

Chicken Stock

Recipe courtesy of Ina Garten 2002, Barefoot Contessa Family Style, All Rights Reserved

Total Time: Yield: 12 hr 15 min 6 quarts Prep: 15 min Level: Easy Inactive:8 hr

Cook: 4 hr

Ingredients

3 5 -pound roasting chickens

3 large yellow onions, unpeeled, quartered

6 carrots, unpeeled, halved

4 celery stalks with leaves, cut in thirds

4 parsnips, unpeeled, cut in half (optional)

20 sprigs fresh parsley

15 sprigs fresh thyme

20 sprigs fresh dill

1 head garlic, unpeeled, cut in half crosswise

2 tablespoons kosher salt

2 teaspoons whole black peppercorns

Directions

Place the chickens, onions, carrots, celery, parsnips, parsley, thyme, dill, garlic, and seasonings in a 16- to 20-quart stockpot. Add 7 quarts of water and bring to a boil. Simmer uncovered for 4 hours. Strain the entire contents of the pot through a colander and discard the solids. Chill the stock overnight. The next day, remove the surface fat. Use immediately or pack in containers and freeze for up to 3 months.

© 2014 Television Food Network, G.P. All Rights Reserved.

1 of 1 07/05/2014 06:39 PM