

# PAYTON J. JONES

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Email: payton\_jones@g.harvard.edu Phone: 425-367-2939

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## EDUCATION

**Clinical Psychology, PhD**  
Harvard University

2016-Present | Cambridge, MA

- National Science Foundation Graduate Research Fellow
- Richard J. McNally Laboratory

**Psychology, MA**  
Harvard University

2016-2018 | Cambridge, MA

**Psychology, BS**  
Brigham Young University

2011-2016 | Provo, UT

- GPA: 4.0, Summa Cum Laude
- GRE: Verbal 169 (99%), Quantitative 168 (95%), Writing 5.5 (98%)

## PEER-REVIEWED JOURNAL ARTICLES

24. Smith, A. R., Forrest, L. N., Duffy, M. E., **Jones, P. J.**, Joiner, T. E., & Pisetsky, E. M. (in press). Identifying bridge pathways between eating disorder symptoms and suicidal ideation across three samples. *Journal of Abnormal Psychology*.

23. Iverson, G. L., **Jones, P. J.**, Karr, J. E., Maxwell, B., Zafonte, R., Berkner, P. D., & McNally, R. J. (in press). Architecture of physical, cognitive, and emotional symptoms at preseason baseline in adolescent student athletes with a history of mental health problems. *Frontiers in Neurology*. 11, 175. <https://doi.org/10.3389/fneur.2020.00175>

22. **Jones, P. J.**, Bellet, B. W., & McNally, R. J. (in press). Helping or harming? The effect of trigger warnings on individuals with trauma histories. *Clinical Psychological Science*.

21. Bellet, B. W., **Jones, P. J.**, Meyersburg, C., Brenneiman, M., Morehead, K., & McNally, R. J. (in press). Trigger warnings and resilience in college students: A preregistered replication and extension. *Journal of Experimental Psychology: Applied*.

20. Bellet, B. W., **Jones, P. J.**, & McNally, R. J. (in press). Self-triggering? An exploration of individuals who seek reminders of trauma. *Clinical Psychological Science*.

19. Lefevor, G. T., Park, S. Y., Acevedo, M. J., & **Jones, P. J.** (in press). Sexual orientation complexity and psychosocial/health outcomes. *Journal of Homosexuality*.

18. Wasil, A., Venturo-Conerly, K. Shinde, S., Patel, V., & **Jones, P. J.** (2020). Applying network analysis to understand depression and substance use in indian adolescents. *Journal of Affective Disorders*. 265, 278-286. <https://doi.org/10.1016/j.jad.2020.01.025>

17. Summers, B. J., Aalbers, G., **Jones, P. J.**, McNally, R. J., Phillips, K. A., & Wilhelm, S. (2020). A network perspective on body dysmorphic disorder and major depressive disorder. *Journal of Affective Disorders*. 262, 165-173. <https://doi.org/10.1016/j.jad.2019.11.011>
16. Robinaugh, D. R., Brown, M. L., Losiewicz, O., **Jones, P. J.**, Marques, L., & Baker, A. W. (2020). Toward a precision psychiatry approach to treating anxiety disorders with ecological momentary assessment: The example of panic disorder. *General Psychiatry*. 33, e100161. <https://doi.org/10.1136/gpsych-2019-100161>
15. Meier, M., Kossakowski, J. J., **Jones, P. J.**, Riemann, B. C., Kay, B., & McNally, R. J. (2020). Obsessive-compulsive symptoms in eating disorders: A network investigation. *International Journal of Eating Disorders*. 53(3), 362-371. <https://doi.org/10.1002/eat.23196>
14. Mancini, A. D., Littleton, H. L., Grills, A. E., & **Jones, P. J.** (2019). PTSD near and far: Symptom networks from two to 12 months after the Virginia Tech campus shootings. *Clinical Psychological Science*. 7(6), 1340-1354. <https://doi.org/10.1177/2167702619859333>
13. Elliott, H., **Jones, P. J.**, & Schmidt, U. (2019). Central symptoms predict post-treatment outcomes and clinical impairment in anorexia nervosa: A network analysis. *Clinical Psychological Science*. <https://doi.org/10.1177/2167702619865958>
12. **Jones, P. J.**, Ma, R., & McNally, R. J. (2019). Bridge centrality: A network approach to understanding comorbidity. *Multivariate Behavioral Research*. <https://doi.org/10.1080/00273171.2019.1614898>
11. **Jones, P. J.**, Mair, P., Kuppens, S., & Weisz, J. R. (2019). An upper limit to youth psychotherapy benefit? A meta-analytic copula approach to psychotherapy outcomes. *Clinical Psychological Science*. <https://doi.org/10.1177/2167702619858424>
10. **Jones, P. J.**, Mair, P., & McNally, R. J. (2018). Visualizing psychological networks: A tutorial in R. *Frontiers in Psychology*. 9, 1742
9. Wang, S. B., **Jones, P. J.**, Dreier, M., Elliott, H., & Grilo, C. M. (2018). Core psychopathology of treatment-seeking patients with binge-eating disorder: A network analysis investigation. *Psychological Medicine*. 49(11), 1923-1928
8. Bellet, B. W., **Jones, P. J.**, & McNally, R. J. (2018). Trigger warning: Empirical evidence ahead. *Journal of Behavior Therapy and Experimental Psychiatry*. 61, 134-141
7. **Jones, P. J.**, Park, S.Y., & Lefevor, G. T. (2018). Contemporary collegiate anxiety: academic distress, financial stress, and social support. *Journal of College Counseling*. 21, 252-264
6. Heeren, A., **Jones, P.J.**, & McNally, R.J. (2018). Mapping network connectivity among symptoms of social anxiety and comorbid depression in people with social anxiety disorder. *Journal of Affective Disorders*. 228, 75-82
5. Levinson, C. A., Brosnoff, L. C., Vanzhula, I. Christian, C., **Jones, P. J.**, Rodebaugh, T. L., Langer, J. K., White, E. K., Warren, C., Weeks, J. W., Menatti, A., Lim, M. H., & Fernandez, K. C. (2018). Social anxiety and eating disorder comorbidity and underlying

vulnerabilities: Using network analysis to conceptualize comorbidity. *International Journal of Eating Disorders* 51(7), 693-709

4. Forrest, L. N., **Jones, P. J.**, Ortiz, S. N., & Smith, A. (2018). Core psychopathology in anorexia nervosa and bulimia nervosa: A network analysis. *International Journal of Eating Disorders*. 51(7), 668-679

3. Bellet, B. W., **Jones, P. J.**, Neimeyer, R. A., & McNally, R. J. (2018). Bereavement outcomes as causal systems: A network analysis of the co-occurrence of complicated grief and posttraumatic growth. *Clinical Psychological Science*. 6(6), 797-809

2. **Jones, P. J.**, Mair, P., Mugno, B. L., Riemann, B. C. & McNally, R. J. (2018). A network perspective on comorbid OCD and depression in adolescents. *Journal of Anxiety Disorders*. 53, 1-8

1. **Jones, P. J.**, Heeren, A., & McNally, R.J. (2017). Commentary: A network theory of mental disorders. *Frontiers in Psychology*. 8, 1305

## GRANTS & FELLOWSHIPS

**National Science Foundation**, Graduate Research Fellowship, \$138,000 2018-2021

**Mind, Brain, & Behavior Initiative**, Graduate Student Awards (2), \$5,115 2018

**Harvard University**, Talley Award, \$3,500, 2018

**Harvard University**, Karen Stone Fellowship, \$64,000 2016-2018

## STATISTICAL SOFTWARE

3. **Jones, P. J.**, Simon, T., Zeileis, A., & Mair, P. (2019). networktree: Recursive partitioning of network models. *R package version 0.2.2*. <https://CRAN.R-project.org/package=networktree>

2. van Borkulo, C., Epskamp, S., & **Jones, P. J.** (2019). NetworkComparisonTest: Statistical comparison of two networks based on three invariance measures. *R package version 2.2.1*. <https://CRAN.R-project.org/package=NetworkComparisonTest>

1. **Jones, P. J.** (2017). networktools: Assorted tools for identifying important nodes in networks. *R package version 1.2.0*. <https://CRAN.R-project.org/package=networktools>

## ACADEMIC PRESENTATIONS

\* = panel chair

20. **Jones, P. J.** (2019). Trigger warnings and the neurotic treadmill: Does it matter if we expand the definition of violence? Symposium at the Association for Behavioral and Cognitive Therapies (ABCT) Convention, Atlanta, GA.

19. **Jones, P. J.** (2019). Sticks and stones: Investigating the belief that words can harm. Presentation at the Annual Meeting of the Foundation of Individual Rights in Education, Boston, MA.
18. Smith, A. R., Forrest, L. N., Duffy, M. **Jones, P. J.**, Pisetsky, E. M. (2019). Using network analysis to identify bridge symptoms between eating disorders and suicidality. Poster at the Annual Meeting of the Eating Disorder Research Society in Chicago, IL.
17. Vanzhula, I. A., Christian, C., **Jones, P. J.**, Brosof, L. C., Forbush, K., Smith, K., Tregarthen, J., Farrell, N. A., & Levinson, C. A. (2019). *Replicability of eating disorder psychological networks in five samples: Conceptual and methodological considerations*. Poster at the Annual Meeting of the Eating Disorder Research Society in Chicago, IL.
16. Meier, M., Kossakowski, J. J., **Jones, P. J.**, Riemann, B. C., & McNally, R. J. (2019). *The network structure of obsessive-compulsive symptoms in patients with eating disorders*. Poster at the World Congress of Behavioural and Cognitive Therapies, Berlin, Germany.
15. **Jones, P. J.\***, Heeren, A., & McNally, R. J. (2019). *Beyond symptoms: Why diagnostic criteria are not enough for network analysis*. Symposium at the International Conference for Psychological Science, Paris, France.
14. **Jones, P. J.\***, Ma, R., & McNally, R. J. (2019). *Depression comorbidity: Applying bridge centrality in networks to understand overlap with other mental disorders*. Symposium at the International Conference for Psychological Science, Paris, France.
13. **Jones, P. J.\***, Simon, T., Zeileis, A., & Mair, P. (2019). *Breaking the assumption of group homogeneity in networks: partitioning networks with machine learning*. Symposium at the International Conference for Psychological Science, Paris, France.
12. **Jones, P. J.**, McNally, R. J. (2019). *Do the ever-expanding definitions of violence and trauma contribute to PTSD? Evidence for the trauma treadmill*. Symposium at the International Conference for Psychological Science, Paris, France.
11. Bellet, B. W., **Jones, P. J.**, & McNally, R. J. (2019). *Trigger warning: Empirical evidence ahead*. Symposium at the International Conference for Psychological Science, Paris, France.
10. **Jones, P. J.\***, Elliott, H., & Schmidt, U. (2018). *Anorexia core symptoms predict poor prognosis: A network analysis in a randomized-controlled trial*. Symposium at the Association for Behavioral and Cognitive Therapies (ABCT) Convention, Washington, DC.
9. **Jones, P. J.**, Simon, T., Zeleis, A., & Mair, P. (2018). Model-based recursive partitioning of network models: A statistical learning approach to network analysis. Symposium at the Association for Behavioral and Cognitive Therapies (ABCT) Convention, Washington, DC.
8. Summers, B. J., Aalbers, G, **Jones, P. J.**, McNally, R. J., Phillips, K. A., Wilhelm, S., (2018). *A network perspective on body dysmorphic disorder and major depressive disorder*. Symposium at the Association for Behavioral and Cognitive Therapies (ABCT) Convention, Washington, DC.

7. **Jones, P. J., & McNally, R. J.** (2018). *The trauma treadmill: A paradox of PTSD vulnerability*. Symposium at the Heterodox Psychology Conference, Orange, CA.
6. Bellet, B. W., **Jones, P. J., & McNally, R. J.** (2018). *Trigger warning: Empirical evidence ahead*. Symposium at the Heterodox Psychology Conference, Orange, CA.
5. **Jones, P. J., Ma, R., & McNally, R. J.** (2018). *Bridge centrality: Identifying bridge symptoms in psychopathology networks*. Symposium at the Association for Psychological Science Conference, San Francisco, CA.
4. Bellet, B. W., **Jones, P. J., Neimeyer, R. A., & McNally, R. J.** (2018). *Bereavement outcomes as causal systems: A network analysis of the co-occurrence of complicated grief and posttraumatic growth*. Symposium at the Association for Psychological Science Conference, San Francisco, CA.
3. **Jones, P. J., McNally, R.J., Mair, P., Mugno, B.L., Riemann, B.C.** (2017). *Bayesian networks: A directed-acyclic graph approach to comorbid OCD and depression*. Poster presentation at the Association for Behavioral and Cognitive Therapies, San Diego, CA.
2. **Jones, P. J., McNally, R.J., Mair, P., Mugno, B.L., Riemann, B.C.** (2017). *A network perspective on comorbid OCD and depression in adolescents*. Symposium at the Association for Psychological Science Conference, Boston, MA.
1. **Jones, P. J., Heeren, A., McNally, R. J.** (2017). *Casting a wider net: Towards a complete network model of psychopathology*. Poster presentation at the Harvard University Mind, Brain, and Behavior Showcase.

## JOURNAL ARTICLES UNDER REVIEW

10. Guineau, M. G., **Jones, P. J., Bellet, B. W., & McNally, R. J.** (in review). A network analysis of DSM-5 posttraumatic stress disorder symptoms and trauma centrality.
9. Peters, J., Bellet, B. W., **Jones, P. J., Wu, G. W. Y., Wang, L., & McNally, R. J.** (in review). Posttraumatic stress or posttraumatic growth? Using network analysis to explore the relationships between coping styles and trauma outcomes.
8. Iverson, G. L., **Jones, P. J., Karr, J. E., Maxwell, B., Zafonte, R., Berkner, P. D., & McNally, R. J.** (in review). Network structure of physical, cognitive, and emotional symptoms at preseason baseline in student athletes with attention-deficit hyperactivity disorder.
7. **Jones, P. J., Mair, P., Simon, T., & Zeileis, A.** (in review). Network model trees.
6. Venturo-Conerly, K. E., Wasil, A., Osborn, T. L., Weisz, J. R., & **Jones, P. J.** (in review). Depression and anxiety symptoms and social support among Kenyan adolescents: A network analysis.
5. Peckham, A. D., **Jones, P. J., Snorrason, I., Wessman, I., Björgvinsson, T., & Beard, C.** (in review). Age-related changes in borderline personality disorder symptom networks in a transdiagnostic sample.

4. Bellet, B. W., **Jones, P. J.**, & McNally, R. J. (in review). Self-triggering? An exploration of individuals who seek reminders of trauma.
3. **Jones, P. J.**, Williams, D. R., & McNally, R. J. (in review). Sampling variability is not nonreplication: A Bayesian reanalysis of Forbes, Wright, Markon, & Krueger.
2. Vanzhula, I. A., Christian, C. **Jones, P. J.**, Brosos, L. C., Forbush, K., Smith, K., Tregarthen, J., Farrell, N. A., & Levinson, C. A. (in review). Replicability of eating disorder psychological networks in five samples: Conceptual and methodological considerations.
1. **Jones, P. J.**, Bellet, B. W., Levari, D. E., & McNally, R. J. (in review). Psychological response data on the traumatic nature of 600 written events.

## GRANT REVIEWER FOR:

- NWO (Netherlands Organisation for Scientific Research)

## JOURNAL REVIEWER FOR:

- Psychological Review
- JAMA Psychiatry
- Clinical Psychological Science
- Psychotherapy and Psychosomatics
- Psychological Medicine
- Emotion
- Behaviour Research and Therapy
- Journal of Traumatic Stress
- Journal of Affective Disorders
- Journal of Child Psychology and Psychiatry
- Perspectives in Psychological Science
- Psychological Trauma: Theory, Research, Practice, and Policy
- Frontiers in Psychology
- Archives of Suicide Research
- International Journal of Methods in Psychiatric Research
- European Journal of Psychotraumatology
- Journal of Rational-Emotive & Cognitive Behavior Therapy
- SAGE Open

## CLINICAL EXPERIENCE

### Student Therapist

May 2019 - Present | Boston, MA

Center for Anxiety and Traumatic Stress Disorders, Massachusetts General Hospital

- Deliver individual therapy to individuals with traumatic stress and anxiety disorders
- Trained in delivering evidence-based protocols including the UP, PE, CPT, and CBT for SAD & panic

- Administer and interpret diagnostic assessments (SCID, MINI)

**Student Therapist**

Aug. 2018 - May 2019 | Belmont, MA

Behavioral Health Partial Hospitalization Program, McLean Hospital

- Provided care to a diverse patient base with wide degrees & forms of psychopathology in an intensive setting
- Performed diagnostic assessments (MINI) and formulate case conceptualizations
- Led six different DBT & CBT-based therapy groups

**Student Therapist**

June 2017 - Aug. 2018 | Belmont, MA

Obsessive-Compulsive Disorder Institute, McLean Hospital

- Provided evidence-based individual therapy for obsessive-compulsive and anxiety disorders
- Administered psychological assessments and wrote comprehensive reports (SCID, PID, MoCA)
- Led group therapy sessions focused on managing intrusive thoughts

**Career Counseling Paraprofessional**

May 2014- June 2015 | Provo, UT

Brigham Young University Career and Counseling Center

- Administered career counseling to more than 100 students, both supervised and unsupervised in a peer mentor role
- Received training under a licensed career counselor

## TEACHING & MENTORING EXPERIENCE

**Teaching Fellow: Psychometrics in R (Graduate)**

Aug. 2019 - Present | Cambridge, MA

Harvard University

- Taught sections of an advanced graduate-level course in psychometrics
- Designed and graded problem sets in R
- Taught tutorials on IRT, PCA, multidimensional scaling, network analysis, optimal scaling, and more

**Teaching Fellow: Abnormal Psychology**

Jan. 2019 - May 2019 | Cambridge, MA

Harvard University

- Instructed sections of an undergraduate course in Abnormal Psychology
- Taught sections on depression, anxiety disorders, trauma, behavioral addiction, and suicide

**Psychology Concentration Advisor**

Apr. 2017 - Apr. 2018 | Cambridge, MA

Harvard University

- Provided academic and career counseling to undergraduate psychology students
- Worked in collaboration with professional advisers and student advocacy groups

**International School Psychology Intern**  
Colegio Brigham Young School

Apr. 2015- Aug., 2015 | Lima, Peru

- Performed one-on-one interventions for students suffering from attention and learning disabilities
- Crossed cultural barriers by immersion in the Peruvian educational system, communicating exclusively in the Spanish language

**Teaching Assistant**

May, 2014- June, 2015 | Provo, UT  
Brigham Young University, Department of Student Development

- Taught an undergraduate career development course
- Provided personalized feedback for personality and career testing

**Peer Mentor**

April, 2014- September, 2014 | Provo, UT  
Brigham Young University Freshman Mentoring

- Gave personal counseling and assistance to 51 new university students in a peer mentor role
- Provided leadership in student orientation and other large group activities

## DATA SCIENCE EXPERIENCE

**Data Science Intern**  
Pluralsight

May, 2020 - Present | Boston, MA

- Develop algorithmic solutions for adaptive skill assessment, recommendation engines, and personalized learning
- Create model prototypes and build interactive applications to demonstrate novel solutions to problems
- Analyze user behavior to provide data-based solutions to business and strategic problems

**Data Scientist**

November, 2019 - Present | Cambridge, MA  
Hyka Therapeutics

- Manage data structures, collection, and strategic data analysis for a quickly-growing health startup
- Develop psychometric and digital phenotyping algorithms for digital therapeutics
- Design a smartphone-based data visualization platform for users

## RESEARCH EXPERIENCE

**Graduate Student**

September, 2016 - Present | Cambridge, MA  
Harvard University, Dr. Richard McNally

- Research the etiology of psychopathology via network analysis and other quantitative approaches
- Collaborate with leading scholars to advance the field of clinical psychology



- Examine cognitive and social vulnerabilities to emotional disorders

**Research Assistant** December, 2015- August, 2016 | Provo, UT  
Brigham Young University, Dr. Tyler Lefevor

- Published first-authored peer-reviewed articles and presented at conferences on the topics of positive psychology interventions, sexuality, and anxiety in college students
- Wrote literature reviews and collaborated on multiple projects with peers
- Conducted and interpreted statistical analyses

**Research Assistant** January, 2015- August, 2016 | Provo, UT  
Brigham Young University, Dr. Bruce Brown, Associate Chair

- Analyzed statistical data using SAS, SPSS, R, and STATA
- Performed a wide variety of psychometric and regression-based analyses
- Utilized and evaluated statistical techniques for the prediction of ethical behavior

**Research Assistant** May, 2014- June, 2015 | Provo, UT  
Brigham Young University, Alberto Puertas

- Assisted in research concerning emerging career counseling models
- Wrote new curriculum for a career development course focusing on narrative approaches to career decision

## LANGUAGE & INTERNATIONAL EXPERIENCE

**Brazilian Portuguese** July 2011- Present  
Bilingual Proficiency

- Lived in Espirito Santo, Brazil from December 2011 to October 2013
- Lived without English contact from November 2012 to October 2013
- Mastery Level Certification from the American Council for the Teaching of Foreign Languages

**Spanish** April 2015- Present  
Professional Proficiency

- Lived in Lima, Peru from April 2015 to August 2015
- Presented an academic presentation at a university conference in Lima, Peru
- Presented an academic presentation to the Peruvian consulate of Utah