working toward the completion of general education degree and technical degree requirements

- Aided staff in supervision and monitoring of suicidal and dangerous behavior

**Full-time Service Volunteer** Oct., 2011- Oct., 2013 | Vitoria, Brazil  
The Church of Jesus Christ of Latter-Day Saints

- Managed 26 other volunteers during a full-time 2-year service mission
- Immersed in foreign culture, including more than 11 months with no contact with other Americans
- Assisted individuals in addiction recovery and resolution of familial problems

## AWARDS & HONORS

**Karen Stone Fellowship** September 2016  
Harvard University

**Valedictorian** April 2016  
Department of Psychology

**Mastery Level Certification: Portuguese** April 2015  
American Council for the Teaching of Foreign Languages

**Phi Cappa Phi National Honor Nomination** February 2015  
Phi Cappa Phi National Honor Society

**Golden Key International Honour Nomination** December 2014  
Golden Key International Honour Society

**National Merit Scholar Award** September 2011  
National Merit Scholarship Corporation

**BECU National Scholarship** October 2011  
Boeing Employees Credit Union

**Heritage Scholarship** August 2011  
Brigham Young University

## LANGUAGE & INTERNATIONAL EXPERIENCE

**Brazilian Portuguese** July 2011- Present  
Bilingual Proficiency

- Lived in Vitoria, Espirito Santo, Brazil from December 2011 to October 2013.
- Lived without any English contact from November 2012 to October 2013
- Mastery Level Certification from the American Council for the Teaching of Foreign Languages

**Spanish** April 2015- Present  
Professional Proficiency

- Lived in Lima, Peru from April 2015 to August 2015

- Published 1 article in Spanish in a Venezuelan academic journal
- Presented an academic presentation at a university conference in Lima, Peru
- Presented an academic presentation to the Peruvian consulate of Utah