

## Indian Potato

1. Boiled red potato + salt
2. Fried mustard seed, curry leaves until mustard seed crack add sliced ginger (smashed), green pepper, onion, turmeric, salt until onion a little brown. Add boiled potatoes (smashed a little).

## Puri/Chapatti

Whole wheat flour, a little oil, water.

Put in a bowl, put oil on top so it is not dry...cover with damp towel.

## Beef

Beef skirt rub with salt, add whole black pepper and dried red pepper put in pressure cooker then shred it.

Fried black pepper, dried red pepper, onion, curry leaves.

## Aloe Gobi

Boil red potatoes in salt water.

Fried curry leaves and mustard seed till curry leaves brown add onion, turmeric, red pepper powder, coriander powder, salt, fried till onion brown add chopped cauliflower and potatoes add ground black pepper mix, add a little water...cover.

## Fish Mix

Coriander

Turmeric

Curry leaves

Mustard seeds

Garlic salt

Black pepper

Chili powder

Coconut flake

Roast all ingredient then grind.