DATE CHAPTER ✓	DATE CHAPTER ✓	DATE CHAPTER ✓		
Week 37	Week 42	Week 48		
1 Timothy	John			
1	1 📙	2		
2	2	Jude		
4	4 🗍	1 🗆		
5	5	Revelation		
Week 38	<u>Week 43</u>	1 🗆		
6	6 🛚	2 🗌		
2 Timothy	7 L 8 D	Week 49		
1	9 🗆	3 🔲		
2	10	4 L 5 П		
4	Week 44	6		
Week 39	11	7		
Titus	13	Week 50		
1	14	8 🗆		
3		9 🗆		
1 John	Week 45			
1 _	16 L ————————————————————————————————————	12 🗌		
2	18	Week 51		
Week 40		13 🔲		
3 🔲		14 L 15 D		
4	Week 46			
2 John	21 📙	17 🗌		
1	1 Thessalonians	Week 52		
3 John	2	18 🗌		
1	3			
Week 41	_	21 🗌		
1 Peter	Week 47	22 🗌		
2	5			
3	2 Thessalonians	©2005 by The Navigators. All Rights		
5	2	Reserved. Adapted from the Discipleship Journal 5x5x5 Bible Reading Plan.		
	3 2 Peter	Reprints: Permission is granted to reprint unlimited copies of the Navigators 5x5x5 New Testament Bible Reading Plan for		
	2 FELEI	non-commercial use. All copyright		



information must be retained

Navigators Discipleship Tool



New Testament Bible Reading Plan

Read through the New Testament in (5) days a week, (5) minutes a day.

5 MINUTES A DAY

If you're not used to reading the Bible daily, start with this easy to use tool to read a chapter of the New Testament in 5 minutes a day. This reading plan will take you through all 260 chapters of the New Testament, one chapter per day. The Gospels are read throughout the year to weave in the story of Christ all year long.

5 DAYS A WEEK

Determine a time and location to spend 5 minutes a day for 5 days a week. It is best to have a consistent time and a quiet place where you can regularly meet with the Lord.

5 WAYS TO DIG DEEPER

Pause in your reading to dig into the Bible. Below are 5 different ways to dig deeper each day. These exercises will encourage meditation. Try a single idea for a week to find what works best for you. Remember to keep a pen and paper ready to capture God's insights.

- ① Underline or highlight key words or phrases in the Bible passage. Use a pen or highlighter to mark new discoveries from the text.
- ② Put it in your own words. Read the passage or verse slowly, then rewrite each phrase or sentence using your own words.
- 3 Ask and answer questions. Questions unlock new discoveries and meanings. Ask questions about the passage using these words: who, what, why, when, where, or how. Jot down your answers to these questions.
- ① Capture the big idea. God's Word communicates big ideas. Periodically ask: What's the big idea in this sentence, paragraph, or chapter?
- ⑤ Personalize the meaning. Respond as God speaks to you through the Scriptures. Ask: How could my life be different today as I respond to what I'm reading?



The Navigators			New Testament Reading Plan		
DATE CHAPTER ✓	DATE CHAPTER ✓	DATE CHAPTER ✓	DATE CHAPTER ✓	DATE CHAPTER ✓	DATE CHAPTER ✓
Week 1 Mark	Week 7	Week 13 4	Week 19 23	Week 25	Week 31 24 □ 1 Corinthians 1 □
4		1 □	27 □ Week 20 28 □	—————————————————————————————————————	2
6	21		Romans 1	4	5
Week 3	Week 9 25 □ 26 □ 27 □	1	Week 21 5 □		Week 33
13	28			4	
Week 4 16 □ Acts	Week 10 2	Week 16 8 0	Week 22	——— 7 □ 8 □ Week 28	Week 34
1	5	9	—————————————————————————————————————	9	2 Corinthians 1
Week 5 5 □ 6 □		Week 17	15	Week 29 14 □	Week 35
		15	—————————————————————————————————————		5
Week 6		Week 18		Week 30	Week 36