

Beautiful Burger Buns

The following recipe created quite a stir when it was first posted on our original online community. Baker after baker tried these buns and declared them THE BEST. Soft, vaguely sweet and golden-yellow from the butter and egg, these simple buns are perfect for burgers, but also fine for any kind of sandwich.

Credit for the original version of this recipe goes to "Moomie" (Ellen), one of the original members of our online community, The Baking Circle. Thanks, Moomie, for the joy you've brought to bun-lovers everywhere!

Buns

- 3/4 to 1 cup lukewarm water
- 2 tablespoons butter
- 1 large egg
- 3 1/2 cups King Arthur Unbleached All-Purpose Flour
- 1/4 cup sugar
- 1 1/4 teaspoons salt
- 1 tablespoon instant yeast
- *For best results (a smooth, slightly soft dough), use the smaller amount of water in summer (or in a humid environment), the greater amount in winter (or in a dry climate); and something in between the rest of the time.

Topping

3 tablespoons melted butter

Directions

- 1) Mix and knead all of the dough ingredients by hand, mixer, or bread machine to make a soft, smooth dough.
- 2) Cover the dough, and let it rise for 1 to 2 hours, or until it's nearly doubled in bulk.
- 3) Gently deflate the dough, and divide it into 8 pieces. Shape each piece into a round ball; flatten to about 3" across. Place the buns on a lightly greased or parchment-lined baking sheet, cover, and let rise for about an hour, until noticeably puffy.
- 4) Brush the buns with about half of the melted butter.
- 5) Bake the buns in a preheated 375°F oven for 15 to 18 minutes, until golden. Remove them from the oven, and brush with the remaining melted butter. This will give the buns a satiny, buttery crust.
- 6) Cool the buns on a rack.

Yield: 8 large buns.

Tips from our bakers

- For slightly smaller buns, divide the dough into 12 pieces instead of 8. Bake
 the buns for 12 to 15 minutes, instead of 15 to 18 minutes. And how about
 "slider buns" about 3" in diameter? Divide the dough into 24 pieces, and
 bake for 12 to 15 minutes.
- When making anything with yeast, including these rolls, let the dough rise to



AT A GLANCE

PREP

25 mins.

BAKE

15 mins.

TOTAL 2 hrs 40 mins.

YIELD

8 buns

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the point the recipe says it should, e.g., "Let the dough rise till it's doubled in bulk." Rising times are only a guide; there are so many variables in yeast baking (how you knead the dough; what kind of yeast you use) that it's impossible to say that bread dough will ALWAYS double in bulk in a specific amount of time.

- What's another easy way to shape buns, besides rolling them into balls and flattening? Gently deflate the dough, and form it into a smooth 8" log. Slice the log as though you were slicing cinnamon buns. Gently pull each slice into a circle.
- Brushing buns with melted butter will give them a soft, light golden crust.
 Brushing with an egg-white wash (1 egg white beaten with 1/4 cup water) will give them a shinier, darker crust. For seeded buns, brush with the egg wash; it'll make the seeds adhere. And, feel free to add the extra yolk to the dough, reserving the white for the wash.

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