

# Annex B - Generic Task Statement - All CAF Members

A-MD-154-000/FP-000

## General

1. The physical and stress factors here reflect the Officers General Specification (OGS) and Non-Commissioned Members General Specification (NCMGS) and represent the minimum operational requirement applying to all service members. They are provided to medical personnel as a tool to determine a member's employment limitations. Using these factors as guidelines, medical personnel should determine whether a member is medically fit to perform or to be trained to perform the following tasks (physical factors) or is medically able to adapt to the particular conditions (stress factors) of the CAF environment. Note: Details on Physical Factors a. to e. can be found at Annex C.

## Physical Factors

2. The member:
  - a. Must be able to perform high-crawl over a distance of 45 m and low-crawl over a distance of 30 m.
  - b. Must be able to dig a personal trench.
  - c. Must be able to carry sandbags weighing 20 kg over a distance of 50 m for a period of 10 min.
  - d. Must be able to evacuate a casualty 750 m across country by carrying one end of a stretcher bearing an 80-kg load.
  - e. Must be able to evacuate a casualty, during a fire on board ship, by carrying one end of a Stoke's litter bearing an 80-kg load up and down a flight of stairs.
  - f. Must be able to undertake the CAF FORCE FITNESS TEST.
  - g. Must be able to perform drill for at least 30 minutes.
  - h. Must be able to safely handle and effectively operate a personal weapon.
  - i. Must be able to safely perform duties in or close to water.
  - j. Must be able to communicate via radio.

**Note:** As a result of PROJECT FORCE, revised Physical Factor Task Statements are pending formal approval. These will align with the Six Common Military Tasks, which form the new Minimum Physical Fitness Standard (MPFS) (found at Annex C). In the interim, determination of MELs by Medical Standards will be based on the current Physical Factor Generic Tasks (Annex B).

3. The member:

- a. Must be able to perform duties in a military environment, including but not limited to:
  - i. frequent movement, relocation, isolation, and temporary duty away from home or unit; and
  - ii. working over extended periods of time in hostile environments, exposed to life threatening situations.
- b. Must be able to perform duties under extreme climatic conditions.
- c. Must be able to perform duties while wearing protective NBC equipment.
- d. Must be able to perform duties in unpredictable working conditions, which may involve such stresses as:
  - i. no advance notice
  - ii. limited rations
  - iii. missing meals
  - iv. irregular or prolonged hours
  - v. lack of sleep
- e. Must be able to perform duties with minimal medical support, which may include:
  - i. limited frequency of care;
  - ii. limited access to health care personnel: Med Tech, PA, nurse, nurse practitioner, physiotherapist, chiropractor, physician, and specialist, etc.;
  - iii. limited proximity to medical services (clinics, hospitals, laboratories), in terms of distance and travelling time;
  - iv. limited access to medical supplies, electricity, toilet facilities, medical devises, etc.
  - v. unavailability of medications or inability to take them on time;
  - vi. inability to perform medical procedures (injections, use of CPAP, etc.)
  - vii. exacerbating effects of a particular climate, physical environment or mental environment on the member's medical condition.
- f. Must be able to travel as a passenger via any mode of transportation.

## Appendix

Appendix 1 – Frequently Asked Questions (FAQ) on the Generic Task Statement

# Departmental priorities

## The CAF Offer



## Sexual misconduct



## **Total Health and Wellness Strategy**



### **Conduct, culture, diversity and inclusion**



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