

REC Existing to New

Course ID	Original Course Name	New ID	New Name
REC1020	Injury Management 1	REC1020	Injury Management 1 <i>(updated parameter)</i>
REC1030	Technical Foundations for Injury Management		
REC1040	Foundations for Training 1		
New		REC1045	Group Exercise Trends
REC1050	Sport Psychology 1		
REC1910	REC Project A		
REC2010	Nutrition for Recreation Activities & Sport		
New		REC2015	Athletic Development
REC2020	Injury Management 2	REC2020	Injury Management 2 <i>(updated parameter)</i>
New		REC2030	Anatomy of Joints
REC2040	Foundations for Training 2		
New		REC2045	Training for Core Muscles
REC2050	Sport Psychology 2		
REC2060	Leadership in Recreation & Sport		
REC2070	Ever Active Aging Leadership	REC2070	Functional Independence Training Program Leader <i>(updated name, description and parameter)</i>
REC2120	Coaching 1		
REC2910	REC Project B		
REC2920	REC Project C		
REC2950	REC Intermediate Practicum		
REC3010	Human Movement	REC3010	Human Movement <i>(updated outcomes)</i>
New		REC3015	Flexibility Training
REC3020	Injury Management 3	REC3020	Injury Management 3 <i>(updated description and parameter)</i>
New		REC3025	Cardiovascular Training
New		REC3030	Speed and Agility
REC3040	Training & Conditioning		
New		REC3045	Periodization
REC3050	Sport Psychology 3		
REC3060	Ever Active Kids Leadership	REC3060	Ever Active Kids Leadership <i>(updated description and parameter)</i>
REC3070	Fitness Instruction Leadership Principles		
REC3080	Resistance Training Leadership	REC3080	Resistance Training Leadership <i>(updated prerequisite)</i>
New		REC3085	Olympic Weightlifting
REC3090	Aquatic Fitness Training Leadership	REC3090	Aquatic Fitness Training Leadership <i>(updated prerequisite)</i>
REC3100	Fitness Leadership for the Older Adult	REC3100	Fitness Leadership for the Older Adult <i>(updated prerequisite)</i>
REC3110	Group Exercise Leadership	REC3110	Group Exercise Leadership <i>(updated prerequisite)</i>
REC3120	Coaching 2		
REC3130	Officiating		
REC3140	Sport & Society		
REC3910	REC Project D		
REC3920	REC Project E		
REC3950	REC Advanced Practicum		
Changed	New name or ID in existing occupational areas		
Updated	Updated outcomes, description, parameter or prerequisite		