

# Q&As for MYCANCERSTORY.ROCKS

15 Feb 2025

1. Where can I buy Joe's complete protocol? There is no one place to buy the complete protocol. Keep in mind that Joe does not sell anything. There are multiple scammer groups on Facebook that have hacked Joe's personal information and created fake groups offering to sell Joe's complete protocol. They will take your money, and you will not receive anything. Any group that you find on FB that has Joe's name in the title will be a scam group. Joe only has one FB group and the title is "mycancerstory.rocks", and again, Joe does not sell anything.
2. What is the current protocol? The current protocol is 222 mg of Merck branded fenbendazole and the four UltraBotanica Pathways 1 thru 4 seven days a week.
3. What time of the day should I take the fenbendazole? – You can take the fenbendazole at any time of the day, whenever it is most convenient for you. If you're taking split or multiple doses take one in the morning and one in the evening.
4. I have the fenbendazole and am still waiting to receive the Pathway products. Should I wait to start until I have everything? You don't have to wait; you can take the fenbendazole now and then add the rest when you receive them.
5. What should I take the fenbendazole with? There is some evidence that it is absorbed better when taken with a fatty food such as full fat yogurt or avocados. Some take it on buttered toast, with apple sauce, in eggs or sprinkle it on whatever food that you are eating. Joe and some others just put the granules in their mouth and chase it down with water.
6. What is the dosage of fenbendazole? The basic dosage of fenbendazole is 222 mg once per day. If you tolerate it well and desire you can safely take 222 mg twice a day, morning and evening. Johns Hopkins determined in a study that it was safe to take 500 mg daily long term.
7. I've read that other groups recommend taking much larger doses of fenbendazole. Should I increase my dose? Yes, other groups do recommend higher doses and if you want to increase your dose that is a personal choice. Joe does not recommend going above the 500 mg per day that has been determined to be safe long term.
8. Can I put the granules in capsules and take it that way? Yes, we have found that 1 gram of the granules will fit in a #000 capsule. The capsules are available in gelatin and vegetarian so choose the one that is right for you. The brand is not important.
9. What is the protocol for prevention? (to be added in the future)
10. What is the protocol after you achieve no evidence of disease (NED)? (to be added in the future)
11. What is the typical time to see results with the protocol? It can take 8-12 weeks before you start to see some results. However, everyone is different. With some of the more difficult cancers such as pancreatic it may take up to 18 months.

12. What are the differences between Panacur and Safe-Guard? There is no difference chemically between Panacur and Safe-Guard, they are the same product, they are just marketed and packaged differently. The Panacur C is also the same, it is simply marketed to canines (dogs).
13. Where is the best place to buy Merck branded fenbendazole products? There are many places in the US to purchase Merck products such as chewy.com, calvetsupply.com, Tractor Supply and Amazon. If you buy from Amazon, make sure that what you order is sold by and ships from Amazon rather than a third party as there have been reports that some of those have been counterfeit. If you are outside the US, we suggest you use the search tool in the group and search for your country such as #canada.
14. I see that the Panacur granules are available in a one-pound tub, where can I buy that? The one-pound tub is only available with a prescription from a veterinarian. If you have a script, you can purchase it from places such as chewy.com. There are 453 doses in the one-pound container and the cost is typically around \$500 so from a cost per dose perspective it really isn't much cheaper than buying the Safeguard for 40 lb dogs.
15. The Panacur and Safeguard granules come in boxes for different weight dogs (10 lb/20 lb/40 lb) with the packets containing 1 gm/2 gm/4 gm respectively. If I buy the boxes for larger dogs, how do I measure out the doses in the packets containing 2 gm and 4 gm of granules? The easiest way is to use a one-quarter teaspoon which holds about 1 gram of the granules and contains 222 mg of fenbendazole. If you want to be more precise, which is not required, you can get a small scale and weigh out each dose.
16. If I decide to use the liquid or paste, how do I measure out one dose? For both the liquid and paste, one-half teaspoon will give you about 250 mg of fenbendazole which is considered one dose.
17. What is the difference between Panacur C and Panacur? The C just means it is marketed specifically for canines (dogs).
18. What is the difference between Panacur and Safeguard granules? There is no difference between the two, the medicine is identical. The only difference is that the Panacur is marketed to professionals and the Safeguard is marketed to the retail market.
19. What are the excipients (fillers) in the granules? Maize starch, Lactose Monohydrate and Povidone 2500,
20. What are the excipients (fillers) in the liquid Safeguard? Methylparaben, Propylparaben, Silicon Dioxide, Carboxymethylcellulose Sodium, Povidone, Trisodium Citrate Dihydrate, Citric Acid Monohydrate and water.
21. What are the excipients (fillers) in the equine paste? Methyl Parahydroxybenzoate, Propyl Parahydroxybenzoate, Mono Propylene Glycol, Apple cinnamon flavor, Carbomer 980, Glycerol (85%), Sorbitol (liquid crystalising), Sodium Hydroxide and water.
22. Should I stop the protocol when getting any scans? If getting a PET scan, it's advisable to stop the fenbendazole 48 hours prior to the PET as it may interfere with the uptake of the

radioactive glucose solution used for detecting the active cancer cells. There is no need to stop if getting an X-Ray, CT or MRI.

23. Should I stop any of the protocol when getting chemo? You should stop the UltraBotanica Pathway 2 the day before, day of and the day after receiving chemo whether it is IV or a pill. If you are taking an oral chemo pill daily, you would stop it for as long as you are taking the pill.
24. Should I stop any of the protocol before radiation? There is no indication that you need to stop any of the protocol before receiving radiation therapy.
25. There are many human forms of fenbendazole on the market, why shouldn't I take those instead of the animal version? There are no "human forms" of fenbendazole. Fenbendazole is FDA approved for use as an anti-parasitic for animals only.
26. Why does Joe only recommend Merck products? Being FDA approved, Merck products are constantly tested through the entire production process and are manufactured in cGMP (Current Good Manufacturing Practices) facilities which ensures the safety, quality and efficacy of their products. There is no way to know the quality and purity of any of the other products on the market unless you test them yourself. There are known counterfeits out there and in our opinion it's just not worth risking your health on something that may be counterfeit.
27. Is there any benefit to taking the granules over the liquid or paste? You will be getting the same fenbendazole no matter which form you take. The choice comes down to cost and ease of taking the product. If you happen to be on a feeding tube, it is recommended that you use the liquid to avoid clogging the feeding tube.
28. What is the most cost-effective product per dose? In most cases you will find that the liquid is the most cost effective per dose. If taking the granules, you will usually find that the Safeguard granules for 40 lb dogs will be the most cost effective per dose of the granules.
29. Where can I find Joe's current protocol? Joe's blog will always have the most current protocol and can be found at <https://mycancerstory.rocks>. You can also find it in the "Guides" and "Files" tabs at the top of the Facebook Group "mycancerstory.rocks".
30. Are Merck products available outside the United States? In Europe you will find MSD Animal Health and Intervet Inc, both of which are Merck divisions.
31. The boxes that the granules come in say made in China. Are any of the Merck products made in the USA? The Active Pharmaceutical Ingredient (API) which is fenbendazole is sourced by Merck from China. Merck then takes the API and formulates it into the various forms in different countries depending on which product is being made.
32. Should I change my diet when on the protocol? Everyone is different and there are many possible diets that others recommend for cancer patients and that is a personal choice. Joe did not change his diet at all.
33. Where can I find Joe's original protocol? You can find a copy of that in the files and guides tabs at the top of the group.

34. Where can I buy the Ultrabotanica Pathway products? You can order the Pathway products directly from Ultrabotanica at <https://ultrabotanica.com/product-category/onco-adjunct/> and on their website they have a “Locations” button at the top where you might find some local locations to purchase their products.