Zucchini Bread Recipe (VIDEO)

A moist and easy-to-make zucchini bread recipe, loaded with fresh zucchini. Zucchini Bread is perfectly sweet with a cozy hint of cinnamon.

Author: Natasha Kravchuk Servings: 20 people (makes 2 loaves) Calories: 237

Prep Time: 15 mins Cook Time: 1 hr Resting Time: 15 mins Total Time: 1 hr 30 mins

Ingredients

- 3 cups all-purpose flour, or use gluten-free flour
- 11/2 tsp baking powder
- · 1 tsp baking soda
- 1 tsp fine sea salt
- 2 tsp ground cinnamon
- 3 large eggs, room temperature
- 1 cup extra light olive oil, or canola or vegetable oil
- 1 1/2 cups granulated sugar
- 1 Tbsp vanilla extract
- 3 cups grated zucchini*, from 1 lb or 2 medium zucchini
- 1 cup chopped walnuts or pecans, optional

Instructions

- 1. Preheat the oven to 350°F. Butter two 8×4-inch metal loaf pans and line with parchment paper for easier lifting.
- 2. In a medium mixing bowl, whisk together flour, baking powder, baking soda, salt, and cinnamon.
- 3. In a separate large mixing bowl, add eggs, oil, sugar, and vanilla. Whisk until very well blended. Add the flour mixture to the wet ingredients and whisk until well combined and smooth.
- 4. Grate the zucchini using the large holes of a box grater. Add zucchini to the batter along with nuts (if using) and fold until well incorporated.
- 5. Pour the batter into your prepared pans and bake in a preheated oven at 350°F for 50-60 minutes or until a toothpick inserted into the center comes out clean. Cool in the pans for 10-15 minutes then transfer to a wire rack and cool completely to room temperature.

Notes

*Grate the zucchini using the large holes of a box grater and measure 3 cups. Do not squeeze or drain the zucchini and do not pack it into the measuring cup.

**Nutrition label does not include nuts or optional add-ins.

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