

East Hampton Clam Chowder

Recipe courtesy of Ina Garten 2002, Barefoot Contessa Family Style, All Rights Reserved



Total Time: 1 hr 5 min Prep: 20 min Cook: 45 min

Yield:

6 to 8 servings

Level: Easy

East Hampton Clam Chowder

Ingredients

12 tablespoons (1 1/2 sticks) unsalted butter, divided

2 cups chopped yellow onions (2 onions)

2 cups medium-diced celery (4 stalks)

2 cups medium-diced carrots (6 carrots)

4 cups peeled medium-diced boiling potatoes (8 potatoes)

1 1/2 teaspoons minced fresh thyme leaves (1/2 teaspoon dried)

1 teaspoon kosher salt

1/2 teaspoon freshly ground black pepper

1 quart (4 cups) clam juice

1/2 cup all-purpose flour

2 cups milk

3 cups chopped fresh chowder clams (1 1/2 pounds shucked clams)

Directions

Melt 4 tablespoons (1/2 stick) of the butter in a large heavy-bottomed stockpot. Add the onions and cook over medium-low heat for 10 minutes, or until translucent. Add the celery, carrots, potatoes, thyme, salt, and pepper and saute for 10 more minutes. Add the clam juice, bring to a boil, and simmer, uncovered, until the vegetables are tender, about 20 minutes.

In a small pot, melt the remaining 8 tablespoons of butter and whisk in the flour. Cook over very low heat for 3 minutes, stirring constantly. Whisk in a cup of the hot broth and then pour this mixture back into the cooked vegetables. Simmer for a few minutes until the broth is thickened.

Add the milk and clams and heat gently for a few minutes to cook the clams. Taste for salt and pepper. Serve hot.

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