

PAYTON J. JONES

Email: payton_jones@g.harvard.edu Phone: 425-367-2939

EDUCATION

Clinical Psychology, PhD
Harvard University

2016-Present | Cambridge, MA

- Richard J. McNally Laboratory
- National Science Foundation Graduate Research Fellow
- Karen Stone Fellowship

Psychology, BS
Brigham Young University

2011-2016 | Provo, UT

- GPA: 4.0, Summa Cum Laude
- GRE: Verbal 169 (99%), Quantitative 168 (95%), Writing 5.5 (98%)
- Psi Chi Presidency
- Portuguese Language Certificate, Mastery Level

PEER-REVIEWED JOURNAL ARTICLES

10. **Jones, P. J.**, Mair, P., & McNally, R. J. (2018). Visualizing psychological networks: A tutorial in R. *Frontiers in Psychology*. 9:1742
9. Wang, S. B., **Jones, P. J.**, Dreier, M., Elliott, H., & Grilo, C. M. (2018). Core psychopathology of treatment-seeking patients with binge-eating disorder: A network analysis investigation. *Psychological Medicine*.
8. Bellet, B. W., **Jones, P. J.**, & McNally, R. J. (2018). Trigger warning: Empirical evidence ahead. *Journal of Behavior Therapy and Experimental Psychiatry*. 61:134-141
7. **Jones, P. J.**, Park, S.Y., & Lefevor, G. T. (2018). Contemporary collegiate anxiety: academic distress, financial stress, and social support. *Journal of College Counseling*. 21:252-264
6. Heeren, A., **Jones, P.J.**, & McNally, R.J. (2018). Mapping network connectivity among symptoms of social anxiety and comorbid depression in people with social anxiety disorder. *Journal of Affective Disorders*. 228:75-82
5. Levinson, C. A., ... **Jones, P. J.**, et al. (2018). Social anxiety and eating disorder comorbidity and underlying vulnerabilities: Using network analysis to conceptualize comorbidity. *International Journal of Eating Disorders*
4. Forrest, L. N., **Jones, P. J.**, Ortiz, S. N., & Smith, A. (2018). Core psychopathology in anorexia nervosa and bulimia nervosa: A network analysis. *International Journal of Eating Disorders*

3. Bellet, B. W., **Jones, P. J.**, Neimeyer, R. A., & McNally, R. J. (2018). Bereavement outcomes as causal systems: A network analysis of the co-occurrence of complicated grief and posttraumatic growth. *Clinical Psychological Science*
2. **Jones, P. J.**, McNally, R.J., Mair, P., Mugno, B.L., Riemann, B.C. (2018). A network perspective on comorbid OCD and depression in adolescents. *Journal of Anxiety Disorders*. 53:1-8
1. **Jones, P. J.**, Heeren, A., & McNally, R.J. (2017). Commentary: A network theory of mental disorders. *Frontiers in Psychology*. 8:1305

STATISTICAL SOFTWARE

Jones, P. J. (2017). networktools: Assorted tools for identifying important nodes in networks. *R package version 1.2.0*. <https://CRAN.R-project.org/package=networktools>

JOURNAL ARTICLES UNDER REVIEW

Wasil, A., Venturo-Conerly, K. Shinde, S., Patel, V., & **Jones, P. J.** (in review). Network analysis and global mental health: Findings from a network of depressive symptoms and substance use in Indian adolescents.

Jones, P. J., Ma, R., & McNally, R. J. (in review). Bridge centrality: A network approach to understanding comorbidity.

Elliott, H., **Jones, P. J.**, & Schmidt, U. (in review). Central symptoms predict post-treatment outcomes and clinical impairment in anorexia nervosa: A network analysis.

Jones, P. J., Mair, P., Kuppens, S., & Weisz, J. R. (in review). An upper limit to youth psychotherapy benefit? A meta-analytic copula approach to psychotherapy outcomes.

ACADEMIC PRESENTATIONS

10. **Jones, P. J.***, Elliott, H., & Schmidt, U. (2018). Anorexia core symptoms predict poor prognosis: A network analysis in a randomized-controlled trial. Symposium at the Association for Behavioral and Cognitive Therapies (ABCT) Convention, Washington, DC.

9. **Jones, P. J.**, Simon, T., Zeleis, A., & Mair, P. (2018). Model-based recursive partitioning of network models: A statistical learning approach to network analysis. Symposium at the Association for Behavioral and Cognitive Therapies (ABCT) Convention, Washington, DC.

8. Summers, B. J., Aalbers, G, **Jones, P. J.**, McNally, R. J., Phillips, K. A., Wilhelm, S., (2018). A network perspective on body dysmorphic disorder and major depressive disorder. Symposium at the Association for Behavioral and Cognitive Therapies (ABCT) Convention, Washington, DC.

7. **Jones, P. J., & McNally, R. J.** (2018). *The trauma treadmill: A paradox of PTSD vulnerability*. Symposium at the Heterodox Psychology Conference, Orange, CA.
6. Bellet, B. W., **Jones, P. J., & McNally, R. J.** (2018). *Trigger warning: Empirical evidence ahead*. Symposium at the Heterodox Psychology Conference, Orange, CA.
5. **Jones, P. J., Ma, R., & McNally, R. J.** (2018). *Bridge centrality: Identifying bridge symptoms in psychopathology networks*. Symposium at the Association for Psychological Science Conference, San Francisco, CA.
4. Bellet, B. W., **Jones, P. J., Neimeyer, R. A., & McNally, R. J.** (2018). *Bereavement outcomes as causal systems: A network analysis of the co-occurrence of complicated grief and posttraumatic growth*. Symposium at the Association for Psychological Science Conference, San Francisco, CA.
3. **Jones, P. J., McNally, R.J., Mair, P., Mugno, B.L., Riemann, B.C.** (2017). *Bayesian networks: A directed-acyclic graph approach to comorbid OCD and depression*. Poster presentation at the Association for Behavioral and Cognitive Therapies, San Diego, CA.
2. **Jones, P. J., McNally, R.J., Mair, P., Mugno, B.L., Riemann, B.C.** (2017). *A network perspective on comorbid OCD and depression in adolescents*. Symposium at the Association for Psychological Science Conference, Boston, MA.
1. **Jones, P. J., Heeren, A., McNally, R. J.** (2017). *Casting a wider net: Towards a complete network model of psychopathology*. Poster presentation at the Harvard University Mind, Brain, and Behavior Showcase.

* = panel chair or organizer

GRANT REVIEWER FOR:

- NWO (Netherlands Organisation for Scientific Research)

JOURNAL REVIEWER FOR:

- Archives of Suicide Research
- Clinical Psychological Science
- European Journal of Psychotraumatology
- Frontiers in Psychology
- JAMA Psychiatry
- Journal of Affective Disorders
- Journal of Child Psychology and Psychiatry
- Journal of Rational-Emotive & Cognitive Behavior Therapy
- Psychological Medicine
- Psychotherapy and Psychosomatics

RESEARCH EXPERIENCE

Graduate Student September, 2016 - Present | Cambridge, MA
Harvard University, Dr. Richard McNally

- Research the etiology of psychopathology via network analysis and dynamical systems
- Examine how modern sociocultural practices shape vulnerability to mental illness
- Collaborate with leading scholars to advance the field of clinical psychology

Research Assistant December, 2015- August, 2016 | Provo, UT
Brigham Young University, Dr. Tyler Lefevor

- Published peer-reviewed articles and presented at conferences on the topics of positive psychology interventions, sexuality, and anxiety in college students
- Wrote literature reviews and collaborated on multiple projects with peers
- Performed statistical analyses in SPSS including hierarchical multiple regression and ANOVA

Research Assistant January, 2015- August, 2016 | Provo, UT
Brigham Young University, Dr. Bruce Brown, Associate Chair

- Analyzed statistical data using SAS, SPSS, R, and STATA
- Performed a wide variety of statistical analyses including exploratory and confirmatory factor analysis, factor score plotting, multiple regression, and logistic regression
- Utilized and evaluated statistical techniques for the prediction of ethical behavior

Research Assistant May, 2014- June, 2015 | Provo, UT
Brigham Young University, Alberto Puertas

- Assisted in research concerning emerging career counseling models
- Wrote new curriculum for a career development course focusing on narrative approaches to career decision
- Taught university level career development courses, both supervised and unsupervised

CLINICAL & TEACHING EXPERIENCE

Student Therapist Aug. 2018 - Present | Belmont, MA
Behavioral Health Partial Hospitalization Program, McLean Hospital

- Give care to a diverse patient base with wide degrees & forms of psychopathology in an intensive setting
- Perform diagnostic assessments and formulate case conceptualizations
- Lead three DBT & CBT-based group therapy sessions per week

Exposure and Response Prevention Counselor June 2017 - Aug. 2018 | Belmont, MA
Obsessive-Compulsive Disorder Institute, McLean Hospital

- Provided evidence-based treatment for obsessive-compulsive and anxiety disorders
- Administered psychological assessments and write comprehensive reports (SCID-5, MoCA)
- Lead and co-lead group therapy sessions focused on worry management and emotion regulation

Psychology Concentration Advisor
Harvard University

Apr. 2017 - Apr. 2018 | Cambridge, MA

- Provided academic and career counseling to undergraduate psychology students
- Worked in collaboration with professional advisers and student advocacy groups

International School Psychology Intern
Colegio Brigham Young School

Apr. 2015- Aug., 2015 | Lima, Peru

- Performed one-on-one interventions for students suffering from attention and learning disabilities
- Provided training for parents and teachers to improve management of student behavior
- Crossed cultural barriers by immersion in the Peruvian educational system and by communicating exclusively in the Spanish language

Career Counseling Paraprofessional
Brigham Young University Career and Counseling Center

May, 2014- June, 2015 | Provo, UT

- Administered career counseling to more than 100 students, both supervised and unsupervised in a peer mentor role
- Trained in humanistic and existential psychotherapy methods for career counseling

Teaching Assistant

May, 2014- June, 2015 | Provo, UT

Brigham Young University, Department of Student Development

- Taught university level career development courses
- Provided personalized feedback for personality and career testing including Holland career types and the Campbell Interest and Skill Survey

Peer Mentor

April, 2014- September, 2014 | Provo, UT

Brigham Young University Freshman Mentoring

- Gave personal counseling and assistance to 51 new university students in a peer mentor role
- Provided leadership in student orientation and other large group activities

Youth Counselor

May, 2011- September, 2011 | Seattle, WA

Boy Scouts of America: ScoutReach Initiative

- Supervised, mentored, and counseled about 80 troubled youth ages 6-10
- Participated in outreach contacting and recruiting groups in low-income neighborhoods

VOLUNTEER & LEADERSHIP

Psi Chi Presidency

September, 2015- Present | Provo, UT

Psi Chi International Honor Society

- Managed logistics for an organization of more than 75 members
- Planned and conducted events to promote academic and career achievement in the psychology department vCollaborated with university administration and faculty to provide extracurricular opportunities for students

Student Outreach Council

September, 2015- Present | Provo, UT

Brigham Young University Counseling and Psychological Services

- Organized events and activities to promote positive mental health practices among university students
- Educated peers about mental health stigma and how to seek proper treatment for psychological dysfunction
- Promoted the correct treatment of mental disorders through social media

Research Panel Chair

September, 2015- Present | Provo, UT

Inquiry Conference, David M. Kennedy Center for International Studies

- Spearheaded organization of the research panel *Overcoming Challenges in Global Development*
- Facilitated discussion of research presentations by an academic panel
- Organized coordination of technical and visual aspects of presentations

Vocational Rehabilitation Technician

Jan., 2015- June, 2015 | Provo, UT

Utah State Hospital, Forensic Unit

- Trained 12 mental health patients in vocational skills necessary for rehabilitation
- Provided educational support for patients working toward the completion of general education degree and technical degree requirements
- Aided staff in supervision and monitoring of suicidal and dangerous behavior

Full-time Service Volunteer

Oct., 2011- Oct., 2013 | Vitoria, Brazil

The Church of Jesus Christ of Latter-Day Saints

- Managed 26 other volunteers during a full-time 2-year service mission
- Immersed in Brazilian culture, including more than 11 months with no contact with other Americans
- Assisted individuals in addiction recovery and resolution of familial problems

AWARDS & HONORS

Sigma Xi Nomination

July 2018

Sigma Xi Scientific Research Honor Society

Graduate Research Fellowship

April 2018

National Science Foundation (NSF-GRFP)

Student Poster Excellence Award Association for Behavioral & Cognitive Therapies - Anxiety Disorders	November 2017
Karen Stone Fellowship Harvard University	September 2016
Valedictorian Department of Psychology, Brigham Young University	April 2016
Mastery Level Certification: Portuguese American Council for the Teaching of Foreign Languages	April 2015
Phi Cappa Phi National Honor Nomination Phi Cappa Phi National Honor Society	February 2015
Golden Key International Honour Nomination Golden Key International Honour Society	December 2014
National Merit Scholar Award National Merit Scholarship Corporation	September 2011
BECU National Scholarship Boeing Employees Credit Union	October 2011
Heritage Scholarship Brigham Young University	August 2011

LANGUAGE & INTERNATIONAL EXPERIENCE

Brazilian Portuguese Bilingual Proficiency	July 2011- Present
<ul style="list-style-type: none"> • Lived in Vitoria, Espirito Santo, Brazil from December 2011 to October 2013. • Lived without any English contact from November 2012 to October 2013 • Mastery Level Certification from the American Council for the Teaching of Foreign Languages 	
Spanish Professional Proficiency	April 2015- Present
<ul style="list-style-type: none"> • Lived in Lima, Peru from April 2015 to August 2015 • Presented an academic presentation at a university conference in Lima, Peru • Presented an academic presentation to the Peruvian consulate of Utah 	