

# THE SOLITUDE T H I N K I N G



**TED<sup>x</sup>**  
Kalamassery  
x = independently  
organized TED event

# About TED<sup>x</sup>

TEDx is a platform for local communities to create, illuminate and inspire. An independently organized event, it promotes discussion within organisations, institutions and districts that shares novel ideas and births thought-provoking conversation. TEDx is a voice for all who wish to be heard.

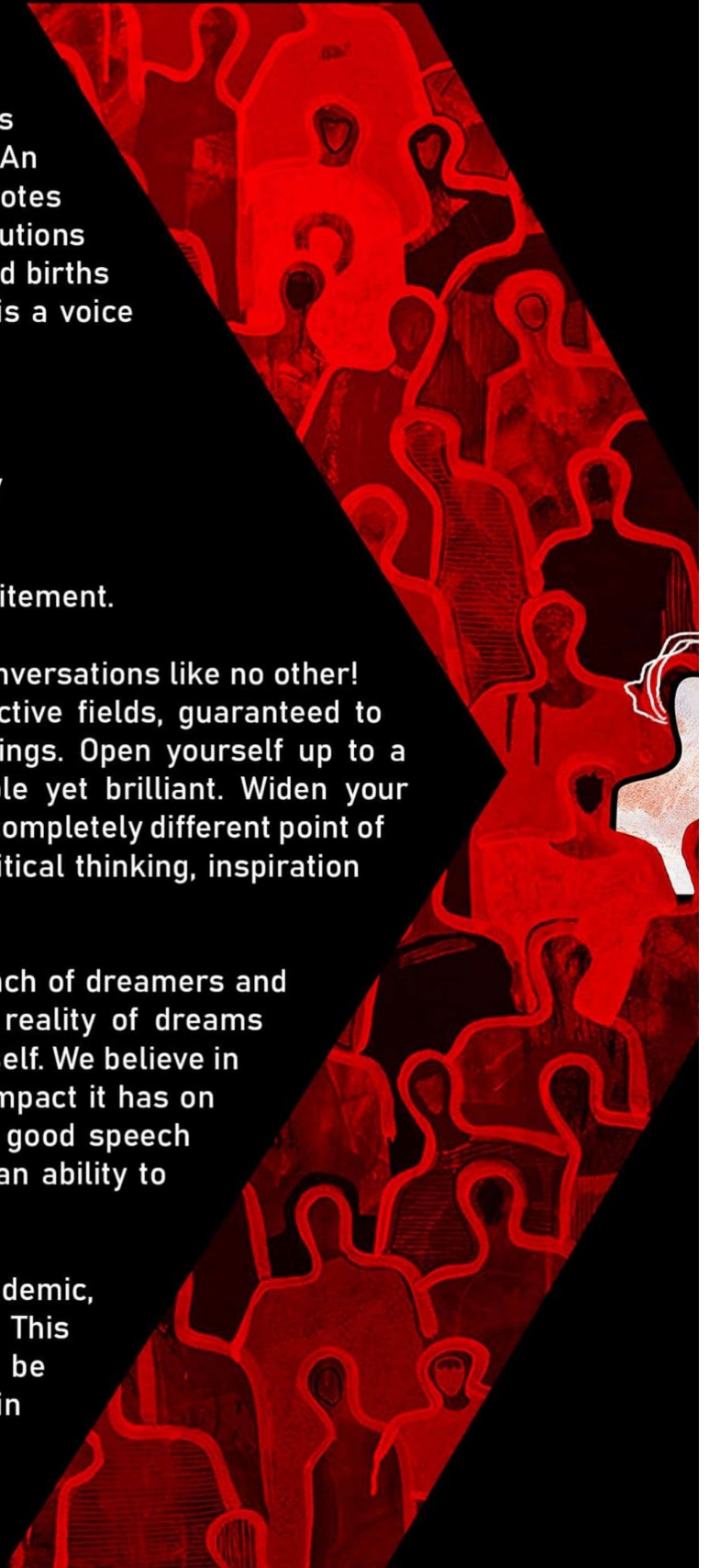
## TED<sup>x</sup>Kalamasserry

1 day, 8 Speakers and a whole lot of excitement.

An event filled with experiences and conversations like no other! Each speaker a master in their respective fields, guaranteed to captivate the audience with their musings. Open yourself up to a world of ground-breaking ideas, simple yet brilliant. Widen your horizons and explore scenarios from a completely different point of view by joining us on this journey of critical thinking, inspiration and introspection.

We here at TEDxKalamaserry are a bunch of dreamers and our speakers perfectly showcase the reality of dreams and the importance of believing in yourself. We believe in the power of public speaking and the impact it has on people. We believe in the inspiration a good speech can impart, and we believe in the human ability to do wonderful things with inspiration!

Despite the trying times of a global pandemic, we have emerged stronger than ever. This season of TEDxKalamaserry is gonna be the largest TEDx event ever conducted in Kerala, filled with accomplished speakers, and we assure you'll have a good time. So don't miss your chance to be a part of it!







# THE THEME

With a wave of unknown hitting us every day, last year seemed to be a wholesale stock of it. Unaware of what to expect, we coped with all the consequences as we had hope and directed our inner self to the best. Mental health got its due and people started to emote and express themselves and found those deep roots which hold the entire system of their being. All of this was possible as we were out in the wild conscience of greater things and did not have the otherwise hectic, loaded life of which became 'ignored and agreed' slaves.

With similar thought of what 2020 was, the solitude thinking directs us to self-evaluation of things or as said in sophisticated philosophy, a state of Pollyannaism. We tend to think like the people we surround ourselves with, and as we are with us all the time, still manage to ignore the fact that each one of us is unique and have their own big goals with associated dilemmas. In the lockdown phase, in complete solitude, each one of us got to know ourselves better and experience our intuition and let that spirit lead us to perfection in making decisions which were stuck in the thinking drain for way too long. We finally were content to wake up and choose well-being. We here, with similar energy, want to start this event and let our abilities to create change, take the lead and make us realize that the fine space between fiction and reality is home, it's our happy meme.

Let us spend time alone and reconcile our truths, the paths we never travelled before, the places that don't need permits, the place we find home; our mind. The time we invest in our well-being not only returns the investment but is the bitcoin to the future. Self-help is the best help as said, and solitude a loyal partner. Great ideas stuck in the bathroom as the rumour has it, well that's because we don't take our acquaintances and our public image with us in there. There we go, "solitude" to spell out. Being extroverted and 'having a life' is great but sitting alone and hearing birds chirp while cutting out toxicity is also not bad deal mates. When life throws you a lemon or 2020, be an introvert and drink lemonade smiling. Enjoy distance, far away from people and closer to the light in you. Let's celebrate you, otherwise what's the difference between life and an academic calendar?

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