

Matrix Ash

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## Abstract

## Author Summary

Variation in gene expression is an important mechanism underlying susceptibility to complex disease. The simultaneous genome-wide assay of gene expression and genetic variation allows the mapping of the genetic factors that underpin individual differences in quantitative levels of expression (expression QTLs; eQTLs). By analyzing these effects across multiple tissues, we exploit the information that the effect of the gene-snp pair in one tissue can provide about its effect in alternative tissues. Furthermore, quantifying the effect size as opposed to simply calling QTLs present or absent reveal many patterns of sharing of effects among tissues which differ in both sign and magnitude. We provide a novel framework for estimating effect sizes across multiple subgroups, considering the evidence contained in all subgroups jointly, which provides a powerful and detailed insight into quantitative heterogeneity present in the genome.

## Introduction

Variation in gene expression is an important mechanism underlying susceptibility to complex disease. The simultaneous genome-wide assay of gene expression and genetic variation allows the mapping of the genetic factors that underpin individual differences in quantitative levels of expression (expression QTLs; eQTLs). The availability of this information provides immediate insight into a biological basis for disease associations identified through genome-wide association (GWA) studies, and can help to identify networks of genes involved in disease pathogenesis ([1,2]). Available methods are limited not only in their ability to *jointly analyze data on all tissues* to maximize power, but also in simultaneously *allowing for both qualitative and quantitative differences among eQTLs* present in each tissue.

Initial approaches to quantify the effect of a particular SNP on gene expression considered only one tissue at a time, and ignored the effect of the SNP on gene expression in other tissues. This fails to exploit the power of shared genetic variation in effects on expression - i.e. the information that the effect of the gene-snp pair in one tissue can provide about the effect in another- and limits our understanding of multiple-tissue phenotypes. Furthermore, even past attempts at quantifying heterogeneity of eQTLs using the data across tissues jointly were limited in both the number of tissues considered, and also the level of heterogeneity considered. Qualitative heterogeneity refers to calling a snp ‘active’ or ‘inactive’ in a given tissue. For example, previous attempts at joint analyses referred to the setting in which the gene-snp pair is active in all tissues as ‘shared’ and active in only one as ‘tissue-specific’ ([3,4]). However, a QTL may be ‘active’ in all or many tissues and with varying magnitude or sign; we refer to this as quantitative heterogeneity. Thus groups of QTLs can be classified not only by their presence or absence in a particular tissue, but by their relationships in continuous effects between tissues, e.g., consistently larger effects in some tissues than other. Indeed, our initial motivation came from our analysis of GTEx pilot data, in which we see evidence that many (50%) QTLs are shared across all nine tissues. In this context, a QTL is called based on whether it demonstrates significant posterior probability of being active in a particular tissue. Applying our hierarchical model to the dataset from Dimas *et al* [5] with 3 tissues, we found just 8% of eQTLs are specific to a single tissue, with an estimated 88% of eQTLs being common to fibroblasts, LCL cells and T-Cells [3]. Not all eQTLs are shared by all tissues; some tissues may share eQTLs more than others. To allow for this, our previous hierarchical model attempted to infer the extent of such sharing by estimating the proportion of eQTL which were shared in various ‘configurations’ or patterns of binary activity in which a QTL was ‘called’ or ‘absent’ in each tissue. However, these binary configurations are still *limited in their ability to capture continuous variation* in levels of activity among tissues in which the SNP is considered active. In fact, as the number of tissues considered increases, perhaps the more interesting and biologically relevant question becomes one of quantitative heterogeneity - that is, how do the patterns of effect vary across tissues in which the SNP is called ‘active’. Quantifying the effect sizes of the gene-snp pair across tissues considering the evidence contained in all tissues jointly thus reveals new patterns of activity across tissues, which differ in their relationship in sign and magnitude within and between tissues. Thus effects can be ‘shared’ but not ‘consistent’ across tissues. The structure of this paper is as follows: we will describe our approach in brief for modeling and estimating these effect sizes across tissues, demonstrate the utility of such an approach on simulated data, and apply our method to data from the GTEx dataset, version 6.0, where we analyze effects size for 16,069 genes across 44 tissues.

## 0.1 Methods Overview: Approach

We aim to learn about patterns of sharing across tissues within a SNP and among SNPs, which join to help us better understand the global and SNP-specific patterns of effects of genetics on gene expression. This allows us to make comparisons among tissues in which the QTL is called active, and among gene-SNP pairs with a similar degree of activity in a given tissue. Thus as an additional level of combining information, we assume that each eQTL may follow a particular pattern of activity characterized by its effects across tissues. Within these groups, the tissues exhibit characteristic patterns of sharing, which can be captured by considering the covariance structure of the genetic effects among tissues.

This lends itself to a mixture model, in which we assume all the gene-SNP pairs arise from a mixture of a finite number of multivariate normal (MVN) distribution, each characterized by the covariance matrix from which the vector of effects is thought to arise. For each of  $J$  gene-SNP pairs, we observe an  $R$  dimensional vector of standardized effect sizes  $\hat{b}$  and their standard error and assume that these effects descend from some true effect size  $b$ .

$$b_j | \pi, \mathbf{U} \sim \sum_{k,l} \pi_{k,l} N_R(\mathbf{0}, \omega_l \mathbf{U}_k) \quad (1)$$

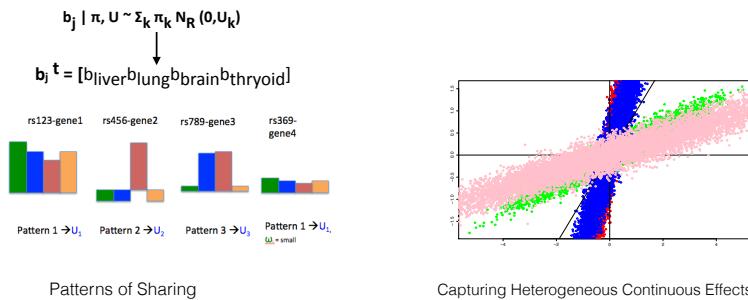
Here, the covariance matrix  $U_k$  captures the particular patterns of sharing - variation in effect sizes within and between tissues, while  $\omega_l$  determines the scale of each pattern - the magnitude of the effect size. The relationship among the distinct entries of this matrix allows us to specify effects which may be consistently larger in some tissues relative to others and may possess variable correlation among different pairs of tissues (e.g., see Figure 1, right panel, for converse relationships among effects in tissue one and two for SNPs of green opposed to blue class). Thus we also recognize that while two eQTL may obey a similar pattern or shape, the absolute scale may vary. For example, two eQTL may both have strong correlation between tissues one and two with consistently larger effects in two, but the absolute size of the effects may vary between SNPs (Figure 1, left panel, contrast gene-SNP pairs of far left and far right pattern).

## 0.2 Previous Approach

Previous work from our lab considered the idea of configuration - i.e., that a tissue was simply ‘active’ or ‘inactive’ in a particular tissue - and thus for  $R$  tissues, there were  $2^R$  possible configurations, which becomes computationally infeasible as  $R$  grows.

Furthermore, this considered only the idea that the variance in effect sizes between two tissues was the same across tissues thought to be active and the covariances were also the same among tissues thought to be active in a given ‘configuration’, and thus failed to incorporate the much richer covariance structure between tissues. For example, many gene SNP pairs might follow a pattern in which it is common to be ‘active’ across all tissues, but some QTL may have consistently larger effects in liver, lung and thyroid while other QTL may possess consistently larger effects in brain tissues and still another class of gene-SNP pairs may show consistently quantitatively specific activity in Whole Blood but non-trivial effects in other tissues.

As a critical innovation on our previous method [3,4] the covariance matrices used in our method contain distinct diagonal and off-diagonal elements which reflect data-specific patterns of variation within and covariance between subgroups (tissues). This captures the variation in effect sizes within and between subgroups better than restricting effects to simply ‘shared’ or ‘unshared’ between subgroups.



**Figure 1. Modeling Many Patterns of Sharing** Here, we display a variety of patterns of sharing present in the data. eQTLs belonging to the first class have large positively correlated effects that are consistent in sign though heterogeneous in magnitude. eQTL of pattern 2 display weak consistent effects in tissues 1,2,4 that are inversely correlated with strong tissue specific effects in tissue 3, while eQTL of pattern 3 demonstrate strong effects in a select group of tissues tissue 2 and 3, but quantitatively weaker though correlated in sign tissues 1 and 4. eQTL of the fourth group show patterns similar in ‘shape’ to eQTL in class 1, though their absolute scale is smaller. A model which simply calls QTLs ‘active’ or ‘inactive’ assumes that all effects fall along the x, y or 45 degree (1,1) line: estimating heterogenous effects which may be consistently larger in some tissues relative to others and may possess variable correlation among different pairs of tissues allows us to capture more diverse biological patterns.

Because we can't know the ‘true covariance matrix’ for each gene-snp pair, we aim to assemble a list which sufficiently captures the various patterns, and then ‘learn’ the relative proportions of each pattern of sharing from the data. One can now model each vector of effect sizes  $\mathbf{b}_j$  each as arising from a mixture that captures all the covariance patterns (Equation 1).

The primary novelty of this approach is *to estimate this multivariate posterior distribution on the effect size in a data-sensitive way* - i.e., using the mixture model to capture information about the covariance structure among subgroups (here, tissues). We deem this model ‘hierarchical’ because these prevailing patterns of activity are learned from the larger dataset - e.g., a large, random set of gene-snp pairs - and influence our inference about a given gene-snp pair ‘j’. Thus we might identify a situation in which it is common to have large effects in certain tissues and not others, and thus if a given observed gene-snp pair demonstrates a small effect in one of the ‘off issues’, we might be inclined to conclude that it is indeed a member of this particular class and shrink the small effect in this tissue accordingly without adjusting the more ‘active tissues’ similarly. However, if we observe the same small effect in a setting in which ‘similar tissues’ have large effects, we might ‘shrink’ this effect size less, due to our high prior belief in the SNP’s effectiveness garnered from adjacent tissues. Thus we deem this method ‘Adaptive Shrinkage’ because the appropriate amount of shrinkage is learned from the overall dataset. Critically, our method is dually adaptive, in the sense that we learn the relative abundance of effect sizes and directions from the overarching data set: thus observed effects are nudged towards prevailing patterns and sizes, according to the learned proportions of each.

Because our prior belief in consistency is strong in this particular dataset, we identify many more ‘significant associations’ in settings where perhaps the observed univariate statistic in one tissue is small but otherwise large in additional tissues, nudging these effects towards something more consistent. This is in contrast to a univariate shrinkage approach, in which all effects of the same size would be ‘shrunk’ equivalently, due to lack of information garnered from adjacent tissues.

In fact, shrinkage towards **0** of small effects is a result, not a necessity - since the majority of the prior weight is on small  $\omega$  components which emphasize components with small prior variance of the effect size  $b$ , many of the modest observed effects will be smoothed or shrunk towards the prior mean, **0**.  
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An additional novelty is that in learning about the effect size of a gene-snp pair in each tissue, we can make statements about the degree of heterogeneity present in the data-set- that is the proportion of SNPs who exhibit effects of a different sign or great variety in magnitude, or conversely, the degree of homogeneity should these phenomena be rare. Thus we offer an additional description to eQTL analysis: the degree of heterogeneity across multiple subgroups in both sign and magnitude, by qualifying a SNP by the similarity in size of its effects across subgroups.  
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# 1 Results

## 1.1 Demonstrating Features of the Method

To get a sense of the accuracy of our novel approach to estimating multivariate effects, we simulated two types of data: shared, and tissue specific. In the first setting, in which we expect our method to be superior to both univariate methods and joint methods in which the configuration approach is utilized, we simulate 50,000 gene-snp pairs, with only 400 representing true signal. This represents roughly 500 genes with 100 snps in cis, 80% of which contain one active QTL. Thus naturally, if the gene contains such a QTL, it is the same QTL among all tissues in which the tissue is active. This puts a dual burden on the ability of the method to accurately capture effect sizes and shapes: the small number of true associations present in these simulations tests whether the method accurately encourages small observed effects toward zero while preserving the true signal when it exists. Furthermore, the multivariate nature of these simulated ‘true’ effects tests the ability of the method to accurately infer patterns of sharing from the dataset. These true effects are thus simulated from the ‘learned’ covariance matrices representing  $U_k$  2-9, and thus aim to emulate the patterns of sharing present in real biological data. We compare with univariate ‘shrinkage’ method Ash (Stephens et al, unpublished) as well as eqtlBMA-lite (Flutre et al, 2013) which uses the singleton and fully consistent (i.e., active in only one tissue, or active with the same effect size in all tissues) configurations to estimate these effects jointly. We call this the ‘sharing’ (S) scenario.

One might expect that our method would prove superior only in the setting in which true effects are shared among all tissues, and thus fail in the setting of tissue specificity. Thus, building on the situation above, we add a simulation in which 35% of the true effects are active in only one tissue, according to 5 different patterns of tissue specificity. We call this the ‘tissue-specific’ (TS) scenario.

We see that in terms of both power and accuracy, Matrix Ash is superior in each simulation setting, to both univariate methods and to existing joint analysis approaches (eQTL-bma lite).

$$RMSE = \sqrt{\left( \sum_{jr} (b_{jr} - E(b_{jr}|Data))^2 \right)} \quad (2)$$

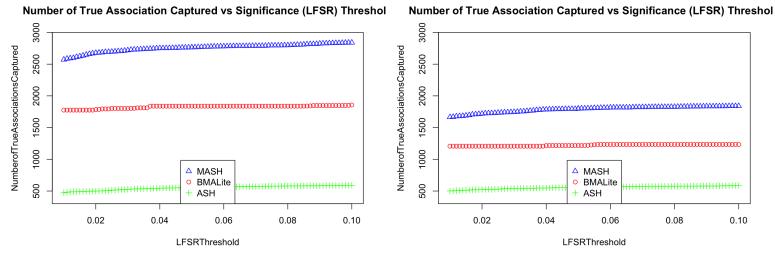
**Table 1.** Accuracy Comparison: RMSE

Inference Method	MASH	ASH	eqtlBMA-lite
RMSE <sub>S</sub>	0.010	0.030	0.047
RMSE <sub>TS</sub>	0.008	0.025	0.043
cor.with.truth <sub>S</sub>	0.99	0.94	0.84
cor.with.truth <sub>TS</sub>	0.99	0.94	0.82

**Table 2. Accuracy Analysis** Above we compare the ability of Matrix Ash (‘MASH’) to capture the true effect size estimates. We compare with univariate-shrinkage method ‘ASH’ and configuration-specific joint approach ‘eqtl-BMA-lite’. We report the Root Mean Squared Error (RMSE) and the correlation with the truth.

To demonstrate the ability of Matrix Ash to powerfully capture these accurately estimated effect sizes, we compare the proportion of true associations called significant at a given significance threshold among the three methods. Indeed, Matrix Ash proves superior to both methods under each condition (i.e., sharing or tissue-specific).

In introducing a method to quantify the heterogeneity of effect sizes, we have developed a ‘heterogeneity index’ which attempts to capture the heterogeneity in



**Figure 2. Power vs Accuracy** Under both the Shared (S, left) and Tissue Specific (TS, right) settings, we identify a greater number of true associations at a given local false sign rate threshold using Matrix Ash then either univariate methods (ASH) or joint ‘configuration style’ approaches (eQTL-bmalite).

magnitude among tissues in which the gene-SNP pair is active. For each gene-snp pair  $j$ , we normalize its vector of effects  $\mathbf{b}_j$  across tissues by the effect which has the maximum absolute value; thus for a fully ‘consistent’ gene-snp pair in which all the effects are equal in magnitude, the new vector of normalized effects would consist of all ones, and R=44 tissues would be greater than 50% of the maximum effect. By contrast, for a tissue-specific gene-snp pair, the vast majority of effects would be small fraction of the maximum effect and thus the number of tissues greater than 50% of the maximum effect would be 1 (the effect used to normalize). We can apply this heterogeneity index, here deemed ‘**HI**’ to the real data, but first wanted to demonstrate the superiority of Matrix Ash in estimating these quantities on simulated data. To quantify the ability of each method to accurately ascertain the heterogeneity, we can compute the heterogeneity index of the real data, and the inferred quantities, and use a modified RMSE:

$$RMSE_{HI} \sqrt{\sum (true_{HI} - estimated_{HI})^2} \quad (3)$$

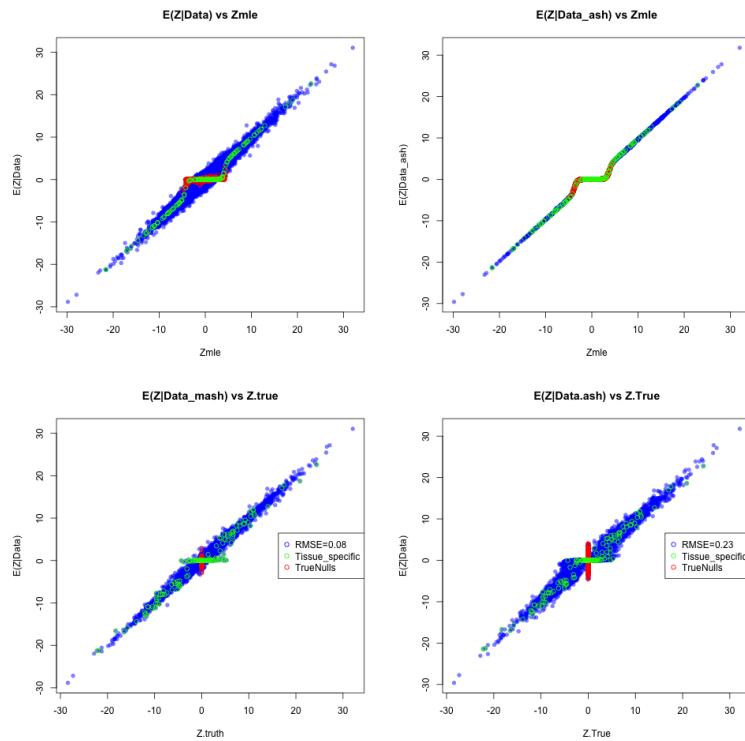
**Table 3.** Accuracy Comparison: RMSE

Inference Method	MASH	ASH	eqlIBMA-lite
$HI_S$	39.38	40.87	39.78
$HI_{TS}$	39.98	40.77	39.51

### 1.1.1 Adaptive Shrinkage: The Multivariate Approach

To demonstrate the utility of shrinking effect size estimates jointly, we consider the estimated effect sizes against their observed input summary statistics using our joint (Matrix Ash) and comparing to a univariate shrinkage method (Ash). On simulated data, we can also then plot the estimated effect sizes against the true values, again comparing among methods. Here, we show the results under the setting of tissue specificity, to analyze the behavior of eQTL of each class.

In both Matrix Ash and univariate methods,  $\hat{b}_{jr}$  values with large standard errors will be shrunk more harshly (Ash Paper, Stephens et al.). Comparing estimated Z statistics (i.e.,  $E(Z_{jr}|Data)$ ) against the observed ‘raw’ input values (i.e.,  $\hat{b}_{jr}$ ) (Figure 3) allows us to understand the behavior of multivariate vs univariate methods once the standard error has been considered. In this simulated data-set, where there is an abundance of small effects, both univariate and multivariate methods tend to shrink small observed values towards prior mean at  $\mathbf{0}$  as their likelihoods will be maximized by component with small  $\omega$ . Critically, considering observed Z statistics of the same size,



**Figure 3. Understanding Power and Accuracy Gains** In the top left panel, we contrast the power advantage of a joint shrinkage approach with that of a univariate thresholding approach, in which all  $Z$  statistics of a given size are shrunk equivalently, independent of the information contained in other tissues. Bottom left, the correlation with the true (simulated) values is greater using MASH than univariate methods, and truly null values are shrunk more harshly, while retaining the ability to capture tissues specific eQTL.

Matrix Ash does not shrink all small values are shrunk to the same extent, due to the power of joint analysis to consider the effects across tissues in inferring the final vector of effect sizes. Thus the method is dually ‘adaptive’ by considering the abundance of both effect sizes and shapes in the overall data-set. Here, acknowledging consistency, small effects in one tissue will be augmented in the presence of larger effects other tissues, resulting in dramatic power increases (Figure 2).

Furthermore, when we plot the estimated effects against truth (Figure 3, bottom panels) and segregate these effects by class (e.g., active and shared, active and tissue-specific, or null), we see that the correlation among the true and estimated effect ( $E(Z|D)$ ) sizes is much tighter using our multivariate approach. Similarly, truly null effects are shrunk more tightly, due to the fact that in the presence of consistency, small effects across subgroups will lead us to have a high prior belief that an additional small observed effect in that eQTL is also likely to be close to 0. Importantly, tissue-specific QTLs are still captured using our joint approach, demonstrating that if tissue-specific patterns exist in the data, our prior belief will capture this phenomenon and accordingly our posterior estimates will reflect the underlying tissue-specific nature at a given tissue-specific SNP.

Together, these results demonstrate the tremendous power increase of using a multivariate method and the accuracy of estimating patterns of sharing from the data rather than imposing forced configurations which fail to capture the heterogeneity of effect sizes among tissues.

### 1.1.2 Power and Adaptive Shrinkage: Real Data

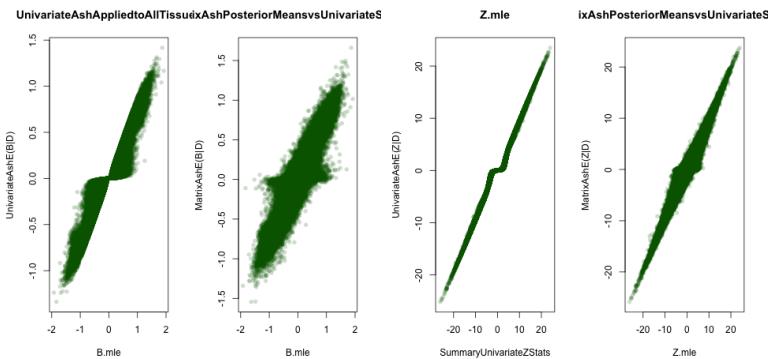
Now, we consider the results of our analysis, when applied to the GTEx data set. After estimating the covariance matrices from the strongest gene-snp pairs, in an effort to capture the underlying ‘true patterns’ of sharing in the data and adding the qualitatively specific configurations ‘bma-lite’ configurations, we can infer the relative frequency of each pattern of sharing and corresponding effect sizes from a large sample of 40,000 gene-snp pairs (see Methods for details on prior weight estimation).

Here, we report the analysis on the top SNP for each of 16,069 genes, where the ‘top’ snp is defined as the SNP with the largest observed univariate Z-statistic in absolute value across tissues. As described above and demonstrated in simulations, in the setting of an abundance of small effects in data set, Matrix Ash tends to shrink small observed values towards the prior mean at  $\mathbf{0}$ . It should be noted that this is a result specific to a particular data set, and in that sense ‘adaptive’ - indeed, if small effects were rare and large effects abundant, such shrinkage would not occur.

But perhaps more importantly, there is a striking increase in power (Table 5) when compared to univariate methods. There are a total of 44 tissues x 16,069 gene-snp pair associations considered, or 707,036 total tissue-level effect size coefficients. At an  $lfsr$  threshold of 0.05, we identify 393,414 significant snp-gene-tissue effects ( $b_{jr}$ ). Using estimates shrunk according to a univariate approach (again, Ash), we identify only 91,755, meaning that using univariate methods we would be confident our ability to identify the sign in only 13% of cases, while using our joint procedure for estimating effects, we would confidently argue the SNP has a non-zero effect for a gene in a particular tissue over half (55%) of the time. As described, this tremendous increase in power arises from the fact that in the presence of a data set possessing consistency, as learned by the hierarchical model, small effects in the presence of a gene containing large effects in alternative tissues will be augmented to reflect such consistency, thus increasing our confidence in its size and direction. While the number of associations capture is slightly greater using the BMA lite approach, we note that the likelihood of the data set under this model is much much worse ( $-1298672$  vs  $-1267997.5$ , see supplementary data ‘Testing and Training’ procedure). Indeed, eQTLBMA would put

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the vast majority of the prior weight on the fully ‘consistent’ configuration (Figure 5), as SNPs demonstrating activity across all tissues, regardless of how heterogeneous among subgroups, are forced into this configuration. Simulations above demonstrate the lack of accuracy arising from such an approach.



**Figure 4. Understanding Shrinkage with Real Data** While both univariate and joint methods shrink estimates with large standard error, comparing the posterior estimates for a given Z statistic allows us to visualize the power of joint analysis. Z statistics of the same size are shrunk differently depending on the effect across tissues.

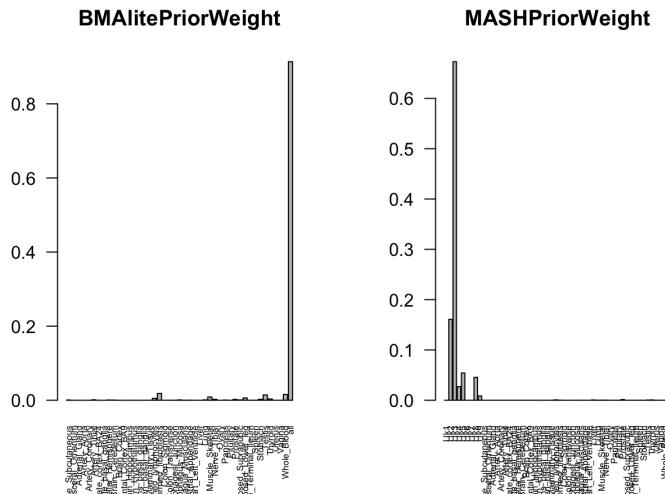
**Table 4. Power Comparison**

Metric	LFSR <sub>MatrixAsh</sub>	LFSR <sub>ASH</sub>	eQTL-BMALite
Significant $b_{jr} \leq 0.05$	393414	91,755	401,552

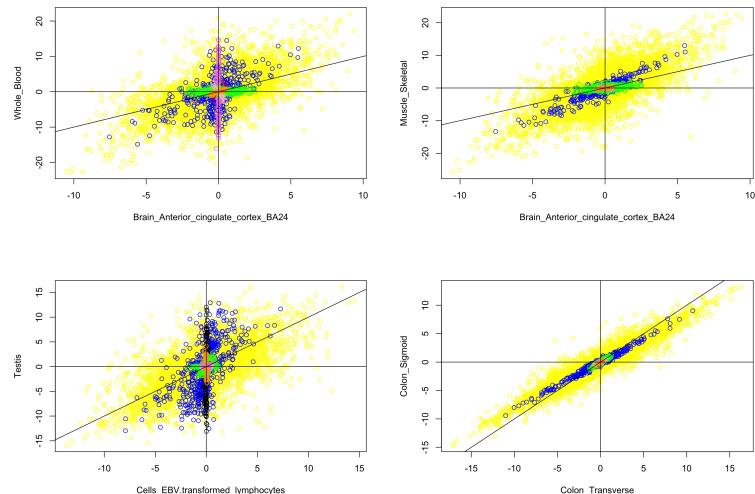
**Table 5. Power** Restricting our analysis to thresholding by local false sign rates, we can quantify the number of associations we identify at a given local false sign rate threshold using the original summary statistics and posterior means computed using multivariate Matrix Ash and Univariate Ash. We can see that Matrix Ash calls over four times as many associations significant when compared to univariate approach, and is comparable to less-accurate joint approach

To further contrast our approach with existing joint methods on this data-set, consider a two-tissue example, in which a configuration type approach recognizes only patterns constrained to lie along the x and y axis or along the  $x - y$  line (Figure 1). Matrix Ash allows for patterns which show consistently larger effects in one tissue over another, with varying amounts of correlation among tissues. In these examples from real data (Figure 6), we can see that while eQTL of the green, blue and yellow class appear consistently active in both Brain and Muscle, the blue and yellow effects have consistently larger effects in Skeletal Muscle than brain, while SNPs of the green class show the reverse. Similarly, eQTL of the yellow class show only loose correlation among this chosen pair of tissues, while eQTL of the blue class show strong correlation between this pair. Furthermore, we can see that eQTL of the pink class tend to show tissue-specificity in Whole Blood relative to testis, while eQTL of the black class show tissue specificity in testis relative to whole blood. Lastly, within QTL of the yellow class, there exists only loose correlation between testis and lymphocytes, but strong correlation among colonic tissues, indicating the value of capturing distinct patterns of correlation among different pairs of tissues among SNPs of a given class, or between classes.

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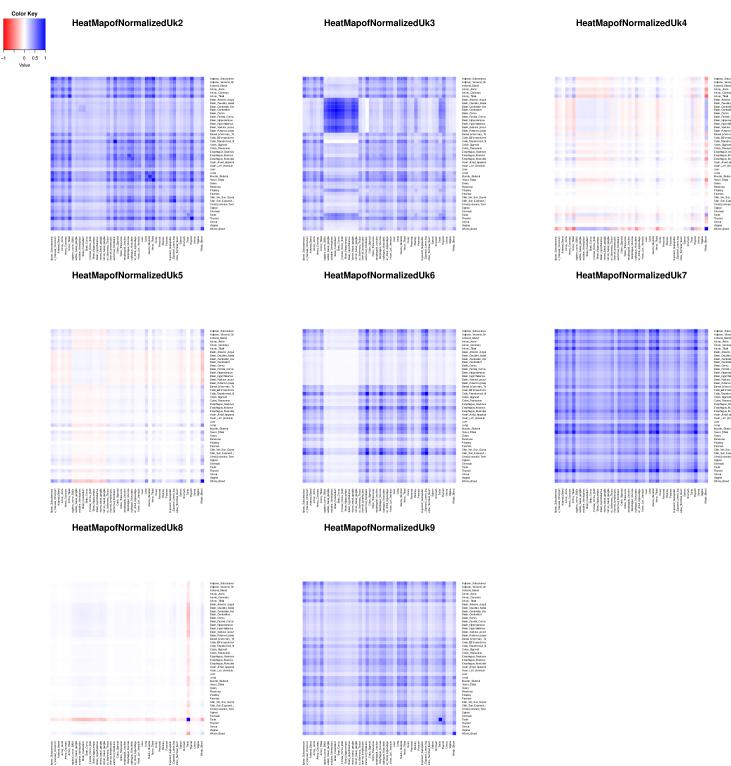


**Figure 5. Prior Weight Assigned to Patterns of Activity** While a joint method like eQTL-BMAlite assigns the majority of the prior weight to the ‘consistent’ (active across all tissues with the same prior effect size) configuration, we can see that Matrix Ash is able to accurately parse shared configurations, thus resolving the relationship among tissues in which the QTL is active. This is a superior model fit, as judged by the likelihood improvement and simulation results above.



**Figure 6. Diverse Array of Relationships among tissues.** While eQTL of the green, blue and yellow class appear consistently active in both Brain and Muscle, the blue and yellow effects have consistently larger effects in Skeletal Muscle than brain, while SNPs of the green class show the reverse. Similarly, eQTL of the yellow and blue class show weak and strong correlation among Muscle and Brain, respectively. Similarly, we can see that eQTL of the pink class tend to show tissue-specificity in Whole Blood relative to testis, while eQTL of the black class show tissue specificity in testis relative to whole blood. Lastly, QTL of the yellow class seem only loosely correlated between testis and lymphocytes, but strongly correlated among colonic tissues.

## 1.2 A qualitative description of heterogeneity in the GTEx data



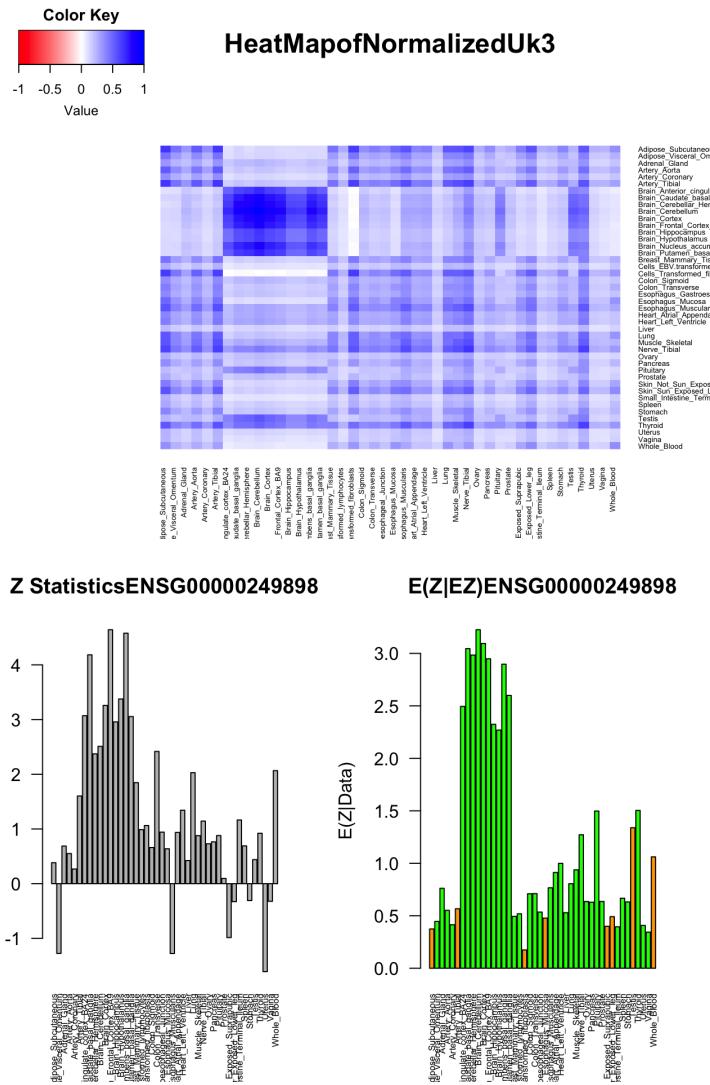
Indeed, from the prior weight assigned to the ‘learned matrices’ above coupled with the simulation results in the previous sections, we can see that Matrix Ash is able to accurately parse shared configurations, thus resolving the relationship among tissues in which the QTL is active Figure 5 and Figure ??.

For instance, learned matrix  $U_k = 3$  captures gene-SNP pairs with large, correlated effects in brain, and is the most prevalent pattern of sharing in the larger data set, as reflected by its prior weight summed across effect size (see Figure 5). Matrix  $U_k = 2$  captures SNPs with small effects in brain and larger effects in thyroid and transformed cell-types (e.g., fibroblasts, lymphocytes). Several of the lower rank matrices whose patterns receive high prior weighting (e.g.,  $U_k = 4, 5, 8$  and 9) show somewhat tissue specific (i.e., high prior variance in only one tissue-type) effects in testes and whole blood, consistent with our conclusions that whole blood and testes indeed demonstrate an abundance of tissue-specific gene-SNP pairs. Here we examine several example gene-SNP pairs with a high posterior probability of arising from the covariance patterns captured by our model. We deem this posterior probability of arising from a particular pattern as a high ‘loading’ or ‘responsibility.’

### 1.2.1 Examples of Select Patterns

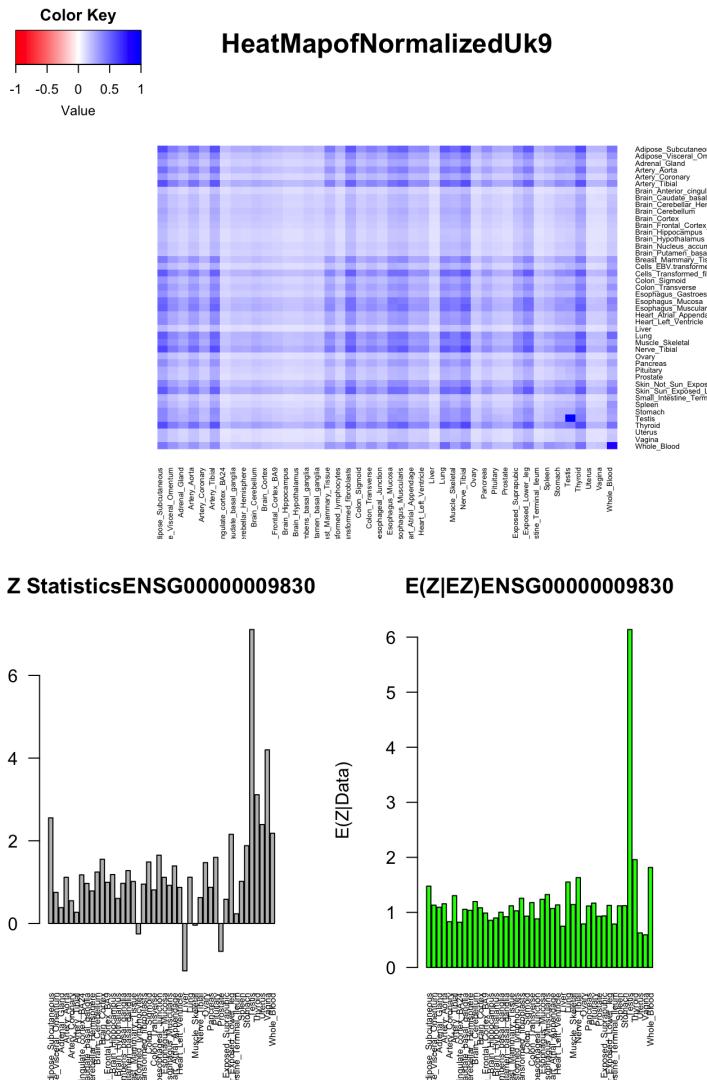
In this particular example (Figure 7), strong, shared effects in brain tissues match an underlying pattern of shared effects present in the larger data set and thus allows this gene-SNP pair to find its true match. Brain effect sizes thus borrow strength from one another, and accordingly, the posterior estimates tend to nudge the brains towards a consistent, shared effect. Similarly, an overall tendency towards consistency in sign in the larger data set, as captured by the hierarchical model and reflected in the positive

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**Figure 7. High loading on UK3:** Captures correlation in sign, quantitative heterogeneity in magnitude along diagonal emphasizes the utility of continuous approach, erratic ‘off-directions’ are flipped.

correlation in sign among all tissues, tends to ‘flip’ erratic off directions towards the prevailing positive direction. Heterogeneity in magnitude among the other tissues is reflected in the variety of banding intensity along the diagonal.

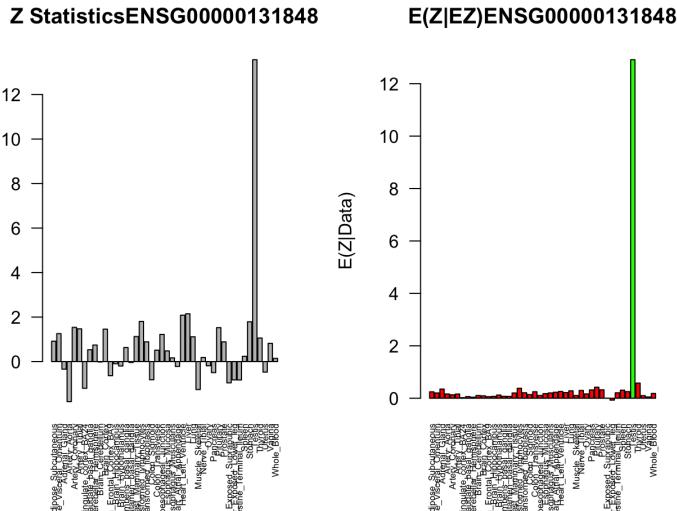


**Figure 8. High Loading on  $U_k = 9$ :** This particular gene SNP-pair demonstrates high loading on the learned pattern of activity (as opposed to forced) which captures quantitatively specific activity in testes and whole blood. Here, while the effects are significant in all tissues, they appear quantitatively specific in testes in particular.

In this example (Figure 8), though the particular pattern featured ( $U_k = 9$ ) captures correlation in sign among all tissues, significant quantitative heterogeneity is again reflected in the intensity of the banding along the diagonal, in this dramatically dichotomous between testes/whole blood and all other tissues. Here, we introduce the idea of quantitative specificity - e.g., that a SNP can be modestly ‘active’ in all tissues though to dramatically different degrees. here, though this matrix was learned (and not forced, as in eQTLBMA-lite) from the data, the pattern of quantitative tissue specificity in testes and whole blood is evident. Again, erratic, off-directions are flipped in sign. We refer to this as quantitative specificity, because the effects are quantitatively unique to

particular tissues - e.g., significantly larger in magnitude in testis than all other tissues - and yet considered non-zero in all tissues. This is in contrast to qualitative specificity, described below, in which we would conclude that the QTL is active in only one tissue.

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**Figure 9. Qualitative specificity in Testis** This example demonstrated high loading on eqtlbma-lite configuration matrix, and accordingly only the activity in testis is deemed significant

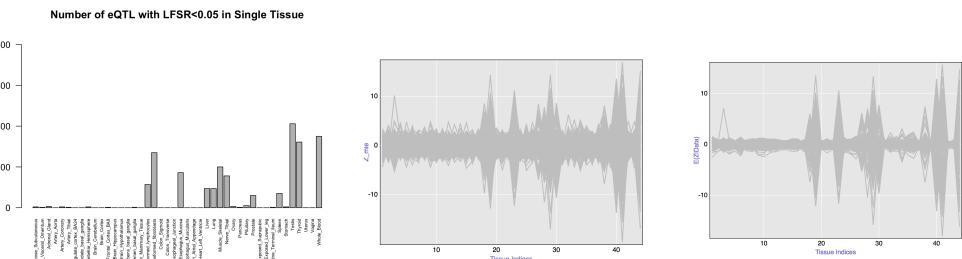
Lastly, the inclusion of the eQTLBMA lite configurations (in which the SNP has a non-zero effect in only one tissue) coupled with the learned patterns of tissue specificity evident in matrices  $U_k : 5 - 9$  serve to allow the preservation of qualitatively specific effects. Here, we show (Figure 9) a gene-snp pair demonstrating high loading on one of the eqtlbma-lite configuration matrices - indeed, we reject the significance of the effect size estimates in all tissues but testes, a pattern consistent with the presence of tissue-specificity described below. Together, these results cement the resolution afforded by methods which can distinguish among tissues in which a QTL is called active, beyond reducing genetic effects to binary 'on' or 'off' conclusions.

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### 1.3 Tissue Specificity

One of the criticisms of a joint approach might be its loss of tissue-specificity. That is, by considering effects across subgroups in estimating the effect size, one might lose sight of tissue-specific activity when it exists. Here, we demonstrate our ability to recognize such specificity both quantitatively, as described above through learned patterns of sharing which specify consistently larger effects in one tissue over others, and qualitatively through forced prior effect size mass on 0. For each tissue, we can ask how many gene-snp pairs meet a given significance threshold in that tissue alone. Furthermore, tissue specific eQTL demonstrate the smoothing feature of this joint shrinkage approach: for gene SNP pairs which demonstrate strong effects in only one tissue, the weaker erratic tissue are shrunk towards the prior mean at 0, resulting in a tissue specific smoothing (Figure 10, at right)

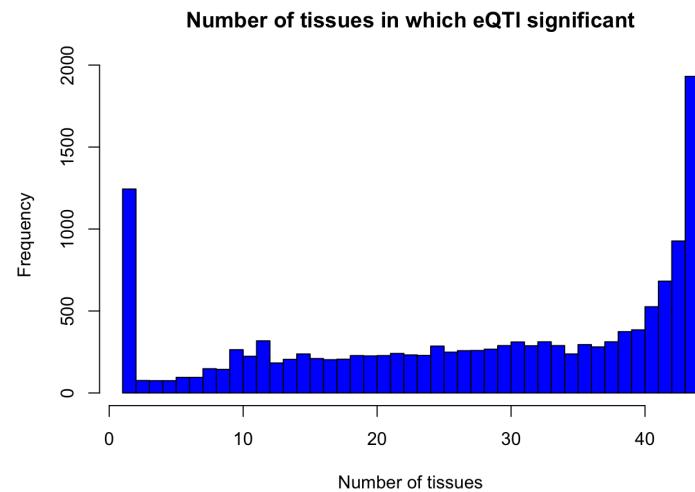
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**Figure 10. Tissue Specificity** At an LFSR threshold of 0.05, we can ask how many QTL are specific to a given tissue. Several patterns of tissue-specific QTLs stand out: transformed cell types, testis, thyroid, and whole blood. Tissue specific eQTL demonstrate the smoothing feature of this joint shrinkage approach

#### 1.4 Quantifying Heterogeneity

Armed with a vector of effect size estimates across 44 tissues,  $b_j$ , we can move beyond asking in how many tissues is a given gene-snp pair significant (Figure 11), and ask about the relationship in effect size and direction among tissues in which the gene-snp pair is active.



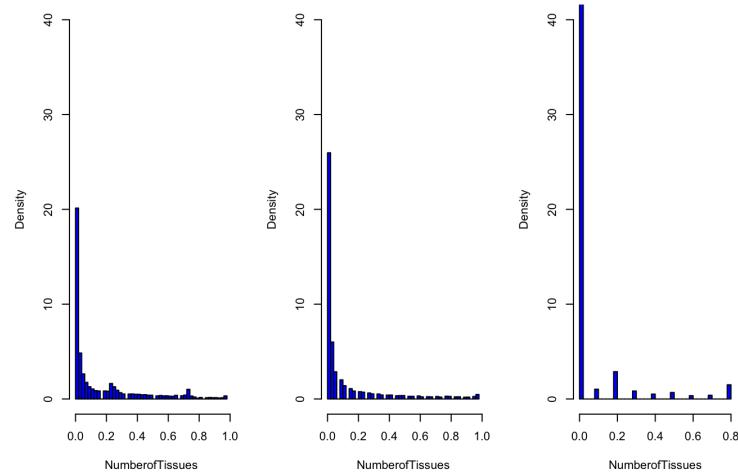
**Figure 11. Number of Tissues Significant** At a given LFSR threshold (0.05), we can ask for each QTL, in how many tissues is it considered ‘significant’. However, armed with new information about effect size we can ask additional questions about heterogeneity

From a biological standpoint, we might predict that effects of a different sign are rare. Similar to the heterogeneity index described in the simulation framework above which attempted to describe heterogeneity in magnitude, we can plot the number of tissues in which the sign is differ than the effect with maximum absolute value Figure 12). Considering this results with and without the inclusion of the brain tissues, which appear to behave as a strongly correlated group, we observe several phenomenon. The majority of gene-snp pairs are consistent in sign (indeed, only about 20% of genes show two significant effects of a different sign when including brain, and even fewer (14.8%)

when excluding brains) and removing brains from our analysis tends to push us towards consistency, suggesting that brain appears to behave as a large tissue-specific entity. After normalizing each gene-snp effect size coefficient  $b_{jr}$  by the effect size with the maximum value for the gene, we can also ask what proportion of these are positive. We again recognize homogeneity with 83% (all tissues) and 87% (excluding brain) demonstrating positive normalized effects, respectively.

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**Figure 12. Heterogeneity in Sign** For each gene-snp pair, we select the effect across tissues with the maximal absolute value and ask how many estimated effects possess a different sign. Homogenous SNPs in sign will thus be at the left of the distribution, while gene-snp pairs with many tissues different than the effect of largest (absolute) size will shift to the right

Furthermore, we can now quantify the heterogeneity index in magnitude described in the simulation framework above, and ask, for each gene, in how many tissues is the effect greater than equal to a significant fraction, here 50% of the maximum effect (13). Genes binned in the left of this distribution are quantitatively specific because the effect is close to the maximal effect in few tissues, while homogenous genes be featured towards the right of the distribution (maximal value at 44) as the majority of their effects across tissues are similar in magnitude. Again, excluding brain from the analysis tends to nudge us towards a belief in consistency (Table 6).

Taken together, these results suggest the presence of consistency in sign in our data set, and a bimodal distribution of heterogeneity in magnitude.

Attempting to understand which genes tend to behave the most homogeneously or heterogeneously, we can plot (Figure 14) the value used to normalize each gene, e.g., the ‘maximum’ effect size across tissue of the gene, against the normalized values. We can see that if a large effect is present, it tends to be in the presence of homogenous effects across subgroups, while small normalizing effects tend to be in the presence of effects that are more variable in sign and magnitude. Furthermore, aggregating the gene-snp pairs at a given heterogeneity index and classifying them by the effect used to normalize (e.g., the ‘max effect’) we can see that gene-snp pairs with greater Heterogeneity Indices tend to have larger effects on average, and the tissue-specific patterns again become more evident by plotting these QTL across tissues (Figure 14, far right).

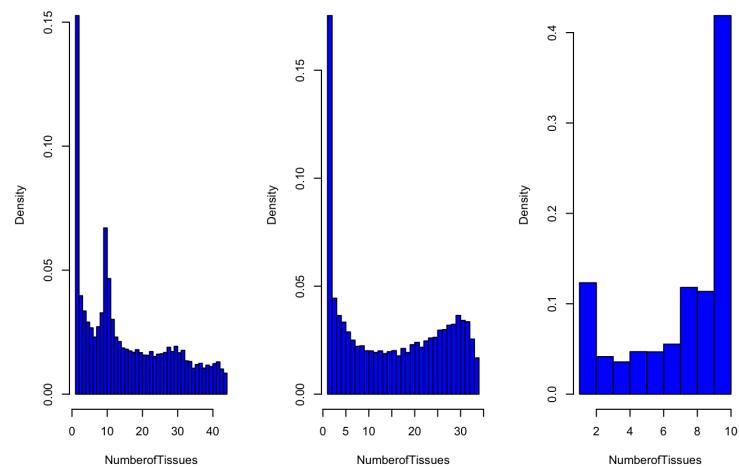
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**Table 6.** Heterogeneity Comparison

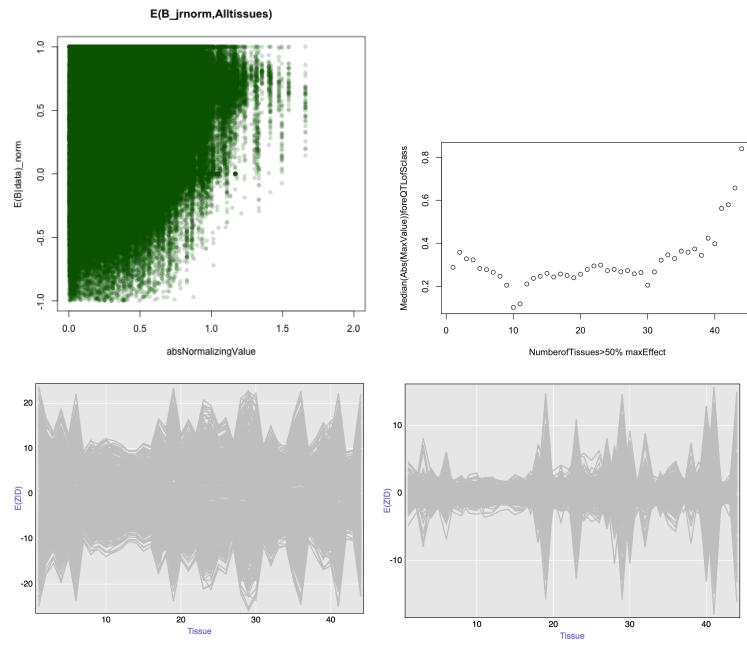
Data	All Tissues	No Brains
Consistent in Sign $E(b_{jrnorm} D) > 0)$	0.833	0.880
$E(\text{Consistent SignPosteriorMean}   \text{LFSR} \leq 0.05)$	0.802	0.852
$E(\text{At least 50\% max value})$	0.354	0.449

**Table 7. Heterogeneity Analysis** After normalizing each gene-snp-effect size coefficient by the effect size with maximal value at that gene ( $b_{jr}$ ), we can ask how many of these gene-snp effect coefficients are positive. Similarly, at a given significance threshold, we can ask how many gene-pairs contain effects of different signs across tissues. At an arbitrary LFSR threshold of 0.05 for instance, we note that 80% of genes are homogenous in sign when all tissues are considered. Excluding brains from our analysis, this rises to 85%. To evaluate consistency in magnitude, we can ask how many gene-snp-tissue effects are greater than 50% of the maximal effect across tissues for the pair. Again, we see that excluding brains from our analysis tends to push this towards consistency.

of Tissues in which  $B_{norm} > 0.5 * \text{MaxB}$  of Tissues in which  $B_{norm} > 0.5 * \text{MaxBExr}$  of Tissues in which  $B_{norm} > 0.5 * \text{Ma}$ :



**Figure 13. Heterogeneity in Magnitude** For each gene-snp pair, we can ask how many tissues is the effect at least 50% of the maximal effect. Above, we consider the distribution of this ‘Heterogeneity Index’ with and without brains included in the analysis.



**Figure 14. Understanding Which Effects are the most homogenous** For each gene-snp pair, we plot the normalized gene-snp-tissue-effect (e.g.,  $b_{jr}$ ) against the largest absolute effect size for the genes. To learn which genes are more quantitatively homogeneous, we can see that eQTLs in which a large effect is present tend to have more consistent effects across the board, and thus occur in the presence of many normalize  $b_{jr}$  close to 1. Furthermore, aggregating genes by their Heterogeneity Index and reporting the median maximal effect for genes of a given H class, we see that the maximum value tends to increase with homogeneity. We can segregate homogenous and heterogenous eQTL and consider their activity across tissues.

## Materials and Methods

Let  $\mathbf{b}_j$  represents the genetic effect of SNP-gene pair  $j$  across  $R = 44$  tissues.  
 We assume the following mixture prior for the  $R$  dimensional vector of true effects,

$$\mathbf{b}_j | \boldsymbol{\pi}, \mathbf{U}, \omega \sim \sum_{k,l} \pi_{k,l} N_R(\mathbf{x}; \mathbf{0}, \omega_l \mathbf{U}_k) \quad (4)$$

Where  $N_R(\cdot; \mathbf{0}, \omega_l \mathbf{U}_k)$  denotes the density of a normal distribution with mean  $\mathbf{0}$  and variance  $\omega_l \mathbf{U}_k$ .

Each component of the mixture distribution is characterized by these prior covariance matrices,  $\mathbf{U}_k$  which capture the pattern of effects across tissues. Critically, this prior distribution is the same for all  $J$  - hence the hierarchical incorporation of shared information.

### 1.5 Covariance Matrices

For a given  $\omega_l$ , we specify 4 ‘types’ of  $R \times R$  prior covariance matrices  $\mathbf{U}_{k,l}$ .

1.  $\mathbf{U}_{k=1,l} = \omega_l \mathbf{I}_R$
2.  $\mathbf{U}_{k=2,l} = \omega_l \mathbf{X}_z$  The (naively) estimated tissue covariance matrix as estimated from the column-centered  $J \times R$  matrix of  $Z$  statistics,  $Z_{center}$ :  $\frac{1}{J} Z_{center}^t Z_{center}$
3.  $\mathbf{U}_{k=3,l} = \omega_l \frac{1}{J} V_{1...p} d_{1...p}^2 V_{1...p}^t$  is the rank  $p$  eigenvector approximation of the tissue covariance matrices, i.e., the sum of the first  $p$  eigenvector approximations, where  $1...p$  represent the eigenvectors of the covariance matrix of tissues and  $1...p$  are the first  $p$  eigenvalues.
4.  $\mathbf{U}_{k=4:4+Q-1,l} = \frac{1}{J} ((\Lambda \mathbf{F})^t \Lambda \mathbf{F})_q$  corresponding to the  $q_{th}$  sparse factor representation of the tissue covariance matrix
5.  $\mathbf{U}_{k=4+Q,l} = \frac{1}{J} (\Lambda \mathbf{F})^t \Lambda \mathbf{F}$  is the sparse factor representation of the tissue covariance matrix, estimated using all  $q$  factors.
6.  $\mathbf{U}_{k=5+Q:R+4+Q,l} = \frac{1}{J} ([100...]' [100...])$
7.  $\mathbf{U}_{k=R+5+Q,l} = \frac{1}{J} ([111...]' [111...])$
8.  $[1000...]$  or  $[111...]$  represent configurations such that given membership,  $\mathbf{b}_j$  arise from the same prior variance.

Critically, the computations above are estimated using the strongest snp per gene as characterized by the maximum absolute value across  $R$  tissues, in order to optimally initialize a ‘denoised’ matrix of the true effects.

### 1.6 Deconvolution

To retrieve a ‘denoised’ or ‘deconvoluted’ estimate of the non-single rank dimensional reduction matrices, we then perform deconvolution after initializing the EM algorithm with the matrices specified in (2), (3) and (5). The final results of this iterative procedure preserves the rank of the initialization matrix, and allows us to use the ‘true’ effect at each component component  $\mathbf{b}_j$  as missing data in deconvoluting the prior covariance matrices. In brief, this algorithm works by treating not only the component identity but also the true effect  $\mathbf{b}_j$  as unobserved data, and maximizing the likelihood over the expectation of the complete data likelihood, considering the values  $\mathbf{b}_j$  as extra missing data (in addition to the indicator variables  $q_{ij}$ ) (Bovy et al, 2014).

## 1.7 Mixture Weights: Estimate $\hat{\pi}$

We wish to choose the model which best maximizes the probability of observing the data set.

Incomplete Data likelihood:

$$L(\boldsymbol{\pi}; \hat{\mathbf{b}}) = \prod_{j=1}^J \sum_k^K \pi_k P(\hat{\mathbf{b}}_j | z_j = k) \quad (5)$$

Here, in order to obtain mixture weights  $(\boldsymbol{\pi}; \hat{\mathbf{b}})$  which reflect the abundance of each pattern of sharing in the overall data set, we use a random set of gene-snp pairs (i.e., not restricting our analysis strong Z statistics used in the section above).

- To estimate the hierarchical prior weights  $\hat{\pi}$  we compute the likelihood at each of these randomly chosen gene-snp pairs  $j$  by evaluating the probability of observing  $\hat{\mathbf{b}}_j$  given that we know the true  $\mathbf{b}_j$  arises from component  $k$
- Use the EM algorithm to estimate the optimal combination of weights using the  $J \times K$  matrix of likelihoods computed according to (6).

## 1.8 Likelihood

By maximum likelihood in each tissue separately, we can easily obtain the observed estimates of the standardized genotype effect sizes,  $\hat{\mathbf{b}}_j$ , and their observed squared standard errors recorded on the diagonal of an  $R \times R$  matrix noted  $\hat{V}_j = (\hat{\mathbf{b}}_j)$ . We assume that the matrix of standard errors of  $\hat{\mathbf{b}}_j$ ,  $V_j$  as approximated by  $\hat{V}_j$  is diagonal and that  $\hat{V}_j$  is an accurate point estimate for the standard error and that these standard errors are independent between tissues.

If we now view  $\hat{\mathbf{b}}_j$  and  $\hat{V}_j$  as *observed data*, we can write a new “likelihood” using only the sufficient statistics,  $\hat{\mathbf{b}}_j$  and  $\hat{V}_j$ :

$$\hat{\mathbf{b}}_j | \mathbf{b}_j \sim_R (\mathbf{x}; \mathbf{b}_j, \hat{V}_j) \quad (6)$$

## 1.9 Posterior Quantities

Armed with the prior mixture weights stored in the  $K \times L$  vector  $\hat{\pi}$  we proceed to the inference step and compute the posterior weights (9) and corresponding posterior quantities across all original 16,069 gene-snp pairs.

We aim to report posterior quantities for a given gene-snp pair  $j$ . We know that for a single multivariate *Normal* the posterior on  $\mathbf{b}|U$  is simply:

$$\mathbf{b}|\hat{\mathbf{b}} \sim N_R(\tilde{\mu}, \tilde{U})$$

where:

- $\tilde{\mu} = \tilde{U}(\hat{V}^{-1}\hat{\mathbf{b}})$
- $\tilde{U} = (U^{-1} + \hat{V}^{-1})^{-1}$ .

Let us concatenate the list of all  $K \times L$  combinations of prior covariance matrices  $U_k$  and their scaling parameters  $\omega_l$  into a  $K \times L$  list and assign this length  $K$  for simplicity of notation.

Now each  $U_k$  imparts information about both *scale* and *direction*. Furthermore, a mixture-multivariate normal prior and a normal likelihood yields a mixture multivariate

posterior, where the final posterior distribution is simply a weighted combination of multivariate normal distributions, where for each gene-snp pair  $\mathbf{j}$  is now characterized by it's posterior mean  $\tilde{\boldsymbol{\mu}}_{jk}$  and covariance  $\tilde{U}_{jk} = (U_k^{-1} + \hat{V}_j^{-1})^{-1}$ .  
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$$\mathbf{b}_j | \hat{\mathbf{b}}_j, \hat{V}_j, \hat{\boldsymbol{\pi}} \sim \sum_k^K \tilde{\pi}_{jk} N_R(\mathbf{x}; \tilde{\boldsymbol{\mu}}_{jk}, \tilde{U}_{jk}) \quad (8)$$

Where again,  $N_R(\cdot; \mathbf{0}, \omega_l U_k)$  denotes the density of a normal distribution with mean  $\tilde{\boldsymbol{\mu}}_k$  and variance  $\tilde{U}_k$  and the posterior mixture weight  $\tilde{\pi}_k$  is simply  
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$$\tilde{\pi}_{jk} = \frac{p(\hat{\mathbf{b}}_j | \hat{V}_j, z_j = k) \hat{\pi}_k}{\sum_{k=1}^K p(\hat{\mathbf{b}}_j | \hat{V}_j, z_j = k) \hat{\pi}_k} \quad (9)$$

Where  $z_j = k$  is the latent variable indicator of the component identity and each  $\hat{\pi}_k$  represents the Maximum Likelihood Estimate of the prior mixture weights assigned to each component (5).  
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## 1.10 Reported Quantities

For every gene-snp pair ‘j’, we aim to report the effect size as the posterior mean, defined as:  
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$$E(\mathbf{b}_j | \hat{\mathbf{b}}_j, \hat{V}_j, \hat{\boldsymbol{\pi}}) = \sum_k^K \tilde{\pi}_k \tilde{\boldsymbol{\mu}}_k \quad (10)$$

And the local false sign rate, or posterior probability of incorrectly identifying the sign of the effect for a given tissues ‘r’ as :  
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$$P(b_{jr}) = 1 - \max \left[ \sum_k p(b_{j,r} > 0 | \hat{\mathbf{b}}_j, \hat{V}_j, z_j = k) \tilde{\pi}_k, \sum_k p(b_{j,r} < 0 | \hat{\mathbf{b}}_j, \hat{V}_j, z_j = k) \tilde{\pi}_{jk} \right] \quad (11)$$

For the results section of this paper, we report the posterior mean (10) and LFSR (11) for the ‘top’ SNP per gene, but armed with the hierarchical weights (5) and covariance matrices  $\mathbf{U}$  the posteriors can be computed for any gene-snp pair.  
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## Discussion

### Supporting Information

#### 1.11 Testing and Training

In order to determine the optimal number and rank of the covariance matrices, we divide our data set into a training and test data set, each containing 8000 genes.

In the training set, we proceed as above: choosing the top SNP for each of the 8000 genes, creating a list of covariance matrices through deconvolution and grid selection of these top 'training gene-snp' pairs.

Then, within the training data, we similarly choose a random set of gene-snp pairs (restricting our analysis to genes contained in the training set. Again, we choose 20,000 random-gene snp pairs and use the EM algorithm to learn the mixture proportions  $\pi$  from this data set.

We then use the KxL vector of  $\pi$  from the training set to estimate the log likelihood of each data point in the test data set. If our model is 'overfit' to the training data set, than a larger number of covariance matrices may actually decrease the test log-likelihood.

I found that the K=1188 set of covariance matrices containing the Identity, the denoised empirical covariance matrix, rank five SFA approximation and rank 3 SVD approximation as well as 5 single-rank SFA factors and the 45 *eqtl.bma.lite* configurations maximized this likelihood.

#### 1.12 Training and Testing Procedure: Estimating Hierarchical Weights

We wish to choose the model which best maximizes the probability of observing the data set.

Incomplete Data likelihood:

$$L(\boldsymbol{\pi}; \hat{\mathbf{b}}) = \prod_{j=1}^J \sum_k^K \pi_k P(\hat{\mathbf{b}}_j | z_j = k) \quad (12)$$

- To estimate the hierarchical prior weights  $\pi_k$ : compute the likelihood at each each gene-snp pair  $j$  by evaluating the probability of observing  $\hat{\mathbf{b}}_j$  given that we know the true  $\mathbf{b}_j$  arises from component  $k$
- Use the EM algorithm to estimate the optimal combination of weights (See Ash et al for details of the EM).

We then use these weights to estimate the test set log-likelihood.

### Acknowledgments

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