



## Baked Stuffed Shrimp

February/March 2008

**WHY THIS RECIPE WORKS:** In this special-occasion recipe, colossal shrimp are spread open, packed with a buttery stuffing, and baked until the stuffing is crisp and the shrimp are just cooked through. But after preparing several baked stuffed shrimp recipes, we realized that there were two big problems—mushy, bland stuffing and shrimp as chewy as rubber bands. We wanted a baked stuffed shrimp recipe that produced crisp, flavorful stuffing and perfectly cooked shrimp. In our recipe, tasters preferred the sweet flavor of fresh bread crumbs. Toasting the bread crumbs before baking helped ensure a crispy baked stuffing. Butterflying the shrimp allowed us to press the stuffing into the shrimp—as the shrimp contracted in the oven, the stuffing was sealed into place. To make sure our Baked Stuffed Shrimp recipe's stuffing was crispy without overcooking the shrimp, we cooked the shrimp for a longer time at a lower temperature.

### Serves 4 to 6

*If you can't find clam juice, chicken stock will work in a pinch. Any sturdy rimmed baking sheet can be used in place of the broiler pan bottom.*

### INGREDIENTS

- 4** slices hearty white sandwich bread, torn into pieces
- 1/2** cup mayonnaise
- 1/4** cup bottled clam juice
- 1/4** cup finely chopped fresh parsley
- 4** scallions, chopped fine
- 2** garlic cloves minced
- 2** teaspoons grated zest and 1 tablespoon juice from 1 lemon
- 1** tablespoon Dijon mustard
- 1/8** teaspoon cayenne pepper
- Salt
- 1 1/4** pounds colossal shrimp, peeled and deveined

### INSTRUCTIONS

1. Adjust oven rack to upper-middle position and heat oven to 375 degrees. Pulse bread in food processor to coarse crumbs. Transfer crumbs to broiler pan bottom and bake until golden and dry, 8 to 10 minutes, stirring halfway through cooking time. Remove crumbs from oven and reduce temperature to 275 degrees.
2. Combine toasted bread crumbs, mayonnaise, clam juice, parsley, scallions, garlic, lemon zest and juice, mustard, cayenne, and 1/4 teaspoon salt in large bowl.
3. Pat shrimp dry with paper towels and season with salt. Grease empty broiler pan bottom. Following steps 1 to 4 at left,

butterfly and cut hole through center of each shrimp and arrange cut-side down on prepared pan. Divide bread crumb mixture among shrimp, pressing to adhere. Bake until shrimp are opaque, 20 to 25 minutes.

4. Remove shrimp from oven and heat broiler. Broil shrimp until crumbs are deep golden brown and crispy, 1 to 3 minutes. Serve.

---

#### PERFECT STUFFED SHRIMP

Cutting a hole clear through the center of each butterflied shrimp may seem like a mistake, but it actually gives the shrimp a way of holding on to the stuffing. The shrimp are butterflied on the convex side before being flipped over onto the pan.

---

1. Use a sharp paring knife to cut along (but not through) the vein line, then open up the shrimp like a book.



---

2. Using the tip of the paring knife, cut a 1-inch opening all the way through the center of the shrimp.



---

3. After the shrimp have been butterflied and the opening has been cut, flip the shrimp over onto the broiler pan so that they will curl around the stuffing.



---

4. Divide the stuffing among the shrimp, firmly pressing the stuffing into the opening and to the edges of the shrimp.



America's Test Kitchen is a 2,500-square-foot kitchen located just outside of Boston. It is the home of *Cook's Country* and *Cook's Illustrated* magazines and is the workday destination for more than three dozen test cooks, editors, and cookware specialists. Our mission is to test recipes until we understand how and why they work and arrive at the best version. We also test kitchen equipment and supermarket ingredients in search of brands that offer the best value and performance. You can watch us work by tuning in to America's Test Kitchen ([www.americastestkitchen.com](http://www.americastestkitchen.com)) or *Cook's Country* by America's Test Kitchen on public television.