Tiramisu Recipe

Tiramisu is a classic Italian no-bake dessert made with layers of ladyfingers and mascarpone custard cream (no raw eggs!). Truly the best homemade tiramisu.

Author: Natasha of NatashasKitchen.com Servings: 12 slices of cake Calories: 538

Prep Time: 30 mins Cook Time: 10 mins Resting/Chilling Time: 6 hrs

Total Time: 6 hrs 25 mins

Ingredients

• 11/2 cups espresso, (or strong coffee), room temperature

· 6 Tbsp golden rum, divided

• 40 ladyfingers

• 6 egg yolks, (large)

• 3/4 cup granulated sugar

• 16 oz mascarpone, cold

2 cups heavy whipping cream, cold*

• 2-3 Tbsp unsweetened cocoa powder, to dust the top

Instructions

- 1. In a bowl, stir together 1 1/2 cups espresso and 3 Tbsp rum. Quickly dip half of the ladyfingers, one at a time and arrange in a single layer in the bottom of a 9×13 casserole dish. Dip once on each side so they are moist but do not soak ladyfingers or the cake will collapse.
- 2. In a separate rimmed* medium glass bowl, whisk together yolks and sugar. Place over steam (on a saucepan with simmering water) and whisk 10 minutes on low heat until the mixture is lighter in color, slightly thickened and not grainy when you rub between your fingers. Remove from heat and whisk for a few minutes off the heat to help it cool down then set aside to cool while doing step 3.
- 3. Beat together 16 oz mascarpone and 3 Tbsp rum. Use an electric hand mixer to beat in the warm yolk mixture until well incorporated.
- 4. In a separate bowl, beat cold heavy whipping cream until stiff peaks form*. Use a spatula to gently fold half of the whipped cream into mascarpone cream then blend in remaining whipped cream, just until incorporated. Do not overfold or it will become grainy.
- 5. Spread half of the cream over the first layer of ladyfingers. Dip and arrange remaining ladyfingers. Spread remaining cream. Refrigerate overnight. Dust with cocoa powder before serving. It is ok to dust with cocoa ahead of time it will just darken it in color from the moisture.

Notes

*Be sure to use very cold HEAVY whipping cream and not light cream.

**A mixing bowl with a little rim around the edge helps to keep the steam and condensation out of the bowl.

***Beating heavy cream slowly will help the cream remain more stable without turning watery. Start on low speed then increase to medium speed over the next 5 minutes or until thick and stiff peaks form.





1 of 2

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2 of 2