

Cinnamon Star Bread

Welcome to our holiday Bakealong challenge! This pull-apart style sweet bread is a show-stopping riff on a classic cinnamon bun. As it bakes, the cinnamon-sugar filling caramelizes and gives the bread a wonderfully sweet and crunchy coating, while the interior remains soft and tender. It's a holiday breakfast treat that will disappear in a flash.

Dough

- 2 cups King Arthur Unbleached All-Purpose Flour
- 1/4 cup potato flour or 1/2 cup instant mashed potato flakes
- 1/4 cup Baker's Special Dry Milk or nonfat dry milk
- 3/4 cup + 2 to 4 tablespoons lukewarm water, enough to make a soft, smooth dough
- 1/4 cup (4 tablespoons) unsalted butter, at room temperature
- 1 teaspoon vanilla extract
- 2 teaspoons instant yeast
- 2 tablespoons sugar
- 1 teaspoon salt

Filling

- 1 large egg, beaten
- 1/2 cup sugar*
- 1 tablespoon cinnamon or 2 teaspoons Vietnamese cinnamon*
- *or substitute 1/2 cup Cinnamon-Sugar Plus

Directions

- First, measure the flour by gently spooning it into a cup, then sweeping off any excess. Next, sift the flour, potato flour, and dry milk through a strainer; this is an important step to prevent lumps in the dough. (If you're using instant mashed potatoes rather than potato flour you can skip this sifting step.)
- To make the dough: Combine all of the dough ingredients and mix and knead — by hand, mixer, or bread machine — to make a soft, smooth dough.
- 3. Place the dough in a lightly greased bowl, cover, and let it rise for 60 minutes, until it's nearly doubled in bulk.
- 4. Divide the dough into four equal pieces. Shape each piece into a ball, cover the balls, and allow them to rest for 15 minutes.
- 5. On a lightly greased or floured work surface, roll one piece of dough into a 10" circle. Place the circle on a piece of parchment, brush a thin coat of beaten egg on the surface, then evenly sprinkle with 1/3 of the cinnamonsugar, leaving 1/4" of bare dough around the perimeter.
- 6. Roll out a second circle the same size as the first, and place it on top of the filling-covered circle. Repeat the layering process egg, cinnamon sugar, dough circle leaving the top circle bare.



AT A GLANCE

PREP

20 mins. to 40 mins.

BAKE

12 mins. to 15 mins.

TOTAL

2 hrs 42 mins. to 3 hrs 5 mins.

YIELD

one star loaf, about 8 to 12 servings

WE'RE HERE TO HELP



855-371-BAKE (2253) KINGARTHURFLOUR.COM/CONTACT

1 of 2 11/04/2017 08:36 AM

- 7. Place a 2 1/2" to 3" round cutter in the center of the dough circle as a guide. With a bench knife or sharp knife, cut the circle into 16 equal strips, from the cutter to the edge, through all the layers.
- 8. Using two hands, pick up two adjacent strips and twist them away from each other twice so that the top side is facing up again. Repeat with the remaining strips of dough so that you end up with eight pairs of strips.
- Pinch the pairs of strips together to create a star-like shape with eight points.Remove the cutter.
- 10. Transfer the star on the parchment to a baking sheet. Cover the star and let it rise until it becomes noticeably puffy, about 45 minutes.
- 11. While the star is rising, preheat the oven to 400°F.
- 12. Brush the star with a thin coat of the beaten egg. Bake it for 12 to 15 minutes, until it's nicely golden with dark brown cinnamon streaks; the center should register 200°F on a digital thermometer.
- 13. Remove the loaf from the oven and allow it to cool for about 10 minutes before serving. Dust with confectioners' sugar and serve warm or at room temperature.
- 14. Store any leftover bread, well wrapped in plastic, at room temperature for several days. Freeze for longer storage.

Tips from our bakers

- To reheat bread for serving, place it on a baking sheet and tent it loosely with aluminum foil. Place in a preheated 350F oven, and warm for about 15 minutes, or until it's as hot as you like.
- Our buttery sweet dough flavor is a flavorful enhancement for this bread.
 Simply substitute the vanilla with 1 teaspoon of dough flavor for rich butter, vanilla flavor with a hint of citrus.

2 of 2 11/04/2017 08:36 AM