Evergreen Oncology Associates - New Patient Treatment Initiation Summary

PATIENT: Brown, Patricia Ann ID: SYN164

DATE OF BIRTH: March 25, 1970 **DATE OF DIAGNOSIS:** May 5, 2023

DATE OF ONCOLOGY CONSULT: May 18, 2023 DATE THERAPY INITIATED: May 27, 2023

ATTENDING ONCOLOGIST: Evelyn Reed, MD, PhD

DIAGNOSIS: Stage IVB Lung Adenocarcinoma (cT1bN2M1c – Lung, Brain)

PRESENTING HISTORY: Patient presented to ED May 1, 2023 with first-time generalized seizure. Subsequent workup revealed underlying malignancy.

STAGING & PATHOLOGY:

- Brain MRI (05/01/23): Multiple (4) enhancing cerebral and cerebellar lesions consistent with metastases, largest 1.9 cm L parietal with moderate vasogenic edema.
- CT Chest/Abd/Pelvis (05/03/23): 1.5 cm spiculated nodule RUL (primary). Mediastinal lymphadenopathy (stations 4R, 7). Multiple bilateral small pulmonary nodules. No definite mets below diaphragm.
- **PET/CT (05/05/23):** Confirmed FDG-avidity in brain lesions, RUL primary, mediastinal nodes, and bilateral pulmonary nodules.
- EBUS-TBNA (Mediastinal Node Bx, 05/08/23): Confirmed Metastatic Adenocarcinoma, TTF-1+, Napsin A+.
- Molecular Profiling (NGS on Node Bx, result 05/15/23): EGFR Exon 19 deletion (p.L747_P753delinsS) identified. Other drivers negative.
- PD-L1 IHC (22C3): TPS 0%, CPS <5, IC Score 0.

INITIAL MANAGEMENT (Pre-Oncology Consult):

- Admitted briefly for seizure management; started on Levetiracetam 750mg BID.
- Started on Dexamethasone 4mg PO Q6H for cerebral edema, initiated taper by Neurology.

ONCOLOGY CONSULTATION & TREATMENT PLAN (May 18, 2023):

- Reviewed diagnosis, staging, molecular results. Confirmed Stage IV EGFR Ex19del positive Lung Adenocarcinoma. ECOG PS 1 (mild fatigue/steroid effects).
- Systemic Therapy: Recommended first-line Osimertinib 80 mg PO Daily based on FLAURA trial data demonstrating superior efficacy (including CNS activity) and tolerability vs older EGFR TKIs. Discussed rationale, potential side effects (rash, diarrhea, stomatitis, paronychia, QTc, ILD), monitoring plan.
- CNS Management: Recommended Stereotactic Radiosurgery (SRS) to all 4 brain metastases for durable local control, given number/size and patient's good prognosis with effective systemic therapy. Urgent Radiation Oncology consult placed. Continue Levetiracetam. Continue Dexamethasone taper as guided by neurology/radiation oncology post-SRS.
- **Supportive Care:** Pantoprazole for GI prophylaxis with steroids. PRN anti-emetics/diarrheals provided. Patient education materials given.

TREATMENT INITIATION & EARLY COURSE:

- Osimertinib 80 mg PO Daily started May 27, 2023, following insurance approval.
- **SRS** completed to 4 brain lesions May 29-31, 2023. Tolerated well.
- Dexamethasone taper successfully completed June 20, 2023. Neurological symptoms resolved.
- Initial Osimertinib Tolerance: Reports Grade 1 loose stools (~2x/week, resolves w/ Loperamide PRN), Grade 1 dry skin managed with moisturizer. No rash, stomatitis, or other significant issues. Energy levels improving off steroids.

CURRENT PLAN:

- Continue Osimertinib 80 mg PO Daily.
- Continue Levetiracetam 750 mg PO BID (plan re-eval by Neuro in ~6 mos).
- Routine lab monitoring (CBC, CMP, Mg) monthly initially.
- First restaging CT Chest/Abd/Pelvis scheduled for late July 2023 (~8 weeks post-Osi start).
- First post-SRS Brain MRI scheduled for late June / early July 2023 (~4 weeks post-SRS).
- Clinic follow-up monthly initially.

PROGNOSIS: Good intermediate-to-long term prognosis expected with durable disease control from Osimertinib.

(Summary prepared for patient chart & referring providers) E. Reed, MD, PhD (June 30 2023)