

ESTHETICS COURSE SUMMARIES

INTRODUCTORY

EST1020: SKIN CARE PRACTICES

Students identify the basic structures and functions of the skin. Students analyze skin and perform basic skin care practices, including cleansing, toning, nourishing and protecting.

Prerequisite: COS1010: Personal & Professional Practices

EST1025: SKIN CARE PRACTICES – CLIENT SERVICES

Students conduct a consultation with a client during which they analyze the client's needs and recommend and perform the appropriate services.

Prerequisite: EST1020: Skin Care Practices

EST1070: MANICURING 1

Students identify the functions, shapes and basic structure of fingernails, identify conditions of the hands and fingernails, and perform basic manicures.

Prerequisite: COS1010: Personal & Professional Practices

EST1140: THEATRICAL MAKE-UP 1

Students describe the purpose and scope of theatrical make-up, identify elements related to designing theatrical make-up and use appropriate materials to perform basic theatrical make-up techniques.

Prerequisite: None

EST1910: EST PROJECT A

Students develop project design and management skills to extend and enhance competencies and skills in other CTS courses through contexts that are personally relevant.

Prerequisite: None

INTERMEDIATE

EST2030: FACIALS

Students describe the anatomy, physiology and histology of the skin, analyze skin conditions, and perform facial care using available products, equipment and technology.

Prerequisite: EST1020: Skin Care Practices

EST2035: FACIALS – CLIENT SERVICES

Students conduct a consultation with a client during which they analyze the client's needs and recommend and perform the appropriate services.

Prerequisite: EST2030: Facials

EST2050: MAKE-UP

Students analyze facial shapes and features and perform basic make-up techniques.

Prerequisite: EST1020: Skin Care Practices

EST2055: MAKE-UP – CLIENT SERVICES

Students conduct a consultation with a client during which they analyze the client's needs and recommend and perform the appropriate services.

Prerequisite: EST2050: Make-up

EST2070: MANICURING 2

Students identify and describe the anatomy of the arm and hand, identify diseases and disorders of the hands and nails and recommend services for treatable conditions.

Prerequisite: EST1070: Manicuring 1

EST2075: MANICURING 3 – CLIENT SERVICES

Students analyze hand and nails to determine manicure needs and the presence of treatable and nontreatable conditions and select and perform appropriate manicure and related services.

Prerequisite: EST2070: Manicuring 2

EST2090: NAIL ART

Students identify nail art techniques used to enhance the appearance of fingernails and develop skills used in applying simple nail art.

Prerequisite: EST1070: Manicuring 1

EST2140: THEATRICAL MAKE-UP 2

Students design, select and apply make-up to create images of selected characters and to enhance personal appearances for theatrical purposes.

Prerequisite: EST1140: Theatrical Make-up 1

EST2910: EST PROJECT B

Students develop project design and management skills to extend and enhance competencies and skills in other CTS courses through contexts that are personally relevant.

Prerequisite: None

EST2920: EST PROJECT C

Students develop project design and management skills to extend and enhance competencies and skills in other CTS courses through contexts that are personally relevant.

Prerequisite: None

EST2950: EST INTERMEDIATE PRACTICUM

Students apply prior learning and demonstrate the attitudes, skills and knowledge required by an external organization to achieve a credential/credentials or an articulation.

Prerequisite: None

ADVANCED**EST3010: SPA AWARENESS**

Students will explore the nature of the spa industry.

Prerequisite: COS1010: Personal & Professional Practices

EST3030: BODY THERAPY

Students use available technology to provide therapies (heat, electrical and light), apply principles and practices of body therapy, and apply skin care products to body surfaces.

Prerequisite: EST1025: Skin Care Practices – Client Services

EST3040: HAIR REMOVAL

Students describe temporary and permanent hair removal methods and classify each method as a physical, chemical or electrical procedure.

Prerequisite: EST1020: Skin Care Practices

EST3045: HAIR REMOVAL – CLIENT SERVICES

Students conduct a consultation with a client during which they analyze the client's needs and recommend and perform the appropriate services.

Prerequisite: EST3040: Hair Removal

EST3060: FACIAL & BODY ADORNMENT

Students identify adornments available to enhance or change appearances, describe effects of different adornments, explore alternative forms of body adornment and demonstrate safe and sanitary service procedures.

Prerequisite: COS1010: Personal & Professional Practices

EST3070: PEDICURING

Students describe the relationships between a manicure and pedicure and demonstrate a pedicuring procedure, including foot massage.

Prerequisite: EST1070: Manicuring 1

EST3075: MANICURING & PEDICURING – CLIENT SERVICES

Students conduct a consultation with a client during which they analyze the client's needs and recommend and perform the appropriate services to industry standards.

Prerequisite: EST2070: Manicuring 2

EST3070: Pedicuring

EST3090: NAIL ENHANCEMENT – GEL

Students describe and demonstrate techniques used to apply gel nails and describe effects of gel nails on natural nails.

Prerequisite: EST1070: Manicuring 1

EST3100: NAIL ENHANCEMENT – ACRYLIC

Students describe and demonstrate techniques used to apply acrylic nails and describe the effects of acrylic on natural nails.

Prerequisite: EST1070: Manicuring 1

EST3105: NAIL ENHANCEMENT – CLIENT SERVICES

Students conduct a consultation with the client where they analyze the client's needs and recommend and perform the appropriate services.

Prerequisite: EST2070: Manicuring 2

EST3090: Nail Enhancement – Gel

EST3100: Nail Enhancement – Acrylic

EST3115: ESTHETICS – CLIENT SERVICES

Students conduct a consultation with a client during which they analyze the client's needs and recommend and perform the appropriate services.

Prerequisite: EST2030: Facials

EST2050: Make-up

EST2070: Manicuring 2

EST3030: Body Therapy

EST3040: Hair Removal

EST3140: THEATRICAL MAKE-UP 3

Students identify materials and describe procedures used to construct and apply two-and three-dimensional make-up and prostheses, analyze images of characters, and design, plan and apply theatrical make-up to recreate images of characters.

Prerequisite: EST2140: Theatrical Make-up 2

EST3145: THEATRICAL MAKE-UP 4 – CLIENT SERVICES

Students provide a client or client group with the theatrical make-up services to create images that are appropriate to different lighting and portrayal conditions.

Prerequisite: *EST3140: Theatrical Make-up 3*

EST3150: COMPETITION ESTHETICS

Students identify opportunities for participating in competitions relating to esthetics, describe the qualities needed to be competitive and the judging systems used at various levels of competitions, and demonstrate the ability to be competitive in one or more areas of esthetics.

Prerequisite: *EST2030: Facials*

EST2050: Make-up

EST2070: Manicuring 2

EST2090: Nail Art

EST3070: Pedicuring

EST3910: EST PROJECT D

Students develop project design and management skills to extend and enhance competencies and skills in other CTS courses through contexts that are personally relevant.

Prerequisite: *None*

EST3920: EST PROJECT E

Students develop project design and management skills to extend and enhance competencies and skills in other CTS courses through contexts that are personally relevant.

Prerequisite: *None*

EST3950: EST ADVANCED PRACTICUM

Students apply prior learning and demonstrate the attitudes, skills and knowledge required by an external organization to achieve a credential/credentials or an articulation.

Prerequisite: *None*