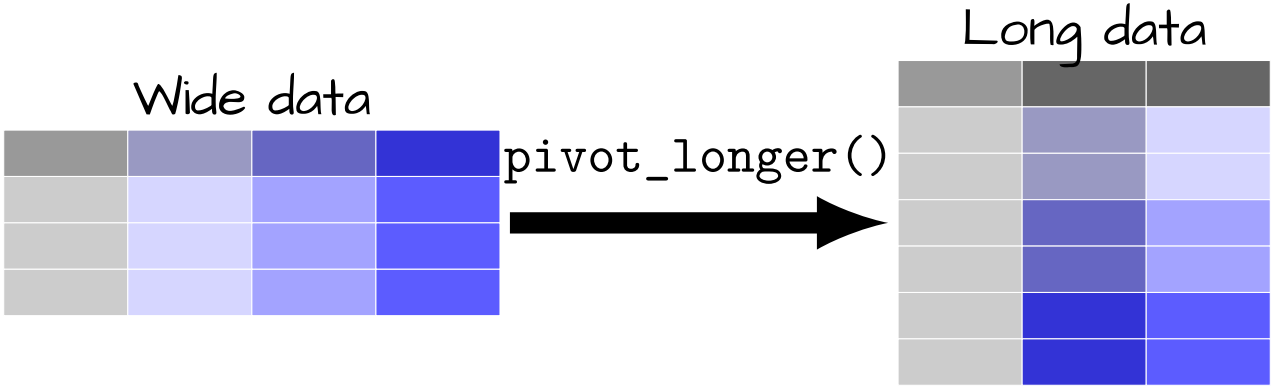
Wide data
pivot_longer()
Long data